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## PANPAHCC-MMOAOPS

NUMBER 272

# NATALJE COUGHLIN <br> BRJGHTEST STAR IN WOMEN'S EVENTS 

## NORTH BALTIMORE

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## REALITY CHECK

## CAKDABTIONGOTACCOMONFEAHCOME

## Nikki Dryden

It has been 44 years since Canada failed to win a gold medal in swimming at the Commonwealth Games, but that is not the worst statistic. Even with an additional 30 medalsupforgrabsin thepool, Canada'smedal total went from 20 in 1998to 18 in 2002. Six ofthose 18 medalswere in eventsforswimmerswith a disability(SWAD), meaning the Canadian ablebodied team onlywon 12 medals: 5 in relays and 7 in individual events.

## Perpetual Rebuilding

Therearesomepromisingnewswimmers;LauraPomeroy and Mike Brown aretwo of the latest stars to find success, but we say that every year. How many times can we hear thatthis is a rebuilding phaseor thatthereare somegreat young swimmers with lots of potential? We have been hearing the samestory spun for almosta decadenowand we have only gotten worse.

In 1994, after theCommonwealth Gamesin Victoria, Swim Magazine published an article about the competition. The first paragraph quoted Dave Johnson, Canadian head coach and coach of high performance services: "We got buried by the Aussies, and if I don't do something about it very soon, I won't be here for very long."

Eight long years later, we have nothing to show for our efforts. Any short-lived moments of success from Jen Button, MikeMintenko, orBrian Johnswereovershadowed by the 14 fourth-place finishes and zero gold medals we had at the Commonwealth Games.

SWAD Were the Stars of the Meet
In 1000 words, wecannot attemptto answerthequestion, "What went wrong?" Thatstory will betold in the future, butwhatcan bementionednowaresomeofthissummer's failings. First, there wasthedisastrousidea of spliting the team into two and sending "Group One" on a pre-meet training camp in Luxembourg while "Group Two" was sentstraighttoManchester. GroupTwo didnotincludean official able bodied coach, and included the entireSWAD team. Arguably the fiveSWAD swimmers were the stars of the meet, winning six medals, but none were considered Group One material. The effects of separating the team had humiliating results, with theswimmersleft out of the training camp calling themselves the " $B$ " team. If those swimmers were not good enough to go to training camp, why did they go to the Commonwealth Games at all?

For several nights after the conclusion of the finals, the Canadian team had a meeting on pool deck, As each daypassed, theswimmerslookedmoreandmoredejected,
exhausted, and disillusioned. All the while the pressure began to grow inside the team over who would save Canada andwin thatelusivegold. Swimmeratterswimmer would walk through the media zone apologizing for not bringing home gold after being asked if they felt pressure to win one for the team.

## Selection Controversy

Also to be considered was the dark cloud that moved in over the countrymonthsbefore themeet began and hung over the team for the entire competition. Still fresh in everyone'smindwastheselection controversy thatdelayed the official team announcement for over three months. Nadine Rolland (who qualified for the team on legal technicalities rather than on performance) and Jennifer Carroll openly disrespected and broke team rules throughout the course of the competition, causing much unrestanddisruption forthecoachingstaff, management, and swimmers. Rolland, outside the athlete protocol, misrepresented herself to the media as a coach, a team manager, and a media attache, as well as broke curfew. Carroll carried theQuebecflagonto thepodium to receive her silver medal in the 50 back. While Carroll told team officials it was merely an innocent gesture to thank the people of Quebec, her behaviour was a slap in the face to her teammates. The incident was reported and will be examined bythehigh performancecommitteeforpossible disciplinary action.

While this kind of conduct is without excuse, the mere fact that it occurred is evidence of a far greater problem. The rules keep changing and seem to be convenient for each swimmer or each coach. Subjectivity reignssupreme, andthuseveryonefallsinto the partyline to avoid reprisal, but what has emerged is a nation of swimmers and coaches creating themselves in the same shapeandsize, everyoneafraid to colouroutsidethelines. This approach has made us weak and we have been left behind the rest of the world because of it. For proof, we need only watch the last fivemetres of our raceswhen time andagain we getpassedundertheflagsor finish in fourth.

## Everyone is Responsible

Atter theCommonwealth Games, Dave Johnson sat down with SwimNews and acknowledged that we did not swim well. "The team did not execute in the finals, we often looked promising in the prelims or semis, but when we were required to step to the next level, we couldn't." Johnson continued, "Our fitness levels and preparation were not there, and we were not competitive."

Theresponsibilityforourpoorperformance,Johnson said, falls on everyone's shoulders. "The coaches need to
take some of the responsibility for the way their athletes performed. Theathletes, aswell, needtotakeaccountability for their swims, and so does SNC."

Johnson went on to explain thatalack offundinghas contributed to the way Canadian swimming has been functioning in thepast four years, and that thejob hewas hired to do had been supplanted by administrative jobs that kept him off the pool deck where he is needed. However, he did not use poor finances as a crutch. "We can't make excuses (about lack of funding), we have to find a way. We have to create a situation where everyone takes responsibility for swimming fast."

Johnson explained that on April 8, 2002, SNC restructured itself, creating a technical operation department that would be focused on the administrative and funding side of thejob thathe had been doing for the pastfewyears. "Wealsomadea cleardecision thatmedals matter."
"There is a limited vision in Canada that coaches bring to the table. They need to motivate athletes to be competitive at higher levels. The kids are soft, and the responsibility lies in the coaching area." This problem stems from our belief that winning a national title is the end-all in thissport. "Thereistheoverblown natureof the national titleorqualityperformance. Thereisnotenough of a comprehension of what isa quality performance. We have to be careful when we say someone did a really fast time, becauseitwasn'tafastime. Weneedto communicate more realistically with our swimmers."

## Raising the Bar

Well, the reality check has been wiitten and if we do notget itnow, then weneverwill. TheOlympic standardshavenot yet been published but most likely swimmers will have to swim FINA"A" timestomaketheteam in 2004. Thatmeans no free ticket as a relay altemate, no token ride in the 50s of stroke, and no Olympic rings forwinnersin weak events; only world-class swimmers will be going to Athens.
"We are going to raise the bar. The selection criteria are going to be a lot more difficult, probably the FINA 'A' times," said Johnson. "If only ten people make it, that's fine, but I think they'll lift themselves up."

In that same Swim Magazine article from 1994, Johnson also said, "Some of these kids were just happy to make the team. Club coaches have to havea bettervision of what world swimming is all about." Certainly we cannot believe that, eight years later, nothing has been done to teach swimmers and coaches about world swimming.

Raising the bar will need to be done at every level of swimming in this country if we are going to surface from the depth of our worst-ever plunge. There are more problems that need discussing, dirty laundry that needs airing, and people that need to be held to task. We cannot afford to brush under the carpet our poor performances from the Commonwealth Games, despite what some may believe. If we had had thisdiscussion in 2000, wewouldnot be where we are today.

## ABOUT THIS ISSUE

Our biggest issue of recent years was needed to cover all the major competitions during July and August.

First up was the Commonwealth Games in Manchester, July30-August4. Nikki Dryden was there to cover theups and downs of theseGames held every four years. The once-intense Australia vs Canada rivalry is nowa thing of the past. Many questions are raisedin Nikki'sRealtyCheck on page4. Thereislittle indication that anything will change.

Canadian Nationalsfollowed one day after the conclusion in Manchester. Not only was this a large time-changeand barelyallowed travel timefor those who wished to compete in Victoria, but the top swimmersdidn'thavetotakepart, devaluingCanada's championships. A team of 36 ( 12 to be selected in Victoria) were to compete at Pan Pacslater in Japan.

Last issue we told about Michael Phelps; in this issueweexplain wherehewasdeveloped- theNorth Baltimore Aquatic Club, where Murray Stephens has turned an original investment of \$5,000 into several millions while developing five Olympic gold medal winners!

Phelpswas one of the superstars atUSNationals, with a World and three American records, while Natalie Coughlin swam under the minute for 100 back and won five events, including a sweep of the 100 free, back, and butterfly.

The European Championships in Berlin were taking place at the same time as Commonweal ths and they were a much faster competition with five World, 11 European, and 34 Championship records. Our coverage starts on page 41.

Pan Pacsfollow on page 48, the big meet for the Americans as they soundly trounced Australia 52 to 28 medals. There was only one World record in the men's $4 x 100$ medley (there were 10 four years ago) but 15 Canadian records in 10 events were the final tally. Canada tumed itself around and swam much better in Yokohama than in Manchester. But that'sa statistic; the reality is that they got three individual bronze medals in 28 events, with an additional four relay thirds.

Results of each competition arealso availablein an easy-to-read format. In addition we also publish Youth and Junior National results.

TAG times are up to date from all received results. We know of a number of missing meets. It's not too late as we still have more time to update rankings. We can't rank'em if we don't have'em!

WorldCups have been reduced to seven meets as Montreal (CAN) and Imperia (ITA) have dropped out. The cost and benefits did not add up. Edmonton spent over $\$ 400,000$ last November when they hosted the Canadian World Cup.

## CALENDAR

## CANADIAN

## October

26 TAS SR Circuit 1, Victoria, BC 26-27 Goldfin Invitational, Saskatoon, SK

## November

1-2 UBCColleges Cup, Vancouver, BC
2-3 Hyack Invitational, New Westminster, BC
8-10 Island Pacific Cup, Victoria, BC

## December

28-1 Winter Nationals, Edmonton, AB
6-8 NYACYouth Cup, ON
6-8 Kamloops IceClassic, BC
13-15 Ontario SC Seniors, Nepean

## 2003

January
11-12 TAS SR Circuit 2, Richmond, BC
19-20 Hyack Invitational, New Westminster, BC
24-26 Canada West Championships
24-26 ROD Invitational, Regina, SK
24-26 Ontario Cup 2, Guelph

## February

6-9 Man/Sask Championships, Winnipeg, MB
7-9 TASBC Senior Championships, Vancouver, BC
20-23 Eastern Canadian Championships, London, ON
20-23 Western Canadian Championships, Regina, SK
21-23 CIS Interuniversity Champs, Victoria, BC
27-2 Ontario Junior/SWAD, Nepean

## March

28-2 Nova Scotia AG Championships
28-2 Alberta AG Championships
6-9 TASBCChampionships
8-9 Alberta SR Championships
14-16 Canada Cup
April
4-6 Limpert Team Championships, NB
12-13 Richmond West Coast, BC
18-20 Island Invitational, Victoria, BC
25-27 Ontario Div. 1 Teams, Etobicoke Ontario Div. 2 Teams, Thunder Bay Ontario Div. 3 Teams, Sudbury
May
3-4 Alberta Open
17-19 Hyack Invitational, New Westminster, BC
23-25 New Brunswick Championships
23-25 Mel Zajac International, Vancouver, BC
30-1 Ontario Cup, London
June
30-1 ROD Classic, Regina, SK
6-8 Ken Dunn Championships, Halifax, NS
6-8 Kamloops Classic, BC
13-15 MooseJawInvitational, SK
20-22 Island Invitational, Victoria, BC
25-29 World and Pan Am Trials, Victoria, BC

26-29 Man/Sask Championships, Regina, SK
27-29 Ontario Junior/SWAD, Brantford
July
4-6 East Coast Championships, NB
4-6 Alberta SR Championships
10-13 TASBCChampionsnhips
11-13 Alberta AG Championships
24-27 Club Nationals, Montreal

## November

27-30 Winter Nationals
2004
February
19-22 Eastern Canadian Nationals
19-22 Westem Canadian Nationals
20-22 CISInteruniversity Champs

## INTERNATIONAL

## September

23-28 FINAOpen Water Championships, EGY

## October

1-16 Asian Games, Pusan, KOR

## November

23-7 Central American \& Caribbean Games, San Savvador
15-17 World Cup 1, Rio de Janeiro, BRA
22-23 World Cup 2, New York, USA

## December

1-2 World Cup 3, Shanghai, CHN
6-8 World Cup 4, Melbourne, AUS
12-15 European SCChampionships, Riesa, GER
2003
January
8-17 Australian Youth Festival, Sydney
17-18 World Cup 5, Paris, FRA
21-22 World Cup 6, Stockholm, SWE
UNITED STATES

## November

22-23 World Cup 2, East Meadow, NY

## December

5-7 U.S. Open, Minneapolis, MN
2003
March
20-22 Women's NCAAChampionships, Auburn, AB
27-29 Men's NCAAChampionships, Austin, TX April
1-5 Spring Nationals, Indianapolis, IN
June
19-22 Disability Championships, Minneapolis, MN
August
5-9 Summer Nationals, College Park, MD
December
4-6 USOpen, Federal Way, WA
2004
July
7-14 USOlympic Trials, Long Beach, CA

## 2002 COMMONWEALTH GAMES

# AUSTRALIA WINS M OST M EDALS WITH 49 mUCH IM PROVED ENGLAND WINS 32 WITH 10 GOLD NO GOLDS FOR CANADA ON THE WAY TO 18 MEDALS 

## Nikki Dryden

TheCommonwealth Gamesisknown asthe"friendly games," whereeveryoneisalwayssmiling and happy to take part. And aside from a few goggle tosses and DQs, almost every country had something to smile about Two Pakistani women madehistorybydonning their Speedo Fastskins and competing for the first timein mixedcompetition. TheNigerian men'steam hadswimmersqualifyingforthesemifinalsinseveral of the 50 s, as well as fielding a relay team for the first time ever. In another first, swimmerswith a disability (SWAD) competed alongside able bodied swim mers infull medal events. Fivecountrieswon gold, including for the firstime, Zmbabwe, and the hostnation had much to cheer about, winning 10 golds and 32 medals.

The pool in Manchester was cozy, with the spectators' stands climbing high on either end of the pool. This intimacy, coupled with great music and announcing, helped the fans really getinto the meet. Whileitmaynothavebeen theWorld Cup, thestands were complete with green and gold wigs, bikinis, face paint, Mohawks, and moreflags, pins, and signs than you could count.

For Ian Thorpe, breaking world records has become so common, he must entertain himself with other records. He attempted to break Susie O'Neill's record of six gold medals from the 1998 Games, but hecameuponemedal short. Thorpecontinuallysaid hewasn'tswimmingfor seven golds, butpreparingto train for seven events. Buthealso did notruleout the possibility of swimming back or fly eventsin Athens. HisteammatePetria Thomasswam 16races, winning five and picking up another silver and bronze.

But it was an English swimmer who stole the hearts of the crowd and their team's leader. "Sarah Price has been the highlight of the meet," said Bill Sweetenham, Britain'sdirector of high performance. "Sheset threeGame'srecordsin theheats, semis, and finals of the 100 back. [As well as two more in the heatsandfinals ofthe 200 back.] Shesetthestandard that all British athletes should aspire to."

## Day One, Tuesday, July 30

In the women's 200 free, England'sKaren Pickering swam like winning was the only option, taking the lead from start to finish, bursting off the 100 wall to
takea comfortableleadheadinginto thefinal turn.As she did in heats, she began to shorten up in the final stretch. Butitwas good enough for thewin, touching out her team mate Karen Legg 1:59.69 to 1:59.86.

| MEDAL TOTALS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Gold | Silver | Bronze | Total |
| 1 | AUS | 27 | 13 | 7 | 47 |
| $2$ | ENG | 10 | 8 | 14 | 32 |
| $3$ | RSA | 3 | 9 | 3 | 15 |
|  | SCO | 1 | 2 | 2 | 5 |
|  | ZIM | 1 | 0 | 0 | 1 |
|  | CAN | 0 | 8 | 10 | 18 |
|  | NZL | 0 | 1 | 1 | 2 |
|  | MAS | 0 | 1 | 1 | 2 |
|  | JAM | 0 | 0 | 2 | 2 |
|  | WAL | 0 | 0 | 1 | 1 |
|  |  | 42 | 42 | * 41 | 125 |
| * no bronze in women's 4x200 free |  |  |  |  |  |

Pickering was overwhelmed after winning the opening race. "I'd been feeling really good beforethe race, but I didn'texpectto go that fast, and nowI just want to keep that going." Pickering is swimming in herfourth Games and her gold in the 200 free brings her lifetime Game's medal total to 11.

Some had their money on Grant Hackett in the men's 400 free, hoping to see the world's best miler
defeatIan Thorpe. Hackettlooked poised to stay with the legendary "Thorpedo" up to the half-way mark, but he quickly dropped off pace in the third 100, as Thorpe picked up his legs and gently pulled away to break his world record. Thorpe looked like hewould break $3: 40$, but paused in the final 25 metres as if to save that breakthrough for another time. "I came hererelaxed, and the crowd and the atmosphere they generated madeiteasier," saidThorpe. "Onceagain, I came close to $3: 40$, that is something which is keeping me honest."

In the women's 200 IM it was a battle from start to finish, and then some. In a stunning win for Zimbabwe's Kristy Coventry from Lane 8, Jennifer Reilly of Australia was disqualified within minutes of finishing second. Reilly's DQ bumped the two Canadians, Marianne Limpert (2:15.07) and Liz Warden (2:16.12) up to the silver and bronze medal positions. Limpert was the defending champion and Commonwealth Games record holder in the event, buthadto findsatisfaction in hersilver. "I'm pleased with the position, not so pleased with the time," she said. "Obviously I wanted to win, but to be honest, I couldn't see Lane 8 coming up outside to pip me."

Then, after a late night Australian team protest of Reilly'sDQ, she wasreinstated asthesecond-place finisherin the 200 IM. Thesequenceof events thatled to the DQ can only be described as one big mistake. Reilly swam the 200 IM in Lane 4, while Warden swam in Lane5. On thefly-to-back turn, thejudgein Lane 5 stood up to indicate the disqualification of Warden. The turn referee acknowledged the DQ in Lane 5 , but while filling out the required paperwork, the tum referee wrote in the incorrect lane number. The form was filled out with Lane 4 as thelane to be DQed. The lane judge then signed the form without proofreading it, thus leading to a clerical error of


Men's 400 IM medal winners: Adrian Turner, ENG, bronze 4:18.75, Justin Norris, AUS gold 4:16.95, Dan Galbraith Brian Johns, CAN, silver 4:17.41
massive proportions.
When the error was discovered, Reilly was reinstated, Limpert re-awarded the bronze, and Warden wasnotDQed, buthad to giveback hermedal in a touchy feely ceremony two nights after the race was decided.

Aussie Justin Norrisswam like the rock star he is (in hissparetime,Norrisperformsinaband), breaking the Commonwealth Games record enroute to his 1:56.95 win in the 200 fly. "I was pumped about that!" said Norris. "I just wanted to win one, and that's another notch in the belt."

Thorpe won his second gold of the night anchoring the Aussie-winning $4 \times 100$ relay. With less than 30 minutesbetween his 400 and hisrelay swim, he did not seem phased, splitting a 48.26. Hackett, alsoamemberoftherelay, splita 49.49. Ryk Neethling had the fastest split of the event. Hisanchortimeof48.04 moved South Africa into second place, with Canada winningthebronze.Canada's team ofBrentHayden (50.23), Craig Hutchinson (49.33), Matt Rose (49.71), and Rick Say (50.12) broke the Canadian record.

## Day Two, Wednesday,

 July 31True to form, Zoe Baker of England won her marquee event, but swam just slower than hertimefrom the semis. Touching with more than a one-second lead, Baker just missed her own world record (30.57) set in the semis, winning the 50 breast in 30.66.Butsheadmittedthatherrecordfrom thesemis was more important than the win. "I was so happy aboutthat[therecord].Buttonightwasaboutwinning gold."

SWADathletescompetein thirteen classifications (S1-S13) depending on ability, and the raceis called by ranking each swimmer's swim in relation to the world record in that event, i.e. whoever swims closest in time to the world record or whoever breaks the world record by the most time wins the race. An importantnoteisthatall theworld records arefrozen before the meet begins so asto promotefastracing in both the heats and the finals.

Natalie du Toit of South Africa broke the world record in the heats of the 50 free by 1.21 seconds, then again in thefinalsby 1.06 seconds. Shewon theSWAD 50 free followed by Stephanie Dixon and Danielle CampoofCanada. Dixon said, "I'm definitelypleased,

## PERSONALITY: IAN THORPE

## INCROTO TITAXARARAIFIIDA19

## Nikki Dryden

Rumour has it thatIan Thorpe does not like it when people equate his big feet and hands with his ability to swim faster than any man on the planet. And it would belittle hisfeats of greatnessto say they arejust a result of body type. For, in fact, Ian Thorpe is a master technician, and while his hold of the water and propulsive kick might work better because of his physique, it is his dedication to perfection that
oneness with his body and the water. "My arms and upper body move around significantly when I am kickingoffthewall. Mostswimmershaveverystraight, plastic arms. I havemy mineapartso I can geta flow through my body. That flow from my upper body through my kick gives me a continuous movement from top to bottom."

Out of the water, Ian Thorpe is a legend too. He hostshisown TVshowin Australia called "Undercover Angels." In it he plays himself, but is modeled after

makes him great.
Watching Ian Thorpe swim is as close one may get to swimming Nirvana. His stroke is beautiful, smooth, powerful, and strong. And when you realize his mastery of freestyle, you get chills up and down your spine.

His ability to change speeds looks so easy, but what is even better is his backstroke starts. Not, of course, because they are good, but because they are bad. Anditmakesyou quietly happytoknowthisman is human. But what makes him superior is that, despitehisbadstart, hestill surfacesaheadofeveryone, and you can put money on the fact that his start will not be bad for long.

Onetechnical aspectof hisswim thatwascurious to this writer is his streamline position. While swimmers are taught to put their hands together off the start and turn, Thorpe merely puts them side byside. His reasoning has to do with his exceptional

Charlie from those other famous Angels. In each episode, Thorpe sends his Angel soutto do good deeds acrossthecountry. Butifthatdoesnotsoundlikeyour cup oftea, open any magazine and you will find him. In theQantasAirlinesmagazineheadvertiseshisown jewellery collection.

Butwhatgetsyou everytime aboutIan Thorpeis that this man, so composed and humble and selfassured, isonly 19 years ofage. Ajournalistaskedhim during the Commonwealth Gamesif hecould picture himself swimming at age 30, like many of the other competitorsin themeet. "I can'tseemyselfswimming at 30," he said. "But I will continue to swim while I continueto enjoyit. I will quitonly when I fail to wake up in the morning or when I feel I am the best swimmer I can be. Hopefully it will be thelatter, but that day may be tomorrow, it may be two years from now, or it may be in six years. Regardless, I've had a great journey so far."

## ZIMBABWE'S FIRST GOLD

## Nikki Dryden

KirstyCoventrywas"discovered" whileswimming in South Africa, spotted by a former US college coach who saw her swimming and called up his formerswimmer, DaveMarsh, tolet him knowhe had founda winner. Marsh, who is head coach at Auburn University, wastold byhisold coach about a girl from Zimbabwe who "holds the water well and has great potential."

Andso ithappened, KirstyCoventrywas offto swim in Alabama. As a freshman at this year's NCAAs, she showed offher backstroke skills swith a third-place finish in the 200 back and a fourthplace finish in the 100 back. But it wasthe 200 IM in Manchesterwhere she earned herstripes. From Lane 8, Coventry surprised the field with a threesecond drop off her PB and a Commonwealth Games record. "I had a pretty terrible swim this moming. I was seeded fourth coming into the Games, so I just wanted to do better tonight than I did this moming."

Her win, in a time of 2:14.53, was a surprise even to her. "I am quite amazed. It really hasn't sunkin yet, anditdoesn'tseem veryreal." Herwin marked the first gold for Z mbabwe in the pool at the Commonwealth Games, and brought cheers and pride from her coach. Marsh arrived in Manchester just in time to watch Coventry make history and was excited about her swim. Coventry went on to place fifth in the 100 and 200 backs at the Commonwealth Games and seem s poised for continued success
as it's my best time. I knew Natalie was going to be hard to beat. My aim was to just get out there and do a good time, and hopefully go for a medal."

Thorpe and Hackett were back in action in the 200 free, and in any event theyboth swim, they make it difficult to race for anything else but the bronze. And it was Canada's Rick Say who was able to lay claim to the left-over medal. While Say was disappointed with his time, he will take the bronze. "Coming home with a medal, after swimming so crappy, is pretty good.," said Say. "I am struggling with something here, but it is getting better."

Thorpe and Hackett both seemed somewhat disappointed with their races. Thorpe was off his world record, touching in 1:44.71, with Hackett in 1:46.13. Both also felt like they were in need of some rest before the 4x200 relay. "I've had lots of sleep between heats and finals," saidThorpe. "Butit'sjust one of those things where I am probably not as recovered from yesterday as I would have liked."

## Day Three, Thursday, August 1

In a controversial ruling in theheats of the 200 back, favouriteMattWelsh ofAustralia wasDQedformoving on the start. Although the Aussies protested, and the video didnotseem toprovehisguilt, hisDQremained, leaving the door wide open for whoever was ready to step up to the plate. That person was local hero James Goddard, who lives and trains less than 15 minutes from the pool in Manchester. His win was the first of four for the home team on the third day.

Goddard took the race out and led from start to finish, yet all eight men turned on the same stroke going into the 100 wall. But Goddard stroked well, keeping up hisedgeto touch in a bestime of 1:59.83 to Scotsman Gregor Tait, who finishedwith a 2:00.55.

Canadian swimmersPhilippeGagnonandBenoit


Best ever Canadian men's $4 \times 200$ free relay wins silver in 7:17.17 with Rick Say, Brian Johns,
Dan Galbraith

Huot won silver and bronze in the SWAD men's 50 free. Gagnon tied the world record with 25.04 , while Huot was 0.03 seconds off the world record with his time of 25.07, both in the S10. "My performances prove how far disability swimming has come," said Gagnon. "The team spinit and integration into the Canadian team is great."

Australia's Leisel Jones was just off her best, but it was good enough to put a body length on her nearest competitor in the 200 breast. Jones finished ahead of Sarah Poewe, 2:25.93 to 2:27.47. Jones was happy with her win, but not with her time. "My first intemational gold feels fantastic. It was good to get out of the silver bracket. I was a little disappointed with the time; I was out thereatthe 100 butjust can't bringithome. AsI getolderand strongerI will beable to bring it home better."

For South African Sarah Poewe, this meet is quiteemotional. "Thiswill bethelastimeI swim for South Africa. I have dual citizenship and will be swimming for Germany from now on." At 19, Poewe says her move has to do with her future in the sport. "It'sbeen an honour to swim for South Africa, and I am very thankful, butnowI have decided to swim for Germany."

Sarah Price, completewith herfakenailspainted with the English flag, broke her third Games record enroute to her emotional win. In tears of joy, she waved to the crowd after swimming the 100 back in 1:01.06. "I'veshown everyonenowthatI can perform in major competitions, andI'm just so happy!" Price broke theGamesrecordin theheatsand semis of this event, before winning the gold in the final. Her approach to competition is part of an initiative in British swimming where swimmers have to swim within two percent of their best time in heats, within one percent in the semis, and then a PBin thefinals.

With the crowd still on their feet, England had another one to cheer about with the big win of Adam Whitehead in the 100 breast. His win and time of 1:01.13 brought the hugs of his Mum, who came down thestandsto embracehertearful son. Canada's Morgan Knabe swam to silver with a 1:01.23, off his best of 1:00.95.
"I nearly quit the sport a year ago," said Whitehead. "I've had a lot of bad experiences after Sydney and a lot of bad swims, but my friends and family keep me in it." Whitehead broke countryman Adrian Moorhouse's Games record in the heats with a 1:01.05.

For the first timein Gameshistory, Australia was defeated in the women's $4 \times 200$ free relay. The race came down to the final lap between Aussie Petria Thomas (swimming her 4th race in one day) and England's Karen Pickering (winner of the 200 free). Pickering sealed the deal with her 1:59.41 split, and the crowd erupted to celebrate yet another English


Women's 100 fly medallists: Amanda Loots (RSA) silver 59.68, Petria Thomas (AUS) gold 58.57, Jennifer Button (CAN) bronze 1:00.22
gold. This win was somewhat of a vindication for the English team, who won gold at the Worlds last year atter the American and Australian teams were DQed. Afew said they should give back their golds, but this win here showed everyone they are world class.

On themen's side, Australia has notbeen beaten in the4x200freerelaysince 1950, and they continued their streak with a win of 7:11.69to break the Game's record. Canada'steam of Rick Say, Brian Johns, Mark Johnson, and Mike Mintenko placed second in a Canadian record.

## Day Four, Friday, August 2

Aussie Petria Thomas won her second fly gold of the meet and captured her third consecutive 100 fly title with a 58.57. Mandy Loots of South Africa touched in 59.68, while Canada's Jen Button was just able to separate herself from the rest of the pack for the bronze. "Iddidn'twantto getcaughtupin thehistorical thing," said Thomas. "I just went out to swim my best. It will probably take a while to sink in, but already it's a wonderful feeling."

Button broke the Canadian record in the semis, but was unable to get under the elusive 60 -second barrierin thefinal. "You know," Button said, "You try so often to do something. It'sbeen two yearsI'vebeen closeto thatmark [ 60 seconds] andto getso close, all I can say is bloody hell!" Of course, the alwayspositive and never-dull Button added, "I mean I got the bronze, so I have to be happy with that! It's just what can you do?!"

Itisquiteapparentthatno onecan comeback on Ian Thorpe, so when heisleading atthe50, itispretty much a given he will take the title. Thorpe won his fifth gold medal of the meetin the 100 freewith a best time and new Game's record of 48.73. Ahley Callus
of Australia was second and Ryk Neethling of South Africa was third in 49.45 and 49.71 respectively. For Neethling, swimmingagainstThorpeisathrill. "Every time I swim against him, I think I have a chance. I enjoy it, and when my career is over I can look back and tell my kids that I swam against the greatest swimmer in the world."

Within minutes of receiving his 100 free gold medal, Thorpe was back in the water winning heat one of the men's 100 back semis. In heat two, Aussie MattWelsh senta messageto Thorpethatheisnot the man that will help him win his seventh gold medal.

Canada's Riley Janes, who was injured on the underwater camera off the start of his heat swim, missed qualifying for the final by 0.02 seconds. While Janes admitted to going too deep on his underwater kick off the start, he said the foot-long scrapes along either side of his spine were annoying but did not hinderhis performance. "Itdidn't havea lot of effect on me tonight. I'm fine with itall, it's all right."

Taking two seconds off his personal best was not quite enough for Canada's Brian Johns to win the gold in the 400 IM. Heledfrom thestartto 395 metres, only to get passed under the flags by Aussie Justin Noris.

Johns was visibly disappointed after the touch, the weight of a country on hisshoulders. "I wanted to grab gold fortheteam, butI justfinished short...I am extremely disappointed, I really felt like I could win both medleys."

Fittingly the night ended with a rousing sing-along of the English anthem for Rebecca Cooke, who won the 800 free in a best time of $8: 28.54$. Atter touching, shelookedlikeshecoulddoanother3x800, although it was not necessary to take home gold. Cookeadmitted to beingabitnervousbeforeherrace,

NATALIE DU TOIT M AKES HISTORY

## Nikki Dryden

February 27, 2001 is a day Natalie du Toit will probablynever forget. Beforethat day shewas an international swimmer who had represented South Africa at the Commonwealth Games in Malaysia and the Pan Pacsin Sydney. But on that fateful day, du Toit was traveling from school to swim practice on her moped when she was hit by acar. Fora weekdoctorstriedtosaveherdamaged leg, but they lost the battle and du Toit's left leg hadto be amputated at mid-shin. She is lett with a titanium plate in her leg, a skin graft, and severely damaged nerve endings.

Atter missing the 2000 Olympic Games, du Toitwas determined to swim again andrepresent South Africa at the 2004 Olympics. Sheretumed to the pool in May 2001, which she said was "excruciatingly painful." But du Toit pushed through and has her eyes set on Athens. "I still believeI can makeitto the Olympics. I knowthat mentally it is going to be tough, but I am determined to prove it can be done."

But before those dreams can be realized, it was this year's Commonwealth Games that providedherauniqueopportunitytomakehistory. Manchester became the first international sportingeventto fullyintegrateeliteathleteswith a disability (EAD) or swimmers with a disability (SWAD) and able-bodied athletes in the same competition. This allowed du Toit to become the first athlete in international competition to compete in both able bodied and disabled swimming.

First up weredu Toits two SWAD races in the 50 and 100 frees. She destroved the field, breaking both world records in the 59 category to win double gold. But then it was time for her favourite event, the 800 freeforable bodied swimmers. DuToitmadethefinal and finished eighth, but her time from the heats was only one second slower than her time from the Pan Pacsin 1999, aracedonebeforeheraccident. "Ialways imagine myself as the same person as before the accident. I would love to have my leg back, but you have to get used to it not being there."
"I will be focusing my attention on the long distance free events," she said before the compecition began. "I understand the world champion at that event doosn't kick very much, so having only one leg won't be that much of a problem."

Natalie du Toit is not going to let her disability changeherer life. "I am still able to walk, run, and even cycle." But mostimportantly for du Toit, she can still swim. "The water is a gift that gives me back myleg. Swimming was my life, and it still is."

## MAKING A DAILY DIFFERENCE, CHANGING THE DIRECTION OF A NATION

Nikki Dryden

On the opening moming of the Commonwealth Games, Pakistan's 18-year-old Sana Abdul Wahid made her country's swimming debut in the 50 fly . Before that, no Pakistani woman hadever competed in an international competition outside a Musim country. "I am very proud [about being the first woman from Pakistan to swim outside a Musim country]," she said atter her swim of 33.53 in the 50 fly. "Itwasverygood to be able to swim with so many experienced swimmers."

Her 12-year-old teammate Kiran Khan made herdebuton thesecondday, swimmingthe 100 back in 1:16.07. She placed seventh in her heat of seven, touching to a rousing cheer from the impressed crowd. While her time may not be competitive with therest of the Commonweal th swimmers, itisforher age. "It sgreat to be here, and it's good to be able to compete internationally," she said. "We have 30 or more very good female swimmers in Pakistan, but unfortunately, they haven't qualified this time."

Veena Masud is the woman behind the creation of women's swimming in Pakistan; before that she helped break down the barriers to civilian men's swimming in the early 1990s. Masud's 10 -year-old son Kamal started beating men from the armed forces (the group that dominated swimming in Pakistan), and at the 1992 Asian Championshipsin Hiroshima, she was approached by then Hong Kong head coach Bill Sweeterham. He told her that her son had potential andaskedifshewould send him to Hong Kong for training. She and her husband said no, but Sweetenham began to fax herworkouts, and Masud started coaching her son.

Kamal went on to compete in the Commonwealth Games in 1994, the Olympics in 1996, and was recruited to swim at Mercersbury Academy in high school, and John's Hopkins for university. But when Kamal letf for the US, Masud decidedsheneededto giveothersthesameopportunity herson had had. "Myson'ssuccesshadaroused a lot of attention from theyoung children in my city, 50 I and four other women formed a women's organization to run swim meets for girls." All their meets were run within the Islamic Code, and they were such a success that they approached the govemment about sending a team to the Islamic Women's Games in which only women compete, coach, and officiate.

The team first competed in 1997 in Tehran at the second Islamic Games, coming home with handfuls of medals. But the girls wantedt to compete
at a higher level, 50 Masud began to think of ways to work around the Islamic Code. She thought, "If the track and field athletes were allowed to compete in long tights, perhaps the swimmers could wear the newbody suits and compete in mixed competition." So when Masud spoketo the press, she began to refer to the body suits as the Islamic costumes, and when she proposed her idea to the govemment they never questioned it.

Wahid and Khan were selected for this year's Games because they are the two fastest women in Pakistan. At 18, Wahid is one of the pioneers of women'sswimmingin Pakistan. Sheisthedefending National Champion for fiveyearsuunningand holds eightnational records. Masudsays, "Sana isextremely competitive and shejust wantsto growand compete. This experience will make a big difference."

Khan isjust 12 years old, and isalso a national champion, but because of her age, theobjective isto groom Khan at this competition. "Kiran is very young,", saysMasud, "butsheisa goodswimmer. She is coached by her father, who is very keen and motivated."

Fiveyears ago, there were no women competing in swimming in Pakistan. Now in her home city of Karachi, Masud has meets with over 250 girls, and sheestimatesthereareover 10,000 women swimming in Pakistan. There are clubs in every major city and workisbeingdonenowto getgirlsandfamiliesin the rural areas interested and competing in swimming. "It will take time," says Masud. "But the key will be to work in the smallertownsto growthe sport"" Even in the more conservative province of Peshawar, bordering on Afghanistan, thereiseven a team of five girls asking Masud for her training and technical expertise.

As far as Masud fiting into the bigger picture, a picturewherewomen swimmingin theMusim nation of Pakistan seemsin theshadowof9/11 to bea major political and social feat, Masudisveryhumble of her role. "All those political agendas seem to turn into a lot of ego trips. I am an educator and coach and I believe you have to make change with the people around you, and it will catch like a virus."

With a great deal of understanding and compassion, Masud is passionate about the change she is making to peoples lives. "There is so much confusion in theworldbecauseofreligion. Lookatall the wars being fought because of it. I foel that takes away from what religion means. For me, making a difference every day, a difference to someone's life, that's my life. Nothing else is important, and that is why I do this."
but said she was buoyed by the English crowd. "You do havelast minute nerves, but the race went exactly as I hadplanned. I wantedto takeitoutfrom thestart and keep building on my lead."

## Day Five, Saturday, August 3

Canada's Mike Mintenko managed to break up the Aussie flying duo of Geoff Huegill and Adam Pine by placing second to Huegill in the 100 fly . Tank and Skippy battled it out to the 75 , until Huegill surged to victory. Both men were off their best times, finishing in 52.36 and 52.80 . "I felt great to the 75, " said Mintenko. "I just haveto work on the last 10 metres, and hopefully in three weeksatPan Pacs, itwill come through."

With a kilt-clad team to cheer heron, Scotland's Alison Sheppard defended her title in the 50 free. Sheppard has perfected the first 25 metres of this event, getting a body-length lead byhalf way. "I'm so pleased to do that in front of a home crowd," said Sheppard. "I didn'tlook whereanyoneelse was, Ijust wanted to swim my own race." Canada's Laura Pomeroywasifith afterbreakingtheCanadian record with a 25.85 in the heats. "That wasn't as fast as I would haveliked, but I am happy to be in the final," said Pomeroy. "It is really exciting to be in the final asI wasn'tseeded top eight coming into this meet. So to get fifth in my first intemational meet is pretty good."

It was one, two, three for England as James Gibson, Adam Whitehead, and Darren Mewswept the 50 breast. Mew missed a medal in the 100 , so was particularly happy. "We came here determined to go for a 1-2-3 and now we've done it," said Mew. "It's tremendous and a real boost to the team for the rest of the night and the rest of the Games."

England continued to sizzle, sweeping their second event in one night. This time it was the women's surn in the 200 back. Sarah Price led from start to finish with her flawless backstroke; her head is completely still while she swims, with a fluid roll and steady kick. Price's first 50 was under worldrecord pace, but she faded slightly in the second hundred to finish with her fifth PB of the meet, a $2: 10.58$. The rest of the race was up for grabs for whomeverwastough enough to stepup. Two English ginls,JoFargusandKatySexton, didjustthat, finishing in second and third with 2:11.60 and 2:12.01 respectively.
"I'm over the moon," said Price. "I was so nervous becausethese girls are so tough. It'sso great that we got 1-2-3!"

Perhaps the most anticipated event of the competition, themen's 100 back, sawMattWelsh out for blood and Ian Thorpe out for his sixth gold. The question on everyone's mind: Could Thorpedo beat Welsh? Well, it was not to be. Welsh led from wall to (continued on page 12)

## PERSONALITY:GRAEMESMITH

## THE BRAVEHEART OF SWIMMING

## Ben Lafferty

For Graeme Smith, these Commonwealth Games were special in a number of ways. First, he wasracing in his home pool, the Manchester Aquatic Centre, where for the last two years he had been hidden away in the "dungeons" downstairs in the four-lane, long-course training pool. Second, hordes of his relatives were in the stands, many of them having travelled south from Scotland, and he wantedto thank them fortheirsupportoverthe years with a couple of medals. Many of them have followed him around the world to watch him race, bringingwith them thenow-famous Scottish flag emblazoned with the word Braveheart. And third, he had unfinished business as far as the Commonwealth Games were concemed. The memory of his sixthplaceefinish in Kuala Lumpurstill hauntshim. "It is the biggest unanswered question in my career. Mypreparation wassuperb. I wasdoing setsin training that I'm sureonly Thorpe and Hackett in the world are capable of doing."

Hewasswimming, asalways, for Scotlandatthese, histhird Commonwealth Games, and hisScottish roots are something he is fiecely proud of. Bom in Falkirk, hisfamilymovedto settlejustoutsideManchesterwhen he was three years old. He visits Scotland several times a year to watch football and visitrelatives, and both his parents have strong Scottish accents (his father, John, sounds similar to Sean Connery). Dorothy, hismother, was an attache to the Scottish Commonwealth Games Team and hadbeen heavilyinvolvedin preparationsfor the Games. This Scottish pride does not, however, translate into any anti-English sentiment, even though Graeme suffered regularly at school whenever England beatScotlandat football or in the five nations rugby.

These Commonwealth Games were a continuation of what could be called the third phase of Smith's career. The first phase ended with a bronze medal at the Allanta Olympics in 1996 and had been characterized by seemingly endless improvement and success. The second phase, which lasteduntil 2001, can onlybe described as spirit-crushing torment. Graeme didn'tbeathis personal best from Allanta once in this five year period, and although heneverfinished theyearoutside the world's top ten, his performances at
major meets never did himself justice.
Hisfailureto qualify for the Olympic 1500 freestyle was the lowest point in his career. In March 2000, he had taken apart the Americans at their own National Championships in Seattle, and believed he could

## QUICK FACTS: SMITH, Graeme, SCO <br> BIRTHDATE, PLACE 31 MAR 1976, Falkirk, SCO <br> HEGGT $\quad 188 \mathrm{~cm}$ <br> WEIGHT <br> REPRESENTS <br> COACH <br> City of Manchester Aquatics Dave Calleja

2002 Commonwealths 3rd 400 free 3:49.40, 2nd 1500 free 15:07.19
2001 Worlds 3rd 800 free 7:51.12, 2nd 1500 free 14:58.94
1999 Europeans 14 th 400 free $3: 57.62$, 9th 1500 free $15: 32.54$
1998 Commonwealths 6 th 400 free $3: 53.73,5$ th 1500 free 15:23.42
1998 Worlds 12th 1500 free 15:35.71
1997 Europeans 6 th 400 free 3:54.30, 4th 1500 free 15:22.11
1996 Olympics 3rd 1500 free 15:02.48
1995 Europeans 2nd 1500 free 15:11.90
1994 Worlds 8th 1500 free 15:29.24
1994 Commonwealths 5th 1500 free 15:13.61
earneda triptoSydneyitwasme. Healsosaid 'you know you are one of the bestdistanceswimmersin the world, and so do I, and so do Mum and Dad. Go to Sydney, enjoyyourself, and when you getback, provetoeveryone whatyou can do.' Thatinspired meto carryon." One of the foundations of Smith's succeess has been a rock of family support. He still lives with his parents, out of choice, not necessity, because he believes what they provide for him he can find nowhere else. "Other parents might have said 'You're 24 years old, it's not working. Go back to university, finish your degree, get a career, and get on with your life.' But they refused to letmequit. Likea boxer, you can only getknockeddown so many timesbeforeyoucan't get back up again. There have been times when they have dragged meto my feet on the 8 count, and I owe them so much for that."

Thedecision to continueisnotoneheregrets, despite the five years of hell. In 2001, he turned thingsaroundin aremarkableway, andsobegan the third phase. Hebecame only the 12th man to break the 15 -minute barrier (incidentally, only 12 men have eversetfoot on themoon) and won WorldChampionshipsilverand bronzein Japan. His perseverance had paid off, and crucially, his confidence was back. "Ifyou arejust $1 \%$ off your game at world level, the other guys can senseit. If there's just a small amount of confidence missing, it tells. But in the ready room for the 1500 at the Worlds, atter my medal in the 800, I
challenge for medals in Sydney as he had done in Allanta. However, when theOlympicTrialscamearound threemonthsslater, hefailed to find thesameform and wasbeatenbyPaul PalmerandAdam Faulkner.Booking his ticketo Sydney as a reserve in the $4 \times 200$ freestyle relaywasnoconsolation andinitiallyhedecided thathe woulddedinehisplaceon the British team and quit the sport. "After being a medallistin Allanta, I didn't want to go to Sydneyasa relayswimmer who mightnot even getwet." Hewasonlypersuadedotherwisebyhisbrother Craig, who stayed overnight with him in Sheffield the nighttheTrialsfinished. "Hetoldmethatifanyonehad


400 free medal winners: Graeme Smith, SCO, bronze 3:49.49, Ian Thrope, AUS, gold 3:40.08, Grant Hackett, AUS, silver 3:43.48

Dan Galbraith could sense people were afraid of me."

Hisaimsfor the Commonwealthswere to medal in the400 in a newBitish record (3:48.0) andto getcloser to the European record for the 1500 . Henever expected gold on the 1500- he takes a rather philosophical approach to racing Hackett. "I just blank him out and swim my own race." Evidently it doesn't help him to focus on the man who has swum 8 seconds faster than any other on the planet. Yet Smith was not resigned to the fact thathewould inexitably bebeaten in his home pool. "If Grant isin 14:34 shape, then's nota lotI can do about that. Butifheisa bitoff his game and I am on form, it could be the higgest upset in the Commonwealth Games. But hewill haveto beonetotwo percent off his gameand'll haveto be 100\%on theday."

Asitwas, Grantwasnoton 14:34 form and Graeme was disappointed not to be able to challenge a winning time of 14:54 that he is convinced he is capable of. His raceturmed outto be a battle for silver that he won with an outstanding change of gearin thelast 100 metres. Butheprevented an Australian medal sweep in the 400 with abronze and personal best of $3: 49.40$, and hepunchedthewall in delightsohardthat he required medical attention for a laceration to his hand.


Multi Disabilty 100 free Canadian medal winners: Stephanie Dixon, silver, and Kirby Cote bronze
wall, never giving Thorpe a chance. Welsh was off hisbestwith his 54.72 , whileThorpedida PB with his 55.38 to out-touch Malaysia's Alex Kim, who broke a national record with his 55.44.
"That's my best time," said Thorpe. "I'm more than happyto come second. IfI hit the wall and I've donemy best, I can be happy with the result." And of course the graciousThorpe, who smiles and singsto every anthem played for him, gave credit where it is deserved in this race. "I congratulated Matt. He's world champion, he's an excellent backstroker, and a great swimmer."

Watching England's 19-year-old Rebecca Cooke drop seconds and seconds from herbestimesisexcitingeven for those who do not follow distance swimming. Cooke just goes for it from the get-go, spinningherarmsandneverslowingdown. She added another gold with her 400 free win, again looking fresh and lively within seconds of finishing. "I am completely
 ecstatic, just overwhelmed with it all," she World record in the 50 breast semis for Zoe Baker (ENG)

Patrick Kramer
said. "Itdidn'tfeel hardatall. Itwascomfortableand I felt in control all the way through."

Upset with her silver in the 100 back, Aussie Dyana Calub was out for revenge, and she got it, winning the 50 back in 28.98 overCanadian Jennifer Carroll in 29.05 and England's Sarah Pricein 29.08. Calub explained her 50 strategy: "I got there because in the 50s you can't make a mistake. If you make a mistake, it's all over."

Price had less than an hour between her win in the 200 back and her 50 back final. She was ranked fifth in the 50 coming into themeet, so shewas happy with her bronze. "I was on a high after the 200, and to behonest thatiswhatgotmethrough thatlength." After the semis of the 50, Price commented on her meetthusfar, "I'venothadalotofsleepin thelast24 hours. It'sbeen wildandI am enjoyingeverymoment. The English team is goingso well, itjustkeepsgetting better and better."

The men's 200 IM might have seemed close at the 100 but when it came time to swim the free leg it
touched in 2:13.10, just ahead of Olympic silver medallist Terrence Parkin of South Africa (2:13.34). Canada's Mike Brown, just 18 years old, lowered his best time by over two seconds to win bronze. His time was just off the Canadian record, but Brown was all smiles. "I would have liked the record, butI'll takea 2:13.8 any day! My goal coming into this meet was to final, but after the 100, I had a bit more confidence." Brown qualified tied for first after the heats, butknewthefinal would betough. "I knewitwouldbealot harder race tonight, but I did have a medal at the back of my mind."

EveryonethoughtAussieJen Reillyhad thisonein the bag, butKiwi Elizabeth Van Welie was notgoing to makeit easyfor her. ReillybeatVan Welieon thelasturn and came home to win with a 4:43.49 to Van Welie's 4:44.56. Reilly smiled and celebrated to the tune R-E-S.P-E-C-T! But she had better watch out, because Van Welie swam thefinal of the 200 fly twenty minutes before her 400 IM final. "We'll partytonight!" saidVan Welie. "I neverthoughtof goingfor a medal, I justwent for a time. I never wantedto pull out of the200fly, becausethatismy eventand thatis whatI came
was game over. Justin Norris destroyed the field on the final freelegto win histhird gold medal with a 2:01.32. English swimmers Adi Turner and JamesGoddard posted bestimes for the silver and bronze in 2:02.10 and 2:02.48. Goddard, who won the 200 back earlier this week, said while receiving a hug from teammate Sarah Price, "I can'tbelieve I got another medal!"

## Day Six, Sunday, August 4

South Africa's Roland Schoeman spoiled two sweeps- thatof England'sMark Foster, whowas looking to win the 50 free for the third Games in a row, and thatofAussieBrettHawke, wholosthis country's chancefora gold-medal sweep onthelastnightofswimming at the Games. "That was spectacular!" said Schoeman, whose time of 22.33 was 0.01 seconds ahead of Hawke (22.34) and just ahead of Foster (22.47).

It was the battle of the young guns in the 200 breast and 20 -year-old Jim Piper of Australia won. He was off his best time, but after a disappointing 100, he went out and
here to do."
For Reilly it was a welcome relief to finally win gold. "I'm stoked to finally get through and get gold at the end of a difficult week. It has been a fantastic highlight. I suppose the D Q in the 200 IM gaveme something to think about. I made sure thereweretwo hands on the turn going into the freestyle."

Grant Hackett, a body length ahead of the field at the 25 in the 1500 free, is an amazing freestyler. And while Hackett put metre after metre between him and the rest of thefield, thebattlefor silverwastight. Headinginto the750 mark, Scotland's Graeme Smith and Aussie Craig Stevens were swimming stroke for stroke, with just 0.3 seconds separating them. Smith was able to pick it up over the last 300 to finish second in 15:07.19 to Stevens' 15:09.24. Hackett was so far ahead, yet he was 20 seconds off his best, finishing with a 14:54.29. "I wanted to go a 14:55...I have thePan Pacsin two weeks, soI washolding back abit. I have a lot of traveling in the next two weeks and some tough competition, and I don't want to get ill or anything."

With three out of the four 100 winners, Australia was tagged to win the women's $4 \times 100$ medley relay with ease, butSouth Africagavethem arun fortheirmoney. Charlene Wittstock led out on back, with Sarah Poewe winning the breast leg with a 1:07.95 split, followed by Mandy Loots on flywho toucheddeadeven with AussiePetria Thomasatthe 300. It would come down to the free, but Jodi Henry destroyed HeleneMuller on thetakeover, and Australia won the final women's event in a new Games record.

The last night is always the best at an international meet. You havegotthemen's 1500 , which isalwaysexciting despite itslength, and then of course the medley relays. In the men's $4 x 100$ medley relay, it was the Aussies who dominated the entire race, with three teams battling for silver. England managed to touch out Canada, who managed to touch out South Africa.

And as the Commonwealth Games came to a close, with the hostnation seeing thebiggestimprovement, itwas Ian Thorpe who summed up the meet best. "It's been a fantastic Games, not only for Australia, but for all teams. I'm just pleased to have had the opportunityto be a part of it. It'sbeen a successful Games for mepersonally, aswell as everyone else."


Multi disbality 50 free Canadian silver Dan Galbraith medal winner Philippe Gagnon.

## WINNING IS THE ONLY OPTION

## BLLSNHENFAMTABEBTISHMMMNGIOTIEHYFOSSCCSS

## Nikki Dryden

Englandwon 32 medalsattheCommonwealthGames this summer, 10 of them gold. Scotland won five medals, one of them gold. And while Wales is still suffering some of theproblemsthatplagued English and Scottish swimmingin thepast, British swimming is definitely on the rise.

The British team hit rock bottom at the 2000 Sydney Olympics, winning zero medals. So they broughtAussieBill Sweetenham on boardasnational performancedirector. Heimmediately began to draw inthereins, makingchangeswith theadministration, the coaches, and the swimmers that few readily embraced. But within 20 months, Sweetenham has changed the face of British swimming, and he is not about to slow down.
"Weshouldn'tgetexcitedabout ourresultsfrom theGames," saidSweetenham. "Therecan beno rest. My only interest this year is that swimmers place top eight, two per country in this year's final world rankings. That is more important than any gold, silver, or bronze medals won here in Manchester."

Do not gethim wrong, he is pleased with some of the progress made, "But I'm still unhappy," Sweetenham said. "We haven't madeprogress as fast aswecouldhave." Buthedidsingleouttheswimming of onewoman as themodel for all swimmers. "Sarah Priceisthehighlightofthemeet. ShesetthreeGames recordsin theheats, semis, and finalsof the 100 back. (Aswell astwo morein theheats and finalsof the 200 back.) We nowhave athletes who are physically and mentally tough. She set the standard that all British athletes should aspire to."

Heisalso happywith the supportstaffthathehas beenableto puttogether. "In thelast12monthsithas really come to fruition, and we now have a managementteam thatisworldclass. Wehavesports science to back that up that is equal to the best in the world, and we are finally putting it all together." Yet Sweetenham readily admits that it is not foolproof. "We are nowhere where we should be, but we finally haveathletesthatcan race, racewell, and racetough. There is no soft swimming, no soft events. These kids go hard all the time and can give a good fight on the back end."

## The System He's Trying to Change

According to Sweetenham, the culture of swimming in Englandisan antiquated, expensive, andoutdated system of 25metrepoolsandshortcoursecompetitions directed at swimming 50s and 100s. "That cannot
nor will not be successful internationally," says Sweetenham. "We must change the culture in this country totrainlong courseand focus on the200and 400 and then come down from there."

So when Sweetenham took charge, his first goal was to change the competitive philosophyin Britain. "Our team motto is that winning is the only option. We don't want to know about anything else." By changing thecompetitiveprogram and callingforno soft competitions, Sweetenham has been able to change the coaching programs and work ethic of the swimmers. "No competition is an endin itself except the Olympics. If you change the competition, you change the way coaches train athletes."

Oncehechanged the competitivephilosophy, he worked to change the attitude of training and the need to develop better endurance based programs. "Coaches are being told to look outside the picture theyhavebeen in, tolook outsideof Englandforways to get better."

One thing Sweetenham was intent on was not to focuson beating theAussiesin Manchester. "Changing thesystem of British Swimmingwill backfireif wejust focus on beating the Australians. The colour of the costumedoesn'tchangethetype of competition. Our only goal ismedals in Athens, and to do that we have to survivea harsher environmentthan theonehere."

Part of the build up to and competition at the Commonwealth Games has helped Sweetenham identify those people he believes will help to change the system. "I have been working to identify the athletes and coaches that will be invincible in that kind of environment (the Olympic Games), looking for the people that can stand that type of pressure."
"To be successful at the Olympicsyou haveto be ranked top eight or even top five going into the Olympicyear. Thatiswhyeach swimmerhasto swim within two percent of their best in the heats, one percent in the semis, and a PBin finals. All theteams atnationalsarebeing evaluated on howwell theycan do that. You need to befast and efficient in heats and semis. Wearenowjudgingthecoachesandswimmers on performance and recognizing them for it."

## Keeping What They Are Good At

It is easy to look at Australia as the swimming Mecca of the world. But just because they have 18 million people living within an hour of the beach does not mean there are not other distractions. That is why Sweetenham tries to remind everyone, "If you never see the negatives of your opposition, then you will never see the positives of your own program."

Onesuch positive is that British breaststrokehas always been world class; think David Wilkie, Adrian Moorhouse, and Nick Gillingham. And while Sweetenham is intent on changing the culture of British Swimming, he is very willing to look to the past for future success. "We have a group of coaches who are totallyfocused on breaststroke, becauseoften when there is a focus on fly, back, distance free, or medley, then breaststroke gets forgotten. We have a strong history of breaststroke in this country and to notkeepupon ourbreaststrokewouldbelikethrowing the baby out with the bath water."

Thewomen'sprogram isalso moresuccessful at present, so Sweetenham is creating programs to strengthen the men's program. "Right now our women areverystrong, butthatisthecyclerightnow. We need to put in place a system where there are no weaknesses." (SwimNews will outline this program as well as the Junior and Age Group programs that are being developed in Britain, in the next issue of SwimNews.)

## Moving Forward Means Continued Changes

Many swimmers and coaches could get complacent after the success the Brits had in Manchester. But do not think for a minute that Sweetenham will let his swimmers or coaches rest on their laurels. "At6 a.m. on Monday morning (August 5th) we are flying to Greece for the Greek Nationals, then we have a twoweektrainingcampin Cyprus. Wegetbackintimefor short course nationals, and only then do they get a two-week break." Sweetenham isintent on changing the main training period to September to January, and can beheard saying repeatedly, "Wecan haveno rest."

Sweetenham's contractruns through 2004 with an additional two-year option. "I havea job to finish here. I hopemylegacyin British Swimming will beto leave a system in place that will produce the best athletes in the world."

According to Sweetenham, that means that the administration has to be more aggressive about changing, the athletes have to be more confident aboutbeing competitive at the highestlevels, and the coaches have to have a wider vision and better expectations of higher performances.
"I havebeen luckyupuntil now, andthechanges have come willingly. But it will take more changes, more money, and more facilities to keep moving forward. We can take no self-satisfaction from this meet. Whatweneedto do nowisask ourselvesifweare really serious enough to challenge ourselves. Do we have the courage of conviction to make continued changes?'

Britain'sHighPerformanœProgram— PartOne of a Two-Part Series

## YOUNG AND OLD HAVE THER TURN AS SOME OF THE BEST WENT HOME TO REST

## Nikki Dryden

With the exploits of Ian Thorpe from the Commonwealth Gamesstill fresh in their memories, 350 swimmers gathered at the 1994 Commonwealth Gamespool in Victoria one day after theManchester Games ended for the Canadian Summer Nationals. Up for grabs were 12 additional spots on the Pan Pac team headingtoJapan ( 25 hadbeen preselected from Manchester), and spots on a Junior National Team that will compete at the Junior Pan Pacs in Sydney next January. As well, swimmers with a disability (SWAD) competed for selection to the World IPC Swimming Championships to be held in December.

## Janes and Brown Top Swimmers

Newly transplanted Victorian Riley Janes had the top swim of the meet, winning the 50 back in a new Canadian record. His time of 25.73 broke his old record of 25.79 from 2001. Janes hasbeen swimming at the new National Centre in Victoria with Jim and Lynn Fowlie. "I've been training here in Victoria for 15 weeks and I feel comfortable and relaxed in this pool."

Janes was fourth in the 50 back at the Commonwealth Games, but badly hurt his back in the heats of the 100 back. Janes went too deep on his start and hit his back on the underwater camera causing a huge cut the length of his spine. "The injury I suffered in Manchester has left a scar on my back, but the pain is gone."

Mike Brown (PERTH), the young star of the Commonwealth Games, won the 200 breastin 2:16.28 and 100 breastin 1:02.46. Brown droppedtwo seconds off his best 200 breastin Manchester to win a bronze at the Games, and just came to Victoria to get more races in before Pan Pacs. "I was hoping to go a bit faster in the 200 breast but I have always liked competing atnationals, and I wantedto comeand get anothernational title." Brown arrivedin Victoria just one day before his race. "I am very tired, but I am getting used to the travel. Everyone has to do it these days and only the tough survive."

Brown's 100 breast was the second-best swim of Nationals. "I didn'teven shave for that! Ijust wanted to come here to get a few more races in before Pan Pacs." Hiscoach Nandi Komendi said, "I think that was the best start I have ever seen him do in a meet before." But like a good coach, he also said that

Brown's starts were the weakest part of his 100, and were something he can still work on!

## New Distance Stars Shine

Canada's distance freestyle events have some fresh young blood with the official arrival of Taryn Lencoe of UBCD, who dropped 11 seconds off her best to win the 1500 in 16:47.28. At 16, Lencoe works hard in the pool and on deck remains quite poised about her success. But the precociousteen islightatheart, with schoolgin crushes on Hollywood stars and swimmers alike. Butit is that spunk thatwill hopefully keep her going the distance and taking Canadian freestyle with her. "No matter how fast I go to win here in Canada, I know that there is always someone out therefaster. My goal in life isto break a worldrecord."

Lencoe also won the 800 free in 8:48.06, butwas offher bestime. Shewasfollowed by 14 -year-oldstar Brittany Reimer, who finished strongly to take nine seconds off her best time and win silver in 8:52.40. Third place was Lencoe's training partner, 15 -yearold Shannon Hackett in 8:56.31.

Reimer swims with coach Cory Beatt in Surrey and said they had been working hard on her 800. "I was expectingto swim well; I havebeen doing a lot of pace work with my coach and it has been going well for a whilenow. I was reallymotivated to do well here and provethatI couldhavemadetheCommonwealth Games Team." Reimer admits she fell victim to a bit of nerves at the Trials in March, where she finished a disappointing seventh in the 800.

On the men's side, ROW's Kurtis MacGillivary swam four best times at Nationals despite being left off the Commonwealth Games team. MacGillivary, who trains in Australia with Grant Hackett, won the 800 with an 8:16.39, placed second in the 1500 and 400 with a 15:40.08 and 3:59.46 respectively, and picked up the bronze medal in the 200 fly.

MacGillivary was intent on putting the Commonwealth Games Selection mess behind him in preparingforNationals. "Ireallyhavebeen focusing on this meet, and tried not to let what happened bother me. I wanted to come here and show them I shouldhavebeen pickedfor theteam. Hopefullythere will be more best times to come in Japan." (MacGillivarywas one of three silver medallists from March trials who was deselected from the Games team aftera court of arbitration decision put higherscoring bronze medallists on the team.)

Veterans Lupien and van Oosten Return
The men's 100 free saw the return of the Canadian record holder Yannick Lupien, touching second behind Argentina's Jose Meolans (49.72); Lupien (49.98) was overjoyed to crack 50 for the first time since1999. "Alot of wallshavebeen placedin front of methisyear, and I haveknocked them all down. That swim is better than breaking the Canadian record, I just feel amazing!"

Lupien says that after his tough year, he feels no stressto swim fast. "I knowwhatI havebeen through. This year I just kept saying 'fight, fight, fight.' I am goingtoJapan and I don'tfeel anypressure; thisismy race."

Lupien claims a new coach, Nicholas Perant, and a new club, Beauport, have been the keys to his comeback as both have provided him a with a new attitude and spirit. "Swimming has never been this fun. I love going to work out now, and around my whole life everything is better."

Calgary's Lauren Van Oosten won the 200 breast in 2:32.83. Van Oosten was pleased with her timeand that from the heats (2:32.77). "I have been training inWaterloo thissummerwith Dean Boles, anditwent very well. I am really happy with my swim." Shealso won the 100 breast. Her time of $1: 10.64$ is off her Canadian record, butshewaspumpedupnonetheless. Van Oosten hails from Sayward, just over an hour north of Victoria and had her own personal cheering section filled with family and friends in the stands. She thanked the crowd and her family after her win. "I am really happywith thatswim. I'm on theroad to recovery!"

## Bright Young Things

The women's 100 free came down to a tie, and two girls went home first-time national champions. Elizabeth Collins (ROD) and Jen Porenta (TO*) touched in 57.51 for duel wins. Both women agreed that while they wanted to swim faster, they could not complain about the win.

The women's 50 fly had a similar group of women as the 100 free, with Jen Porenta winning another title with a 28.13 win. "I can't believe this, two in onenight! My goal wastojustswim best times. That 50 was just pure guts." Porenta watched the Gameson TVlastweek, andwas excited to comeshow her stuff here. "I wanted to makemymark and show them I could havebeen there, that I am coming up."

Another battle of the young guns was in the women's 100 back. Commonwealth team member Elizabeth Vycliffe (EBSC), 19, won with a 1:03.95 followedby18-year-oldCaitlin Meredith (Kamloops) in a 1:04.32 and 16-year-oldHanna Kubas(UASC) in 1:04.55. Kubaswon the 50 back aswell in 29.71 , in the highest-point swim of the meet for the women.

Oakville swimmer Laura Pomeroy won the 50 free in a 26.15. Thattimeisjust off her performance
from the Games, where she broke the Canadian recordin thesemisandfinishedfifth overall. Pomeroy will join hersisterJulia thisfall atSouthern Methodist University in Dallas.

## From Coastto Coast, New Swimmers Emerge

 Victoria's Jesse Jacks made history with his first national title in the 200 fly. Jacks repeated the performanceofhisfather RonJacks, who won hisfirst national title in the 200 fly as well. Jesse was pleased towin in hishomepool. "I think thisisone of thebest poolsin thecountry, anditisgreatbeing able to train here. I was surprised with the win. I just wanted to come here and get a best time, but being at home really charged me up and I really dug down." When it comes to his father's success, Jesse does not let it pressure him. "I didn't really think about my Dad's past accomplishments, but now that it's done, it's pretty cool."In the women's 50 back, 13 -year-old Brooke Buckland of the Eastern Alliance team won a silver medal with her 29.91. It was the first time under 31 secondsfor Buckland. "I havejustbeen tryingto keep my stroke rate up as high as I could and it worked!" The Eastem Allianceteam had a great 100 fly as well, finishing for a record silver and bronze. Melissa Hubley and Stephanie Hughes touched in 1:01.68 and 1:02.05 for the two medals.

## More Rookies Earn Pan Pac Trip

Canada's history of strong breaststroke and IM continuedwith 6 ofthe 12 swimmersaddedtothePan Pac team being breaststrokers and IMers. Themen's 400 IM featured Calgary swimmer Chad Murray. Known for his 200 fly and 400 IM, Murray had to choose between the two races as both were swum on the same night. Another silver medallist deselected from the Commonwealth Games' team, Murray


50 backstroke record for Riley Janes
Marco Chiesa
arrived ready to prove why he should have been selected to Manchester.

With his teammates flooding the pool deck to cheerhim on, Murrayledfrom startto finish, winning in a best time of 4:24.35. "I am excited because that isthefirsttimeI havewon nationals. I dropped about three seconds off my best, but I might have taken out the fly a bit hard because of my excitement!"

In the women's 400 IM, UBCD'sKelly Doodywon silver behind Greek swimmer Artemis Daphnis butit was good enough for a trip to Japan. "I was hoping it wouldbealittlefaster," said Doody. "ButI am happy. It was nice having foreign girlsto race for a change; itisniceto mix it up a little." Doodyalso placed third in the 200 IM .

Breaststroking teammates Lisa Blackbum and TamaraWagnerofROWswam fastenough in the100 breast to make Pan Pacs, as did Edmonton's Chad Thomsen. Young200backstrokersMelanieBouchard
(CNB) and Amanda Gillespie (NKB) swam 2:16.34 and $2: 16.57$ to earn their tickets to Japan, while Elizabeth Collins' (ROD) 200 free earned her a spot.

## SWAD World Records Tumble

Kirby Cote (Manta) broke two world records for the S13.The18-year-oldbrokethe200IMrecordwith her 2:29.59and the 100 breast with her 1:17.12. Cotewon bronzein the 100 freeat theCommonwealth Games.

In the men's 100 back, Brian Hill (NRS) broke the world record in the S13 category. "I've been training reallywell this yearso I think that hasmade the difference. Andin that raceI hadWalterWu (RR) there to race me. He usually beats me as he does underwater faster than me, but I can swim faster."

Andrew Haley of Calgary broke a 10 -year-old record in the S9 category with his 1:04.46 in the 100 fly. "I love Victoria!" said Haley, who won a gold medal here eight years ago at the Commonwealth Games. "My shoulders were sore last week, but our motto in Calgary is 'no matter how you are feeling, get in and swim your race.' I did that and I just can't believe I broke the record."

In thewomen's50 free, DanielleCampo (CYPS), fresh offa bronze medal win from Manchester, broke the world record for S7. She previously broke that record back in 1998 and was very pleased with her 34.74. "Thisfeelsamazing. I am so much older now, and I understand and appreciate better what a world record means."

Donovan Tildesley (UBCD) broke a Canadian record in the 200 IM for S11. While Tildesley hoped his time of 2:36.04 would have been a bit faster, he was still pleased with the record. "I am happy.Thisis a great group of guys to race against; they really are all worldclass in theirown rightand I am proudto be a part of it."



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MENTALTRAINING OPEN WATER \& POOLSWIMMING

## 2002 COMMONWEALTH GAMES

Manchester, Jul 30-Aug 4 (50 M)
MEN
50 METRES FREESTYLE, Aug 4
22.33 Schoeman Roland,80,RSA
22.34 Hawke Brett,74,AUS
22.47 Foster Mark,70,ENG
२2.49 Neethling Ryk,77,RSA
22.67 Callus Ashley,79,AUS
22.93 Kidd Matthew,79,ENG
23.03 Hutchison Oraig,75,CAN

8 23.40 Folker Nicholas,76,RSA
Semi-Finals
1 २2.29 Hawke Brett,74,AUS
2 2२.45 Foster Mark,70,ENG
3 22.52 Schoeman Roland, 80,RSA
4 22.62 Neethling Ryk,77,RSA
5 22.67 Callus Ashley,79,AUS
6 22.96 Hutchison Oraig,75,CAN
7 23.06 Kidd Matthew,79,ENG
8 23.२3 Folker Nicholas,76,RSA
9 23.30 Cozens Chris,82,ENG
10 23.32 Rose Matthew,81,CAN
1123.38 Papachrysantou Chrisan,79,CYP

12 23.66 Michaelides Stavros,70,CYP
13 23.77 Evans Steven,80,WAL
14 23.92 Militis Alexis,83,J隹
15 24.10 Pini Ryan,83,PNG
16 24.13 Winter Jonathan, 71,NZ
100 METRES FREESTYLE,Aug 2
1 48.73 Thorpe lan,82,AUS
2 49.45 Callus Ashley,79,AUS
3 49.71 Neethling Ryk,77,RSA
4 49.99 Kidd Matthew,79,ENG
5 50.12 Pearson Todd,77,AUS
6 50.17 Hayden Brent,83,CAN
7 50.40 Hutchison Oraig,75,CAN
8 51.00 Folker Nicholas,76,RSA
Semi-Finals
1 49.31 Thorpe lan,82,AUS
2 49.72 Kidd Matthew,79,ENG
3 49.91 Neethling Ryk,77,RSA
4 50.05 Callus Ashley,79,AUS
5 50.13 Pearson Todd,77,AUS
6 50.28 Hutchison Oraig,75,CAN
7 50.45 Hayden Brent,83,CAN
8 50.60 Folker Nicholas,76,RSA
9 51.00 Howard Anthony,79,ENG
10 51.44 Cozens Chris,82,ENG
11 52.35 Aresti Alexandros,83,CYP
12 52.49 Alleyne Damien,83,BAR
1352.49 Cowen Ronald, $81, \mathrm{~B}$ R

14 52.63 Demetriu Demetris,82,CYP
15 52.82 Probert Carl,75, PJ
1652.89 Evans Steven,80,WAL

200 METRES FREESTYLE, Jul 31
1 1:44.71 Thorpe lan,82,AUS
2 1:46.13 Hackett Grant,80,AUS
3 1:49.40 Say Rick,79,CAN
4 1:50.01 Salter James,76,ENG
5 1:50.27 Johns Brian,82,CAN
6 1:50.30 Oram Jason,82,AUS
7 1:51.18 Johnston Mark,79,CAN
8 1:51.22 Carry David,81,SOO
Prelims

1 1:48.50 Thorpe lan,82,AUS
2 1:49.22 Hackett Gant,80,AUS
3 1:49.94 Say Rick,79,CAN
4 1:50.26 Johnston Mark,79,CAN
5 1:50.40 Johns Brian,82,CAN
6 1:50.41 Salter James,76, ENG
7 1:50.56 Oram Jason,82,AUS
8 1:51.45 Carry David,81,SOO
9 1:51.89 Davies David,80,WAL
10 1:53.61 Alleyne Damien,83,BAR
11 1:54.05 Aresti Alexandros,83,CYP
12 1:55.53 Chay Mark,82,SIN
13 1:55.88 Cowen Ronald,81,BRR
400 METRES FREESTYLE,Aug 30
1 w3:40.08 Thorpe lan,82,AUS
2 3:43.48 Hackett Grant,80,AUS
3 3:49.49 Smith Graeme,76,S00
4 3:49.84 Stevens Oraig,80,AUS
5 3:51.88 Faulkner Adam,81,ENG
6 3:53.35 Salter James,76, ENG
7 3:53.55 Say Rick,79,CAN
8 3:56.25 Johnston Mark,79,CAN Prelims
1 3:47.24 Thorpe lan,82,AUS
2 3:49.13 Hackett Gant,80,AUS
3 3:50.19 Smith Graeme,76,S00
4 3:52.39 Faulkner Adam,81,ENG
5 3:52.78 Stevens Oraig,80,AUS
6 3:53.89 Salter James,76,ENG
7 3:55.15 Johnston Mark,79,CAN
8 3:55.28 Say Rick,79,CAN
9 3:55.67 Hurd Andrew,82,CAN
10 3:55.79 Trees Stuart,81,ENG
11 3:56.10 Davies David,80,WAL
12 3:56.88 Jameson Andrew,81,S00
1500 METRES FREESTYLE,Aug 4
1 14:54.29 Hackett Gant,80,AUS
2 15:07.19 Smith Graeme,76,S00
3 15:09.24 Stevens Oraig,80,AUS
4 15:13.34 Faulkner Adam,81,ENG
5 15:14.37 Hurd Andrew,82,CAN
6 15:17.97 Davies David,80,WAL
7 15:31.78 Jameson Andrew,81,SOO
8 15:34.83 Trees Stuart,81,ENG
Prelims
1 15:20.63 Hackett Grant,80,AUS
2 15:21.51 Smith Graeme,76,S00
3 15:26.92 Stevens Oraig,80,AUS
4 15:33.60 Davies David,80,WAL
5 15:41.73 Hurd Andrew,82,CAN
6 15:42.29 Jameson Andrew,81,S00
7 15:42.44 Faulkner Adam,81,ENG
8 15:52.79 Trees Stuart,81,ENG
9 17:34.69 Bensadon Colin,81,GB
50 METRES BACKSTROKE,Jul 31
1 25.65 Welsh Matt,76,AUS
2 25.67 Lim Alex,80,MAS
3 25.89 Zandberg Gerhard,83,RSA
4 26.05 Janes Riley,80,CAN
5 26.20 Veldman Gord,79,CAN
6 26.47 Rolff Ehan,82,AUS
7 26.56 Harris Martin,69,ENG
8 26.67 Van Der Zant Robert,75,AUS
Semi-Finals
1 25.86 Welsh Matt,76,AUS

2 25.96 Janes Riley,80,CAN
3 26.05 Zandberg Gerhard,83,RSA
4 26.20 Lim Alex,80,MAS
5 26.23 Rolff Ethan,82,AUS
6 26.33 Veldman Gord,79,CAN
7 26.45 Van Der Zant Robert,75,AUS
8 26.49 Harris Martin,69,ENG
9 26.52 Tait Gegor,80,S00
10 26.54 Ruckwood Adam,74,ENG
11 26.64 Pini Ryan,83,PNG
12 26.78 Burnett Simon,82,ENG
13 26.97 Gibson Cameron,82,NZL
14 27.12 Neckles Nick,78,BAR
15 27.43 Winter Jonathan,71,NZL
16 27.50 Chay Mark,82,SIN
100 METRES BACKSTROKE,Aug 3
1 54.72 Welsh Matt,76,AUS
2 55.38 Thorpe lan,82,AUS
3 55.44 Lim Alex,80,MAS
4 55.98 Zandberg Gerhard,83,RSA
5 56.08 Tait Gregor,80,S00
6 56.65 Ruckwood Adam,74,ENG
7 56.98 Rolff Ehan,82,AUS
8 58.40 Harris Martin,69,ENG
Semi-Finals
1 55.91 Welsh Matt,76,AUS
2 56.11 Lim Alex,80,MAS
3 56.32 Tait Gegor,80,S00
4 56.49 Thorpe lan,82,AUS
5 56.61 Ruckwood Adam,74,ENG
656.83 Rolff Ehan,82,AUS

7 57.00 Zandberg Gerhard,83,RSA
8 57.26 Harris Martin,69,ENG
9 57.28 Janes Riley, 80,CAN
10 57.34 Burnett Simon,82, ENG
11 57.47 Oiwol Tobias,85,CAN
12 57.52 Veldman Gord,79,CAN
13 57.62 Gibson Cameron,82,NZ
14 57.84 Neckles Nick,78,BAR
15 59.49 MacKay Andrew,85,CAY
16 1:01.08 James Ramon,80,JAM
200 METRES BACKSTROKE,Aug 1
1:59.83 Goddard James,83,ENG
2 2:00.55 Tait Gegor,80,S00
3 2:01.04 Militis Simon,77,ENG
4 2:01.22 McBean Leigh,83,AUS
5 2:01.65 Rolff Ehan,82,AUS
6 2:02.00 Gibson Cameron,82,NZ
7 2:03.05 Sayao Chuck,82,CAN
8 2:03.29 Beavers Keith,83,CAN Prelims
1 2:01.22 Beavers Keith,83,CAN
2 2:01.51 Tait Gegor,80,SOO
3 2:02.46 Militis Simon,77,ENG
4 2:02.54 McBean Leigh,83,AUS
5 2:02.62 Goddard James,83,ENG
6 2:02.63 Rolff Ehan,82,AUS
7 2:02.76 Gibson Cameron,82,NZ
8 2:02.94 Sayao Chuck,82,CAN
9 2:04.24 Oiwol Tobias,85,CAN
10 2:04.40 Lim Alex,80,MAS
11 2:05.58 Neckles Nick,78,BAR
12 2:09.32 Harrop Dane,82,IOM
13 2:09.49 Powell lan,82,GUE
14 2:09.71 MacKay Andrew,85,CAY
50 METRES BREASTSTROKE,Aug 3
27.72 Gibson James,79,ENG

2 27.79 Whitehead Adam,79,ENG
3 27.80 Mew Darren,79,ENG

8 30.03 Piper Jim,81,AUS
9 30.24 Nienaber Wickus,82,SWZ
10 30.90 McPhee Travano,82,BAH
11 31.24 Batty Dave,82,IOM
12 31.54 AdelekeAdedoyin Afolabi,82,NGR
13 31.54 Smith Graham, $80, \mathrm{~B}$ R
14 31.67 Williams Eic,82,NGR
15 32.13 Al Mohammad,80,BAN
16 32.69 Zammitt Jamie,80,GIB

## 100 METRES BREASTSTROKE,Aug 1

1 1:01.13 Whitehead Adam,79,ENG
2 1:01.23 Knabe Morgan,81,CAN
3 1:01.64 Gibson James, 79,ENG
4 1:01.87 Mew Darren,79,ENG
5 1:02.14 Petersen Brett,76,RSA
6 1:02.58 Brown Michael,84,CAN
7 1:02.68 Piper Jim,81,AUS
8 1:02.74 Parkin Terence,79,RSA

## Semi-Finals

1 1:01.05 Whitehead Adam,79,ENG
2 1:01.66 Mew Darren,79,ENG
3 1:01.82 Gibson James,79,ENG
4 1:02.00 Knabe Morgan,81,CAN
5 1:02.33 Petersen Brett,76,RSA
6 1:02.62 Parkin Terence,79,RSA
7 1:02.68 Piper Jim,81,AUS
8 1:02.70 Brown Michael,84,CAN
9 1:02.81 Harrison Regan,77,AUS
10 1:02.94 Edmond lan,78,SOO
11 1:03.34 Norris Justin,80,AUS 12 1:03.45 Bre Andrew,81,IRL 13 1:04.44 Stamhuis John,79, CAN 14 1:04.90 Williamson Michael,81,IRL 15 1:05.16 Nienaber Wickus,82,SWZ 16 1:06.07 Cross Andrei,82,BAR 200 METRES BREASTSTROKE,Aug 4
1 2:13.10 Piper Jim,81,AUS
2 2:13.34 Parkin Terence,79,RSA
3 2:13.82 Brown Michael,84,CAN
4 2:14.40 Whitehead Adam,79,ENG
5 2:14.48 BreAndrew,81,IRL
6 2:14.56 Edmond lan,78,S00
7 2:15.86 Harrison Regan,77,AUS
8 2:16.73 Knabe Morgan,81,CAN

## Prelims

1 2:15.21 Piper Jim,81,AUS
2 2:15.21 Brown Michael,84,CAN
3 2:15.24 Bre Andrew,81,IRL
4 2:15.60 Harrison Regan,77,AUS
5 2:15.72 Parkin Terence,79,RSA
6 2:15.83 Whitehead Adam,79,ENG
7 2:16.21 Knabe Morgan,81,CAN
8 2:16.21 Edmond lan,78,S00
9 2:16.83 Stamhuis John,79,CAN
10 2:17.92 Norris Justin,80,AUS
11 2:17.92 Norris Justin,80,AUS

12 2:18.79 Turner Adrian,76,ENG
13 2:19.23 Williamson Michael,81,IRL 14 2:25.72 Nienaber Wickus,82,SWZ 15 2:32.84 Smith Graham,80,BRR 50 METRES BUTTERFLY,Aug 1
23.57 Huegill Geoff,79,AUS

2 23.66 Schoeman Roland,80,RSA
24.11 Foster Mark,70,ENG

4 24.15 Mintenko Michael, $75, \mathrm{CAN}$
24.21 Hawke Brett,74,AUS
24.22 Pine Adam,76,AUS
24.58 Winter Jonathan,71,NZL

8 24.82 Black Cameron, $77, \mathrm{SOO}$ Semi-Finals
1 23.62 Huegill Geoff,79,AUS
223.99 Schoeman Roland,80,RSA

3 24.11 Pine Adam,76,AUS
24.15 Mintenko Michael,75,CAN
24.44 Winter Jonathan,71,NZL
24.45 Hawke Brett,74,AUS
24.55 Foster Mark,70,ENG
24.62 Black Cameron,77,S00
24.81 Verster Theo,74,RSA

10 24.85 Bennett David,81,ENG
11 24.93 Hickman James,76,ENG
12 24.93 Pini Ryan,83,PNG
13 25.02 Sheeran Nicholas,78,NZ
1425.03 Cooper Todd,83,S00

15 25.08 Odendaal Hendrik,80,RSA 16 25.50 Burmester Moss,81,NZ
100 METRES BUTTERFLY,Aug 3
152.36 Huegill Geoff,79,AUS

2 52.80 Mintenko Michael,75,CAN
3 53.02 Pine Adam,76,AUS
4 53.32 Hickman James,76,ENG
5 54.03 Verster Theo,74,RSA
6 54.33 Cooper Todd,83,SOO
7 55.17 Parry Stephen,77,ENG
8 55.24 Bennett David,81,ENG Semi-Finals
152.36 Huegill Geoff,79,AUS

2 53.33 Mintenko Michael,75,CAN
3 53.47 Pine Adam,76,AUS
4 53.70 Hickman James,76,,ENG
5 54.36 Verster Theo,74,RSA
654.38 Cooper Todd,83,SOO
54.72 Parry Stephen,77,BNG
54.84 Bennett David,81,ENG
954.96 Burmester Moss,81,NZ

10 55.20 Sioui Adam,82,CAN
11 55.32 Odendaal Hendrik, 80, RSA
12 55.42 Ramsay Heath,81,AUS
13 55.60 Pini Ryan,83,PNG
14 55.80 Ferns Lyndon,84,RSA
15 55.89 Sheeran Nicholas,78,NZL
1656.54 Vythoulkas Christophe,84,BAH

200 METRES BUTTERFLY,Jul 30
1 1:56.95 Norris Justin,80,AUS
2 1:57.71 Parry Stephen,77,ENG
3 1:58.55 Hickman James,76,ENG
4 1:59.94 Burmester Moss,81,NZ
5 2:00.21 Sioui Adam,82,CAN
6 2:00.42 Ramsay Heath,81,AUS
7 2:00.50 Knowles Jeremy,81,BAH
8 2:03.23 McGregor Grant,78,AUS Prelims
1 1:58.19 Norris Justin,80,AUS
1:59.16 Hickman James,76,ENG
1:59.74 Parry Stephen,77,ENG

4 2:00.31 Knowles Jeremy,81,BAH 5 2:00.71 Ramsay Heath,81,AUS
6 2:00.75 Burmester Moss,81,NZ
7 2:01.24 Sioui Adam,82,CAN
8 2:01.55 McGegor Grant,78,AUS
9 2:01.56 Cooper Todd,83,SOO
10 2:02.34 Verster Theo,74,RSA
200 METRES IND.MEDLEY,Aug 3
1 2:01.32 Norris Justin,80,AUS
2 2:02.10 Turner Adrian,76,ENG
3 2:02.48 Goddard James,83,ENG
4 2:02.68 Johns Brian,82,CAN
5 2:02.99 Kent Dean,78,NZ
6 2:03.25 Myden Ourtis,73,CAN
7 2:03.63 Parkin Terence,79,RSA
8 2:04.02 ColeMichael,78,S00
Prelims
1 2:03.08 Norris Justin,80,AUS
2 2:03.20 Johns Brian,82,CAN
3 2:03.30 Turner Adrian,76,ENG
4 2:03.43 Kent Dean,78,NZ
5 2:03.59 Goddard James,83,ENG
6 2:03.72 Parkin Terence,79,RSA
7 2:03.90 Cole Michael,78,SOO
8 2:03.91 Myden Curtis,73,CAN
9 2:04.00 Van Der Zant Robert,75,AUS
10 2:04.77 Carry David,81,S00
11 2:05.00 BreAndrew,81,IRL
12 2:05.28 Beavers Keith,83,CAN
13 2:05.57 Verster Theo,74,RSA
14 2:06.38 Knowles Jeremy,81,BAH
400 METRES IND.MEDLEY,Aug 2
1 4:16.95 Norris Justin,80,AUS
2 4:17.41 Johns Brian,82,CAN
3 4:18.75 Turner Adrian,76,ENG
4 4:19.84 Kent Dean,78,NZ
5 4:19.86 Myden Ourtis,73,CAN
6 4:21.05 Parkin Terence,79,RSA
7 4:21.66 Sayao Chuck,82,CAN
8 4:26.81 Knowles Jeremy,81,BAH
Prelims
1 4:20.85 Johns Brian,82,CAN
2 4:21.21 Sayao Chuck,82,CAN
3 4:21.72 Norris Justin,80,AUS
4 4:22.25 Kent Dean,78,NZ
5 4:२2.67 Parkin Terence,79,RSA
6 4:23.51 Turner Adrian,76,ENG
7 4:24.40 McGregor Grant,78,AUS
8 4:24.44 Myden Ourtis,73,CAN
9 4:25.77 Knowles Jeremy,81,BAH
10 4:27.65 Militis Simon,77,ENG
11 4:32.76 Carry David,81,S00
12 4:37.58 Demetriades George,81,CYP
4X100 MEDLEY RELAY,Aug 4
1 3:36.05 Australia,AUS
54.74 Welsh Matt

1:01.35 Piper Jim
51.82 Huegill Geoff
48.14 Thorpe lan

2 3:38.37 England,ENG 56.66 Ruckwood Adam

1:00.52 Whitehead Adam 52.66 Hickman James 48.53 Kidd Matthew

3 3:38.91 Canada, CAN 56.65 Janes Riley 1:01.29 Knabe Morgan 51.98 Mintenko Michael 49.09 Hayden Brent
os

1 1:01.14 Price Sarah,79,ENG 2 1:02.06 Calub Dyana,75,AUS 3 1:02.20 Rooney Giaan,82,AUS 4 1:02.27 McLean Hannah,81,NZ 5 1:02.55 Coventry Kristy,83,ZIM 6 1:02.64 Gammel Ein,80,CAN 7 1:02.86 Fargus Joanna,82,ENG 8 1:02.93 Stoney Cementine,82,AUS 9 1:02.97 Wittstock Charlene,78,RSA 10 1:03.22 Ingram Melissa,85,NZ
11 1:03.29 Lischinsky Michelle,74,CAN 12 1:03.37 Sexton Katy,82,,ENG
13 1:03.47 Stefanyshyn Kelly,82,CAN 14 1:06.41 Coole Bethan,85,WAL
15 1:08.26 Bree Natalie,84,JtR
16 1:08.68 Hadjiantoniu Antri,85,CYP
200 METRES BACKSTROKE,Aug 3
2:10.58 Price Sarah,79,ENG
2 2:11.60 Fargus Joanna,82,ENG
3 2:12.01 Sexton Katy,82,ENG
2:12.35 Fratesi Jennifer, 84, CAN
5 2:12.47 Coventry Kristy,83,ZIM
2:12.64 Stoney Clementine,82,AUS
2:13.94 Tucker Kelly,85,AUS
8 2:14.48 Ingram Melissa,85,NZ
Prelims
1 2:11.91 Price Sarah,79,ENG
2:12.90 Sexton Katy,82,ENG
2:13.16 Fargus Joanna,82, ING
4 2:13.35 Stoney Cementine,82,AUS
5 2:13.52 Fratesi Jennifer,84,CAN
6 2:13.60 Tucker Kelly,85,AUS
7 2:13.91 Coventry Kristy,83,ZIM
8 2:14.34 Ingram Melissa,85,NZ
9 2:15.07 Warden Bizabeth,78,CAN
10 2:15.11 McLean Hannah,81,NZL
11 2:15.69 Wittstock Charlene,78,RSA
12 2:16.44 Coull Louise,84,S00
13 2:16.81 Wycliffe Bizabeth,83,CAN
14 2:19.52 Thomson Kirsty,80,S00
50 METRES BREASTSTROKE,Jul 31
30.60 Baker Zoe,76,ENG
31.73 Poewe Sarah,83,RSA
31.74 White Tarnee,81,AUS
32.01 Jones Leisel,85,AUS
32.28 Leier Rhiannon,76,CAN

6 32.41 Robinson Emma,78,IRL
32.57 Haywood Kate,87,ENG
32.86 Kasoulis Sarah,84,AUS Semi-Fnals
w30.57 Baker Zoe,76,ENG
31.99 Jones Leisel,85,AUS
32.04 White Tarnee,81,AUS
32.11 Leier Rhiannon,76,CAN
32.26 Robinson Emma,78,IRL
32.52 Poewe Sarah,83,RSA
32.54 Kasoulis Sarah,84,AUS
32.64 Haywood Kate,87,ENG
932.83 Balfour Kirsty,84,500

10 33.44 Holderness Georgia,88,WAL
11 33.74 Tynan Lowri,88,WAL
12 34.14 Pierse Annamay,83,CAN
13 34.45 Siow Yi Ting,84,MAS
14 34.98 Ah Koy Rachel,83,FJ
100 METRES BREASTSTROKE,Aug 3
1 1:08.74 Jones Leisel,85,AUS
2 1:09.10 Hanson Brooke,78,AUS
3 1:09.29 Poewe Sarah,83,RSA

4 1：09．63 White Tarnee，81，AUS
5 1：09．92 Leier Rhiannon，76，CAN
6 1：10．20 Haywood Kate，87，ENG
7 1：10．61 Balfour Kirsty，84，S00
8 1：11．45 King Jaime，76，ENG Semi－Finals
1 1：08．31 Jones Leisel，85，AUS
2 1：09．00 Hanson Brooke，78，AUS
3 1：09．19 White Tarnee，81，AUS
4 1：09．75 Leier Rhiannon，76，CAN
5 1：09．95 Poewe Sarah，83，RSA
6 1：10．44 Haywood Kate，87，ENG
7 1：10．68 Balfour Kirsty，84，S00
8 1：10．92 King Jaime，76，ENG
9 1：11．06 Petelski Christin，77，CAN
10 1：11．27 Earp Heidi，80，ENG
11 1：11．99 Pierse Annamay，83，CAN
12 1：12．23 Robinson Emma，78，IRL
13 1：13．65 Siow Yi Ting，84，MAS 14 1：13．80 Holderness Georgia，88，WAL
15 1：13．90 Tynan Lowri，88，WAL
16 1：15．23 Bre Natalie，84，JER 200 METRES BREASTSTROKE，Aug 1
1 2：25．93 Jones Leisel，85，AUS
2 2：27．47 Poewe Sarah，83，RSA
3 2：28．58 Waite Kelli，85，AUS
4 2：29．55 Hanson Brooke，78，AUS
5 2：30．45 Earp Heidi，80，ENG
6 2：31．33 Leier Rhiannon，76，CAN
7 2：31．58 King Jame，76，ENG
8 2：33．09 Petelski Christin，77，CAN
Prelims
1 2：27．30 Jones Leisel，85，AUS
2 2：29．23 Waite Kelli，85，AUS
3 2：29．86 Poewe Sarah，83，RSA
4 2：30．60 Hanson Brooke，78，AUS
5 2：31．01 Earp Heidi，80，ENG
6 2：31．23 King Jaime，76，ENG
7 2：32．15 Petelski Christin，77，CAN
8 2：32．82 Leier Rhiannon，76，CAN
9 2：32．87 Balfour Kirsty，84，SCO
10 2：34．29 Siow Yi Ting，84，MAS 11 2：34．72 Pierse Annamay，83，CAN 12 2：43．06 Bre Natalie，84，J旧 50 METRES BUTTERFLY，Jul 31
1 26．66 Thomas Petria，75，AUS
2 27．13 Irving Nicole，82，AUS
3 27．30 Sheppard Alison，72，S00
4 27．41 Brett Rosalind，78，ENG
5 27．55 Loots Amanda，78，RSA
$6 \quad 27.88$ Yeo Joscelin，79，SIN
7 27．94 Martin Kerry，75，SOO
8 28．22 Hancocks Karla，80，WAL
Semi－Fnals
1 27．09 Thomas Petria，75，AUS
2 27．19 Irving Nicole，82，AUS
3 27．30 Sheppard Alison，72，SOO
4 27．48 Loots Amanda，78，RSA
5 27．57 Brett Rosalind，78，ENG
6 27．74 Martin Kerry，75，S00
7 27．83 Yeo Joscelin，79，SIN
8 27．89 Hancocks Karla，80，WAL
9 27．97 Rolland Nadine，74，CAN
10 27．97 Lee Georgina，81，ENG
11 28．07 Douglas Julie，80，IRL
12 28．15 Lacroix Audrey，83，CAN
13 28．19 Papadopoulous Maria，80，CYP
14 28．21 McLean Hannah，81，NZ
15 28．21 Martindale Leah，78，BAR

16 28．33 Ryan Sarah，77，AUS 100 METRES BUTTERFLY，Aug 2
1 58．57 Thomas Petria，75，AUS 259.68 Loots Amanda，78，RSA 3 1：00．22 Button Jennifer，77，CAN 4 1：00．58 Le Georgina，81，ENG
5 1：00．88 Lacroix Audrey，83，CAN
6 1：01．14 Yeo Joscelin，79，SIN
7 1：01．24 Coffee Rachel，83，AUS
8 1：01．43 Leach Mandy，79，ZIM Semi－Finals
1 1：00．15 Thomas Petria，75，AUS
2 1：00．18 Loots Amanda，78，RSA
3 1：00．19 Button Jennifer，77，CAN
4 1：00．50 Lee Georgina，81，ENG
5 1：00．51 Lacroix Audrey，83，CAN
6 1：00．89 Coffee Rachel，83，AUS
7 1：00．99 Yeo Joscelin，79，SIN
8 1：01．13 Leach Mandy，79，ZIM
9 1：01．69 Mills Alice，86，AUS
10 1：01．83 Papadopoulous Maria，80，CYP
11 1：02．48 Pedder Margaretha，80，ENG 12 1：02．60 Howells Gemma，84，WAL 13 1：03．55 Van Welie Bizabeth，79，NZ 14 1：03．76 Coole Bethan，85，WAL 15 1：03．79 Bouvron Christel，84，SIN 16 1：05．49 Roubina Natalia，84，CYP 200 METRES BUTTERFLY，Aug 4 1 2：08．40 Thomas Petria，75，AUS 2 2：10．73 Lee Georgina，81，ENG 3 2：11．60 Pedder Margaretha，80，ENG
4 2：11．77 Button Jennifer，77，CAN
5 2：12．71 Deglau Jessica，80，CAN
6 2：13．24 Van Welie Bizabeth，79，NZ
7 2：15．21 Lacroix Audrey，83，CAN
8 2：16．95 Coffe Rachel，83，AUS Prelims
1 2：09．05 Thomas Petria，75，AUS
2 2：11．16 Button Jennifer，77，CAN
3 2：12．07 Le Georgina，81，ENG
4 2：12．32 Pedder Margaretha，80，ENG
5 2：13．02 Van Welie Bizabeth，79，NZ
6 2：13．71 Deglau Jessica，80，CAN
7 2：15．45 Lacroix Audrey，83，CAN
8 2：16．89 Coffe Rachel，83，AUS
9 2：19．48 Roffey Heather，83，CAY
10 2：21．69 Galea Angela，83，MLT
11 2：22．51 Bouvron Christel， 84, SIN 12 2：2२．98 Roubina Natalia，84，CYP 200 METRES IND．MEDLEY，Jul 30
1 2：14．53 Coventry Kristy，83，ZIM
2 2：14，99 Jennifer Reilly，AUS
3 2：15．07 Limpert Marianne，72，CAN
4 2：16．12 Warden Bizabeth，78，CAN
5 2：16．35 Mills Alice，86，AUS

6 2：17．00 Abbott Jessica，85，AUS
7 2：17．04 Van Welie Bizabeth，79，NZ．
8 2：17．13 Yeo Joscelin，79，SIN
Prelims
1 2：15．54 Reilly Jennifer，83，AUS
2 2：16．16 Warden Bizabeth，78，CAN
3 2：16．73 Limpert Marianne，72，CAN
4 2：17．28 Yeo Joscelin，79，SIN
5 2：17．34 Mills Alice，86，AUS
6 2：17．46 Van Welie Bizabeth，79，NL
7 2：17．50 Abbott Jessica，85，AUS
8 2：18．08 Coventry Kristy，83，7M
9 2：19．28 Cameron Kristy，81，CAN
10 2：19．83 Evans Kathryn，81，ENG
11 2：20．43 Mullins Joanne，84，ENG
12 2：20．71 Fox Holly，84，ENG
13 2：21．40 BreeNatalie，84，J畂
14 2：21．45 Howells Gemma，84，WAL
15 2：23．83 Siow Yi Ting，84，MAS
400 METRES IND．MEDLEY，Aug 4
1 4：43．59 Reilly Jennifer，83，AUS
2 4：44．56 Van Welie Bizabeth，79，NZ
3 4：47．11 Abbott Jessica，85，AUS
4 4：47．23 Warden 日izabeth，78，CAN
5 4：47．23 Cooke Rebecca，83，BG
6 4：52．29 Rodier Yvette，81，AUS
7 4：54．06 Fox Holly，84，ENG
8 4：54．22 Durand Dena，81，CAN
Prelims
1 4：44．57 Reilly Jennifer，83，AUS
2 4：47．82 Van Welie Bizabeth，79，NZ
3 4：49．34 Rodier Yvette，81，AUS
4 4：50．60 Cooke Rebecca，83，ENG
5 4：50．96 Warden Bizabeth，78，CAN
6 4：51．25 Abbott Jessica，85，AUS
7 4：53．46 Loots Amanda，78，RSA
8 4：54．92 Durand Dena，81，CAN
9 4：54．96 Fox Holly，84，ENG
10 4：57．67 Howells Gemma，84，WAL
11 5：00．05 Cameron Kristy，81，CAN
12 5：03．01 Bree Natalie，84，JeR
4X100 MEDLEY RELAY，Aug 4
1 4：03．70 Australia，AUS
1：02．35 Calub Dyana
1：08．67 Jones Leisel
58．53 Thomas Petria
54．15 Henry Jodie
2 4：05．06 South Africa，RSA 1：02．24 Wittstock Charlene 1：07．95 Poewe Sarah 59．26 Loots Amanda 55．51 Muller Helene
3 4：05．65 England，ENG 1：01．62 Price Sarah 1：09．53 Haywood Kate 59．67 Lee Georgina 54．83 Legg Karen


4 4：07．25 Canada，CAN
1：02．93 Gammel Ein
1：08．86 Leier Rhiannon
59．67 Button Jennifer
55．79 Nicholls Laura
5 4：11．40 Scotland，SOO
6 4：20．62 Wales，WAL
7 4：41．77 Cyprus，CYP
4X100 FREE RELAY，Aug 3
1 3：40．41 Australia，AUS Mills Alice Henry Jodie Thomas Petria Ryan Sarah
2 3：41．47 England，ENG Marshall Melanie Brett Rosalind Legg Karen Pickering Karen
3 3：45．33 Canada，CAN
Nicholls Laura
Limpert Marianne
Pomeroy Laura
Deglau Jessica
4 3：46．08 Scotland，SOO
5 3：52．00 Wales，WAL
6 3：56．54 Jamaica，JAM
4X200 FREE RELAY，Aug 1
1 8：01．39 England，ENG 2：00．62 Karen Legg 2：00．31 Georgina Lœ 2：01．05 Joanne Fargus 1：59．41 Karen Pickering
2 8：01．91 Australia，AUS
2：00．64 Eka Graham
2：00．05 Giaan Rooney
2：01．43 Rebecca Creedy
1：59．79 Petria Thomas
3 8：04．66 Canada，CAN
2：00．97 Jessica Deglau 2：01．17 Marianne Limpert 2：01．13 Jennifer Button 2：01．29 Sophie Simard 4 8：25．23 Wales，WAL

MULTI DISABILITY
SWAD（swimmers with a disability） athletes compete in thirteen classifications（S1－S13）depending on disability，and the race is called by ranking each swimmer＇s swim in relation to the world record in that event．
MEN

## 50 METRES FREESTYLE

1 27．59 Ben Austin，AUS S8
2 25．04 Philippe Gagnon，CAN S10
3 25．07 Benoit Huot，CAN S10
4 25．91 Darren Leach，ENG S12
5 28．71 David Roberts，WAL S7
6 29．00 Alex Harris，AUS
7 26．55 Ebert P．Keynhans，RSAS12
8 29．55 Matt Walker，ENG S7 100 METRES FREESTYLE
11：00．21 Ben Austin，AUS
255.12 Feld Scott，RSA

3 1：02．50 Roberts David，WAL S7
453.76 Benoit Huot，CAN S10

5 54．65 Philippe Gagnon，CAN S10
6 57．60 Leach Darren，ENG S12
7 1：00．88 Crisp James，ENG S9
$81: 00.25$ Sharpe lan，IOM S12

## WOMEN

50 METRES FREESTYLE
129.68 du Toit Natalie，RSA S9
230.60 Dixon Stephanie，CAN S7

3 35．02 Campo Danielle，CAN S7
431.79 Ley Dianna，AUS

5 34．46 Barrett Eaine，ENG
6 32．75 Ferguson Lara，SOO
7 32．82 Kate Bailey，AUS
829.88 Pelendritou Karolina，CYP 100 METRES FREESTYLE
11：02．93 du Toit Natalie，RSA S9 2 1：05．05 Dixon Stephanie，CAN S7 3 1：01．76 Cote Kirby，CAN S13 4 1：07．54 Ley Dianna，AUS
5 1：16．26 Barrett Eaine，ENG S11 6 1：10．17 Ferguson Lara，SOO $71: 06.98$ Bailey Sarah，ENG S10 8 1：06．13 Henry Rhiannon，WAL

## RECORD SETTERS at Commonwealths

WORLD（pending RNA ratification）
Men＇s 400 freestyle： $3 ; 40.08$ Ian Thorpe，Australia， 30 July，betters own record of 3：40．17 from 2001
Women＇s 50 breaststroke： 30.57 Zoe Baker，England，Jul 30，betters old record of 30．60 Penny Heyns，RSA， 1999

## COMMONWEALTH

Men＇s 400 freestyle：3；40．08 Ian Thorpe，Australia，Manchester， 30 July，betters own record of 3：40．17 from 2001
Women＇s 50 freestyle：24．68 Alison Sheppard，SOO，Aug 2，betters own record of 24.96 from 2002.
Women＇s 100 backstroke：1：01．06 Sarah Price，ENG，Aug 1，betters own record of 1：01．32 from 2002.
Women＇s 50 breaststroke： 30.57 Zoe Baker，England，Jul 30，betters old record of 30.60 Penny Heyns，RSA， 1999
Women＇s 50 butterfly：26．66 Petria Thomas，AUS，Jul 31，betters own record of 26.78 from 2000.
Women＇s $4 \times 100$ free relay：3：40．41 Australia，Jul 29，betters own record of 3：40．91 from 2000

## CANADIAN

Men＇s 50 butterfly：24．15 Michael Mintenko，UBCD，Aug 1，betters his own record of 24.23 from 2001.
Men＇s $4 \times 100$ free relay：3：19．39 Hayden，Hutchison，Rose，Say， Jul 30，betters old record of 3：20．73 Pan Pac Team 1999.
Men＇s $4 \times 200$ free relay：3：17．17 Say，Johns，Johnston，Mintenko， Aug 1，betters old record of 7：17．80 World Championships 2001 Women＇s 50 freestyle：25．85 Laura Pomeroy，OAK，Aug 2，betters old record of 25.86 Laura Nicholls，ROW， 1999
Women＇s 100 butterfly：1：00．19 Jennifer Button，ROW，Aug 2，betters old record of 1：00．20 Audrey Lacroix，CAMO， 2001
Women＇s $4 \times 100$ medley：4：07．25 Gammel，Leier，Button，Nicholls， Aug 4，betters old record of 4：07．55 Oympic Team 2000.

## 2002 CANADIAN SUMMER NATIONALS

Victoria, BC, Aug 6-10 (50 M)

## MEN

## 50 METRES FREESTYLE

22.76 Jose M. Meolans,24,ARG
2) 22.94 Yannick Lupien,22,ONCB
3) $\quad 23.22$ Matthew Rose,21, TRENT
23.30 Thomas Kindler,22,CAMO
23.46 Mark Shivers,21,ROW
23.52 Pascal Anctil,20,MEGO
23.81 Simon MacDonald,23,NKB
8) 23.82 Paul Wilkins, 20, VKSC

Semi-finals
23.27 Jose M. Meolans,24,ARG
23.52 Mathew Rose,21,TRENT
23.53 Yannick Lupien,22,ONCB
23.56 Thomas Kindler,२2,CAMO 23.67 Simon MacDonald,23,NKB 23.79 Mark Shivers,21,ROW 23.91 Paul Wilkins,20,VKSC 24.03 Kurtis Miller, 17,SCAR
9) 24.05 Daniel Monid, 19, UNB
10) 24.13 Graeme Tozer,17,MM
11) 24.16 Thomas Zochowski,22,NYAC
12) 24.25 Daniel Petrus, 18, UBCD
13) 24.27 Chris Stewart,25,EAST
14) 24.33 Mathieu Heroux,21,CAMO
15) 26.33 Ryan Laurin, $27, I S$

100 METRES FREESTYLE
49.72 Jose M. Meolans,24,ARG
49.98 Yannick Lupien,22, ONCB
51.37 Alexandre Pichette,25,CAMO
51.41 Riley Janes,22,ESWMM
52.08 Justin Tisdall,20,UBCD
52.25 Thomas Zochowski,22,NYAC
52.41 Brian Edey,22,UASC
8) 53.05 Ryan Laurin,27,IS

Semi-finals
50.00 Yannick Lupien,22, ONCB
2) 50.07 Jose M. Meolans, 24, ARG
51.12 Alexandre Pichette,25,CAMO
51.28 Riley Janes,22,ESMMM
51.68 Justin Tisdall,20,UBCD
51.76 Thomas Zochowski,22,NYAC
51.87 Thomas Kindler,22,CAMO
52.03 Brian Edey,22,UASC
9) 52.46 Ryan Laurin, 27, IS
10) 52.49 Bill Cocks,18,TRENT
11) 52.55 Peter Szaflarski,21,BROCK
12) 52.63 Daniel Monid, 19,UNB
13) 52.63 Trevor Neufeld, 18,UCSA
14) 52.72 Colin Russell, 17, BTSC
15) 53.27 Mark Shivers,21,ROW
16) 53.68 Kurtis Miller, 17,SCAR

200 METRES FREESTYLE

1) $1: 50.96$ Mark Johnston,22,UBCD
2) $1: 52.70$ Yannick Lupien,22, CNCB
3) $1: 53.08$ Brian Edey,22,UASC
4) $1: 53.47$ Colin Russell,17,BTSC
5) $1: 54.05$ Justin Tisdall, 20, UBCD
6) $1: 54.93$ Chad Murray,20,UCSA
7) $1: 55.09$ Federic Savo,22,CAMO
8) $1: 55.12$ Darryl Rudolf, 18, UBCD BFnals
9) $1: 54.61$ Peter Szaflarski,21,BROCK
10) 1:55.24 Graeme Tozer,17,MM
11) $1: 55.28$ Andrew Coupland, 19,G0
12) $1: 55.79$ Richard Hortness, 17,AMAC
13) $1: 56.10$ Cameron Hyder, 19,UCSA
14) $1: 56.64$ Richard Cormack,20,UCSA
15) 1:57.51 Mark Thauvette,17,CAMO
16) $1: 57.75$ Nicolas Giillotte, 19,CAMO 400 METRES FREESTYLE
17) $3: 54.96$ Mark Johnston,22,UBCD
18) $3: 59.26$ Kurtis MacGillivary, $18, \mathrm{ROW}$
19) $3: 59.44$ Colin Russell,17,BTSC
20) $4: 05.18$ Tobias Oiwol, 17,ESWIM
21) 4:05.53 Brian Edey,22,UASC 6) 4:05.66 Bliot MacDonald, 19,MANTA 7) 4:06.47 David Oreed,21,IS 8) $4: 06.81$ Richard Cormack,20,UCSA BFinals
22) 4:04.84 Devin Phillips,17,UASC
23) $4: 06.17$ Darryl Rudolf,18,UBCD
24) $4: 07.51$ Michael Power,21,UCSA
25) 4:07.73 Frederic Savo,22,CAMO
26) $4: 08.19$ Eliot Rushton,18,RAPID
27) $4: 08.52$ Michael Derban,18,UCSA
28) $4: 08.69$ Andrew Coupland, $19, \mathrm{GO}$
29) $4: 10.20$ Simon Gignac, 20, CNOB

800 METRES FREESTYLE
8:13.39 Kurtis MacGillivary, 18,ROW
8:24.66 Richard Cormack,20,UCSA
8:25.58 David Oreel,21,IS
8:29.29 Jarrod Ballem,23,UCSA
8:29.74 Darryl Rudolf,18,UBCD
6) 8:30.44 Michael Derban,18,UCSA
7) 8:31.05 William Walters,19,UBCD
8) 8:32.49 David Ling,22,BROOK

1500 METRES FREESTYLE

1) $15: 30.55$ Andrew Hurd, 19,MSSACTO
2) $15: 40.08$ Kurtis MacGillivary, $18, \mathrm{ROW}$
3) 16:08.95 Richard Cormack,20,UCSA
4) $16: 10.83$ David $\mathrm{O}_{\text {eel }}, 21$, IS
5) $16: 12.46$ Malcolm Lavoie, 16, UASC
6) $16: 15.22 \mathrm{Tim}$ Cowan,24,UCSA
7) $16: 19.82$ Bliot MacDonald, 19,MANTA
8) 16:20.95 Darryl Rudolf,18,UBCD
25.73 Riley Janes,22,ESWM 26.40 Sean Sepulis,25,GMAC 26.53 Gord Veldman,23,BSC 27.07 Tobias Oiwol,17,ESWM 27.28 Alexandre Pichette, $25, \mathrm{CAMO}$ 27.36 Remi Lachapelle,22,CAMO 27.37 Callum Ng, 17,CASC 27.64 Christian Lachapelle,21,CAMO Semi-finas
27.17 Sean Sepulis,25,GMAC
27.29 Gord Veldman,23,BBC
27.37 Callum Ng, 17,CASC
27.48 Riley Janes,22,ESWIM 27.64 Tobias Oiwol,17,ESWM 27.68 Remi Lachapelle,२2,CAMO 27.78 Alexandre Pichette,25,CAMO 28.13 Christian Lachapelle,21,CAMO 28.14 Ryan Atkinson,17,LAC 28.38 Stephen Preston,20,UL 28.40 Gordon McKay,21,UL 28.44 Matt Hawes,16,NKB 28.46 Trevor Coulman,18,GOLD 28.67 Marshall Holbrook, 18,ROC 28.82 Maciek Zelnik, 18,UASC 37.10 Chris Sawbridge,22,IS

## 100 METRES BACKSTROKE

56.57 Riley Janes,22,ESWMM 57.22 Sean Sepulis,25,GMAC 57.24 Matthew Rose,21,TRENT 57.55 Tobias Oiwol,17,ESWIM 57.67 Gord Veldman,23,BSC 57.99 Alexandre Pichette,25,CAMO 58.65 Kurtis Miller,17,SCAR 58.89 Roland Bauhart,22,UBCD Semi-finals

### 56.94 Riley Janes,22,ESWIM

 57.47 Matthew Rose,21,TRENT 57.58 Tobias Oiwol,17,ESWM 57.91 Gord Veldman,23,BSC 57.92 Sean Sepulis,25,GMAC 58.65 Roland Bauhart,22,UBCD 58.81 Alexandre Pichette,25,CAMO 58.85 Kurtis Miller,17,SCAR 59.30 Christian Lachapelle,21,CAMO 10) 59.33 Adam Martinson, 18,UCSA11) 59.46 Matt Hawes, 16, NKB 12) 59.50 Devin Phillips,17, BKSC 13) 59.55 Michael Power,21,UCSA 14) $1: 00.08$ Colin Ackroyd, 15,AAC 15) $1: 00.12$ Stephen Preston,20,UL 16) $1: 00.98$ Gordon McKay,21,UL 200 METRES BACKSTROKE
12) $2: 03.68$ Tobias Oiwol, 17,ESWMM
13) 2:05.77 Roland Bauhart,22,UBCD
14) 2:06.20 Francois Castonguay, 19,CAMO
15) $2: 06.57$ Matt Hawes, 16, NKB
16) $2: 06.66$ Adam Martinson, 18,UCSA
17) $2: 06.71$ Desmond Strelzow, 17,UBCD
18) 2:07.84 Kurtis Miller,17,SCAR
19) $2: 09.13$ Callum Ng,17,CASC

BFinals
9) 2:08.76 Ryan Atkinson,17,LAC
10) 2:08.84 Michaed Power,21,UCSA
11) 2:09.81 Christian Lachapelle,21,CAMO
12) $2: 09.90$ Oraig Gillis, 19, UCSA
13) $2: 10.64$ Colin Ackroyd, 15,AAC
14) 2:11.10 Aaron Blair, 17,CASC
15) 2:12.92 Gordon McKay,21,UL
disq Devin Phillips,17,UASC

## 50 METRES BREASTSTROKE

### 28.97 Chad Thomsen,19,UASC

2) 29.21 Trevor Brekke,25,00MOX
3) 29.44 Michel Boulianne, 24, CAMO
29.75 Scott Dickens,17,BRANT
29.77 David Schulze,23,TO
4) 29.84 Cayton Delaney,21,ROW
5) 29.89 Patrick Russell, 18,ROC
6) 30.16 Warren Barnes, 17,SCAR

Semi-finals

1) 28.84 Chad Thomsen, 19,UASC
2) 29.42 Trevor Brekke,25,COMOX
3) 29.50 Michel Boulianne, 24, CAMO
4) 29.83 Cayton Delaney, 21, ROW
5) $\quad 29.87$ Scott Dickens, 17,BRANT
6) 30.06 Warren Barnes, 17,SCAR
7) 30.06 Parrick Russell,18,ROC
8) 30.10 David Schulze, $23, \mathrm{TO}$
9) 30.16 Matthew Mains, $20, \mathrm{~N} K B$
10) 30.20 Chad Thiessen,17,SPART
11) 30.29 Matthew Huang, 18,UBCD
12) 30.48 Chris Stewart,25,EAST
13) 30.58 Danny Parsons, 19,SCAR
14) 30.61 David McKechnie, 16,CYC
15) 30.75 John Bartlet,20,NEW
16) 30.85 Nick Graham,20,EAST 100 METRES BREASTSTROKE
17) $1: 02.43$ Michael Brown,18,PPRTH
18) $1: 03.45$ Chad Thomsen, 19,UASC
19) $1: 03.54$ Scott Dickens, 17,BRANT
20) $1: 03.94$ Matthew Huang, 18, UBCD
21) $1: 04.16$ David Schulze,23,TO
22) 1:04.55 Michel Boulianne,24,CAMO
23) 1:04.96 Clayton Delaney,21,ROW
24) 1:05.28 Trevor Brekke,25,00MOX Semi-finals
25) $1: 03.65$ Chad Thomsen, 19,UASC 2) $1: 03.72$ Scott Dickens, 17,BRANT
26) $1: 04.03$ Michael Brown,18,P母RTH
27) 1:04.38 David Schulze,23,TO
28) $1: 04.56$ Matthew Huang, 18, UBCD
29) 1:04.59 Michel Boulianne,24,CAMO
30) 1:04.80 Trevor Brekke,25,00MOX
31) 1:04.80 Cayton Delaney,21,ROW
32) 1:04.88 Matthew Mains,20,NKB
33) 1:05.93 Warren Barnes, 17,SCAR
34) $1: 06.01$ John Stamhuis, 23, IS
35) $1: 06.22$ John Bartlet,20,NEW
36) $1: 06.35$ Nick Graham, 20, EAST
37) $1: 06.36$ Chad Thiessen, 17, SPART
38) $1: 06.40$ Chris Stewart,25,EAST 16) $1: 07.02$ David McKechnie, 16, CYC 200 METRES BREASTSTROKE
39) $2: 16.28$ Michael Brown, 18, PRTTH 2) $2: 18.30$ Chad Thomsen, 19,UASC
40) $2: 18.59$ David Schulze,23,TO
41) 2:19.26 Michel Boulianne,24,CAMO
42) $2: 20.01$ Scott Dickens,17,BRANT
43) $2: 20.65$ Matthew Mains,20,NKB
44) $2: 20.65$ Matthew Huang, 18, UBCD
45) $2: 20.71$ Cayton Delaney,21,ROW BFnals
46) $2: 20.57$ John Stamhuis, $23,1 \mathrm{I}$
47) $2: 23.32$ Alex Boulanger, $20, \mathrm{CAMO}$
48) $2: 23.62$ Chris Nelson,23,UASC
49) $2: 24.18$ Nathan Parker, $18, \mathrm{ROD}$
50) $2: 24.18$ Chad Thiessen, 17, SPART
51) $2: 24.39$ Steven Medaglia,17,NKB
52) 2:24.42 Ken Hamilton, 19,IS
53) $2: 25.25$ Warren Barnes, 17, SCAR

50 METRES BUTTERFLY

1) 25.10 Mark Shivers, 21, ROW
2) 25.22 Matthew Rose,21,TRENT
25.26 Jean-F. Langlais,23,UL
3) 25.29 Sandy Henderson,22,HYACK
4) 25.30 Josh Ballem, 25, UCSA
5) 25.36 Chad Hankewich,20,GOLD
6) 25.42 Doug Wake,25,UBCD
7) 25.51 Marc-O. Lepage, 20, SAMAK

Semi-finals
) 25.22 Chad Hankewich,20,GOLD
2) 25.31 Josh Ballem,25,UCSA
3) 25.34 Matthew Rose, 21 , TRENT
25.41 Mark Shivers,21,ROW
5) 25.72 Doug Wake,25,UBCD
6) 25.79 Sandy Henderson,22,HYACK
7) 25.81 Jean-F. Langlais,23,UL
8) 25.82 Marc-O. Lepage, 20, SAMAK
9) 25.84 Bradley Vanderkam,19,LAC
10) 25.90 Dominique Bourdages, 20, CAMO
11) 26.11 Mathieu Aubry,19,SAMAK
12) 26.12 Paul Wilkins,20,VKSC
13) 26.19 Mathieu Heroux,21,CAMO
14) 26.26 Jesse Jacks, $20, I S$
15) 26.45 Kurtis Miller, 17,SCAR
16) 26.51 Jonathan Schjott,21,UCSA

100 METRES BUTTERFLY

1) 55.06 Sandy Henderson,22,HYACK
55.08 Doug Wake,25,UBCD
2) 55.22 Jesse Jacks, $20, \mathrm{IS}$
3) 55.34 Josh Ballem,25,UCSA
4) 55.53 Jean-F. Langlais, $23, \mathrm{UL}$
5) 55.62 Chad Hankewich,20,GOLD
6) 55.71 Bradley Vanderkam,19,LAC
7) 56.10 Darryl Rudolf, 18, UBCD

## Semi-finals

1) 55.46 Doug Wake,25,UBCD
2) 55.46 Josh Ballem, 25, UCSA
55.59 Jesse Jacks,20,IS
3) 55.72 Chad Hankewich,20,GOLD
4) 55.75 Jean-F. Langlais,23,UL
5) 55.83 Bradley Vanderkam, 19,LAC
6) 56.20 Sandy Henderson,22,HYACK
7) 56.33 Marc-O. Lepage,20,SAMAK
8) 56.33 Darryl Rudolf, 18, UBCD
9) 56.43 Jan Pelechytik,21,ROD
10) 56.51 Alexandre Pichette, 25, CAMO
11) 56.54 lan MacLeod, 19,ESWMM
12) 56.64 Oraig Gillis, 19, UCSA
13) 56.66 Jonathan Schjott,21,UCSA
14) 57.33 Bill Cocks,18,TRENT
15) 57.62 Evan Jellie, 18, ROW

## 200 METRES BUTTERFLY

1) $2: 02.64$ Jesse Jacks $, 20, \mathrm{IS}$
2) $2: 03.43$ Jan Pelechytik, $21, \mathrm{ROD}$
3) $2: 03.65$ Kurtis MacGillivary, $18, \mathrm{ROW}$
4) $2: 04.07$ lan MacLeod, 19,ESWM
5) $2: 04.93$ Jonathan Schjott,21,UCSA
6) 2:05.79 Andrew Dragunas,20,PCSC
7) $2: 06.10$ Doug Wake, $25, \mathrm{UBCD}$
8) 2:09.89 Josh Ballem,25,UCSA BFinals
9) 2:05.90 Callum Ng,17,CASC
10) $2: 06.48$ Darryl Rudolf, $18, \mathrm{UBCD}$
11) 2:06.69 Thierry Bannon,19,SAMAK
12) $2: 06.93$ Bradley Vanderkam, 19,LAC
13) $2: 06.95$ Malcolm Lavoie, 16,UASC
14) $2: 07.39$ Tim Cowan,24,UCSA
15) 2:08.42 Mike Terauds,21,EAST
16) $2: 15.00$ Michel Tremblay,21,CAMO

## 200 METRES IND.MEDLEY

1) $2: 04.49$ Tobias Oiwol,17,ESWM
2) $2: 04.79$ Chad Murray, 20,UCSA
3) $2: 05.84$ Francois Castonguay, 19,CAMO
4) 2:07.63 Chris Nelson,23,UASC
5) $2: 08.10$ Steven Medaglia, $17, \mathrm{NKB}$
6) 2:09.03 David Rose,20,ROW
7) $2: 09.09$ Callum Ng, 17,CASC
8) $2: 10.11$ Cameron Hyder, 19,UCSA BFinals
9) 2:08.97 John Stamhuis, $23,1 \mathrm{~S}$
10) 2:10.25 Conrad Aach, 17,ESWM
11) $2: 10.30$ Oraig Gillis, 19, UCSA
12) 2:10.36 Graeme Tozer,17,MM
13) 2:11.69 John Bartlet,20,NEW
14) $2: 11.76$ Alex Boulanger,20,CAMO
15) 2:13.75 Nathan Parker,18,ROD
16) 2:14.56 Alain Minelli,21,WVOSC

## 400 METRES IND.MEDLEY

1) $4: 24.35$ Chad Murray,20,UCSA
2) $4: 27.72$ Francois Castonguay, 19,CAMO
3) $4: 29.75$ Chris Nelson,23,UASC
4) $4: 31.51$ Bliot MacDonald, 19,MANTA
5) $4: 32.74$ Steven Medaglia,17,NKB
6) $4: 35.58$ David Rose,20,ROW
7) $4: 37.64$ Andrew Coupland, $19, \mathrm{GO}$
8) 7:19.44 Myles Maxey, 17,CASC BFinals
9) 4:33.60 David Creel,21,IS
10) 4:37.42 Alex Boulanger,20,CAMO
11) $4: 38.41$ Timothy Ruse, 17, PCSC 12) $4: 40.44$ Michel Tremblay,21,CAMO
12) 4:41.57 Marcin Partyka, 19,PGB
13) $4: 43.78$ Jonathan Long, 17,LAC
14) 4:44.39 Jarrod Ballem,23,UCSA
15) $4: 44.72$ Alain Minelli,21,WOSC

## X100 MEDLEY RELAY

1) $3: 49.11$ UBCDolphins,UBCD
2) $3: 50.02$ Montreal Aquatique,CAMO
3) $3: 52.07$ Eobicoke Swimming,ESWIM
4) $3: 52.55$ Univ.Alberta SC,UASC
5) $3: 53.18$ Nepean Kanata,NKB
6) $3: 54.52$ Island Swimming,IS
7) $3: 55.48$ UBCDolphins B, UBCD
8) $3: 55.76$ Montreal Aquatique B,CAMO

## 4X100 FREE RELAY

1) $3: 28.92$ Montreal Aquatique,CAMO
2) $3: 29.20$ UBCDolphins,UBCD
3) $3: 30.05$ Calgary Swim Assoc,UCSA
4) $3: 32.20$ Univ.Aberta SC,UASC
5) $3: 33.32$ Trent Swim Qub, TRENT
6) $3: 33.90$ Montreal Aquatique B,CAMO
7) $3: 34.70$ Island Swimming,IS
8) $3: 35.03$ Nepean Kanata,NKB 4X200 FREE RELAY
9) $7: 37.46$ Calgary Swim Assoc,UCSA
10) $7: 39.94$ UBCDolphins,UBCD
11) $7: 41.13$ Univ.Alberta SC,UASC
12) 7:44.09 Montreal Aquatique,CAMO
58.28 Jennifer Beckberger, 16,AAC
58.32 Victoria Poon, 17,CAMO
58.74 Laura Grant,18,UCSA
Semi-finals
13) 57.39 Eizabeth Collins, 19,ROD
14) 57.67 Jennifer Porenta, 17,MMST-TO
57.78 Ein Kardash,16,MM
57.86 Sophie Simard,23,UL
58.00 Emily Gillespie, 15,NKB
58.09 Jennifer Beckberger, 16,AAC
58.26 Laura Gant,18,UCSA
8) 58.38 Victoria Poon, 17, CAMO
58.46 Marieve De Blois,18,CAMO
15) 58.68 Chanell Charron-Watson, 18,UL
16) 58.70 AlexandraLys,17,UCSA
17) 58.74 Jenna Gresdal, 17,ESWIM
18) 58.78 Anna Lydall,22,UBCD
19) 58.95 Jennifer Ng,16,UBCD
20) 59.10 Genevieve Saumur, 15,CAMO
21) 59.45 Caroline Capham, 21, UBCD
200 METRES FREESTYLE
22) $2: 02.47$ Sophie Simard, $23, \mathrm{UL}$
23) $2: 02.70$ Bizabeth Collins,19,ROD
24) $2: 03.41$ Audrey Lacroix, 18, CAMO
25) $2: 05.60$ Artemis Daphnis, 18, GRE
26) 2:06.29 Chanell Charron-W.,18,UL
27) 2:06.33 Julie Gravelle,२2,TO
28) $2: 07.08$ Brittany Reimer,14,SKSC
29) $2: 07.78$ Marieve De Blois, 18, CAMO BFinals
30) 2:06.41 Shannon Hackett,15,UBCD
31) 2:06.43 Alexandra Lys,17,UCSA
32) $2: 06.60$ Danielle Bell, $19,1 S$
33) $2: 06.97$ Megan Kinsella,20,UCSA
34) 2:06.98 DeannaStefanyshyn,17,UBCD 14) $2: 07.16$ Loren Sweny, $20, \mathrm{NKB}$ 15) 2:07.26 Emily Gillespie,15,NKB 16) $2: 09.00$ Sienna Quirk, $19, \mathrm{UNB}$ 400 METRES FREESTYLE
35) $4: 17.61$ Artemis Daphnis, 18, GRE
36) $4: 18.00$ Brittany Reimer, 14,SKSC
37) $4: 19.05$ Taryn Lencoe, 16, UBCD
38) $4: 19.50$ Shannon Hackett,15,UBCD
39) $4: 22.45$ Karley Stutzel, 20, IS
40) $4: 24.05$ Kelly Doody, 22,UBCD
41) 4:25.49 Loren Sweny,20,NKB 8) $4: 29.05$ Julie Gravelle,22,TO BFnals
42) 4:24.79 Audrey Lacroix, 18,CAMO
43) 4:25.16 Tamœ Ebert,19,PDSA
44) $4: 25.24$ Chanell Charron-Watson,18,UL
45) $4: 26.60$ Deanna Stefanyshyn, 17, UBCD 13) $4: 26.86$ Bevan Haley, 15,WTSC 14) $4: 27.69$ Anne Schmuck, 14,PSW 15) $4: 28.44$ Nathalie Lacoste, 17, MSSACTO 16) $4: 30.44$ Gail Finday-Shirras, 19, UBCD 800 METRES FREESTYLE
46) $8: 48.06$ Taryn Lencoe, 16, UBCD
47) $8: 52.40$ Brittany Reimer, 14, SKSC
48) $8: 56.31$ Shannon Hackett, 15, UBCD
49) $8: 56.70$ Karley Stutzel, $20,1 \mathrm{~S}$
50) 8:57.14 Danielle Bell,19,IS
51) $9: 05.56$ Bevan Haley, 15,WTSC
52) 9:06.17 Byse Dudar,15,MSSACTO
53) $9: 08.55$ Loren Sweny,20,NKB

1500 METRES FREESTYLE

1) 16:47.28 Taryn Lencoe, 16, UBCD
2) $17: 04.87$ Karley Stutzal, 20, IS
3) 17:12.79 Byse Dudar,15,MSSAGTO
4) 17:20.19 Bevan Haley, 15, WTSC
5) $17: 32.21$ Thea Norton,16,OSC
6) $17: 33.77$ AmandaBell,14,SPART
7) 17:34.54 Nahhalie Lacoste, 17,MSSACTO
8) $17: 39.15$ Kathryn Johnson,14,UBCD

50 METRES BACKSTROKE
29.71 Hanna Kubas, 16, EKSC
29.91 Brooke Buckland,13,EAST
30.25 Caitlin Meredith,18,KCS
30.39 Jessie Bradshaw, 18,UCSA 30.50 JoannaMcLean-Chetcuti,19,ESWM
30.51 Audrey Lacroix, 18,CAMO
30.91 Jessica Aspinall,15,RAC 30.95 Genevieve Saumur, 15,CAMO Semi-finals

1) 30.61 Brooke Buckland, 13, EAST
30.67 Bizabeth Wycliffe,19,BSC
30.72 Hanna Kubas,16,UASC
30.80 Caitlin Meredith,18,KCS 31.07 JoannaMcLean-Chetcuti,19:ESMM
31.22 Audrey Lacroix, 18,CAMO
31.31 Jessica Aspinall,15,RAC
31.34 Genevieve Saumur,15,CAMO
31.34 Jessie Bradshaw, 18,UCSA
2) 31.48 AmandaGillespie,17,NKB
3) 31.50 Kristen Schneider,21,ROD
4) 31.60 Tiffany Vincent, 17,BRANT
5) 31.60 Landice Yestrau,15,MM
6) 31.64 Heather McIntosh, 19,LEDUC
7) 31.72 Noemie Brand, 16,PCSC
8) 31.73 Bizabeth Collins, $19, \mathrm{ROD}$

100 METRES BACKSTROKE

1) 1:03.95 Bizabeth Wycliffe, 19, BSC
2) 1:04.36 Caitlin Meredith, $18, \mathrm{KCS}$
3) 1:04.55 Hanna Kubas, 16, EKSC
4) $1: 04.80$ Amanda Gillespie, 17,NKB
5) $1: 04.88$ Kristen Schneider,21,ROD
6) 1:05.00 Jessie Bradshaw, 18,UCSA
7) 1:05.12 Melanie Bouchard,20,ONB
8) $1: 05.96$ Ein Kardash, $16, \mathrm{MM}$

Semi-finals

1) $1: 04.20$ HannaKubas, 16, EKSC
2) $1: 04.30$ Bizabeth Wyclife, 19, BSC
3) $1: 04.60$ Caitlin Meredith, $18, \mathrm{KCS}$
4) $1: 05.00$ Jessie Bradshaw, 18,UCSA
5) $1: 05.05$ Kristen Schneider,21,ROD
6) $1: 05.14$ Amanda Gillespie, $17, \mathrm{NKB}$
7) 1:05.17 Melanie Bouchard,20,ONB
8) $1: 05.60$ Ein Kardash, $16, \mathrm{MM}$
9) $1: 05.74$ Brooke Buckland, 13,EAST
10) $1: 06.52$ Joanna MCL_an-Chetcuti,19,ESMMM
11) $1: 06.82$ Katherine Telfer, 17,ESWM
12) $1: 07.09$ Stephanie Fennell, 18, ESWIM
13) $1: 07.17$ Noemie Brand, 16,PCSC
14) $1: 07.42$ Laina Steeple,18,IS
15) $1: 07.51$ Mallory Hoekstra, 14, EKSC
16) $1: 07.68$ Jennifer Beckberger,16,AAC 200 METRES BACKSTROKE
17) $2: 15.77$ Bizabeth Wycliffe, 19, ,BSC
18) $2: 16.34$ Melanie Bouchard,20,ONB
19) 2:16.57 AmandaGillespie,17,NKB
20) $2: 18.58$ Caitlin Meredith, $18, \mathrm{KCS}$
21) $2: 20.88$ Sheena Martin,17,ROW
22) 2:20.90 Georgina Bardach, 19,ARG 7) 2:22.11 Lynette Bayliss,16,UCSA 8) $2: 23.77$ Laina Steeple,18,IS $B$ Finals
23) 2:22.03 Hanna Kubas, 16,UASC
24) $2: 22.08$ Brittany Reimer, 14, SKSC
25) $2: 22.65$ Kristen Schneider, $21, \mathrm{ROD}$
26) $2: 22.94$ Katherine Telfer,17,ESWIM
27) $2: 23.01$ JoannaMcLean-Chetatiti,19,ESWM
28) $2: 23.49$ Julie Babin,19,ESWIM
29) $2: 24.59$ Noemie Brand, 16,PCSC 16) $2: 26.33$ Brooke Buckland, 13 ,EAST 50 METRES BREASTSTROKE

## 1) 32.92 Emma Spooner, 19,UCSA

2) 33.09 Lisa Blackburn,30,ROW
33.22 Tamara Wagner,17,ROW
33.29 Lauren van Oosten,23,UCSA
33.32 Renee Hober, 17,ROW
3) 33.59 Julia Pomeroy,22,OAK-TO
4) 33.60 Sarah Gault,17,DDO
5) 33.83 Kathleen Stoody, 19, UBCD Semi-finals
6) 33.17 Renee Hober, 17,ROW
7) 33.23 Lauren van Oosten,23,UCSA
8) 33.29 Julia Pomeroy,22,OAK-TO
33.30 Emma Spooner,19,UCSA
33.30 Lisa Blackburn,30,ROW
33.56 Tamara Wagner,17,ROW
33.71 Sarah Gault,17,DDO
9) 33.81 Kathleen Stoody, 19,UBCD
10) 33.87 Trisha Lakatos,19,PCSC
11) 33.98 Michelle Laprade,21,CAMO
12) 34.01 Stephanie Hughes,23,EAST
13) 34.09 Kimberley Hirsch,16,STSC
14) 34.66 Marcy Edgecumbe, 18,UASC
15) 34.69 Km Labbett,15,OAK-TO
16) 34.86 MilaZvijerac, 17, HYACK
17) 35.06 Jacquelyn Craft, 16,TRENT

100 METRES BREASTSTROKE

1) $1: 10.64$ Lauren van Oosten, $23, \mathrm{UCSA}$
2) 1:10.84 Lisa Blackburn,30,ROW
3) 1:11.08 TamaraWagner, 17, ROW
4) 1:11.09 Emma Spooner,19,UCSA
5) 1:12.07 Julia Pomeroy,22,OAK-TO
6) $1: 12.38$ Annamay Pierse,18,UASC
7) $1: 12.53$ Kathleen Stoody, 19, UBCD
8) $1: 14.74$ Renee Hober, $17, \mathrm{ROW}$ Semi-finals
9) 1:11.51 Lisa Blackburn,30,ROW
10) 1:11.74 Tamara Wagner, 17, ROW
11) 1:12.47 Lauren van Oosten, 23, UCSA
12) $1: 12.66$ Annamay Pierse, 18,UASC
13) 1:12.98 Emma Spooner, 19,UCSA
14) $1: 13.22$ Renee Hober,17,ROW
15) 1:13.27 Julia Pomeroy,22,OAK-TO
16) $1: 13.68$ Kathleen Stoody,19,UBCD
17) $1: 14.05 \mathrm{Kim}$ Labbett, $15, \mathrm{OAK}$-TO
18) 1:14.13 Trisha Lakatos, 19,PCSC
19) $1: 14.38$ Kristy Cameron,21,UCSA
20) $1: 14.40$ Michelle Mange, 15 ,UBCD
21) 1:14.75 Lynsey Pasloski,14,WGB
22) $1: 15.01$ Genevieve Dack, 16,TBT
23) 1:15.21 Ariane Kich, 18,ROW
24) $1: 15.90$ Meagan Sinclair,18,UCSA 200 METRES BREASTSTROKE
25) $2: 32.83$ Lauren van Oosten, 23, UCSA
26) $2: 33.63$ Annamay Pierse, 18,UASC

| RATING SUMMARY OF TOP PERFORMANCES |  |  |  |
| :---: | :---: | :---: | :---: |
| 1) | 975 | 25.73 | 50 back M Riley Janes,22,ESWMM |
| 2) | 960 | 49.72 | 100 freeM JoseM. Meolans,24,ARG |
| 3) | 956 | 1:02.43 | 100 breast M Michael Brown,18,PPRTH |
| 4) | 952 | 49.98 | 100 free M Yannick Lupien,22,avCB |
| 5) | 946 | 4:46.34 | 400 IM W Georgina Bardach,19,ARG |
| 6) | 942 | 2:04.49 | 200 IM M Tobias Oivol,17,ESWM |
| 7) | 938 | 4:24.35 | 400 IM M Chad Murray,20,UCSA |
| 8) | 937 | 26.40 | 50 back M Sean Sepulis,25,GMAC |
| 9) | 937 | 2:02.47 | 200 free W Sophie Simard,23,UL |
| 10) | 935 | 15:30.55 | 1500 freeM Andrew Hurd, 19,MSSAGTO |

3) $2: 34.44$ Kathleen Stoody, 19, UBCD 4) $2: 35.94$ Lisa Blackburn,30,ROW 5) $2: 36.35$ Michelle Mange, 15, UBCD
4) $2: 36.87$ EmmaSpooner,19,UCSA 7) 2:37.43 Genevieve Dack, 16,TBT 8) $2: 38.62 \mathrm{Km}$ Labbett,15,OAK-TO BFinals
5) 2:37.75 Marcy Edgecumbe, 18,UASC 10) $2: 37.91$ Renee Hober, 17,ROW 11) $2: 38.29$ Tamara Wagner,17,ROW 12) $2: 38.73$ Whitney Rich, 14,LAC 13) $2: 39.36$ Julia Pomeroy,22,OAK-TO 14) $2: 40.83$ Lynsey Pasloski,14,WGB 15) 2:40.92 JuliaWilkinson,15,SKY 16) $2: 41.30$ Ashley Matte, 16, PGB 50 METRES BUTTERFLY
6) 28.13 Jennifer Porenta, 17,MMST-TO
7) 28.52 Stephanie Kuhn, 17,TMSC
8) 28.62 Randi Beaulieu,16,MSSACTO
9) 28.78 Sara Aroubaie,21,MM
10) 28.91 Bizabeth Collins, 19,ROD 6) 28.99 Genevieve Saumur,15,CAMO 7) 29.02 Holly Chance,18,PCSC 8) 29.08 Emily Gillespie, $15, \mathrm{NKB}$ Semi-finals
11) 28.79 Bizabeth Collins, $19, \mathrm{ROD}$
12) 28.80 Jennifer Porenta,17,MMST-TO
13) 28.86 Randi Beaulieu,16,MSSAGTO 4) 28.94 Stephanie Kuhn,17,TMSC 5) 28.96 Emily Gillespie, $15, \mathrm{NKB}$ 6) 29.02 Holly Chance, 18, PCSC 7) 29.18 SaraAlroubaie,21,MM 8) 29.25 Genevieve Saumur,15,CAMO 9) 29.27 Tiffany Vincent, 17,BRANT 10) 29.30 Karine Chevrier, $25, \mathrm{CAMO}$
14) 29.31 Stephanie Hughes, 23, EAST 12) 29.32 Chrystele Roy-l"Ecuyer, 17,ONB 13) 29.35 Sarah Gault,17,DDO
15) 29.40 Jennifer Beckberger,16,AAC 15) 29.83 Amanda Gillespie,17,NKB 16) 29.86 Melissa Hubley,21,EAST 100 METRES BUTTERFLY
16) $1: 00.56$ Audrey Lacroix, 18,CAMO
17) $1: 01.68$ Melissa Hubley,21,EAST
18) $1: 02.05$ Stephanie Hughes, 23, ,EAST
19) $1: 02.08$ Bizabeth Collins, 19,ROD
20) $1: 02.88$ Jessie Bradshaw,18,UCSA
21) $1: 02.92$ Sara Aroubaie, $21, \mathrm{MM}$
22) 1:03.08 JuliaGuay-Racine,16,CAMO 8) $1: 03.56$ Joan Bernier, $18, \mathrm{CNCB}$ Semi-finals
23) $1: 01.88$ Audrey Lacroix, 18,CAMO
24) $1: 02.63$ Melissa Hubley,21,EAST
25) $1: 02.76$ Stephanie Hughes, 23, EAST
26) $1: 02.91$ Sara Aroubaie,21,MM
27) $1: 03.16$ Bizabeth Collins, 19,ROD
28) 1:03.22 Julia Guay-Racine,16,CAMO
29) 1:03.37 Jessie Bradshaw,18,UCSA
30) $1: 03.52$ Joan Bernier, 18, CNCB
31) $1: 03.63$ Stephanie Kuhn, 17,TMSC
32) $1: 04.11$ Jennifer Porenta, 17,MMST-TO 11) $1: 04.23$ Nancy Gajos, 18, ESWM 12) $1: 04.39$ Karine Chevrier, $25, \mathrm{CAMO}$ 13) 1:04.41 Olagh OKKelly,16,UASC 14) $1: 04.60$ Hayley Doody, 17, UCSA 15) $1: 04.63$ Tiffany Vincent, 17, BRANT 16) $1: 04.88$ MacKenzie Downing, 15,WGB 200 METRES BUTTERFLY
33) $2: 16.52$ Julie Gavelle, 22, TO
34) $2: 17.33$ Joan Berrier, $18, \mathrm{ONCB}$
35) $2: 18.62$ Julia Guay-Racine, 16,CAMO
36) $2: 19.71$ Tanya Hunks,21,BRANT
37) 2:20.13 Danielle Beland, 18,GO
38) $2: 20.36$ 日yse Dudar,15,MSSACTO
39) 2:21.13 Oilagh OKKelly,16,UASC
40) $2: 21.43$ Sara Aroubaie,21,MM BFinals
41) 2:20.37 Melissa Hubley,21,EAST
42) $2: 21.74$ Patricia Hutchinson,30,BBF
43) 2:22.19 Nancy Gajos,18,ESWIM
44) $2: 22.42$ Chrystele Roy-l'Ecuyer, 17,ONB 13) $2: 23.44$ Kahla Walkinshaw,17,HWAC 14) 2:24.46 Kayla Rawlings, 14,PSW 15) 2:24.77 Stephanie Bigelow,16,IS 16) $2: 25.35$ Carolyn McNeill, 18 ,NEW 200 METRES IND.MEDLEY
45) $2: 17.74$ Kristy Cameron,21,UCSA
46) $2: 18.67$ Georgina Bardach, 19, ARG
47) $2: 18.95$ Kelly Doody, 22,UBCD
48) $2: 19.27$ Artemis Daphnis, 18, GRE
49) $2: 19.46$ Michelle Landry, 17,UBCD
50) $2: 20.60$ Kristen Bradley, 19,NEW
51) $2: 23.00$ Melanie Bouchard,20,ONB
52) $2: 23.83$ Enily Gillespie, $15, \mathrm{NKB}$ BFnals
53) 2:23.95 Marcia Bryon,19,USC
54) $2: 24.30$ Francine Ling, 19, UBC
55) $2: 24.60$ Bizabeth Osterer, $16, \mathrm{NKB}$
56) $2: 24.90$ Amanda Gillespie, 17, NKB
57) 2:24.99 Caitlin Meredith,18,KCS
58) $2: 25.23$ Stephanie Kuhn,17,TMSC
59) $2: 25.50$ Whitney Rich, 14,LAC
60) $2: 26.64$ Thea Norton, 16, OSC

400 METRES IND.MEDLEY

1) $4: 46.34$ Georgina Bardach, 19, ARG
2) $4: 52.02$ Kelly Doody,22,UBCD
3) $4: 53.13$ Artemis Daphnis, 18,GRE
4) $4: 54.42$ Michelle Landry, 17,UBCD
5) $4: 58.11$ Brittany Reimer, 14, SKSC
6) $5: 00.26$ Kristen Bradley, 19, NEW
7) 5:00.54 Julie Babin,19,ESWIM
8) $5: 02.78$ Bizabeth Osterer, $16, \mathrm{NKB}$ BFinals
9) 5:00.85 Thea Norton,16,OSC
10) $5: 04.00$ Marcia Bryon,19,USC
11) $5: 04.29$ Leah Schaab, 18,UCSA
12) 5:05.63 Anne Schmuck, 14,PSW 13) 5:05.75 Amber Dykes,18,HYACK 14) 5:05.96 Francine Ling, 19,DE TA 15) 5:09.96 Kathy Siuda, $16, \mathrm{ROW}$ 16) $5: 15.43$ Brittany Cooper, 15, LAC 4X100 MEDLEY RELAY
13) $4: 16.19$ UBCDolphins, UBCD
14) 4:18.69 Calgary Swim Assoc, UCSA
15) $4: 20.04$ Montreal Aquatique,CAMO
16) $4: 20.45$ Calgary Swim Assoc B,UCSA
17) $4: 21.46$ Univ.Alberta SC,UASC
18) $4: 21.74$ UBC Dolphins B,UBCD
19) $4: 22.31$ Regina Opt.Dolphins,ROD
20) $4: 26.59$ Region of Waterloo,ROW 4X100 FREE RELAY
21) $3: 52.78$ Montrea Aquatique,CAMO
22) $3: 53.04$ UBCDolphins,UBCD
23) 3:53.14 Calgary Swim Assoc,UCSA
24) $3: 54.43$ Toronto All Stars,TO
25) $3: 56.15$ UBC Dolphins B,UBCD
26) $3: 56.26$ Nepean Kanata, NKB
27) 3:57.92 Etobicoke Swimming,ESWIM 8) $3: 58.57$ Manitoba Marlins,MM 4X200 FREE RELAY
28) $8: 20.38$ UBCDolphins,UBCD
29) $8: 27.48$ Calgary Swim Assoc,UCSA
30) $8: 30.97$ Montreal Aquatique,CAMO
31) $8: 31.23$ Nepean Kanata, NKB
32) $8: 35.41$ UBC Dolphins B,UBCD
33) $8: 37.35$ Univ.AlbertaSC,UASC
34) 8:39.14 UBC Dolphins C,UBCD
35) $8: 41.82$ Calgary Swim Assoc B,UCSA

## CANADIAN RECORD SETTER

Men's 50 backstroke: 25.73 Riley Janes, ESWIM, betters own record of 25.79 from 2001.

## 2002 CANADIAN YOUTH AND JUNOR NATIONALS

Lethbridge, Jul 16-21 (50 M)

YOUTH NATIONALS
Born 1985 and later

## BOYS

50 METRES FREESTYLE

### 24.37 Richard Hortness,86,AMAC

2) 24.54 Alex Chartrand,85, BI ITE
3) 24.68 Marc Sze, 85, UBCD
4) 24.80 Philippe Drolet, 86, UIITE
5) 24.86 Kevin Gillespie,86,EXST
6) 25.02 Caleb McLean,86,VKSC
7) 25.31 Luigi Betuzi,86,UCSA
8) 25.37 Ourtis Edmunds,86,BRSA

100 METRES FREESTYLE

1) 52.72 Richard Hortness,86,AMAC
2) 53.49 Alex Chartrand,85, IITE
3) 53.67 Marc Sze,85,UBCD
4) 54.27 Kevin Laflamme,86,UL
5) 54.35 Geer Jacks,87,IS
6) 55.12 Dario $\operatorname{sic}, 85$, UBCD
7) 55.12 Nicolas Murray,86,DYNAM 8) 55.49 Ryan Gambin, 85, AUS 200 METRES FREESTYLE
8) $1: 56.47$ Richard Hortness, 86, AMAC
9) $1: 57.68$ Willie Derban,86,UCSA
10) $1: 57.81$ Kevin Laflamme,86,UL
11) $1: 58.58$ David Provencher-F, 86, DDO
12) 1:58.76 Marc Sze,85,UBCD
13) $1: 59.11$ Evan Jones, 86, UBCD
14) 2:02.28 Marc Laliberte,86,EXCE
15) $2: 03.05$ Dario $\operatorname{lsi}, 85$, UBCD

400 METRES FREESTYLE

1) $4: 09.28$ Willie Derban, 86, UCSA
2) $4: 11.44$ Charles Rodrigue,85,UL
3) $4: 11.51$ Evan Jones,86,UBCD
4) $4: 12.03$ Marc Laliberte,86,EXCE
5) $4: 12.21$ Geer Jacks, 87, IS
6) $4: 14.43$ Aaron Blair,85,CASC
7) 4:18.01 James Monk,86,UBCD 8) 4:26.53 Simon Tobin,85,UL 800 METRES FREESTYLE
8) $8: 38.52$ Charles Rodrigue,85,UL
9) $8: 40.26$ Malcolm Lavoie,85,0SC
10) $8: 40.43$ Devin Phillips,85, BXS
11) $8: 42.92$ Dario $\operatorname{lsi}, 85$, UBCD
12) $8: 47.57$ Evan Jones, 86, UBCD
13) $8: 51.95$ James Monk, 86, UBCD
14) 8:53.72 Pascal Wollach,87,CASC
15) $8: 54.07$ Aaron Blair,85,CASC

1500 METRES FREESTYLE

1) $16: 32.60$ Charles Rodrigue, $85, \mathrm{UL}$ 2) 16:46.63 Evan Jones,86,UBCD 3) $16: 48.52$ Willie Derban,86,UCSA 4) $16: 55.25$ Malcolm Lavoie,85,OSC 5) $16: 57.66$ James Monk,86,UBCD 6) 17:04.14 Pascal Wollach,87,CASC 7) 17:10.71 David Provencher-F,86,DDO 8) 17:16.23 Brad Reid,86,HYACK

## 50 METRES BACKSTROKE

1) 27.48 Callum Ng,85,CASC
2) 28.00 Ryan Gambin,85,AUS
3) 28.31 Eic Gendron, 86, BRSA
4) 28.48 Aaron Blar, 85,CASC
5) 29.16 Kyle Sorrenti,86,BRSA
6) 29.16 Pascal Wollach,87,CASC
7) 29.22 Hans Fracke,86,USC
8) 29.39 Kevin Gillespie,86,EXST

100 METRES BACKSTROKE

1) 59.45 Callum Ng,85,CASC
2) $1: 00.20$ Devin Phillips,85,BKSC
3) $1: 00.49$ Ryan Gambin,85,AUS
4) $1: 01.17$ Robert Lu,86,CHENA
5) $1: 01.37$ Aaron Blair,85,CASC
6) $1: 01.59$ Eic Gendron,86,BRSA
7) 1:02.44 Kevin Gillespie,86,EXST
8) $1: 02.93$ Kyle Sorrenti,86,BRSA

200 METRES BACKSTROKE

1) $2: 09.68$ Desmond Strelzow, 85, UBCD
2) $2: 11.09$ Eich Schmitt,85,IS
3) $2: 12.73$ Aaron Blair, 85, CASC
4) $2: 13.25$ Eic Gendron,86,BRSA
5) $2: 13.76$ Danny Carter,85,NKB
6) $2: 14.19$ Kyle Sorrenti, 86, BRSA
7) $2: 14.65$ Derek Richter, 86, ROD
8) $2: 15.31$ Myles Maxey,85,CASC 50 METRES BREASTSTROKE
9) 30.93 Robert Lu,86, CHENA
10) 31.24 Kevin Rioux,85,CAMO
11) 31.44 Paul Kornfeld,88,USA
31.76 Cori Harper,86,EXST 5) 31.84 Andre Champagne,85,SAMAK
12) 31.85 Cameron Lavalley,85,CASC
13) 32.23 Mathieu Larocque,85,PCSC
14) 32.24 Yuri Tremblay,86,UL 100 METRES BREASTSTROKE
15) $1: 07.54$ Paul Kornfeld,88,USA
16) $1: 08.90$ Kevin Rioux,85,CAMO
17) $1: 09.07$ Mathieu Bois, 88, HIPPO
18) $1: 09.28$ Andre Champagne,85,SAMAK
19) $1: 09.61$ Ryan Chiew, 86, HYACK
20) 1:10.11 Yuri Tremblay,86,UL
21) 1:10.74 Cori Harper,86,EXST 8) $1: 12.91$ Kevin Harmidy, 87,PCSC 200 METRES BREASTSTROKE
22) $2: 24.12$ Paul Kornfeld,88,USA
23) $2: 29.56$ Cori Harper,86,EXST
24) $2: 29.80$ Kevin Rioux, $85, \mathrm{CAMO}$
25) $2: 30.52$ Callum Ng, 85, CASC
26) $2: 31.05$ Andre Champagne,85,SAMAK
27) $2: 32.14$ Cody Hitchcock,86,ROD
28) $2: 32.66$ Leonard Ho,87,HYACK
29) $2: 38.12$ Mathieu Bois,88,HIPPO 50 METRES BUTTERFLY
30) 26.05 Ryan Gambin, 85, AUS
31) 26.32 Richard Hortness, 86, AMAC
32) 26.40 Philippe Drolet,86, E ITE
33) 26.53 Ben Keast, 85, HYACK
34) 26.70 Alex Chartrand, 85 , IITE
35) 26.74 Kevin Rioux,85,CAMO
36) 27.08 Sofian Mohand-Cherif,85,CAMO
37) 27.36 Kevin Laflamme,86,UL

## 100 METRES BUTTERFLY

1) 56.69 Ryan Gambin, 85, AUS
2) 57.62 Callum Ng,85,CASC
3) 58.10 Philippe Drolet,86, 비ITE 4) 59.27 Timothy Ruse,85,PCSC 5) 59.97 Eik Hogan,86,UCSA 6) $1: 00.09$ Ben Keast,85,HYACK 7) 1:00.15 Sofian Mohand-Cherif,85,CAMO 8) 1:00.17 Marc Lachapelle,86,CAMO 200 METRES BUTTERFLY
4) $2: 05.68$ Callum $\mathrm{Ng}, 85, \mathrm{CASC}$
5) $2: 08.57$ Ryan Gambin, 85, AUS
6) $2: 09.03$ Philippe Drolet, 86 , B ITE
7) 2:10.63 Timothy Ruse,85,PCSC
8) 2:13.32 Marc Lachapelle,86,CAMO
9) 2:14.23 Willie Derban,86,UCSA
10) $2: 14.46$ Patrick Waters, $85, \mathrm{KC}$
11) 2:14.92 James Monk, 86, UBCD

200 METRES IND.MEDLEY

1) $2: 10.58$ Callum $\mathrm{Ng}, 85, \mathrm{CASC}$
2) $2: 11.59$ Timothy Ruse, 85, PCSC
3) $2: 13.02$ Maxime Samson,85, B ITE
4) $2: 13.73$ Kevin Rioux,85,CAMO
5) 2:13.88 Kyle Sorrenti,86,BRSA
6) $2: 14.26$ Paul Kornfeld,88,USA
7) 2:16.49 David Provencher-F,86,DDO
8) $2: 17.92$ Marc Laliberte,86,EXCE

400 METRES IND.MEDLEY

1) $4: 40.54$ Malcolm Lavoie,85,OSC
2) $4: 42.28$ Timothy Ruse, 85, PCSC
3) 4:46.67 Paul Kornfeld,88,USA
4) 4:46.68 Kyle Sorrenti,86,BRSA
5) $4: 48.16$ Eich Schmitt,85,IS
6) 4:49.25 David Provencher-F,86,DDO
7) 4:53.40 Charles Rodrigue,85,UL
8) $4: 59.14$ Maxime Samson,85, B ITE

## GIRLS

Born 1985 and later 50 METRES FREESTYLE

1) 26.93 Ein Kardash, $85, \mathrm{MM}$
2) 27.08 Genevieve Saumur, 87, CAMO
3) 27.16 Jennifer Ng, $86, \mathrm{UBCD}$
4) 27.45 Danielle Sandulak,86,EKSC
5) 27.59 Julianne Toogood,87,MM
6) 27.74 AlexandraLys,85,UCSA
7) 27.75 Yvette Pilgrim,85,AUS
8) 27.82 Jenny Lock,85,COMOX

100 METRES FREESTYLE

1) 57.86 Genevieve Saumur, 87, CAMO
2) 58.21 Ein Kardash,85,MM
3) 58.95 Alexandra Lys,85,UCSA
4) 59.68 Julianne Toogood,87,MM
5) 59.69 Jennifer $\mathrm{Ng}, 86, \mathrm{UBCD}$
6) 59.75 Brittany Reimer,88,SKSC
7) 59.98 Kirsten Pomerleau,87,D日
8) 1:00.72 Jenny Lock,85,COMOX 200 METRES FREESTYLE
9) $2: 06.39$ Brittany Reimer, 88, SKSC
10) $2: 06.66$ Ein Kardash,85,MM
11) $2: 06.94$ Alexandra Lys, 85, UCSA
12) 2:07.88 Maya Beaudry,88,UBCD
13) 2:09.72 Anne Schmuck,87,PSW
14) $2: 09.97$ Thea Norton,86,OSC
15) 2:10.73 JuliaGuay-Racine,86,CAMO
16) $2: 15.39$ AndreaBaird,85,RDCSC

400 METRES FREESTYLE

1) $4: 25.38$ Brittany Reimer, 88, SKSC
2) $4: 28.84$ Anne Schmuck,87,PSW
3) $4: 31.10$ Darcy Goodridge, 86, UBCD
4) $4: 31.62$ Alexandra Lys,85,UCSA
5) $4: 34.39$ Stacy Cormack,86,CASC
6) 4:34.47 Hayley Doody,85,UCSA
7) $4: 34.97$ Maya Beaudry, 88, UBCD
8) $4: 37.89$ Natalie Chan, 89, UBCD

800 METRES FREESTYLE

1) $9: 02.12$ Brittany Reimer,88,SKSC
2) $9: 13.70$ AnneSchmuck, 87, PSW
3) 9:14.38 Darcy Goodridge,86,UBCD
4) $9: 22.96$ Natalie Chan,89,UBCD
5) $9: 23.26$ Kathryn Johnson,88,UBCD
6) $9: 25.46$ Marie-P. Martin, $85, \mathrm{EXCB}$
7) 9:31.97 Stacy Cormack,86,CASC
8) $9: 32.27$ Maya Beaudry,88,UBCD 1500 METRES FREESTYLE
9) 17:30.06 Darcy Goodridge,86,UBCD
10) $17: 47.40$ Natalie Chan, 89, UBCD
11) $18: 02.03$ Thea Norton,86,0SC
12) $18: 06.02$ Kathryn Johnson,88,UBCD
13) $18: 06.42$ Carmen Block, 86, BRSA
14) $18: 14.45$ Avery Kremer,86,OSC
15) $18: 24.59$ Kelsey Rush,86,WOOSC
16) $18: 33.00$ Krista Haslund, $86, \mathrm{ROD}$

## 50 METRES BACKSTROKE

30.45 Yvette Pilgrim,85,AUS
2) 30.83 Genevieve Saumur, 87, CAMO
3) 31.06 Tina Hoang,86,HYACK
4) 31.38 Jessica Aspinall, 87, RAC
5) 31.52 Whitney Buczkowski,89,BRSA
31.67 Noemie Brand,86,PCSC
7) 31.77 Katie Kotlowski,88,PSW
8) 31.88 Carmen Block,86,BRSA

100 METRES BACKSTROKE

1) $1: 05.16$ HannaKubas,85, B , SC
2) $1: 05.31$ Yvette Pilgrim, 85, AUS
3) $1: 05.56$ Genevieve Saumur, 87, CAMO
4) $1: 05.90$ Ein Kardash, $85, \mathrm{MM}$
5) $1: 07.13$ Alyssa Hubert,87,CYPS
6) $1: 07.43$ Noemie Brand,86,PCSC
7) $1: 08.36$ Jessica Aspinall, 87, RAC

1:08.36 Tina Hoang,86,HYACK

## 200 METRES BACKSTROKE

1) $2: 20.42$ Yvette Pilgrim, 85, AUS
2) $2: 21.21$ Brittany Reimer,88,SKSC
3) $2: 21.31$ HannaKubas,85, BKSC
4) $2: 21.89$ Noemie Brand,86,PCSC
5) 2:22.93 Alyssa Hubert,87,CYPS
6) $2: 23.60$ Anne Schmuck, 87, PSW
7) $2: 26.28$ Lynette Bayliss,85,UCSA 8) 2:29.03 Mallory Hoekstra,87,BKSC 50 METRES BREASTSTROKE
8) 33.97 Abbey Watt,85,AUS
9) 34.24 Kimberley Hirsch,85,STSC
10) 34.47 Katrina Cbas,88,NKB
11) 34.48 Sarah Gault,85,DDO
12) 34.69 Lynsey Pasloski,87,WGB
13) 35.03 Genevieve Dack,85,TBT
14) 35.27 Marie-P. Ratelle,86,MEGO
15) 35.49 Lauren Dorrington,85,USC

100 METRES BREASTSTROKE

1) $1: 14.09$ Abbey Watt, 85, AUS
2) $1: 14.29$ Lynsey Pasloski,87,WGB
3) $1: 14.79$ Kimberley Hirsch,85,STSC
4) $1: 15.46$ Micheline Dufour, 85, UL
5) $1: 15.69$ Katrina Obas,88,NKB
6) 1:15.83 Genevieve Dack,85,TBT

| RATING SUMMARY OF TOP YOUTH PERFORMANCES |  |  |  |
| :---: | :---: | :---: | :---: |
| 1) | 903 | 57.86 | 100 freeW Genevieve Saumur, 77, CAMO |
| 2) | 897 | 30.45 | 50 back W Yvette Pilgrim,85,AUS |
| 3) | 894 | 58.21 | 100 free W Ein Kardash,85,MM |
| 4) | 890 | 2:06.39 | 200 freeW Brittany Reimer, 88,SKSC |
| 5) | 887 | 1:05.16 | 100 back W HannaKubas, $85, \mathrm{EKSC}$ |
| 6) | 883 | 2:06.94 | 200 free W AlexandraLys,85,UCSA |
| 7) | 878 | 56.69 | 100 fly M Ryan Gambin,85,AUS |
| 8) | 877 | 27.48 | 50 back M Callum Ng, 85,CASC |
| 9) | 872 | 52.72 | 100 free M Richard Hortness,86,AMAC |
| 10) | 872 | 2:07.88 | 200 free W Maya Beaudry, 88, UBCD |

7) 1:16.46 Ashley Matte,86,PGB
8) $1: 18.02$ Genevieve Crevier, 88, CNHR

200 METRES BREASTSTROKE

1) $2: 37.24$ Ashley Matte, 86, PGB
2) $2: 38.97$ Micheline Dufour, 85, UL
3) 2:41.00 Hanna Pierse,88,EKSC
4) 2:41.10 Genevieve Dack,85,TBT
5) 2:43.42 Abbey Watt,85,AUS
6) $2: 43.70$ Genevieve Orevier,88,CNHR
7) $2: 43.79$ Mireille Tremblay,88,aNCB
8) $2: 43.81$ Amy Ballantyne, $86, P G B$ 50 METRES BUTTERFLY
9) 28.77 Genevieve Saumur, 87, CAMO
10) 28.91 Esa Vangoudoever, $85, \mathrm{BRSA}$
11) 29.15 Sarah Gault,85,DDO
12) 29.45 Kimberly Kabesh,87,STSC
13) 29.86 Jennifer Humphreys, 85, AMAC
14) 29.90 Jillian Tyler,89,CASC
15) 29.99 Kayla Rawlings, 87, PSW
16) 30.19 Julia Guay-Racine,86,CAMO 100 METRES BUTTERFLY
17) $1: 04.09$ Julia Guay-Racine,86,CAMO
18) 1:04.12 MacKenze Downing,87,WGB
19) $1: 05.22$ Alex Lachance $F, 85, \mathrm{UL}$
20) $1: 05.23$ Genevieve Saumur, 87, CAMO
21) $1: 05.76$ Kayla Rawlings, 87, PSW
22) $1: 05.84$ Stephanie Pollard,88,IS
23) $1: 06.05$ Kendall Flazek,86,UCSA
24) $1: 08.01$ AnneM Ratte,86,UL

200 METRES BUTTERFLY

1) $2: 21.78$ Julia Guay-Racine,86,CAMO
2) $2: 22.87$ Alex Lachance $F, 85, \mathrm{UL}$
3) $2: 23.89$ Olagh O'Kelly,85,日KSC
4) $2: 24.29$ Avery Kremer, 86, OSC
5) $2: 26.91$ Kayla Rawlings, 87, PSW
6) $2: 27.26$ Courtney Kapustianyk,89,LASER
7) $2: 27.72$ Megan Bird,86,UCSA
8) $2: 29.33$ Hollis Roth,88,IS 200 METRES IND.MEDLEY
9) $2: 24.05$ Thea Norton,86,0SC
10) $2: 25.24$ Ein Kardash, $85, \mathrm{MM}$
11) $2: 25.70$ Genevieve Dack, 85, TBT
12) $2: 25.74$ Stephanie Pollard,88,IS
13) 2:25.97 Abbey Watt,85,AUS
14) $2: 28.91$ Anne Schmuck,87,PSW
15) $2: 30.52$ Carmen Block,86,BRSA
16) 2:31.32 Jenny Lock,85,00MOX 400 METRES IND.MEDLEY
17) $5: 04.23$ Brittany Reimer, 88, SKSC
18) $5: 05.11$ Stephanie Pollard, $88, \mathrm{IS}$
19) $5: 06.46$ Thea Norton,86,08C
20) 5:06.92 AnneSchmuck,87,PSW
21) 5:08.74 Genevieve Dack,85,TBT
22) 5:15.79 Jessica Orepinak, 89, PSW
23) 5:18.40 Mallory Hoekstra,87,EXSC
24) 5:19.26 Danica Vance-Gimadd,89,HYAK

JUNIOR CHAMPIONSHIPS
Born 1983 and 1984

## BOYS

## 50 METRES FREESTYLE

1) 24.01 Tim Dodd, 84, AUS
2) 24.50 Daniel Petrus, 84, UBCD
3) 24.54 Alexander Coombees,84,AUS
4) 24.74 Trevor Neufeld, 84, UCSA
5) 24.97 Ben Johnson,84,MM
6) 25.04 Kevin Saganski,83,GOLD
7) 25.11 Cedric Sureau-L.,83,MEGO
8) 25.34 MaciekZennik,84, BKSC

## 100 METRES FREESTYLE

1) 52.88 Tim Dodd,84,AUS
2) 52.89 Trevor Neufeld, 84, UCSA
3) 53.15 Alexander Coombes,84,AUS

| 4) |
| :--- |
| 5) |
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| 7 |
| 8) |

4) 53.43 Daniel Petrus, 84, UBCD 53.88 Paul Brooks,84,AUS
5) 54.23 Maciek Zelnik,84, BKSC
6) 54.72 Luke Armstrong, $84, \mathrm{NKB}$
7) 54.93 Charles Turanich-N. 83, EKSC 200 METRES FREESTYLE
8) $1: 56.51$ Paul Brooks, 84, AUS 2) $1: 56.75$ Alexander Coombes, 84, AUS 3) $1: 57.89$ Brent Hankewich,83,GOLD 4) $1: 57.98$ Mikael Benoit,84,ONNG 5) $1: 58.59$ Mathieu Leblanc, 84, ONCB 6) $1: 58.71$ JeromeLe Siege,83,LAVAL 7) 2:00.33 Simon Belanger,85,HIPPO 8) 2:01.11 Michael Derban,84,UCSA 400 METRES FREESTYLE
9) $4: 09.79$ Mikael Benoit,84,ONNG 2) $4: 12.32$ Michael Derban, 84, UCSA 3) $4: 12.42$ Jerome Le Siege, 83, LAVAL 4) $4: 12.68$ Mathieu Leblanc, 84, ONCB 5) 4:13.29 Paul Brooks,84,AUS
10) $4: 14.23$ Bryce McRae,84,00MOX
11) 4:18.79 Justin Ho,85,UBCD
12) $4: 18.85$ Don Nicholson,84,TSUN 800 METRES FREESTYLE
13) $8: 44.10$ Mikael Benoit,84,ONNG
14) $8: 44.11$ William Walters 83, UBCD
15) $8: 49.45$ Don Nicholson,84,TSUN 4) $8: 51.37$ Jerome Le Siege,83,LAVAL 5) 9:00.01 Bryce McRae,84,00MOX 6) $9: 01.59$ Robert Miller, 84, WVOSC 7) 9:02.33 Travis Musgrave, $84,00 \mathrm{MOX}$ 8) 9:28.80 John-D. Lock,83,00MOX 1500 METRES FREESTYLE
16) $16: 45.08$ Michael Derban,84,UCSA 2) $16: 45.55$ Don Nicholson,84,TSUN 3) $16: 55.85$ William Walters,83,UBCD 4) 17:00.28 Travis Musgrave,84,00MOX 5) 17:01.17 Bryce McRae,84,00MOX 6) 17:03.29 Jerome Le Siege,83,LAVAL 7) 17:09.24 Mikael Benoit,84,ONNG

## 50 METRES BACKSTROKE

27.70 Trevor Coulman,84,GOLD
2) 27.85 Chris Ford,83,CPWD
3) 28.28 Maciek Zelnik,84,EKSC
4) 28.37 Jonathan Cantin, 84,CAMO
5) 28.76 Charles Turanich-N., 83, EKSC
6) 28.87 Tim Dodd, 84, AUS
7) 29.23 Luke Armstrong,84,NKB
8) 29.69 Ben Johnson,84,MM 100 METRES BACKSTROKE

1) 1:00.68 Adam Martinson,84,UCSA
2) 1:01.02 Maciek Zelnik,84, BKSC
3) $1: 01.28$ Luke Armstrong, $84, \mathrm{NKB}$
4) $1: 01.65$ Jonathan Cantin, 84, CAMO
5) 1:02.03 James Winfield,83,RDCSC
6) $1: 02.09$ Ohris Ford,83,CPWD
7) $1: 02.77$ Robert Miller, 84, WVOSC 8) $1: 10.89$ Trevor Coulman,84,GOLD 200 METRES BACKSTROKE
8) $2: 10.82$ Adam Martinson, 84, UCSA
9) 2:12.45 Luke Armstrong,84,NKB
10) $2: 12.78$ Robert Miller, 84, WVOSC
11) $2: 14.20$ Oraig Gillis,83,UCSA
12) $2: 14.52$ Antoine Garcia,83,SL
13) $2: 14.68$ Martin Gagne,84,HIPPO
14) $2: 14.86$ James Winfield, 83, RDCSC 8) 2:17.02 Adam Greenwood,83,KC 50 METRES BREASTSTROKE
30.17 Eric Demay,84,PHENX
15) 30.74 Dan Shewfelt,83,BRANT
16) 31.23 Joshua Berry,84,BRANT
17) 31.45 lan Meredith, 83, RAYS
18) 31.60 Thomas South,83,UCSA
19) 32.20 Taylor Graham,84,BRSA
20) 32.21 Kevin Tyson,84,NKB 8) 32.34 Trevor McLoughlin,84,NKB 100 METRES BREASTSTROKE
21) $1: 07.58$ Joshua Berry,84,BRANT
22) $1: 08.12$ Eic Demay, 84, PHENX
23) $1: 08.69$ lan Meredith, 83, RAYS
24) $1: 09.01$ Thomas South, 83, UCSA
25) $1: 09.79$ Kevin Tyson,84,NKB
26) 1:10.07 Taylor Graham, 84, BRSA
27) 1:10.08 Trevor McLoughlin,84,NKB
28) $1: 10.28$ Dan Shewfelt,83,BRANT 200 METRES BREASTSTROKE
29) $2: 28.91$ Joshua Berry,84,BRANT
30) $2: 28.99$ Thomas South, 83, UCSA
31) $2: 33.35$ lan Meredith, 83, RAYS
32) $2: 33.60$ Eic Demay,84,PHENX
33) $2: 33.95$ Arseni Akuney,85,VKSC
34) $2: 34.51$ Kevin Tyson,84,NKB
35) 2:36.06 Dan Shewfelt,83,BRANT 8) $2: 38.73$ Trevor McLoughlin, 84, NKB 50 METRES BUTTERFLY
36) 25.16 Tim Dodd,84,AUS
37) 25.58 Alexander Coombes, 84, AUS
38) 26.05 Paul Brooks,84,AUS
39) 26.30 Kevin Saganski,83,GOLD
40) 26.33 Charles Turanich-N.,83,EKSC
41) 26.49 Trevor Coulman,84,GOLD
42) 26.64 Oraig Gillis, 83, UCSA
43) 27.16 Cedric Sureau-L.,83,MEGO

100 METRES BUTTERFLY

1) 54.85 Tim Dodd,84,AUS
2) 56.59 Paul Brooks,84,AUS
3) 57.11 Alexander Coombes,84,AUS
4) 58.25 Charles Turanich-N. 83 ,EKSC
5) 58.40 Trevor Coulman,84,GOLD
6) 58.45 Karim Abdulla, $83, \mathrm{ROD}$
7) 59.33 Adam Martinson,84,UCSA
8) 59.44 Jonathan Cantin, 84, CAMO

200 METRES BUTTERFLY

1) 2:04.26 Paul Brooks,84,AUS
2) $2: 07.63$ Karim Abdulla,83,ROD
3) $2: 00.23$ Alexander Coombes,84,AUS
4) $2: 09.17 \mathrm{Tim}$ Dodd,84,AUS
5) 2:10.68 Taylor Graham,84,BRSA
6) 2:11.84 Trevor Coulman,84,GOLD
7) 2:14.20 Oraig Gillis,83,UCSA
8) $2: 18.65$ Julien David,84,ㅂITE 200 METRES IND.MEDLEY
9) $2: 12.60$ Taylor Graham, 84, BRSA
10) $2: 13.55$ Oraig Gillis,83,UCSA
11) $2: 13.81$ Martin Gagne, 84, HIPPO 4) 2:14.23 Luke Armstrong,84,NKB
12) $2: 15.25$ Brent Hankewich,83,GOLD
13) 2:15.69 Mathieu Leblanc,84, ONCB
14) 2:16.29 Joshua Berry,84,BRANT
15) $2: 18.67$ Karim Abdulla,83,ROD

400 METRES IND.MEDLEY

1) $4: 47.03$ Mathias Leblanc,74,CAMO
2) $4: 49.64$ Michael Derban, 84, UCSA
3) $4: 49.82$ Joshua Berry,84,BRANT
4) $4: 51.41$ Bryce McRae, $84,00 \mathrm{MOX}$
5) $4: 52.03$ Taylor Gaham, 84, BRSA
6) $4: 52.22$ William Walters, $83, \mathrm{UBCD}$
7) $4: 55.26$ Oraig Gillis, 83, UCSA
8) $4: 56.18$ Robert Miller,84,WOOSC $4 X 100$ MEDLEY RELAY
9) $3: 58.75$ New South Wales,AUS
10) $3: 59.46$ Calgary Swim Assoc,UCSA
11) $4: 01.09$ Cascade Swim Oub,CASC
12) $4: 07.09$ Saskatoon Goldfins,GOLD
13) $4: 07.27$ UBC Dolphins,CAN
14) $4: 07.61$ Nepean Kanata,NKB
15) $4: 09.70$ Hyack Swim Aub,HYACK
16) 4:10.55 Calgary Swim Assoc B,UCSA 4X100 FREE RELAY
17) $3: 32.17$ New South Wales,AUS
18) $3: 34.68$ UBC Dolphins,CAN
19) 3:36.07 Calgary Swim Assoc, UCSA
20) $3: 39.81$ Edmonton Keyano,BKSC
21) $3: 40.65$ Longueuil, BIIT
22) $3: 41.71$ Univ.Laval Rouge \& $O$, UL
23) $3: 41.96$ Bow River Swim Assoc,BRSA
24) $3: 43.82$ Hippocame St-Hubert,HIPPO 4X200 FREE RELAY
25) $7: 51.38$ New South Wales,AUS
26) 7:56.36 Calgary Swim Assoc,UCSA
27) $7: 56.76$ UBCDolphins,CAN
28) $8: 01.58$ Longueuil, EITE
29) 8:06.20 Univ.Laval Rouge \& $\mathrm{O}, \mathrm{UL}$
30) $8: 07.34$ Cascade Swim Oub,CASC
31) 8:08.79 Edmonton Keyano,GKSC
32) $8: 12.18$ UBCDolphins B,CAN

## GIRLS

Born 1983 and 1984

## 50 METRES FREESTYLE

1) 26.80 Ein McOleave,84,AUS
2) 27.23 Laura Grant,84,UCSA
3) 27.45 Amber Dykes,83,HYACK
4) 27.45 Caitlin Meredith, $83, \mathrm{KCS}$
5) 27.90 Jessie Bradshaw,84,UCSA
6) 27.97 Bizabeth Cleven, $84, \mathrm{MM}$
7) 28.07 Catherine Dugas-Savoie,83,UL
8) 28.17 Kristen Lis,83,ROD

100 METRES FREESTYLE

1) 57.50 Ein McOleave, 84, AUS
2) 58.35 Belinda Wilson, 84, AUS
3) 58.90 Laura Grant, 84, UCSA
4) 59.31 Caitlin Meredith, $83, \mathrm{KCS}$
5) 59.70 MarlaBreitkreutz,84,EKSGUA
6) 1:00.00 Juliana Heinz,83,UCSA
7) 1:00.07 Catherine Dugas-Savoie,83,UL
8) $1: 00.49$ Bizabeth Amer,84,EKSC

200 METRES FREESTYLE

1) $2: 04.35$ Belinda Wilson,84,AUS
2) $2: 08.08$ Erin McCleave,84,AUS
3) $2: 08.30$ Deanna Stefanyshyn, $84, \mathrm{UBCD}$
4) $2: 08.87$ Laura Gant, 84, UCSA
5) $2: 09.42$ Caitlin Meredith,83,KCS
6) $2: 11.36$ Daniela Aponte, 84, UBCD
7) 2:11.99 Jessie Bradshaw,84,UCSA
8) $2: 12.12$ Catherine Dugas-Savoie,83,UL


400 METRES FREESTYLE

1) $4: 20.53$ Belinda Wilson, 84, AUS
2) $4: 32.01$ Deanna Stefanyshyn, 84, UBCD
3) $4: 35.43$ Marcia Bryon,83,USC
4) $4: 36.09$ AmandaLeslie, 83, RAYS
5) $4: 40.02$ Aime Bourassa, $83, \mathrm{NKB}$
6) $4: 41.63$ Marla Breitkreutz,84,EKSC.UA
7) $4: 44.65$ Leah Schaab,84,UCSA
8) $4: 44.78$ Nicole Schnapp,84,PGB 800 METRES FREESTYLE
9) $8: 49.66$ Belinda Wilson,84,AUS
10) $9: 26.73$ Marcia Bryon,83,USC
11) $9: 29.28$ Amanda Leslie, 83, RAYS
12) $9: 44.99$ Daniela Aponte, $84, \mathrm{UBCD}$
13) $9: 46.44$ Nicole Schnapp, $84, P G B$
14) $9: 52.62$ Natalie Voet, $85, \mathrm{NKB}$ 1500 METRES FREESTYLE
15) $17: 09.91$ Belinda Wilson,84,AUS 2) $18: 19.54$ Nicole Schnapp, 84, PGB 50 METRES BACKSTROKE
) 30.12 Caitlin Meredith,83,KCS 2) 31.58 Catherine Dugas-Savoie,83,UL
16) 31.72 Heather McIntosh,83,LEDUC
17) 31.76 Ein McOleave, 84, AUS
18) 31.79 Jessie Bradshaw,84,UCSA
19) 32.17 DanielleMonton,84,PCSC
20) 32.55 EaineChatel de R. $85, \mathrm{CAMO}$
21) 32.68 AmandaLeslie, 83, RAYS

100 METRES BACKSTROKE

1) $1: 04.58$ Caitlin Meredith, $83, \mathrm{KCS}$
2) $1: 06.98$ Heather McIntosh,83,LEDUC
3) $1: 07.12$ Marla Breitkreutz,84, BKSC
4) $1: 07.98$ Catherine Dugas-Savoie,83,UL
5) $1: 08.11$ Amanda Leslie, 83, RAYS
6) $1: 08.25$ Danielle Monton,84,PCSC
7) 1:09.00 Marcia Bryon,83,USC
8) $1: 10.16$ Eaine Chatel de R.,85,CAMO 200 METRES BACKSTROKE
9) $2: 20.13$ Caitlin Meredith,83,KCS
10) $2: 23.60$ Marcia Bryon,83,USC
11) $2: 25.95$ Amanda Leslie, 83, RAYS
12) $2: 27.39$ Heather McIntosh,83,LEDUC
13) $2: 28.53$ Danielle Monton,84,PCSC
14) $2: 30.48$ Tracy Ross,83,EKSC
15) 2:31.27 Amanda Vanderlee,85,USC 8) $2: 33.00$ Ashleigh Thomas, 83, USC 50 METRES BREASTSTROKE
16) 34.25 Barbara Pouret,83,UL
17) 34.48 Meagan Sinclair,84,UCSA
18) 34.78 Shannon Frey, 84, BRSA
19) 34.92 Kathryn Easey,83,PCSC
20) 35.27 Kaere Ballman, $84, \mathrm{ROD}$
21) 35.28 Caitlin Meredith, $83, \mathrm{KCS}$
22) 35.56 Danielle Gervais, $84, \mathrm{NKB}$
23) 36.28 Julie Marcotte,83,UL

100 METRES BREASTSTROKE

1) $1: 14.90$ Barbara Pouret, $83, \mathrm{UL}$
2) $1: 15.33$ Meagan Sinclair, 84, UCSA
3) $1: 16.20$ Kathryn Easey,83,PCSC
4) 1:16.68 Danielle Gervais,84,NKB
5) 1:16.87 Shannon Frey,84,BRSA
6) $1: 18.24$ Kristen Lis, $83, \mathrm{ROD}$
7) $1: 19.10$ Kaere Ballman, $84, \mathrm{ROD}$
8) $1: 19.22$ JulieMarcotte,83,UL

200 METRES BREASTSTROKE

1) $2: 40.51$ Meagan Sinclair, 84, UCSA
2) $2: 43.72$ Danielle Gervais,84,NKB
3) $2: 44.08$ Kathryn Easey,83,PCSC
4) $2: 45.20$ Shannon Frey,84,BRSA
5) $2: 45.25$ Kristen Lis, $83, \mathrm{ROD}$
6) $2: 46.03$ Kaere Ballman, $84, \mathrm{ROD}$
7) $2: 46.89$ Barbara Pouret, $83, \mathrm{UL}$
8) $2: 46.95$ Julie Marcotte,83,UL

50 METRES BUTTERFLY

1) 29.25 Holly Chance,84,PCSC
2) 29.47 Laura Grant,84,UCSA
3) 29.51 Juliana Heinz,83,UCSA
4) 29.52 Christine Chard,84,WVOSC
5) 29.53 Caitlin Meredith, $83, \mathrm{KCS}$
6) 29.53 BelindaWilson,84,AUS
7) 29.82 Andrea Baker,85,UCSA 8) 29.86 Samantha Parker,85,CYPS 100 METRES BUTTERFLY
8) $1: 03.83$ Belinda Wilson, 84, AUS
9) $1: 04.89$ Juliana Heinz,83,UCSA
10) $1: 05.44$ Laura Grant, 84, UCSA
11) 1:05.54 Jessie Bradshaw,84,UCSA
12) $1: 05.82$ Christine Chard, 84, WOSS
13) $1: 05.95$ Holly Chance,84,PCSC
14) $1: 06.23$ Bizabeth Ceven, $84, \mathrm{MM}$
15) $1: 06.93$ Andrea Baker,85,UCSA

200 METRES BUTTERFLY

1) $2: 26.45$ Christine Chard, 84, WVOSC
2) $2: 26.73$ Leah Schaab, 84, UCSA
3) $2: 26.94$ Deanna Stefanyshyn, 84, UBCD
4) $2: 31.42$ Megan Turner, $83,00 \mathrm{MOX}$
5) 2:31.45 Danielle Monton,84,PCSC
6) $2: 31.82$ Aime Bourassa,83,NKB
7) $2: 33.14$ MarieC. Audet,85,SAMAK
8) $2: 33.87$ LauraGrant,84,UCSA 200 METRES IND.MEDLEY
9) $2: 24.53$ Caitlin Meredith,83,KCS
10) $2: 26.48$ Leah Schaab, 84, UCSA
11) $2: 26.94$ Marcia Bryon,83,USC
12) $2: 28.23$ Deanna Stefanyshyn, $84, \mathrm{UBCD}$
13) 2:28.65 Juliana Heinz,83,UCSA
14) $2: 29.80$ Amber Dykes, 83, HYACK
15) $2: 30.61$ Shannon Frey,84,BRSA
16) $2: 32.70$ Genevieve Frappier,83,CAMO

400 METRES IND.MEDLEY

1) $5: 06.32$ Marcia Bryon,83,USC
2) 5:13.09 Amber Dykes,83,HYAOK
3) $5: 17.20$ Nicole Schnapp, 84, PGB
4) $5: 20.49$ Meagan Sinclair,84,UCSA
5) $5: 24.51$ Natalie Voet, 85, NKB
6) 5:27.33 Genevieve Fappier,83,CAMO
7) 5:32.30 Deanna Milne,85,CYPS
8) $5: 34.67 \mathrm{Meg}$ Fracke,85,USC

4X100 MEDLEY RELAY

1) $4: 21.02$ New South Wales,AUS
2) $4: 23.14$ Calgary Swim Assoc,UCSA
3) $4: 26.37$ Univ.Laval Rouge \& $\mathrm{Q}, \mathrm{UL}$
4) 4:30.04 Calgary Swim Assoc B,UCSA
5) $4: 34.04$ Pointe Caire SC,PCSC
6) $4: 34.28$ Univ.Laval Rouge \& $O B$ B,UL
7) $4: 36.06$ Island Swimming,IS 8) $4: 36.29$ Regina Opt.Dolphins, ROD

## 4X100 FREE RELAY

1) $3: 54.45$ Calgary Swim Assoc,UCSA
2) $3: 55.46$ New South Wales,AUS
3) $3: 56.12$ ManitobaMarlins,MM
4) $4: 01.36$ UBCDolphins,CAN
5) $4: 01.67$ Edmonton Keyano,BKSC
6) $4: 02.92$ Bow River Swim Assoc,BRSA
7) $4: 03.17$ Hyack Swim Cub,HYACK
8) $4: 05.86$ Univ.Laval Rouge \& $\mathrm{O}, \mathrm{UL}$

## 4X200 FREE RELAY

1) $8: 33.54$ UBCDolphins,CAN
2) $8: 34.38$ New South Wales,AUS
3) $8: 37.83$ Calgary Swim Assoc,UCSA
4) $8: 41.37$ Edmonton Keyano,EKSC
5) 8:50.30 Univ.Laval Rouge \& $\mathrm{O}, \mathrm{UL}$
6) $8: 51.49$ Bow River Swim Assoc,BRSA
7) $8: 55.12$ Cascade Swim Cub,CASC
8) $8: 55.19$ Hyack Swim Qub,HYACK

EUROPEAN JUNIOR CHAMPIONSHIPS

## Linz, AUT, Jul 11-14 (50 M)

BOYS born 1984-85
50 METRES FREESTYLE
22.74 Cavic Milorad,84,YUG
23.06 Tilly Jonas,84,SWE
23.33 RajakylaMatti,84,FN
23.36 Mallet Gegory,84,RA
23.36 Puninski Alex,85,SLO
23.54 Kuhn David,84,G®
23.59 Zatsepin Alexei,84,RUS
23.64 Veliacalvan,84,CRO

100 METRES FREESTYLE
50.47 Gilot Fabien,84,RA
250.49 Cavic Milorad,84,YUG
50.84 Viktoravicius Paulius,84,LTU
51.48 Salabutau Yahor,84,BLR
51.53 Galavtine Antoine,85,RA
51.59 Koll Dominik,84,AUT
51.60 Delac Mario,85,CRO

8 1:01.15 Savino Andrea,84,ITA
200 METRES FREESTYLE
1:50.26 Prilukov Yuri,84,RUS
2 1:52.27 Natsvin Evgeni,85,RUS
3 1:52.36 Gilot Fabien,84,RA
4 1:52.61 Carneiro Ivo,84,POR
5 1:52.83 Koll Dominik,84,AUT
6 1:53.36 Webster Paul,84,GBR
7 1:53.45 Savino Andrea,84,ITA
8 1:53.47 Gegotek Piotr,84,PD
400 METRES FREESTYLE
3:53.59 Prilukov Yuri,84,RUS
2 3:54.83 Davies David,80,GBR
3 3:56.54 Natsvin Evgeni,85,RUS
4 3:57.27 Diamantidis Georgios,84,GRE
5 3:57.98 Stanczyk Przemyslaw,85,POL
6 3:58.26 Carneiro Ivo,84,POR
7 4:00.42 Kvale Gard,84,NOR
8 4:00.42 Livnat Shay,84,ISR 1500 METRES FREESTYLE
1 15:14.85 Prilukov Yuri,84,RUS
2 15:36.49 Korzeniowski Pawel,85,POL
3 15:36.51 della Valle Simone,84,ITA
4 15:44.86 Kvale Gard,84,NOR
5 15:45.10 Herbert Thomas,85,GBR
6 15:52.63 Zdesar Bojan,84,SLO
7 15:53.89 Natsvin Evgeni,85,RUS 8 15:54.14 Diamantidis Georgios,84,GRE 50 METRES BACKSTROKE
26.64 Viatchanin Arkadi, 84, RUS
26.65 Mantymaki Manu,85,FN
26.73 Keil Dominik,85,GR
27.22 Ruscio Andrea,84,ITA
27.33 Tardin Alain,84,SU
27.38 Gigoriadis Aristidis,85,GRE
27.51 di Carli Marco,85,GR

DQ Rudolf Roland,85,HUN

## 100 METRES BACKSTROKE

56.09 Keil Dominik,85,GR
256.91 Viatchanin Arkadi,84,RUS
57.18 Mantymaki Manu,85,AN
57.53 Rudolf Roland,85,HUN
58.38 Ruscio Andrea,84,ITA
58.51 Betlej Wojciech,84,POL
58.81 Keetman John,84,NED

8 59.65 Massacand Jonathan,84,SUI
200 METRES BACKSTROKE
2:02.81 Viatchanin Arkadi,84,RUS
2 2:03.42 Hughes Ross,84,GBR
3 2:04.61 Meeuw Helge,84,GR
4 2:05.16 Zdesar Bojan,84,SLO
5 2:05.88 Rudolf Roland,85,HUN
6 2:06.70 Keil Dominik,85,GR
7 2:07.67 Betlej Wojciech,84,POL
8 2:09.11 Keetman John,84,ND 50 METRES BREASTSTROKE 29.11 Terrin Alessandro,85,ITA 2 29.24 Nielsen Joakim,84,SWE
329.28 Cool Philipp,84,G®R
29.33 Thiallet Anthony,85,RA 29.36 Ramos Bruno,84,POR 29.39 Swiers Jago,84, BE 29.57 Sigurdsson Jon,84,ISL 29.78 Fnancsek Gabor,85,HUN 100 METRES BREASTSTROKE
1:03.25 Cool Philipp,84,GR
2 1:03.73 Neisen Joakim,84,SWE
3 1:04.13 Borisik Igor,84,UKR
1:04.18 Swiers Jago,84, B 4
5 1:04.37 NeivaHenrique,84,POR
6 1:04.56 Sommaripa Marco,84,ITA
7 1:04.91 Pernat Matiaz,84,SLO
8 1:05.32 Agache Dragos,84,ROM 200 METRES BREASTSTROKE
1 2:17.08 Boral Lukasz,84,POL
2 2:17.82 Bossini Paolo,85,ITA
3 2:18.32 Neiva Henrique,84,POR
4 2:18.81 Neumann Johannes,85,GER
5 2:19.05 Grigoryev Andrei,84,RUS
6 2:19.72 Pernat Matiaz,84,SLO
7 2:19.86 Plutecki Adam,85,PD 8 2:20.73 Borisik Igor,84,UKR 50 METRES BUTTERFLY
24.57 Puninski Alex,85,CRO 24.67 Skvortsov Nikolai,84,RUS 24.67 Sundin Tor,84,SWE 24.70 Cavic Milorad,84,YUG 24.77 Dietrich Johannes, $85, G \in R$
24.86 AdvenaSergiy,84,UKR
24.90 Leveau Amaury,85,UKR
25.11 Goldin Rudy,84,ITA

100 METRES BUTTERFLY
53.76 Advena Sergiy,84,UKR
54.08 Cavic Milorad,84,YUG
54.15 Skvortsov Nikolai,84,RUS
54.27 Dietrich Johannes,85,GR
54.82 Salcius Rimyydas,85,LTU
55.02 Goldin Rudy, 84, ITA
55.29 Meeuw Helge,84,GR
55.64 Drzewinski Lukasz,84,POL 200 METRES BUTTERFLY
1:59.25 Drymonakos loannis,84,GRE
2 2:00.21 Drzewinski Lukasz,84,POL
3 2:00.25 Advena Sergiy,84,UKR
4 2:00.28 Skvortsov Nikolai,84,RUS
5 2:01.15 Korzeniowski Pawel,85,POL
6 2:02.00 Dietrich Johannes,85,GR
7 2:02.30 Kiss Boldizsar,85,HUN
8 2:02.42 Mourao Duarte,84,POR
200 METRES IND.MEDLEY
2:03.65 Berezutsky Igor,84,RUS
2 2:04.92 Zatsepin Alexei,84,RUS
3 2:05.35 Savino Andrea,84,ITA
4 2:05.57 Alexandrov Mihail, 85, BUL
5 2:06.05 van Aggele Robin,84,NED
6 2:06.13 Andrijauskas Paulius,84,LTU
7 2:06.24 Cseh Laszlo,85,HUN
8 2:07.37 Zoldak Kryzszoff,84,POL 400 METRES IND.MEDLEY
1 4:19.81 Berezutsky Igor,84,RUS
2 4:20.24 Cseh Laszlo,85,HUN

3 4:25.75 Zoldak Kryzstof,84,POL
4 4:26.55 Drymonakos loannis,84,GRE
5 4:26.60 Zatsepin Alexei, 84,RUS
6 4:27.96 Korzeniowski Pawel,85,POL
7 4:28.15 Alexandrov Mihail,85,BUL
8 4:32.10 Hughes Ross,84,GBR
4X100 MEDLEY RELAY
1 3:44.99 Germany,GGR
2 3:47.49 Russia,RUS
3 3:48.31 Hungary,HUN
4 3:50.01 France, PrA
5 3:51.14 Ukraine,UKR
6 3:51.33 Belgium, BE

## DQ Israel,ISR

DQ Sweden,SWE

## 4X100 FREE RELAY

1 3:24.12 France,RA
2 3:26.30 Germany,GR
3 3:26.91 Sweden,SWE
4 3:28.37 Oroatia,CRO
5 3:29.42 Ukraine,UKR
6 3:29.57 Finland,FN
7 3:30.01 Italy,ITA
8 3:30.80 Portuga, POR

## 4X200 FREE RELAY

1 7:28.25 Russia,RUS
2 7:30.16 France,RA
3 7:32.69 Great Britain,GBR
4 7:36.48 Germany,G巴R
5 7:39.23 Portuga,,POR
6 7:40.41 Poland,POL
7 7:44.82 Spain,ESP
8 7:46.05 Israel,ISR
GIRLS born 1986-87
50 METRES FREESTYLE
25.76 Gotz Daniela,87,GR

2 25.86 Korc Agata,86,POL
3 26.26 Hofmann Nele,86,GR
4 26.56 Barzycka Paulina,86,POL
26.74 Heemskerk Femke,87,ND
26.74 Pinto Delfina,87,ITA
26.75 Kosova Petra,86,CZE 27.14 Horio Silvia,86,ITA

## 100 METRES FREESTYLE

56.73 Hofmann Nele,86,GR
256.92 Sych Regina,87,RUS

3 57.16 Korc Agata,86,POL
57.17 Gotz Daniela,87,GFR

5 57.21 Barzycka Paulina,86,POL
657.47 Jovanovic Sanja,86,CRO

7 57.61 Zoccari Ravia,86,ITA
8 58.34 Mylosi Dominiki,86,GRE
200 METRES FREESTYLE
1 2:02.40 Shornikova Polina,86,RUS
2 2:03.55 Sych Regina,87,RUS
3 2:04.17 Pagliarini Silva,86,ITA
4 2:04.39 Lipcsei Kristina,86,HUN
5 2:04.42 Hantke Stephanie,87,GGR
6 2:05.37 Tsagka Evagelia,87,GRE
7 2:05.93 Caleca Renata,86,ITA
8 2:06.04 Wyld Katherine,86,GBR

## 400 METRES FREESTYLE

1 4:15.43 Sych Regina,87,RUS
2 4:15.58 Shornikova Polina,86,RUS
3 4:19.25 Lipcsei Kristina,86,HUN
4 4:21.01 SuttoraMarina,86,ITA


5 4:23.24 Assnousi Fadma,86,ESP 6 4:23.43 Strouba Olga,87,GRE 7 4:23.57 FerreiraMarta,86,POR 8 4:24.41 Nagy Reka,86,HUN 800 METRES FREESTYLE 8:43.64 Tolkacheva Yana, 87,RUS 2 8:43.71 Nagy Reka,86,HUN 3 8:44.47 Payne Kerianne,87,GBR
4 8:52.30 Rutili Gulia,87,ITA
5 8:53.49 Strouba Oga,87,GRE
6 8:58.59 Hantke Stephanie, 87, G®R
7 8:58.66 SuttoraMarina,86,ITA
8 8:58.86 Margioukla Theodora,86,GRE

## 50 METRES BACKSTROKE

29.34 KomarovaStanislava,86,RUS

2 29.45 Manaudou Laure,86,, PA
329.68 Jovanovic Sanja,86,CRO

4 29.81 Amshennikova Irina,86,UKR
530.04 Baum Julia,86,GR
30.04 van Schaik Lenneke,86,ND
30.10 Szabo-Szepesi Nikolett,87,HUN
30.61 Moonan Susannah,87,SWE 100 METRES BACKSTROKE
1:01.88 Manaudou Laure,86, RA
2 1:02.35 KomarovaStanislava,86,RUS
3 1:03.12 Amshennikovalrina,86,UKR
4 1:03.79 Jovanovic Sanja,86,CRO
5 1:03.79 Szabo-Szepesi Nikolett,87,HUN
6 1:03.88 Putra Alexandra,86, PRA
7 1:04.40 Baum Julia,86,GR
8 1:05.39 van Schaik Lenneke,86,NED

## 200 METRES BACKSTROKE

2:11.56 KomarovaStanislava,86,RUS
2 2:14.29 Amshennikovalrina,86,UKR
3 2:17.81 Backhaus Stephanie,84,GR
4 2:18.11 Palmai Andrea,86,HUN
5 2:19.82 Baron Esther,87,FRA
6 2:20.37 Loparyova Ekaterina,86,RUS
7 2:20.50 Jovanovic Sanja,86,CRO
8 2:20.62 Mayer Kerstin,86,AUT
50 METRES BREASTSTROKE
32.54 Haywood Kate,87,GBR

2 32.62 Sambrailo Tamara,86,SLO
332.64 ChocovaPetra,86,CZE
32.66 Tour Katarina,87,SWE
32.73 Jukic Mirna,86,AUT
$6 \quad 32.82$ Dizdarevic Sanja, 87, SWE
33.32 Steinmetz Franziska,86,GR
33.72 Boggiatto Chiara,86,ITA

100 METRES BREASTSTROKE
1:09.91 Jukic Mirna,86,AUT
2 1:10.83 Chocova Petra,86,CZE
3 1:11.06 Haywood Kate,87,GBR
4 1:11.94 Boggiatto Chiara,86,ITA
5 1:12.71 Vereschagina Xenia,87,RUS
6 1:12.80 Tour Katarina,87,SWE
7 1:12.90 Steinmetz Franziska,86,GR
8 1:13.54 Pidlisna Yulija, 87,UKR 200 METRES BREASTSTROKE

2:26.42 Jukic Mirna,86,AUT
2 2:30.27 Remenyi Diana,86,HUN
3 2:30.85 Vereschagina Xenia,87,RUS
4 2:31.15 Boggialto Chiara,86,ITA
5 2:31.22 ChocovaPetra,86,CZE
6 2:32.09 Konowalik Amy,86,GBR
7 2:34.50 Gabos Andrea,86,ROM
8 2:39.78 Leber Eve,86,G円R
50 METRES BUTTERFLY
27.18 Vadykina Vasilisa,87,RUS

## 2 27.76 Skrubel Franziska,87,GRR

3 27.85 Korc Agata,86,POL
4 27.90 Hofmann Nele,86,GR
5 28.16 Gemo Eena,87,ITA
6 28.43 Dzerkai Ganna,87,UKR
7 28.47 Kosova Petra,86,CZE
8 28.50 Atesen Jeanette,87,DEN

## 100 METRES BUTTERFLY

1 1:02.19 Taray Kata,86,HUN
2 1:02.53 Papp Renata,86,HUN
3 1:02.67 Gemo Eena,87,ITA
4 1:02.97 Mironenko Valeria,87,RUS
5 1:03.09 Skrubel Franziska,87,GER

6 1:03.31 Nowak Agata,87,PO
7 1:03.34 Mussi Sabina,87,ITA
8 1:03.49 Volkova Alexandra,86,RUS 200 METRES BUTTERFLY
2:13.45 Lipcsei Kristina,86,HUN
2 2:14.50 Papp Renata,86,HUN
3 2:17.08 Mussi Sabina,87,ITA
4 2:19.70 VolkovaAlexandra,86,RUS
5 2:20.55 Mironenko Valeria,87,RUS
6 2:20.80 Luescher Stephanie,87,SUI
7 2:20.83 Berni Micaela,86,ITA
8 2:22.56 Gasner Federikke,86,DEN
200 METRES IND.MEDLEY
1 2:16.35 Remenyi Diana,86,HUN
2 2:17.03 Manaudou Laure,86,RA
2:17.16 Tolkacheva Yana,87,RUS
4 2:19.76 Agelopoulou Vasiliki,87,GRE
5 2:20.73 Savonyuk Yulia,87,UKR
6 2:21.11 Rohmann Teresa,87,G®R
2:21.75 Urbanczyk Aleksanda,87,POL
8 2:23.56 Baranowksa Kataryyna,87,POL 400 METRES IND.MEDLEY
1 4:46.20 Remenyi Diana,86,HUN
2 4:46.83 Tolkacheva Yana,87,RUS
3 4:54.86 Hantke Stephanie,87,GR
4 4:55.64 Preston Julie,86,GBR
5 4:56.83 Rohmann Teresa,87,GR
6 4:58.87 Pidlisna Yulija,87,UKR
7 4:59.22 Chase Laura,87,GBR
8 5:04.11 Agelopoulou Vasiliki,87,GRE
4X100 MEDLEY RELAY
1 4:12.41 Russia,RUS
2 4:15.07 Germany,GER
4:16.44 Hungary,HUN
4:17.45 Fance,,TRA
4:18.95 Sweden,SWE
6 4:19.02 Ukraine,UKR
7 4:20.01 Geat Britain,GBR
8 4:20.50 Italy,ITA
4X100 FREE RELAY
1 3:48.96 Germany,GER
2 3:50.59 Russia,RUS
3 3:51.32 Poland,POL
3:51.44 Italy,ITA
5 3:53.98 France, PRA
6 3:54.68 Sweden,SWE
7 3:56.38 Ukrane,UKR
8 3:57.94 Denmark,DEN 4X200 FREE RELAY
8:14.59 Russia,RUS
8:17.38 Itay,ITA
8:21.63 Geat Britain,GBR
8:21.75 Hungary,HUN
8:29.87 Germany,GER
8:36.10 Greece,GRE
8:37.87 Sweden,SWE
8 8:48.56 Spain,ESP

|  | Gold Silver Bronze |  |  | Total |
| :---: | :---: | :---: | :---: | :---: |
| 1 RUS | 16 | 10 | 4 | 30 |
| 2 GR | 6 | 3 | 6 | 15 |
| 3 HUN | 4 | 5 | 3 | 12 |
| 4 PRA | 3 | 4 | 1 | 8 |
| 5 AUT | 2 | 0 | 0 | 2 |
| 6 POL | 1 | 3 | 4 | 8 |
| 7 ITA | 1 | 2 | 5 | 8 |
| 8 GBR | 1 | 2 | 4 | 7 |
| 9 YUG | 1 | 2 | 0 | 3 |
| 10 UKR | 1 | 1 | 3 | 5 |
| 11 CRO | 1 | 0 | 1 | 2 |
| 12 GRE | 1 | 0 | 0 | 1 |
| 13 SWE | 0 | 3 | 2 | 5 |
| 14 RN | 0 | 1 | 2 | 3 |
| 15 CZFE | 0 | 1 | 1 | 2 |
| 16 SLO | 0 | 1 | 0 | 1 |
| 17 POR | 0 | 0 | 1 | 1 |
| LTU | 0 | 0 | 1 | 1 |
|  | 38 | 38 | 38 | 114 |

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## COLWIN ON COACHING

## ALL ROADS LEAD TO BALTIM ORE

## Cecil Colwin

Murray Stephens, HeadCoach of theNorth Baltimore Aquatic Club, has made a distinct contribution to American swimming, both as a coach of world-class swimmers and as an entrepreneur whose influence nowspreadsworldwide. Stephens' successful program, basedin oneoftheworld'srarecoach-ownedfacilities, continues to attract a steady stream of coaches and officials eager to observe his methods.

From Stephens' state-of-the-art complex, containing two 50-metre pools, oneindoors and one outdoors, the NBAC has sent forth 10 Olympic swimmerswho havewon a total of 5gold, 2 silver, and 1 bronze medals in the Olympic Games. Recently, in a constant search for new talent, the NBAC program has spread into neighbouring Harford County, Maryland, and South Central Pennsylvania.

## A Great Motivator

Coach Murray Stephens stands for high ideals for youth and isan educatorin the true sense of the word. Stephens' easy-going manner belies the tenacity he bringstoeveryjobhetackles. Heisatough, determined leader with tremendous energy, resourcefulness, andingenuity. He knowswhathewantsandgenerally achieves it. I've never heard him use an alibi or make an excuse; winners don't need them.

Stephens is a past master of the finer points of the sport, especially in his ability to inspire swimmers to win. In his own quiet way, he is oneof swimming'smost able motivators. His swimmers go abouttheirmission in a purposeful anddedicatedmanner, almostasif something of the coach's personalityhasrubbedoffonthem. Theteam isproudoftheirtradition of excellence, which motivates them to swim faster and faster.

## Early Beginnings

Murray Stephens' interest in swimming started at the age of eight when hisfather took him for private lessons to Eric Steingass, who later became his coach when he swam for Loyola High School.

Before he entered high school, he swam mostly at homein apool thathisfatherbuiltforhim toimprove his swimming. In high school heleamed to race in all strokes, excelling in butterfly and free style. Although notdestined to reach theOlympian heights as a swimmer, he was good enough to win College conferencechampionshipsinthe200and500freestyle and compete in the U.S. Eastem Championships.

Stephens started the NBAC in 1968 together with Tim Pierce, who had been interim coach at Loyola College, and later a high school and YMCA club coach. Stephens and Pierce started the NBAC team after Coach Arthur "Reds" Hucht had rebuffed Stephens' interestin coaching at the KCO (Knights of Columbus), and Pierce's Y club administrators had rebuked him for "training Y club swimmers to too much success away from the Y program."

That summer, Pierce's Loyola High School swimmer, Bob Gavin, made the United States Olympic Trialsin LosAngeles. In the 1969-70 season, NBAC beat KCO in major local meets that KCO had not lost in over 20 years. In 1971, Pierce decided that he only wanted to coach high school, and Murray became the NBAC Head Coach.

Acquiring His 0wn Facility
In its earlyyears, the NBAC team was based at Loyola High School'ssix-lanepool. At timestheNBACrented additional pools but not on a regular basis. In 1985 Stephens heard about an old pool, owned by an 82-year-old gentleman who had bought the pool in 1945 after working there as a boy from the time it was opened in 1930. Atter the war, the original building, a large wooden structure, had burnt down, and the facility had lapsed into a state of disrepair.

Stephens went to look at the pool and noted that, although thepool was 110 feet wide and 200 feetlong with a shallow end that was only one foot deep, it could be shortened to form a 50-metre course, with some room left for casual bathers. Stephens saw the possibilities for converting the pool into a venue suited for competitive swimming. He made several approaches to the owner to buy the pool, only to be rejected each time.

Stephenssaid: "Hewasquitethecrotchetyperson, and he was adamant about not wanting to sell the pool to me. He loved that old pool just as if it was a child. Hedidn'tthinkI had thetimetorun itproperly, buthedidagreeto let the club train in the pool. Atter a year had passed, I had formed some sort of rapport with him. So I walkedinto hisofficeonedayand gave him a cheque for $\$ 5000$, which I had borrowed from my mother because I didn't have $\$ 5000$, and I said that I wanted to buy the pool, and here's a contract.

I had written the contract myself, using some terms that I had culled from some property sales I'd



Meadowbrook fitness centre
been involved in. So he thought about it, and after going back and forth on the matter through our respective attorneysforaboutsix to seven months, we came to an agreement."
"I have the greatest respect for Murray Stephens. Not onlyhas he builtswimmers from the age grouper up, buthe has also putitall on the line by building his own pool and making a go of it.
There are many coaches who have passed through USA Swimming, but Murray has stayed and proven himself and his program over at least three decades. He has stood the test of time. He has remained a club coach which is the backbone of the sport of swimming in the United States."
Don Gambril,
Head Coach, U.S Olympic Team, 1984.
Assistant Coach U.S Olympic Teams, 1968, 1972, 1976, and 1980.

Although the deed of sale agreement was not finalized until August 1987, Stephens had borrowed money and started sandblasting the paint from the wallsandfloorofthepool. Hedida completeoverhaul of thepool, startingin December 1986 andcontinuing into the spring of 1987.

Stephenssaid that after he had invested $\$ 50,000$
to $\$ 60,000$, maybe even more, on pool repairs, with borrowed money on credit cards, etc., they agreed to sell the pool to him; otherwise, they would have had toreimbursehim fortheworkhehaddonein thepool and the significant repairs he had made. They were also tired of dealing with it and Stephens' attorney actuallypersuaded them toreducethesale pricefrom $\$ 395,000$ to $\$ 295,000$.

Throughout the renovating process, Stephens kept in touch with the former members of the recreational centre, enlisting their support and explaining that the new facility would be a vast improvement over the previous one.

All this time, while he worked to finalize the legalities of the titling and other legal documents, Stephens continued to run the pool. Obtaining the bank clearance didn't occur until the end of July 1987. By that time, Stephens had run the pool for 60 days (the better part of the summer) and had spent most of the operational money.
"Our main source of income came from eliminatinganysalaryforourselves, from myteaching salary, and from whatevermoney I wasmaking from the NBAC swim team. Every year, we managed to increasethemembershipandtobringin moreincome. We kept pouring the money back into the project to pay for repairs and thus build more equity; the next yearwereplaced the57-year-oldfiltration system and installed a stainless steel gutter, a project that cost several hundred thousand dollars. Thenext step was to take whatever income we denived from the new

## STEPHENS' RECIPEFOR SUCCESS

"Asuccessful swimmer builds on experience and success and can maintain sustained periods of training andimprovement. Carying oversuccess from one season to thenext is helpful. Afaststart to training in the Fall often will result in a Fall, mid-WinterandSpringtripletimedrop, oratleast a big double time drop. Take, for example, breaststrokestar Anita Nall, who swam 2:35in the summer of 1990, 2:30 in early December, and by March was down to 2:27."
"Successful swimmers dream big goals and have a good sense of achieving practice markers which affirm their steps towards each goal."
"Successful swimmers have great pride and feel for the mechanics of their stroke. They are good atself-analysis or, atleast, can quickly pick up on cues from the coach."
"Anita Nall, Beth Botsford, Patrick Kennedy, Casey Barrett, Theresa Andrews, and Whitney Metzler were all hard workers who knew how to get down to business. All could swim fast in practice. Almostall weregreatkickersand very fit. These components plus the ability to stay positive and success centred helped them to be winners.
"Our NBAC swimmers realize from a young age that practice time is precious and that waste of time is just that. Most of our swimmers carry challenging and disciplined academic loads and movethrough theirdayin a workmanlikemanner. Enjoying the process makes this all possible; otherwise the work needs to be supplemented by frivolity for which they have little time."
enterpriseanduseitto raise a bankloan of $\$ 600,000$,
which weusedtoinstall newlockerroomsanddressing areas."

Each year thereafter, Stephen's cash flow improved andherepaidthebank asmuch as hecould afford. The property value increased, and so did equity with the bank. Soon, the property value was closeto $\$ 1$ million, atwhich pointStephensstarted to seriously consider building an indoor pool.

By 1994, when five years had passed and at least $\$ 100,000$ had been spent on workplace studies, on lawyers and engineers' fees, Stephens managed to obtain the building pemit for the new $50-\mathrm{m}$ indoor pool. The building of the pool took from September 1994 to June 1995. To this day, his colleagues refer with awe to his staying power in bringing this enormous project to completion, particularly at considerable financial risk. "The whole enterprise was a very big undertaking, but, in the end it was all worthwhile," says Stephens modestly.

## Making Pool Space Pay

Stephens realized that the increased pool space couldn't be used entirely for competitive swimming. He needed to attract lap swimmers and fitness swimmers to help pay the mortage and operational costs. With this in mind, Stephens installed divider bulkheads in both outdoor and indoor pools. In this way, in each pool, fourshort-courselaneswerecreated on either side of the dividers, leaving two long lanes for 50 metres lap swimming on each side of the bulkhead. He said that theclub swimmersnever have the full use of the 50 metres indoor pool, and winter and summer clubswimmersarealways sharinglane space with the fitness and master swimmers.

## The Logistics of a Privately-0wned Pool

From what Murray Stephens has said, it seems clear that, in order to finance a privately owned pool, the operation would need to beinvolved in a great deal of beginner teaching. In addition to the competitive swimming program, provision and space has to be madefor lap and master swimmers, thelatter people being the "ones who pay the bills," as Stephens says.

Stephens said that he knew of only two other teamsthatareindependentoperations; onein Atlanta conducted by Chris Davis, and the other in Virginia. The Atlanta organization has three or four 6-lane indoor pools in which the coach conducts swim teamsand teachesbeginners, and finances the entire operation from both theseactivities. In such a case it is possible to gross several hundred thousand dollars


Murray and Patti Stephens worked together in building the NBAC organization. Stephens Cecil Colwin first met Patti in 1985 when she was chosen as the Potomac Valley's women's coach for the USA Swimming Select Camp (14-16-year-olds) where Stephens was the Head Coach. They were married in August 1986.
and use the swim team program to pay for the operation. Of course, in warmer climates, heating and operational costs are much lower.

Stephens said that he was almost at this stage now in the Harford County facility where he leases a 6-lane indoor pool built by the owners of a scuba shop. Originally they hada small pool for theirscuba diving training, and later decided to build a six-lane
pool in the back of their building.
"They brought us in to operate and manage the pool for them, and we use four lanes and pay a significant fee to lease that part of the facility, and we have the lesson program in the teaching pool. They have some other programming income and they keep two lanes available for fitness swimmers. So we share that pool, and the pool itself brings in roughlysomethinglike\$1.2 million. With a good membershipofprobably130 to140swimmerspayingtoplevel fees and a respectable lesson program, thatfacility can pay for itself."

Discussingthecoaching fees paid at his main complex in Baltimore, Stephenssaid that the8- and 9 -year-olds pay just over \$1000peryear, andthemost advanced swimmers pay $\$ 1800$ per year, whereas most of the swim teams in the area pay at most twothirds to half of these fees. "Once you start cutting fees to $\$ 600$ or $\$ 700$ or $\$ 800$ a year per kid, there's not enough income to pay for the facility. So you have to be able to charge top dollar and be competitive in the area, as well as provide a
top facility."

## NBAC TEAM HISTORY

# NBAC'S PROGRAM HAS DEVELOPED SWIMMERS TO THEIR FULLEST POTENTIAL SINCE 1968 

## Bob Bowman

Murray Stephens and Tim Pierce began training swimmers in the summer of 1967, and the North Baltimore Aquatic Club (NBAC) was incorporated in the spring of 1968 as an Amateur Athletic Union member club.
"The North Baltimore Aquatic Club has a long history of cultivating excellence and producing outstanding athletes and citizens. The Club's tremendous success across the country and around the world have brought great pride to our state."

Kathleen Kennedy Townsend
L. Governor, State of Maryland

NBACsentBob Gavin to the OlympicTrialsin Los Angeles in 1968 in the 200 butterlly. Thiswasjust the beginning of the great swimming to come. Murray became the head coach in 1971; in 1972, the first NBAC girl qualified for U.S. Nationals and placed 14th in the 1650-yard freestyle in Dallas, Texas. Carter Warrield, as NBAC's Head Age Group Coach, developed scores of swimmers as precise in their technique as they were fast. Also in 1972, two NBAC girlsswam in theOlympicTrialsin Chicago. In 1976, NBAC continued its fast swimming when Janet Freudenstein placed 8th in the 100 backstroke at the OlympicTrialsin LongBeach, California. Shemissed making the team by only one second.

At the Olympic Trialsin 1980 in Irvine, Theresa Andrews placed fifth in the 100 backstroke and Polly Winde placed fifth in the 200 breaststroke. The next summer, NBAChaditsfirstNational Champion when Theresa Andrews won the 100 backstroke at U.S. Nationalsin Milwaukee, Wisconsin. Theresa was not finished yet! NBAC sent three swimmers- Theresa, Julia Gorman, and Jill Johnson- to the Olympic Trialsin 1984.Attermaking theUnitedStatesOlympic Team in 1984, Theresa won two gold medals in backstroke in Los Angeles. Theresa swam to an individual gold in the 100 backstroke and won her second on the U.S.A $4 x 100$ medley relay team. That year, also at the Olympics, former NBAC swimmers Patrick Kennedy (USA) and Ricardo Aldabe (Spain) placed in the top eight in the 200 butterfly and 200

## backstroke respectively.

Tim Pierce and Carter Warfield coached with Murray for the first 15 years of the club'sexistence. In the spring of 1985, Tom Himes joined the staff as Head Age Group Coach. Patty Stephens began in the fall of 1987. In 1986, a new name emerged in the headlines. Julia Gorman flewto a silver medal in the 200 butterfly at the Goodwill Games in Moscow, URS that summer. She also won thefirst of her three U.S. National Titles at the Long Course Summer Championships in Santa Clara. Also in the winter of 1986-1987, Murray and Patricia Stephenspurchased Meadowbrook Swim Club in Mt. Washington and began planning for the NBAC's third decade and beyond.

In 1992, Anita Nall set the swimming world on fire with two world and American records in the 200 breaststrokeattheU.S. OlympicTrialsin Indianapolis. Placing first in both breaststroke events qualified Anita torepresenttheUnitedStatesatthe 1992Olympic Games in Barcelona, Spain. Anita brought home a gold, silver, and bronze medal from the Olympics. Sheaddedan American recordin the 100 breaststroke andswam on theU.S.A. $4 \times 100$ medleyrelayteam that set both world and American records. Former NBAC swimmer jill Johnson (USA) placed in the B Final in the 200 breaststroke.

## CLUB MILESTONES

5Individual world records, 2 relay world records
6 USA Olympic team members
5 Olympic gold medals
1 USA Olympic team coach
4 USA World Championships team members
1 World Championships gold medal
2 USA World Championship Team coaches
8 American records
8USANational Champions ( 23 National Titles)
2 National Women's Team Titles (1994 \& 1995)
2 ASCA Coach of the Year Awards
2 USA Swimming Coach of the Year Awards
120 USASwimming National Age Group records
202 First place National Age Group Rankings
\#1 ranked USAAge group team (1990-1996)
Over 5000 Maryland Swimming resident and area records
Currently holds 665 of 1043 Maryland records

SWIMMER MILESTONES
ANDREWS Theresa, 25 AUG 1962, won two goldsat the 1984 LosAngeles Olympics, in the 100 backstroke and the 4x100 medley relay. BOTSFORD Beth, 21 MAY 1981, 1996 Olympic gold medall istin the 100 back and $4 \times 100$ medley, 1999 Pan Ams 3rd 100 back, 2nd 200 back.
KENNEDYPatrick, 1984 Olympic200Alyfinalist, did his formative swimming at NBAC, was one of the greatest American age group record setters in the 1980s. Helped the University of Forida to its first ever men's team title in 1982.
METZLER Whitney, 19 APR 1978, finalist 1996 Olympic 400 IM.
NALL Anita, 21 JUL 1976, won Olympic gold in 19924x100 medleyrelay, silverfor 100 breaststroke and bronze for 200 breaststroke. She also won medalsatthe 1993Pan Pacs, 1995Pan Ams, 2000 SCWorlds.
PHELPS, Michael, 30 JUN 1985, youngest US male Olympian since 1932, finalist in 2000 Olympic 200fly. 2001 World Champion 200 Aly, in world record of 1:54.58. 2002 US Summer Nationals, won four events 100-200 fly, 200-400 IM with one world and three American records. 2002 Pan Pacswinsthreegolds and a silver. At 17 is male swimmer of the year.
Canadian connection
BARRETT Casey, 16FEB 1975, bom in Montreal, did his formative swimming at NBAC and was a Canadian Olympian in 1996 where he was 11th for 200 fly 1:59.72.

In 1994, another NBAC swimmer made it to international competition by winning her first National Championshipin the 200butterfly.Whitney Phelps, by virue of her 200 butterfly title, made the UnitedStates National Team that competed in Rome, Italy at the FINA World Championships. Whitney placedninth in theevent. NBAC won itsfirstNational Team Championship in 1994. In March, in Federal Way, Washington, the NBAC women captured the team title. At the U.S. Open Championship in 1994, the women'steam again capturedthefirst-placetitle.

In 1995, the NBAC women captured their second straight spring U.S. National Team Championship. In August of 1995, WhitneyPhelps and Beth Botsford earned positions on the U.S. National Team that competed in the Pan Pacific Games. In addition, Murray Stephens was selected as an assistant coach for the United States Pan Pacific Team.

The next Olympic year, 1996, saw the Summer Gamesretum to U.S. soil for theCentennial Gamesin Atlanta, Georgia. NBAC age group phenom Beth Botsford rose to the occasion, qualifying for both
backstroke events. Whitney Metzler qualified in the 400 IM. Additionally, NBAC Head Coach Murray StephenswasnamedanassistantUSAOIympicCoach for the women's team. Beth won the 100 backstroke gold medal, and like Theresa Andrews, swam to a second gold medal in the USA 400 medley relay. Whitney Metzler swam a lifetime best effort to make finals and finish eighth in the 400 IM. Former NBAC swimmerCasey Barrett (CAN) placedin theBFinal in the 200 butterfly. The 1996 chapter of NBAC's story was not finished yet. Murray Stephens was named Coach of the Year by both the American Swimming Coaches Association and United States Swimming. Coach Bob Bowman joinedthestaffin the summerof 1996.

In 1997, Beth Botsford won both backstroke national titlesattheU.S. National Championshipsin Buffalo, New York. In the summer Long Course Championships, Beth qualified for the World Championship Team for the 1998 FINA World Championships in Perth, Australia. Murray was named an Assistant Women's USA National Team Coach.

In the summer of 1998 at Summer Nationals, Anita Nall qualified for the 1999 World University Gamesin Spain and Beth Botsfordeamed a place on the 1999 Pan American GamesTeam, whereshewon a silveranda bronzemedal. CoachesJohn Burkeand Ann Hollister joined the NBAC staff in 1998. Murray wasnamed HeadUSAMen'sCoach forthe2000World ShortCourseChampionshipsin Athens, Greece.Anita Nall competed for the U.S. at the same meet.

In the year 1999, NBAC began an Endowment Fund to ensuretheclub's continued success. In 1999 and 2000, NBAC hosted the FINA World Cup at the University of Maryland. In 2000, another Olympic year, NBAC swimmers again competed at Olympic Trials. Michael Phelps became the youngest male swimmer in 68 years to make a US Olympic Team. Michael finished second in the 200 butterflyto make the US squad. NBAC Senior Coach Bob Bowman accompanied Michael to Sydney, Australia where he finished fifth in the 200 butterfly. Michael Phelps' relentlessassaulton the National Age Group Records led to NBAC passing a milestone of having had its swimmerssetover 100 of theserecords. Coaches Paul Yetter and Rachel Fishbain joined the staff in 2001.

In March of 2001, at age 15, Michael Phelps broketheworld record in the 200 butterly, becoming the youngest male world record holder in history. NBAC senior coach Bob Bowman was named as assistant US National Team Coach for the World Championships. Michael loweredhisown world record attheFINAWorld Championshipsin Fukuoka, Japan in July, winning a gold medal in the 200 butterly. In August, Michael won the 200 IM and 100 butterfly at the U.S. National Championships in Fresno,


About Murray Stephens

- 1996 Served as Assistant Coach, USA Women's Olympic Team staff.
- 1996, Named United States Olympic Committee's Coach of the YearforSwimming, aswell as American Swim Coaches Association Coach of the Year.
- Owns and operates the Meadowbrook Aquatic and Fitness Centre, devoted to swimming, triathlon training, and general physical fitness. Owns Golden Meadows Swim Club in Lancaster, PA Recently purchased Joppatowne Swim Club (now Mariner Point Swim Club).
- Meadowbrook and its associated staffs coached andmanagedfivesummerteams. Alsoran theCentral Maryland League Championships as well as the Lancaster County All League Championships.
- Vioe PresidentoftheAmerican SwimmingCoaches Association.
-Technical Vice Presidenton the Board ofDirectors of United States Swimming.
- Coach of the 1998 USA team to the FINA World Aquatic Championship.
- March 1999Loyola College presented him with the prestigious Andrew White Medal for distinguished service to the community.
- September 1999 named to the Governor of Maryland's Council for Physical Fitness.
- November 1999 and 2000 assists Washington Baltimore Regional 2012 Coalition with event promotion such as the World Cup Swimming Meets held at University of Maryland's College Park Stadium.

Califomia. Hewasthemalehigh-pointaward winner of the meet. Meghan Sackett, 14, ifinshed thirdin the 1500 freestyle, winningtheFemaleRookieoftheMeet award.

NBAC's age group program has continued to develop swimmers to their fullest potential since 1968. Sonsanddaughters of NBACswimmersarenow training with the team their parents swam for. NBAC currently holds 34 National Age Group records and was ranked the number-one Age Group Team in the United States from 1990 to 1996 by the American Swimming Coaches Association. Now expanded to three training locations, NBAC still holds a majority of Maryland state records. In the past decade, NBAC has added a lesson program and strokedevelopment clinic that aid in the development of beginners into NBAC champions.

Editor's Note: Cecil Colwin, the author of the article on pages $25-27$, has observed the developmentof the NBACprogram overaperiod of 15 years, during which time he made three visits to the Murray Stephens program in Baltimoreand surrounding areas, with periods of three to four years intervening. He believes that the NBAC is an excellent example of what a single club can achieve on the international scene, given proper facilities and top-flight coaching
"I cannot help but compare the results achieved by the NBAC swimmers with the Canadian move towards national training centres over a similar period of time. The club system in Canada during the 1970-1980s was theenvyoftheworld. Canadian clubsemployed many world-classcoachesfrom Australia, New Zealand, and the USA. Now most clubs are weaker, and training centresare theemphasis. In salaries alone, there must be half a million dollars or more paid to centre based coaches, all appointed andanswerableto thehead coach.
"Results at the Olympic Games and other intermational meetshavebeen in steadydedine. 'It's a battle for the bronze, it's a battle for the bronze' was the cry repeated by CBC sports broadcasts, referring to Canadian swimmersat therecentCommonwealth Games, wheretheir resultswereno better than almost 50 yearsago.

Granted, Canadian records are still being broken by thecountry'sleading swimmers, but in the context of world swimming, these new marks have no significance. Something is wrong somewhere- probably the result of an accumulation of factors. Oneimportantstepin the right direction could be a return to the previous emphasis on club swimming."

## US SUMMER NATIONALS

## YOIHMQAMTISANEAND/TUNFORIAURRAE 

## Josh Jeffrey

FORT LAUDERDALE- Less-than-ideal pool conditions, the threat of inclement weather, and incessantly oppressive heat and humidity couldn't deter America's best swimmers from putting on a virtuoso performance at the Phillips 66 US Senior National Swimming Championships, held August 12-17 in Fort Lauderdale, Florida.

Selection to five different National travel teams, including theupcomingPan PacificChampionships, wascontingenton performancesatthismeet, andtop tobottom, thiswaseasily thefastestield overall in the history of the biannual event. The tone of the meet wassetearly, and themessage wasloudand clear: the youth movement is alive and well in USSwimming. Justin time for 2004, two stars emerged as dominant oneperson wrecking crews, shattering US Open, World, and American records, and establishing themselves as the ones to beat entering the 2004 Olympic Games.

North Baltimore's Michael Phelps, the now 17-year-old world champion and world record holderin the 200 butterfly, is every bit a normal teenager outide the pool, but has a maturity that belies his youth in big racesituations. Phelps proved hismettle as a multi-event dynamo on the first night by setting a new American record in the 200 IM. His time of 1:58.68 tookastunning 1.09 seconds offTom Dolan's standard ( $1: 59.77$ ) set in winning silver at the 2000 Olympic Games. It also made him the second-fastest performer in history, the only swimmer ever faster beingFinland'sJani Sievenen, theworldrecordholder (1:58.16). Ever the perfectionist, Phelps isn't one to rest on hislaurels. "I would have liked to have been six-tenths faster now," he said. "I did want to break theAmerican recorldthough, soit sbacktothedrawing board now to set some new goals." On the second night, Phelpstookthirdin the 200 freestyle (1:48.90), an event he seemingly swam just to stay warmed up between his prime events on other days, He has now sethimself upforan exciting newrelay position. Day Three brought the 200 fly, Phelps' pet event, and his performance did not disappoint. Though he wasn't ableto set a world record, hedid reaffim his position in the prestigious sub-1:55 club (with 1:54.86), France's ageless wonder Franck Esposito being the only other memberto date. Theman hedethronedas world record holder, Tom Malchow, was a distant

## second at 1:55.86.

On Day Four, the Hall of Fame pool was witness to what was arguably one of the best races in the historyofswimming. Enteringthe 400 IM , thingshad augured well for the race; Michael Phelps and Erik Vendt had waged a titanic battle at the Janet Evans Invitational earlierinthesum mer, with Vendtgetting the best of his younger competitor with a $4: 13.93$ to Phelps' $4: 14.15$, both times were personal bests, done in-season, unrested. In hispost-eventpressconference for the 200 fly, Phelps made mention of "something big" to happen thefollowingnightin the 400 IM , and his prediction would not disappoint. Tuming at the 100 and 200 three seconds ahead of world-record paceandnearestpursuerVendt, itappearedasthough Phelps had the racelocked up, but Vendt, swimming with such heartandtenacity, uncorked a smoldering 1:10 breaststroke splitto move within half a second of Phelps. The capacitycrowd was on itsfeetas entering freestyle, Vendt would take over, pulling ahead of

Phelps within the first 50 , and had by the turn led Phelpsby 14/100ths. It wasthen thatPhelps, in a very gutsy display of willpower, remained underwater for almost the full 15 metres before emerging ahead of Vendt. At the wall, it was too close to call, but Phelps had the better touch at 4:11.09 ahead of Vendt's 4:11.27, both men well under Tom Dolan's prior world record from 2000 of 4:11.76. The spectators, realizing they had witnessed something truly special, treatedboth swimmerstoa rousingstandingovation. "To hear the crowd get into it, on both sides of the pool, to seethem and hearthem, wasamazing," said a jubilant Phelps. "They played a huge role in our performance."

The following day, the excitement continued, with a surprised Phelps winning the 100 butterfly in a time of 51.88, a new American record and just a scant8/100thsoff Michael Klim'sworld record. At the 50 , it seemed as though former record holder Ian Crocker had things under control, tuming at 24.05, tying thefastest 50 split ever, butPhelpstook thelead with 25 metres to go and never looked back, pulling ahead by nearly a bodylength. Astunned Phelpshad noexplanation. "Wewerethinking52.5butdefinitely not51.8. I'veaccomplished all my goalsfor thismeet and nowit'stimeto go back to thedrawing boardand come up with some new ones for Pan Pacs."

Phelps' inal count: 4 gold, 1 bronze; 1 World and 3 American records.


Phelps was not theonly swimmereager to prove their prowess as a multi-event dynamo. Natalie Coughlin of the University of California entered the meetasa lock to win the 100 backstroke, buther other performancesatNationalssignified the beginning of a dominance not seen since Tracy Caulkins.

RichardQuick, head Olympic coach in 1996 and 2000, says of Natalie, "She'sthemosttalentedfemale swimmerI've everseen. Puther in any event and she could win it. She's absolutely poised to be the cornerstone of the 2004 Olympic team." Coughlin would win an amazing five titles (six if you count relays), the first female to do so since Caulkins in 1978.

On Day One, Coughlin defeated comeback kid and most decorated female Summer Olympian in historyJennyThompson in the 100 butterfly (58.44), butwouldset theHall ofFamecomplex alightwith an incrediblenewworldrecord in the 100 backstroke the following night. Turning at 28.86, more than a secondaheadofthefield, Coughlin extended herlead further throughout the race to touch the pads at 59.58 , demolishing the prior standard from 1994 by China's Cihong He (1:00.16).
"At last!" said an elated Natalie. "People were saying, 'When are you going to go 59 ? lastyearwhen double 0 was still newto me. Ittakes a lot of pressure off now. I'vebroken 59 and qualified for Pan Pacs, so I can just enjoy the rest of the meet."

No doubt she enjoyed continuing her winning ways the following night in the 200 freestyle, where shereeled Lindsay Benko in over thelastlap to win in a US Open record of 1:58.20 to Benko's 1:58.56. Coughlin'stime was thefastest American time in 10 years.

Coughlin wouldalso win the 100 freestyle(54.66) over Benko and Thompson, and set the final jewel in the Natalie Coughlin coronation crown by winning the 200 backstroke in 2:08.53, breaking the oldest women'sAmerican record on thebooks of 2:08.60 set by Betsy Mitchell in 1986, set back when swimmers still had to touch the wall with their hands before turning. "It felt painful," said Coughlin. "I haven't swam that race in four years, so just took it out and tried to hang on. Itwasa bestime by threeanda half seconds, so I'm really happy with it",

Coughlin's final count: 6 golds including Cal's winning $4 \times 100$ medley relay; 1 World and 2 American records.

Michael Phelps and Natalie Coughlin were not the only swimmers who made waves at Nationals; an exciting crop of youngsters coupled with veterans making their reemergence composed the rest of the story in Fort Lauderdale.

Rhiannon Jeffrey, a 15 -year-old from Delray Beach, Florida, took fourth in the 100 and 200 metre freestyles, posting times of 55.39 and 2:00.74
respectively. Her time in the 100 freestyle broke the National Age Grouprecord setbyChristina Swindleat the 2000 Olympic Trials. In both races, Jeffrey was dead last hitting the pads for the final 50 , but put together the fastest last 50 of anyone in the field to pass her rivals. With a couple more big races under herbelt anda fewmoreyears of experience, she could become America's go-to female sprinter.

Larsen Jensen, a 16 -year-old from Bakersfield, Califomia, had been having a great summer, and Nationals would beno exception. Jensen took fourth in the 400 metrefreestyle ( $3: 50.68$ ), and secondin the 1500 free, leading ErikVendtuntil thefinal 50 metres, touching in a time of 15:04.83. American distance swimming seems to have more depth top to bottom than ever before, and with swimmers like Jensen coming up to challenge the establishment, the US
last in the $B$ final, so it could be a changing of the guard in this event. With the Europeans and Australians getting ever quicker, it's a good time for Dusing to emerge.

Jenny Thompson, the pride of New Hampshire and themostdecoratedfemaleSummer Olympian in history, provedtoall thenaysayersthatshe'sdefinitely backwith a second-placefinish in the 100 m butterfly at 58.83 ( 58.58 prelim), and a fourth in the 100 m freestyle at 55.41 ( 55.30 prelim). "Not bad for eight weeks, huh?" laughs Thompson, who had only been swimming for two months prior to Nationals. The new, less muscular, more relaxed and excitable Thompson wasecstatic. "Ifeel asyoungasthetwo 13-year-oldsin myheathismoming. I'm havingagreat time and I had no idea I could go 58 on eight weeks of taining. I'm excitedforPan Pacs." With two years until Athens, and the examples set by Dara Torres and Franck Esposito that age is nothing but a number, Thompson could be in her best form in 2004 to increase her medal haul exponentially.

Other swims of note included Ed Moses' 100 breast win in 1:01.11, with his time from preliminariesof 1:00.42just 0.12 seconds off his American record, and in women's breaststroke, Amanda Beard's 200 time of 2.25 .35 tied her personal best and the time she swam to win bronze in the event at Sydney.

Maggie Bowen established herself as the women's IM specialist, winning both the 200 and 400 despitevalianteffortsby Gabrielle Rose in the 200, and
distance renaissance appears to be in great shape.
CircleC's NateDusing, 23, high school breakout starandcurrent200-yardIMAmerican recordholder, had been on Olympic teams in relays, but has had a hard time establishing himself in individual events overthepastfewyears. Dusing roseto the occasion in Fort Lauderdale, taking third in the 200 m IM with 2:01.37, secondin the 100 m freestylewith 49.54 , and uncorling a monster swim in the 200 m freestyle, winning in 1:47.08, a newUSOpen record andnotfar from the American record held by CircleCteammate Josh Davis (1:46.73). "I've been putting in a lot of hard work and things have been going right for me," saysDusing. "I lookedatmy competiion andI knew they were all good at the 400 . I know how to use my speed to get ahead, and I was just praying to God I couldholdon." American recordholderDavisinished


2000 Olympian Maddy Crippen, on the comeback trail, in the 400. Aaron Peirsol posted wins in the 100 and 200 backstrokes, with times of 54.01 and 1:56.21, and Lenny Krayzelburg, swimmingin his firstmajor meet since shoulder surgery, took silvers behind his younger rival in both events in times of 54.48 and 1:58.67. Jason Lezak also was a double champion, winningboth the50 (22.34) and 100 freestyles (49.19).

The meet results bode well for the United States, still reeling from their loss of the 2001 World Championships to Australia. Given the results of US Nationals, the Aussies will most definitely have to bring their best to Japan to defeat the US after a lacklustre Commonwealth Games performance, despite the imposing presence of Ian Thorpe. The rematch continuesatthePan PacificChampionships in Yokohama, Japan, August 24-29.

## 2002 US SUMMER NATIONALS

Fort Lauderdale, Aug 12-17 (50 M)
MEN
50 METRES FREESTYLE
1 22 34 Lezak
2 2२.35 Evin Anthony,81 22.55 Hall Gary,74 2२.58 McOrary Chris,81 22.78 Ciarla Aaron,78 २२.८0 Jones Bryan,78 22.89 Walker Neil,76 २२.96 Wochomurka Ryan,83

100 METRES FREESTYLE
49.19 Lezak Jason,75 49.54 Dusing Nate,78 49.56 Tucker Scott,75 49.90 Bal Randall,80 49.94 Walker Neil,76 50.25 Wochomurka Ryan,83 50.37 Brunelli Nicholas,82 50.37 Hannan Tommy,80

## 200 METRES FREESTYLE

1:47.08 Dusing Nate, 78
2 1:48.27 Keller Kete,82
3 1:48.90 Phelps Michael,85
4 1:49.09 Carvin Chad,74
5 1:49.23 Goldblatt Scott,79
6 1:49.37 Tucker Scott,75
7 1:49.42 Ketchum Daniel,81
8 1:50.46 LœJ Jeffrey, 81
400 METRES FREESTYLE
1 3:48.60 Keller Kete,82
2 3:49.89 Vendt Erik,81
3 3:50.21 Carvin Chad,74
4 3:50.68 Jensen Larsen,85
5 3:51.64 Oippen Francis,84
6 3:52.49 Malchow Tom,76
7 3:53.27 Tarwater Davis,83
8 3:54.52 Margalis Robert,82
800 METRES FREESTYLE
1 8:01.39 Cole John,82
2 8:03.17 Orippen Francis,84
3 8:08.23 Gimes James,79
4 8:11.47 Lochte Ryan,84
5 8:12.50 Suguiyama Yuri, 82
6 8:13.01 Mortimer Justin,82
7 8:14.61 Jaben Max,86
8 8:15.06 Jones Ben,80
1500 METRES FREESTYLE
1 15:03.49 Vendt Erik,81
2 15:04.83 Jensen Larsen,85
3 15:14.33 Thompson Chris,78
4 15:२2.04 Orippen Francis,84
5 15:25.29 Neligan Brendan,83
6 15:28.87 Cole John,82
7 15:31.74 Vanderkaay Peter,83
8 15:39.85 Tarwater Davis,83
100 METRES BACKSTROKE
54.01 Peirsol Aaron, 83
254.48 Krayzelburg Lenny,75
54.88 Bal Randall,80
55.23 Marshall Peter, 82
55.41 Walker Neil,76
55.57 Hunt Raymond, 82
55.60 Oramer Jayme,83 55.66 Westcott James D., 80

200 METRES BACKSTROKE
1:56.21 Peirsol Aaron,83
2 1:58.67 Krayzelburg Lenny,75
2:00.90 Hunt Raymond,82
2:00.99 Dolan Tom,75
2:01.00 Faltraco Joey,81
6 2:01.10 Wagner Luke,82

7 2:01.12 DeJong Chris,84 8 2:01.18 Staley Trent,82 100 METRES BREASTSTROKE
1:01.11 Moses Ed,80
2 1:01.43 Hansen Brendan,81
3 1:02.12 Gangloff Mark,81
4 1:02.20 Marrs Jarrod,75
5 1:02.73 Calhoun Patrick,80
6 1:02.96 Denniston David,78
7 1:03.23 Hackler Jeff,81
8 1:03.26 Brandt Wilson,83
9 1:05.41 Betts Justin,81
200 METRES BREASTSTROKE
1 2:13.05 Hansen Brendan,81
2 2:13.44 Moses Ed,80
3 2:14.56 Salyards Kyle,80
4 2:14.92 Quinn Walter S.,81
5 2:15.00 Vendt Erik,81
6 2:15.13 Denniston David,78
7 2:15.20 Gangloff Mark,81
8 2:15.63 Schurr Christian,85
100 METRES BUTTERFLY
51.88 Phelps Michael,85
52.30 Crocker lan,82
53.05 Hannan Tommy,80
53.53 Michaelson Benjamin,82
53.55 Haidinyak Andy,80
53.92 Abercrombie John,82 53.94 Oramer Jayme,83

8 54.51 Walker Neil,76
200 METRES BUTTERFLY
1 1:54.86 Phelps Michael, 85
2 1:55.82 Malchow Tom,76
3 1:58.46 Raab Michael, 82
4 1:58.94 Donnelly Eric,80
5 1:59.08 Mahaney Andrew, 82
6 1:59.75 Oramer Jayme,83
7 2:00.56 Kendrick Rainer, 83
8 2:00.59 Margalis Robert,82
200 METRES IND.MEDLEY
1:58.68 Phelps Michael, 85
2 2:01.07 Clements Kevin,80
3 2:01.37 Dusing Nate,78
4 2:01.52 Wilkens Tom,75
5 2:03.33 Galloway James,81
6 2:03.68 Donnelly Eric,80
7 2:03.73 Bruckart Joe,81
8 2:08.31 Crowder Robert,83
400 METRES IND. MEDLEY
4:11.09 Phelps Michael, 85
2 4:11.27 Vendt Erik,81
3 4:17.05 Wilkens Tom,75
4 4:18.59 Cements Kevin,80
5 4:20.62 Margalis Robert,82
6 4:22.85 Neligan Brendan,83
7 4:24.23 Shanteau Eric,83
8 4:24.28 Donnelly Eric,80
9 4:28.40 Nead Kevin,86
4X100 MEDLEY RELAY
3:38.37 ÓrcleCSwim
2 3:41.14 Auburn Aquatics
3 3:41.40 Novaquatics A
4 3:43.64 Trojan Swim Cub
5 3:45.67 ƠrcleCSwim B
6 3:46.08 North Baltimore
7 3:47.37 Stanford A
8 3:48.54 Tennessee Aquatics
4X100 FREE RELAY
3:20.68 Novaquatics A
2 3:23.39 GircleCSwim
3 3:23.41 Circle CSwim B
4 3:24.86 Sun Devils
5 3:26.90 Auburn Aquatics


Breaststroker Ed Moses won 100, with a
Oy Jariz Oyr/Newsport near record in semis of 1:00.42

6 3:27.95 Gator Swim Qub
7 3:28.36 Curl-BurkeA
8 3:28.83 Nova of Virginia
4X200 FREE RELAY
7:34.36 Minnesota Aquatic
2 7:35.63 San Ramon Valley
3 7:37.20 Tippecanoe
4 7:37.71 GircleCSwim
5 7:37.91 Novaquatics A
6 7:39.08 Gator Swim Cub
7 7:39.74 Ourl-Burke A
8 7:40.99 Fort Lauderdale A

## WOMEN

50 METRES FREESTYLE
1 25.48 Cope Haley,79
2 25.55 Thompson Jenny,73
25.59 Lanne Colleen,79
25.59 Stone Tammie,76
25.65 Correia Maritza,81
25.87 Swindle Christina,84
26.03 Weir Amanda,86
26.83 Joyce Karalynn,86

100 METRES FREESTYLE
54.66 Coughlin Natalie,82

2 54.94 Benko Lindsay,76
3 55.39 Jeffrey Rhiannon,86
55.41 Thompson Jenny, 73
55.50 Correia Maritza,81
55.78 Shealy Courtney,77
56.01 Swindle Christina,84
56.04 Lanne Colleen,79

200 METRES FREESTYLE
1 1:58.20 Coughlin Natalie,82
2 1:58.56 Benko Lindsay,76
3 2:00.62 Munz Diana,82
4 2:00.72 Jeffrey Rhiannon,86
5 2:01.19 Rose Gabrielle,77
6 2:01.38 Komisarz Rachel,77
7 2:01.45 Oven Rada,78
8 2:01.66 Lanne Colleen,79
400 METRES FREESTYLE
1 4:08.43 Munz Diana,82
2 4:10.40 Benko Lindsay,76
3 4:10.81 Hill Mary,85
4 4:12.04 Komisarz Rachel, 77
5 4:12.67 Peirsol Hayley,85
6 4:14.68 Hentzen Morgan,84
7 4:14.82 Kiel Alyssa,87
8 4:15.25 Mason Emily,82
800 METRES FREESTYLE
1 8:29.02 Munz Diana,82
2 8:30.92 Peirsol Hayley,85
3 8:39.24 Hentzen Morgan,84
4 8:40.64 Burke Rachel, 83
5 8:40.85 Binder Adrienne,85
6 8:41.69 Komisarz Rachel,77
7 8:41.99 Crippen Madeleine,80
8 8:43.72 Kiel Alyssa,87
1500 METRES FREESTYLE
1 16:29.16 Costella Lauren,85
2 16:36.86 Kiel Alyssa,87
3 16:46.74 Piper Carly,84
4 16:48.51 Burke Rachel,83
5 16:49.54 Green Meredith,82
6 16:50.55 Hutchinson Caire,87
7 16:53.62 Massengale Britta,86 8 16:57.18 Schmidt Rory,85

## 100 METRES BACKSTROKE

159.58 Coughlin Natalie,82

2 1:02.30 MacManus Diana,86
3 1:02.65 Shealy Courtney,77
4 1:02.71 Cope Haley,79
5 1:02.97 Reid Jamie,83
6 1:03.09 Farrell Maureen,83
7 1:03.24 Hoelzer Margaret,83
8 1:03.28 Botsford Beth,81
200 METRES BACKSTROKE
1 2:08.53 Coughlin Natalie,82
2 2:11.62 Reid Jamie,83
3 2:12.37 Hoelzer Margaret, 83
4 2:14.50 Farrell Maureen,83
5 2:15.43 Volcan Ein,83,VEN
6 2:15.53 Gettel Lauren, 84
7 2:15.59 Botsford Beth,81
8 2:16.23 Hayes Jessica,83
100 METRES BREASTSTROKE
1 1:08.53 Kowal Kristy,78
2 1:08.72 Quann Megan,84
3 1:08.75 Beard Amanda,81

## RATING SUMMARY OF TOP PERFORMANCES

| 1) | 1019 | 59.58 | 100 back W | Natalie Coughlin |
| :--- | ---: | ---: | ---: | :--- |
| 2) | 1013 | $4: 11.09$ | 400 IM M | Michael Phelps |
|  | 1013 | $1: 56.21$ | 200 back M | Aaron Peirsol |
| 4) | 1012 | $4: 11.27$ | 400 IM M | Erik Vendt |
| 5) | 998 | 52.30 | 100 fly M | lan Crocker |
| 6) | 994 | $1: 55.82$ | 200 fly M | Tom Malchow |
| 7) | 993 | 54.48 | 100 back M | Lenny Krayzelburg |
| 8) | 989 | $2: 25.35$ | 200 breast W | Amanda Beard |
| 9) | 987 | $1: 47.08$ | 200 free M | Nate Dusing |
|  | 987 | $1: 01.11$ | 100 breast M | Ed Moses |
| 11) | 985 | $1: 58.56$ | 200 free W | Lindsay Benko |

5 1:09.03 Kirk Tara,82
6 1:10.16 Roby Ashley,80
7 1:10.50 Cark Corrie,81
8 1:11.22 Kein Melissa,85
200 METRES BREASTSTROKE
1 2:25.35 Beard Amanda,81
2 2:26.30 Kowal Kristy,78
3 2:28.37 Kirk Tara,82
4 2:31.27 Quann Megan,84 2:31.32 Spann Alexandra,86
6 2:31.72 Kein Melissa,85
7 2:32.33 Clark Corrie,81
8 2:33.39 Hehn Keri,81
100 METRES BUTTERFLY
58.49 Coughlin Natalie,82

2 58.83 Thompson Jenny,73
59.28 DescenzaMary,85
59.80 Komisarz Rachel,77 59.81 Kirk Dana,84

6 1:00.08 Hoelzer Margaret,83
7 1:00.40 Goodwin Bethany,80
8 1:00.45 Catalano Shannon,82
9 1:01.68 Robinson Katherine,84
200 METRES BUTTERFLY
1 2:09.89 Descenza Mary,85
2 2:11.01 Kirk Dana,84
3 2:11.39 Mason Emily,82
4 2:12.47 Bassi Noelle,83
5 2:13.02 Axtell Andrea,86
6 2:13.04 Sandeno Kaitlin,83
7 2:13.14 Hoelzer Margaret, 83
8 2:13.75 Christianson Demerae,81
200 METRES IND.MEDLEY
2:14.07 Bowen Maggie,80
2 2:14.26 Rose Gabrielle,77
3 2:17.00 Cark Corrie,81
4 2:17.80 Davis Laura,84
5 2:17.96 Caverly Kristen,84
6 2:18.45 Kein Melissa,85
7 2:18.78 Daly Ashley,84
8 2:20.70 Mackey Nicole,84
400 METRES IND.MEDLEY
4:43.23 Bowen Maggie,80
2 4:43.75 Crippen Madeleine,80
3 4:45.81 Cassidy Andrea,82
4 4:47.52 Caverly Kristen,84
5 4:48.30 Peirsol Hayley,85
6 4:52.20 Houlton Molly,88
7 4:52.57 Reid Jamie,83
8 4:56.96 Costella Lauren,85
4X100 MEDLEY RELAY
4:07.78 California Aquatics
2 4:09.47 Novaquatics A
3 4:12.46 Tucson Ford
4 4:12.98 Auburn Aquatics
5 4:15.16 Seacoast Swim
6 4:16.22 De Anza Cupertino
7 4:17.46 Tualatin Hills
8 4:18.05 Lakeside ST
4X100 FREE RELAY
3:46.55 Novaquatics B
2 3:46.55 Texas AquaticsA
3 3:48.69 Auburn Aquatics
4 3:48.79 California Aquatics
5 3:49.86 De Anza Cupertino
6 3:50.38 Dallas Mustangs A
7 3:52.23 Pine Orest SC
8 3:52.25 CircleCSwim
4X200 FREE RELAY
1 8:12.२2 Auburn Aquatics
2 8:15.59 Novaquatics A
3 8:18.38 Lake ErieA
4 8:18.51 Dynamo Swim Oub
5 8:19.25 Dallas Mustangs A
6 8:19.57 Sun Devils
7 8:20.21 Arizona Desert Fox
8 8:20.40 LakesideST

## 50 m Breaststroke

41.69 ONJRPRVJULL CHANG,Michael,92,SCAR
41.88 ONHWACBJUN CHANG,Tony,91,BAD
42.62 ONJRPRVJUL LIEN,Anthony,92,TRENT
42.85 ABAGLCJUL DALEN,Christopher,92,CWC
42.97 ONJRPRVJUL KEUKEN,Jordan,91,OSAC
43.24 ONTPCPMAY SHIN,Cameron,91,CREST
43.33 BCKCSUUN CHRISTIE,Benjamin,91,WVOSC
43.53 ONTPCPMAY LETE, Jeremy,91,LAC
43.71 ONAACAPR TZVETANOV,Emil,91,CHAMP
1044.05 ONJRPRVJUL AGUECI,Daniele,91, VAC

100 m Breaststroke
1:31.70 ONJRPRVJUL LIEN,Anthony,92,TRENT
1:32.01 ONJRPRVJUL CHANG,Michael,92,SCAR
1:32.32 BCCDSCAPR GAVRIC,Marko,91,UBCD
1:33.40 ONTPCPMAY LETE,Jeremy,91,LAC
1:33.46 ONJRPRVJUL AGUECI,Daniele,91,VAC
1:33.72 ABAGLCJUL DALEN,Christopher,92,CWC
1:34.42 BCAAAINVJUN BROTZKY,Dennis,92,UBCD
1:34.90 ONHICKENMAY SHIN,Cameron,91,CREST
1:34.96 BCCDSCAPR NICOL,Marlow,91,UBCD
10 1:36.40 NSEASTCSTJUL FAUCHER,Jean-Michel,91,CNS
200 m Breaststroke
3:15.32 BCCDSCAPR GAVRIC,Marko,91,UBCD
3:15.35 ONJRPRVJUL LETE,Jeremy,91,LAC
3:16.01 BCAAAAGJUL BROTZKY,Dennis,92,UBCD
3:17.91 ONNKBMAY LIEW,Anthony,92,TRENT
3:19.55 BCCDSCAPR NICOL,Marlow,91,UBCD
3:20.97 ONJRPRVJUL CHANG,Michael,92,SCAR
3:21.12 ONJRPRVJUL AGUECI,Daniele,91,VAC
3:21.22 ABAGLCJUL DALEN,Christopher,92,CWC
3:22.17 ONJRPRVJUL GOLIAN,Michael,92,ESWIM
10 3:27.20 BCKCSUUN CHRISTIE,Benjamin,91,WVOSC
50 m Butterfly
34.79 ONJRPRVJUL HARDING,Grant,92,ROW
35.53 ABAGLCUUL WOLK,Karl,91,EKSC 36.08 ABAGLCJUL BLATTLER,Gregory,92,CASC 36.09 ONVICDAPR DESPOND,Frank,91,BAD 36.13 ABEKSCMAR KENDRICK,James,91,CASC ONJRPRVJUL TANG,Jack,92,HWAC 59 ONTPCPMAY HAWES,Graham,91,SCAR 36.64 ONLACMAY LOSHUSAN,Brandon,91,WAC 36.87 ABAGLCJUL HIBBERD,Steven,91,KSC 37.07 ONAACAPR RUBENCHIK,Daren,91,CHAMP

## 100 m Butterfly

1:21.04 BCAAAAGUUL CHU,Andy,91,UBCD
1:21.13 ONNYACMAY BASU,Arjun,93,COBRA
1:22.36 ONHICKENMAY LEE,Alex,91,CHAMP
1:23.83 BCAAAINVJUN GAVRIC,Marko,91,UBCD
1:24.38 ONLUSCMAY DESPOND,Frank,91,BAD
1:25.16 ONPOSDNAPR DIMITROV,David,91,MMST
1:25.62 ONAACAPR RUBENCHKK,Daren,91,CHAMP
1:25.74 ABEKSCMAR WOLK,Karl,91,EKSC
1:26.49 ONJRPRVJUL TANG,Jack,92,HWAC
10 1:26.74 BCISJUN MCDONALD,Joshua,92,PSW
200 m Butterfly
2:57.12 BCAAAAGJUL CHU,Andy,91,UBCD
3:07.86 ABSTSCJUN WOLK,Karl,91,EKSC
3:16.78 BCCDSCAPR RAE,Thomas,91,PSW
3:17.00 BCISJUN MCDONALD,Joshua,92,PSW
3:19.00 ONVICDAPR DESPOND,Frank,91,BAD
3:25.42 NBTMLCMAY BERRYMAN,Tyler,91,CVAC
3:41.51 ABSTSCJUN HIBBERD,Steven,91,KSC
3:43.09 ABSTSCIUN TOTH,Cameron,91,KSC
3:44.93 ONAACAPR BASU,Arjun,93,COBRA
10 3:45.29 BCKCSUUN TWOREK,Nicholas,91,OSC
200 m Ind. Medley
2:37.70 ONVICDAPR DESPOND,Frank,91,BAD
2:53.20 BCHYACKMAY GAVRIC,Marko,91,UBCD
2:55.59 ABAGLCJUL WOLK,Karl,91,EKSC
2:56.28 ONNYACMAY BASU,Arjun,93,COBRA
2:56.90 ABEKSCMAR KENDRICK,James,91,CASC
2:57.80 ONJRPRVUUL LETE,Jeremy,91,LAC
2:58.38 BCAAAAGUUL CHU,Andy,91,UBCD
2:59.48 ABAGLCJUL BLATTLER,Gregory,92,CASC
2:59.72 ONVICDAPR WER,lan,91,SKYAC
10 3:00.07 ABAGLCJUL NEWTON,Braeden,92,FMSC

## 400 m Ind. Medley

6:11.26 BCAAAINVJUN GAVRIC,Marko,91,UBCD
6:20.61 BCCDSCAPR NICOL,Marlow,91,UBCD
6:24.28 BCAAAAGJUL SMIT-ANSEEUW,Nils,91,PSW 6:26.78 BCAAAAGJUL CHU,Andy,91,UBCD 6:33.61 ONHICKENMAY ZIEIINSKI,Paul,91,MSSAC 6:41.33 BCCDSCAPR RAE,Thomas,91,PSW 6:41.90 NFSPRGSPAPR JONES,Cary,91,WSH 6:51.31 BCAAINVJUN OH,Jihyoon,92,LOSC 7:05.19 ABRDCSCJUN GRAY,Stuart,92,CP
10 7:15.54 ABNCSAMAY THORNLEY,Chad,91,CP

# 2002 LONG COUSSE TAGE 

GIRLS 10 \& Under
50 m Freestyle
31.07 ONJRPRVJUL GIMON, Tamara,91,BAD
31.38 ONNKBMAY RIORDAN,Hannah,91,CSL
31.62 BCISJUN ADAMSON,Kate,91,COMOX
31.63 ONLUSCMAY BOUCHARD,Dominique D,91,NSA
32.06 ONNEORAUUN MONTGOMERY,Shelby,91,LLBSC BCISUUN LOUWERS,Cassandra,91,NRST BCISJUN MITTERMAIER,Kate,91,PSW
ONNYACMAY BELL,Hilary,91,LSC
ABAGLCJUL MCGHEE,Pamela,91,UCSC
32.36 ONHICKENMAY CHERNAKK,Ali,91,TSC

## 100 m Freestyle

1:09.14 ONNKBMAY COUILLARD,Marie-Pier,91,REG
1:09.20 ONJRPRVVUL GIMON,Tamara,91,BAD
1:09.53 ONLUSCMAY BOUCHARD,Dominique D,91,NSA
1:10.56 BCISUUN LOUWERS,Cassandra,91,NRST
BCISUUN ADAMSON,Kate,91,COMOX
1:11.41 ONESWIMJUN BELL,Hilary,91,LSC
1:11.72 ONTPCPMAY SCHULTZ,Paige,91,CREST
$\begin{array}{ll}\text { 1:11.72 } & \text { ONTPCPMAY SCHULTZ,Paige,91,CREST } \\ \text { 1:12.24 } & \text { ABSTSCJUN MCGHEE,Pamela,91,UCSC }\end{array}$
1:12.33 ONTPCPMAY HARRICHARAN,Alisha,91,COBRA
1:12.85 ONWOSABJUN MOORE,Alex,91,BROCK

## 00 m Freestyle

2:29.64 PPOUUN COUILLARD,Marie-Pier,91,REG
2:31.44 ONLUSCMAY BOUCHARD, Dominique D,91, NSA
2:34.71 ONLUSCMAY GIMON,Tamara,91,BAD
2:35.16 BCISJUN LOUWERS,Cassandra,91,NRST
2:35.24 BCISUUN ADAMSON,Kate,91,COMOX
2:35.30 ABAGLCJUL MCGHEE,Pamela,91,UCSC
2:35.50 ONJPPRVJUL SCHULTZ,Paige,91,CREST
2:37.02 ONJRPRVJUL TREASURE, Vanessa,92,MSSAC
9 2:38.17 ONNKBMAY GERA,Janny,91,REG
10 2:39.65 ONNYACMAY BELL,Hilay,91,LSC
400 m Freestyle
5:24.41 BCISUUN LOUWERS,Cassandra,91,NRST 5:29.39 BCCDSCAPR PANET-RAYMOND,Chrissy,91,HYACK
5:30.32 ONJRPRVJUL TREASURE, Vanessa,92,MSSAC
5:30.50 BCISJUN ADAMSON,Kate,91,COMOX
5:37.35 ONJRPRVJUL SCHULTZ,Paige,91,CREST
5:37.42 NSDUNNJUN WILSON,Stephanie,93,SWAT
5:37.94 ABAGLCUUL MCGHEE,Pamela,91,UCSC
5:42.85 ONJRPRVJUL MCCASEY,Kirstyn L,91,OSHAC
5:43.31 ONCTLRGLCJUN EVANS,Bana,92,NYAC
10 5:43.79 ONJRPRVJUL CRAIG,Bekah,91,TD

## 800 m Freestyle

11:09.25 BCHYACKMAY PANET-RAYMOND,Chrissy,91,HYACK
11:24.35 BCISUUN LOUWERS,Cassandra,91,NRST 11:38.83 NSEASTCSTJUL WILSON,Stephanie,93,SWAT
11:39.70 NSEASTCSTJUL FRAPPIER,Jasmine, 91, CNS
12:01.16 ABNCSAMAY FLETCHER,Evangeline,91,ARR 12:22.83 ONHWACGUUN KING,Cassandra,92,HWAC 12:31.93 ABUCSCMAY MATTHENS,Deanna,92,EKSC BCISJUN CAMPBELL,Kira,91,RAC $\begin{array}{ll}\text { 12:34.34 } & \text { BCISUUN CAMPBELL,Kira,91,RAC } \\ \text { 12:53.01 } & \text { BCISJUN RIDENOUR,Stephanie,92,RAYS }\end{array}$ 0 13:04.10 BCISJUN JENSE,Shauna,92,SKSC 1500 m Freestyle

24:39.17 SKRYMMMAY PUFAHL,Alexis,91,GOLD
2 26:42.61 BCISUUN SMYTHIES,Lauren,92,LCSC

## 50 m Backstroke

36.51 ONJPPRVUUL GIMON,Tamara,91,BAD
38.03 ONJRPRVJUL EVANS,Elana,92,NYAC
38.65 SKRYMMMAY PUFAHL,Alexis,91,GOLD
38.95 ONNKBMAY COUTUREAleksandra,91,REG 39.04 ONTPCPMAY CAMERON, Eyssa,91,PCSC
39.56 ONCTLRGLCJUN WOZNIAK,Joanna,91,NYAC
39.72
39.78
39.78 ONJPPRVJUL MCCASEY,Kirstyn L.91, OSHAC
39.89 ONLACMAY JOHISTON A, 1, OSAC
40.09 ABAGLCJUL MCGHEE,Pamela,91,UCSC

100 m Backstroke
1:15.44 ONNKBMAY COUILLARD,Marie-Pier,91,REG
1:19.93 ONLUSCMAY BOUCHARD,Dominique D,91,NSA
1:20.00 ONJRPRVJUL GIMON,Tamara,91,BAD
1:20.87 NSDUNNJUN WILSON,Stephanie,93,SWAT
1:21.96 NSSPRINVAPR BROWN,Alex,91,TCSC
1:22.58 BCISJUN LOUWERS,Cassandra,91,NRST 1:23.36 BCISJUN ADAMSON,Kate,91,COMOX
1:23.62ONCTLRGLCJUN EVANS,Eana,92,NYAC
1:24.32 BCCDSCAPR PANET-RAYMOND,Chrissy,91,HYACK
1:25.00 ONNKBMAY COUTUREAleksandra,91,REG

## 200 m Backstroke

2:41.75 ONNKBMAY COUILLARD,Marie-Pier,91,REG 2:48.44 ONLUSCMAY BOUCHARD,Dominique D,91,NSA 2:52.40 NSEASTCSTJUL WILSON,Stephanie,93,SWAT 2:56.02 ONJRPRVJUL EVANS,Elana,92,NYAC 2:56.19 ONJRPRVJUL KASPER,Kirsten,91,NEW 2:58.39 BCHYACKMAY PANET-RAYMOND,Chrissy,91,HYACK 2:59.24 ONNKBMAY COUTUREAleksandra,91,REG 2:59.26 ABAGLCNUL MATTHEWS,Deanna,92,EKSC

## 100 m Breaststroke

1:24.68 BCAAAAGUUL LEE,Bora,91,UBCD
2 1:29.59 ONNKBMAY COUILLARD,Marie-Pier,91,REG
3 1:30.35 ONESWIMJUN BELL,Hilary,91,LSC
1:33.23 BCISUUN LOUWERS,Cassandra,91,NRST
1:33.53 ONJRPRVJUL KASPERKirsten,91,NEW
1:33.60 ONTPCPMAY DEBRUX,Valerie,92,BBF
1:34.18 ONTPCPMAY SCHULTZ,Paige,91,CREST
8 1:35.05 ABEXSTMAR DAKIN-KUIPER,Sierra,91,LASC
1 1:35.17 ABAGLCJUL MATTHENS,Deanna,92,EKSC
10 1:35.83 ONLACMAY ABRAMETZ,Rebecca,91,BOSC

## 200 m Breaststrok

3:04.21 BCAAAINVJUN LEE,Bora,91,UBCD
PPOUUN COUILLARD,MariePier,91,REG
3:13.71 ABAGLCJUL RYPIEN,Elizabeth,91,ASSA
3:13.91 BCISJUN LOUWERS,Cassandra,91,NRST
3:17.17 ABAGLCJUL MATTHEWS,Deanna,92,EKSC
3:17.48 ONJRPRVJUL KASPER,Kirsten,91,NEW
3:18.44 ABAGLCJUL DAKIN-KUIPER,Sierra,91,LASC
3:19.76 ONESWIMJUN SCHULTZ,Paige,91,CREST
3:21.05 ONESWIMJUN BELL,Hilary,91,LSC
10 3:22.42 NSDUNNJUN STEELE, Jacqueline,91,SWAT
> 34.49 PPOUUN GERA,Janny, 91, ,REG
34.99 ONAACAPR POLICHT,Julie,91,YORK
35.92 ONAACAPR BELL,Hilary,91,LSC
36.11 ONJRPRVJUL HARRICHARAN,Alisha,91,COBRA
36.41 ONJRPRVJUL HEARD,Kadeigh,91,PICK
36.60 ABAGLCJUL POLIQUIN,Rachelle,91,STSC
36.91 ONTPCPMAY LITLLEJOHN,Meagan,92,COBRA
37.18 ONROWMAY GIGNAC,Jenna,91,HWAC
37.31 ABSTSCJUN MCGHEE,Pamela,91,UCSC

## 100 m Butterily

1:17.53 ONNKBMAY COUILLARD,Marie-Pier,91,REG
1:21.44 ONNKBMAY GERA,Janny,91,REG
1:22.46 ONAACAPR POLICHT,Julie,91,YORK
1:23.05 ONJRPRVJUL HEARD,Kadeigh,91,PICK
1:23.88 ONJRPRVJUL HARRICHARAN,Alisha,91,COBRA
1:23.99 ABLEDUCMAY FLETCHER,Evangeline,91,ARR
1:24.38 ONLUSCMAY BOUCHARD,Dominique D,91,NSA
1:25.40 ONTPCPMAY HEBERT-TOIREASA,Joyce,92,PCSC
9 1:25.53 BCISUUN ADAMSON,Kate,91,COMOX
10 1:25.85 ONHHCKENMAY BELL,Hilary,91,LSC
200 m Butterfly
3:12.90 ABSTSCJUN FLETCHER,Evangeline,91,ARR
3:15.08 ABAGLCJUL ROSSI,Samantha,92,STSC
3:18.32 ONHWACGUUN HARRICHARAN,Alisha,91,COBRA
3:31.16 BCKCSUUN LAVOIE,Maura,91,0SC
3:35.22 ABSTSCJUN KREMER,Lori-Layne,93,OSC
3:39.41 ONVICDAPR ULIANA,Kendra,91,GMAC
3:58.33 BCAAAINVJUN DEVRIES,Lauren,92,UBCD
8 4:01.22 ABNCSAMAY GANO,Rebecca,91,SSC
9 4:01.76 ABSTSCJUN NEWMAN,Amanda,91,EKSC
10 4:03.30 BCISJUN SOLIS,Tatiana,91,IS
200 m Ind. Medley
2:38.90 ONVICDAPR GIMON,Tamara,91,BAD
2:51.18 PPOUUN COUILLARD,Marie-Pier,91,REG
2:52.70 BCISJUN LOUWERS,Cassandra,91,NRST
2:53.94 ONLUSCMAY BOUCHARD,Dominique D,91,NSA
2:55.32 ONTPCPMAY SCHULTZ,Paige,91,CREST
2:55.32 ONESWIMJUN BELL,Hilary,91,LSC
2:55.59 PPOUUN JEAN-LACHAPELLE,Marie Soleil,91,CAMO
2:58.64 BCHYACKMAY THORLAKSON,Hannah,91,COMOX
2:58.93 BCISUUN MITTERMAIER,Kate,91,PSW
10 2:59.74 BCISUUN ADAMSON,Kate,91,COMOX
400 m Ind. Medley
6:29.40 ONESWIMJUN KASPER,Kirsten,91,NEW
6:33.69 BCHYACKMAY PANET-RAYMOND,Chrissy,91,HYACK
6:34.58 BCAAAAGJUL LEE,Bora,91,UBCD
6:37.26 BCISJUN EPP,Lynsey,91,RAC
6:37.84 ABNCSAMAY FLETCHER,Evangeline,91,ARR
6:39.34 ONVICDAPR MCCASEY,Kirstyn L,91,OSHAC
6:45.87 ONHWACGJUN HARRICHARAN,Alisha,91,COBRA
6:57.10 BCISUUN BUNA,Brittany,92,IS
6:58.11 BCAAAINVJUN JENSEShauna,92,SKSC
10 7:13.34 BCAAINVUUN CATLIN,Courtenay,92,HYACK

## BOYS 11 Years of Age <br> \section*{50 m Frestyle}

27.57 PPOINVMAY BENOIT,Marc-Andre,90,CNSH
29.01 ONAACAPR YOON,Kyungsoo,90,NYAC
29.68 ONJPPRVUUL WANG,Kenneth,90,PHAC
29.82 ONJPPRVUUL BLOCH-HANSEN,Andrew,90,LAC
30.17 ONLACMAY LEE,Jimmy,90,WAC
30.22 PPOINVMAY LUTSCH,Curisis, 90, UCSA
30.27 ONJRPPRVULL RUBECCHK,Daren, 91, CHAMP
30.54 BCHYACKMAY MAYBURY,Braden, $90, C A S C$
30.72 BCAAAINVUUN CHAN,Hong Kei,90,UBCD
30.8
m Freestyle
1:04.52 ONJRPPVUUL WANG,Kenneth,90,RHAC
1:05.50 MBSKLCUUN WOODMAN,David,90,MANTA
1:05.81 ONJRPRVUUL RUBENCHK,Daren,91,CHAMP
1:05.95 MBSKLCUUN LOWENSTEIN,Michaze, 90, CASC
1:05.97 BCCDSCAPR KUDABA,Andre,90,HYACK
1:06.51 BCHYACKMAY MAYBURY,Braden,90,CASC
1:06.92 ONLACJUL BLOCH-HANSEN,Andrew,90,LAC
1:07.03 ONJPPRVUUL COOMBS,Colin,90,ESWIM
1:07.35 ONJPPRVJUL SAMUEL,CUutis,90,OAK
1:07.80 ONNYACMAY TOWNSEND,Andy,90,NYAC
200 m Freestyle
2:21.36 ONJPPPVUUL COOMBS,Colin,90,ESWIM
2:21.39 MBSKLCUUN MAYYURY,Braden,90,CASC
2:21.65 ONAACAPR YOON,Kyungsoo,9O,NYAC
2:22.40 ONLACMAY LEE,Jimmy,90,WAC
2:22.48 BCAAAAGULL DAGNALLCTrag.90,IS
2:23.10 QCAGUL BENOIT,Marc-Andre,90,CNSH
2:23.28 ABAGLCUUL LOWENSTEN,Michael, 90, CASC
2:24.38 QC2LCAPR THVIIERGE,Jean-Francois,90,REG
2:25.47 BCAAAAGULL GROSSMAN,Judd,91,PN
2:26.03 BCAAAAGULL CHAN,Hong Kei,90,UBCD
400 m Frestyle
4:51.58 PPOINVMAY LUTSCH,Curis,90,UCSA
4.52.32 ONESWIMUUN COOMBS,COlin,90,ESWIM

4:53.75 BCAAAAGULL DAGNALL,Craig.90,IS
4:56.42 ABAGLCJUL OLSON,Eiik,90,OSC
4.57.01 ABAGLCUUL MAYBURY, Braden,90,CASC

5:05.16 ONLACMAY LEE,Jimmy,90,WAC
5:05.83 BCAAAAGUL CHAN,Hong Kei,90,UBCD
5:06.17 BCAAAINVJUN CHAN,Hong Ting,90,UBCD 5:06.58 BCAAAAGULL GROSSMAN,Judd,91,PN 10 5:07.20 ONJPPRVUUL HATCH,David,91,GGST
800 m Freestyle
10:14.82 ABAGLCJUL OLSON,EEik,90,OSC
10:14.89 ABAGLCJUL MAYBURY,Braden,90,CASC
10:46.78 BCHYACKMAY MASSE-MARTE,Dominiquue,90,HYACK
10:49.41 ABAGLCJUL KREMER,Trace,91,OSC
10:52.40 ABAGLCJUL KENDRICK,James,91,CASC
11:04.86 BCHYACKMAY LEE,eft,90,HYACK
11:10.70 ABRDCSCUUN HCKEY,EVan,90,RDCSC
11:17.82 ABAGLCJUL BENNETT,Mathew,90,CASC
11:30.80 ABAGLCJUL KARPERREN,Matheev,91,CASC
10 11:32.28 ABAGLCJUL MORROW,Kyle,91,RDCSC

## 1500 m Freestyle

18:59.32 ONESWIMUUN COOMBS,Colin,90,ESWIM
19:18.67 BCAAAAGULL DAGNALL,Craq,90,IS
20:01.40 BCHYACKMAY CHAN,Hong Ting,90,UBCD
20:10.34 ONLACMAY HUBERT,COLin,90,CYPS
20:21.73 BCHYACKMAY LOWENSTEN,Michael, 90, CASC
20:31.89 MBSKLCuUN MAYBURY,Braden,90,CASC
20:35.19 BCAAAAGUL CHAN,Hong Kei, 90, UBCD
20:40.83 BCAAAGUL CAAUL ZAYED,Karg Kim,91,PCSC
20:44.72 ABUCSCMAY BULL,COIIN,90,BSSC
10 20:46.00 ABEKSCAPR OLSON,Eik,90,OSC
50 m Backstroke

$$
\begin{aligned}
& \text { Dachntuone } \\
& 33.35
\end{aligned} \text { ac3LCAPR BENOIT,Marc-Andre,90,CNSH }
$$

ONLACMAY LEE,Jimmy,90,WAC
34.72 MBSKLCUUN MAYBURY,Braden, $, 00, C A S C$ 34.79 ONJPPPRVULL BUCK,Evan,90,GMAC
35.49 PPOINVMAY LUTSCH,Curis,90,UCSA
35.84 ONJPPRPVULL LEEAlex,91,CHAMP
36.02 ONJRPRVUUL SWANSTON,Mathew,91,NEW
36.38 MBSKLCUUN ZEEBEN,Paker,90,PASS 36.63 ONJPPRVVULL DESPOND,Frak,911,BAD 36.73 ONJRPRVUUL BLOCH-HANSEN,Andrew,90,LAC

## 100 m Backstroke

1:10.42 ONDVITMAPR LEE.Jimmy,90,WAC
1:12.56 ABAGLCJUL LUTSCH,Curtis, 00, UCSC
1:13.35 BCAAAAGULL LEE, Jae Mo,91,HYACK
1:13.37 ONJPPRVUUL COOMBS,COIIn,90,ESWIM
1:13.79 ONJRPRVUUL BUCK,EVan,90,GMAC
1:14.69 ABAGLCJUL MAYBURYYBraden,90,CASC
1:14.80 ONNKBMAY THIVIERGE,Jean-Francois,90,REG
1:17.27 ONESWIMUUN LEEAAEx,91,CHAMP
1:17.43 ABEKSCAPR COWAN,Patrick,90,GOLD
1:17.74 BCCDSCAPR TAPP,Charie,90,LOSC

## 200 m Backstroke

2:31.46 ONDVITMAPR LEE,Jimmy,90,WAC
2:33.08 ABAGLCUUL LUTSCH,Curtis,90,UCSC
2:33.27 BCAAAAGULL LEE,Jae Mo,91,HYACK 2:34.64 ONJPPRVVULL COOMBS,COlin,90,ESWIM

2:37.28 ONJBPPVVUIL BUCK EIan OOGMAC 2:37.93 ABAGLCJUL MAYBURY,Braden,90,CASC 2:38.85 BCCDSCAPR KUDABA,Andre,90,HYACK
2:38.87 ABAGLCUUL LOWENSTEN,Michaed, 90, CASC
2:39.02 QC2LCAPR THIVIERGE,Jean-Francois,90,REG
10 2:42.70 BCHYACKMAY CHAN,Hong Ting,90,UBCD
50 m Breaststroke
${ }^{37.36}$ PPOINVMAY LUTSCH,Curis.90,UCSA
37771 ONJPPRVUUL CHU,Mathew,91,NYAC
37.72 PPOINVMAY BENOIT,Marc-Andre,90,CNSH

83 ONJPPPVUULL MONKS,Uulian,90,WD
39.38 ONJPPRVUUL PARTRIDGEDUncan,90,OAK
39.56 OCILCAPR PBELETIER-PLANTELuc-Oivie:,00,CAMO ONJPPRVUUL KNEZEVIC,Bogdan,91,ESWIM

QCAGULL HINSE,Jonathan, 90, ,RED ONJPPRVUUL KWONG,Clement,91,NYAC 40.96 ONJPPPVVULL BAXTER,Troy,91,NKB

100 m Breaststroke
1:20.64 ABAGLCJUL LUTSCH,Curtis,90,UCSC
1:24.66 ONJRPPVUUL MONKS,JUIian,90,WD
1:24.90 ONESWIMJUN KNEZEVIC,Bogdan,91,ESWIM
1:25.35 ONAACAPR YOON,Kyungsoo,90,NYAC
1:266.61 ONJPPPVVULL CHU,Mathew,91,NYAC
1:27.01 BCCDSCAPR CHAN,Hong Ting,90,UBCD 1:27.42ONCTLRGLCUUN JOOSTEN,Benadd,90,USC 1:27.66 ONJPPPVJULL WANG,Kenneth,90,RHAC $\begin{array}{ll}\text { 1:27.66 } & \text { ONJPPRVJUU WANG,Keneth,90,RHAC } \\ \text { 1:27.72 } & \text { ONNKBMAY THVIVRGE,Jean-Francois,90,REG }\end{array}$ 1:28.39 BCAAAAGUL GROSSMAN,Judd,91,PN

## 200 m Breaststroke

2:51.50 ABAGLCUUL LUTSCH,Curis,90,UCSC 3:02.72 ONJPPRVUUL KNEZEVC,Boodan,91,ESWIM 3:05.63 BCAAAAGUL CHAN,Hong Kei,90,UBCD 3:05.71 ONJRPRVUUL PATEAAUDEEGic,90,NEN 3:06.09 ONESWIMJUN MONKS,ULIIan,90,WD 3:06.09 ONJPPRVUUL WANG,Kenneth, 90, RHAC 3:06.28 BCCDSCAPR CHAN,Hong Ting,90,UBCD
3:07.80 ONJPPPVVULL CHU,Mathew,91,NYAC 3:09.62 ABAGLCJUL KREMER,Trace,91,0SC
10 3:10.04ONCTLRGLCUUN JOOSTEN,Bemad, 90, USO
50 m Butterfly
30.73 PPOINVMAY BENOIT,Marc-Andre,90,CNSH 30.90 ONAACAPR YOON,Kyyngsoo,90,NYAC 31.94 QC2LCAPR THVIERGE,Jean-Francois,90,REG 32.02 ABAGLCUUL NESSON,Eik,91,CASC 32.54 ONJJPPVVULL WANG,Kenneth,90,RHAC 33.03 ONJPPRVUULL BLOCH-HANSEN,Andrew,90,LAC 33.08 MBSKLCUUN LOWENSTEN,Michael,90,CASC 33.17 ONJPPRVUUL SAMUEL,Curis, 90,0 OK 33.39 ONLACMAY LEE,Jimmy,90,WAC
33.55 MBSKLCUUN BALDO,LLcas,91,GOLD

100 m Butterfly
1:09.28
ONAACAPR YOON,Kyungsoo,90,NYAC
2 1:12.20 BCCDSCAPR KUDABA,Andre,90,HYACK 1:12.37 ONNKBMAY THVIERGE,Jean-FFancois, 90, REG 1:13.26 ABAGLCJUL LOWEVSTEN,Michael,90,CASC BCISJUN DAGNALL,Craig,90,IS
1:13.99 ONJPPRVUUL WANG,Kenneth,90,RHAC
1:14.78 ONJPPRVJUL SAMUEL,Curtis,90,OAK
1:14.91 BCAAAAGULL CHAN,Hong Kei,90,UBCD
1:15.18 BCCDSCAPR CHAN,Hong Ting,90,UBCD
10 1:15.23 ABAGLCJUL NEESON,EEik,91,CASC

## 200 m Butterfly

2:41.26 ONNKBMAY THIVIERGE,Jean-Francois,90,REG
BCISUN DAGNALL.Craig.90,IS
2:46.08 ABEKSCMAR LOWELSTEN,Michael, 90, CASC
2:46.33 BCAAAAGULL CHAN,Hong Kei,90,UBCD
2:46.56 BCHYACKMAY CHAN,Hong Ting,90,UBCD
2:49.58 BCCDSCAPR KUDABA,Andre,90,HYACK
2:51.18 ONROWMAY COOMBS,COLin,90,ESWIM 2:53.61 NSEASTCSTJUL SHARPE,David,90,HTAC
2:55.14 BCCDSCAPR ZAYED,Karim,91,PCSC
10 2:57.94 ABAGLCJUL OLSON, Eiik,90,0SC
200 m Ind. Medley
2:32.58 ABAGLCJUL LUTSCH,Curtis,90,UCSC
2:33.21 ONVICDAPR SALTZEERRY,Steren,90,TAT
2:34.86 ONAACAPR YOON,Kyungsoo,90,NYAC
2:38.44 ONVICDAPR HUBERT,COIin,90,CYPS
2:38.54 ONDVUTMAPR LEE,Jimmy,90,WAC
2:38.75 ONVICDAPR BUCK, EVan,90,GMAC
2:42.08 ABAGLCJUL LOWENSTEN,Michael, $90, C A S C$
2:42.48 BCCDSCAPR KUDABA,Andre,90,HYACK
2:43.85 CCAGUL BENOIT,Marc-Andre,90,CNSH
10 2:44.87 BCAAAAGULL CHAN,Hong Kei,90,UBCD
400 m Ind. Medley
5:28.16 ABAGLCJUL LUTSCH,Curis,90,UCSC
5:39.00 ONLACMAY LEEJimmy,90,WAC
5:42.27 BCAAAAGULL LEE,Jee Mo,91,HYACK
5:42.33 ONESWIMJUN COOMBS,Colin,90,ESWIM
5:49.43 BCCDSCAPR KUDABA,Andre,90,HYACK
5:51.13 ABAGLCUUL LOWENSTEN,Michael,90,CASC
5.53.64 ABAGLCJUL OLSON,Eik,0,OSC

5:56.12 BCCDSCAPR TAPP,Charlie,90,LOSC
0 5:56.96 BCAAAAGULL DAGNALL,Crag.90,IS

## GIRLS 11 Years of Age

50 m Frestyle
29.78 ONJPPRVJUL MEVU-COUREY,Sasha,91,ESWIM
29.99 CCAGULL LETOURNEAU,Aurelie,91,ENC 30.07 BCAAAAGULL RYAN,Charlene,90,LLSC OCAGULL DUBOIS,edith,91,ENC 30.50 QCAGULL BERUBE,Marie Pierre.91,CNHR 30.62 ONLACMAY SLOAN,Patricia,90,NEN 69 NFAAALCMAY ANTONSEN,Ingrid,91,SUL ABAGLCUUL KELYY,Jessica,90,ASSA 30.93 BCAAAAGULL BOWMAN,Kimberly,91,PSW
30.94ONCTLRGLCJUN SWITZZ,,Jessica,90,MMST

## 100 m Freestyle

1:05.70 BCKCSUUN RYAN,Charlene,90,LLSC 1:06.18 ONLACMAY SLOAN,Patricia,90,NEW 1:06.58 ONESWIMJUN HAGAN,Naatie,90,ESWIM 1:06.71 ONJPPRVUUL RAINNGER,Chisisine,90,AAC 1:07.23 ONJPPRVUULL MENU-COUREY,Sasha,91,ESWIM 1:07.71 ABAGLCUUL PAPE,Robyn,90,NCSA 1:07.87 OWHICKENMAY MORGADO,Krista,90,MSSAC 1:08.25 ABAGLCJUL KELYY, Jessica,90,ASSA 1:08.71 MBSKLCUUN TRISCHUK,Bikia,90,GOLD
10 1:08.92 ONESWIMJUN FREEMAN,Anna,90,MSSAC

## 200 m Freestyle

2:19.70 ONDVITMAPR HAGAN,Nataie,90,ESWIM
2:22.73 QCAGUL SIMON,Stephanie,91,CALAC
2:24.76 ONLACMAY SLOAN,Patricia,90,NEW
2:25.34 QCAGULL BERUBE,Marie Pierre, 91, CNHR
2:25.85 ONESWIMUUN FREEMAN,Anna,90,MSSAC
2:26.57 NFAAALCMAY ANTONSEN,Ingrid,91,SUL
2:26.68 ONJPPRVUUL RAINNGER,Chisisine,90,AAC
2:27.04 ABAGLCJUL OLSON-HESLLER, Jessie, 00, UCSC
2:27.96 ONJPPRVUULL BOUCHARD,Dominique D,91,NSA
10 2:28.04 ONJPPRVUUL BROCKINGTON,Meghan L,91,OSHAC
400 m Freestyle
4:56.38 ONESWIMJUN FREEMAN,Anna,90,MSSAC
4:56.91 ONESWIMJUN HAGAN,Naatie,90,ESWIM
4:59.07 QCAGUL SIMON,Siephanie,91,CALAC
5:06.63 NSEASTCSTJUL ANTONSEN,Ingrid,91,SJL
5:07.51 CCAGULL BERUBE,Maie-Pieree,91,CNHR
QCAGUL HOGAN,Marianne,91,CNHR
ABAGLCJUL PAPE,Robyn,90,NCSA
BCISUUN RUFFOLO,Jovana, $90,1 \mathrm{IS}$

0 5:12.90 BCAAAAGULL HEMMES,Karen,90,CHENA

## 800 m Freestyle

10:12.69 ONESWIMUUN HAGAN,Natalie,90,ESWIM
10:14.30 QCAGUL SIMON,Stephanie,91,CALAC
10:33.47 ONHICKENMAY FREMAN,Anna,90,MSSAC
10:37.18 BCISUN RUFFOLO,Jovanna,90,IS
10:41.72 BCAAAAGULL HEMMES,Karen,90,CHENA
10:43.31 QCAGUL BERUBE,Maie-Pieree,91,CNHR
10:45.60 ONESWIMUUN ZWART,Christine,90,LAC
10:47.64 BCHYACKMAY NEWELL,Siobhan,91,HYACK
10:48.14 ONHWACGUN LESLIECCasey,90,HWAC
10 10:49.41 ONESWIMJUN SIMS,Kristina,90,LAC 1500 m Freestyle

22:32.47 SKRYMMMAY BUDZ,Mariee,90,GOLD
23:34.19 NFSPRGSPAPR GREEN,Samantha,90,GLSC
3 27:11.84 SKRYMMMAY TRAVES,Joanne,91,GOLD
4 30:15.16 SKRYMMMAY PENNINGTON,Asshey, $90, \mathrm{ROD}$
50 m Backstroke
34.34 QCAGULL FRANCIS,Dominique,90,ENC

QCAGULL SOUCISSE,Gabriele, $, 90, B B F$
35.27 ABAGLCUUL KELIY, Jessica,90,ASSA
35.44 ONJPPRVVUL BOUCHARD,Dominique D,91,NSA
35.59 ABEKSCMAR KELLS,JUlie,91,RDCSC
35.71 CC3LCAPR LETOURNEAU,Aurelie91,ENC
36.18 ONJPPRVUUL HARRIMAN,Amy, 90, HWAC

OCAGULL HADOUCHI,LIIIa,91,LSCON
QCCALACAPR SIMON,Stephanie,91, CALAC
36.65 ONJPPPVUULL CAMERON,Lindsay,90,LSC

## 100 m Backstroke

1:13.96 ONLUSCMAY DALLEY,Jennifer, $00, S S M A C$
1:14.88 NSEASTCSTJUL ANTONSEN,Ingid,91,SUL
1:15.52 ONJPPPVVUL HARRIMAN,Amy,90,HWAC
1:15.58 BCAAAAGUL RYAN,Charlene,90,LLSC
1:17.14 ONNEORAUN BOUCHARD,Dominique D,91,NBYT
1:17.60 ONJJPRRUULL MENU-COUREY,Sasha,91,ESWIM
1:18.03 ABAGLCJUL KELYY,Jessica,90,ASSA
1:18.14 ABNOPAPR KELLS,Julie,91,,RDCSC
1:18.21 ONPOSDNAPR SUTCLIFFEAYCe,90,BST
10 1:18.37 ONJPPPVJULL RANNNGER,Christine,90,AAC 200 m Backstroke

2:36.08 QCAGULL FRANCIS,Dominique,90,ENC 2:40.84 NSEASTCSTJUL ANTONSEN,Ingid,91,SJL 2:42.90 ONJPPRVUUL BOUCHARD,Dominique D,91,NSA 2:43.66 BCAAAAGUL RYAN,Charlene,90,LLSC 2:43.86 ONESWIMJUN FREEMAN,Ana,90,MSSAC 2:44.14 ONLUSCMAY DALLEY,Jennier, 00, SSMAC
2:44.16 ONHWACBUUN MENU-COUREY,Sasha,91,ESWIM

## 5 m Breaststroke

37.19 MBSKLCUUN KURCWAL,Megan,90,BRSA
37.25 ONJJPPRUULL PITCHIK,Helen,90,TSC
38.36 OCAGULL LONG,Karolyn,91,DDO
38.86 ONJRPRVUUL RUSSELL,Kisti,90,MAC
38.99 ABEKSCMAR KURWAL,Megan,90,KSC
39.05 ABEKSCMAR ACHTYMICHUK,Madisyn,90,ALB

QCAGULL DUBOIS,Edith,91,ENC
39.45 ONJPPRVVULL GALWAY,Samantha,91,NYAC
39.72 ONJPPPVUUL DAKERS, Kaylee, 91, COBRA
39.95 ONJRPPVVULL PIERMAN,Kayla,90,PERTH

100 m Breaststroke
1:23.10 ONJPPRVUUL SWITZER,Jessica,90,MMST
1:23.12 MBSKLCJUN KURCWALLMegan,90,BRSA
1:24.28 ONJPPPRVULL PITCHK,Helen,90,TSC
1:25.62 ONJPPRPVULL MACDONALD,Stacey,90,GO
1:26.04 ONJPPRVUUL RUSSELL,Kristi,90,MAC
1:27.25 ONHICKENMAY MORGADO,Krista,90,MSSAC
1:27.75 ABAGLCJUL VINCENT,Nicole,90,0SC
1:27.99 ONNEOPAUUN BUJOLD,Meyan,90,TTSC
1:28.12 ONESWIMUUN MENU-COUREY,Sasha,91,ESWIM
10 1:28.38 ONJRPRVUUL PIERMAN,Kayla,90,PERTH
200 m Breaststroke
2:56.79 ONJPPPVUUL SWITZER,Jessica,90,MMST
2 3:01.50 QCAGULL SOUCISSEGabrielle,90,BBF
3:01.98 ONNKBMAY MACDONALD,Stacey,90,GO
3:02.22 ONHCKENMAY MORGADO,Krista,90,MSSAC
3:02.57 ONJPPRVVULL PITCHIK,Helen,90,TSC
3:03.35 ONJPPRVUUL RUSSELL,Kristi,90,MAC
3:03.81 MBSKLCJUN KURCWAL,Megan,90,BBSA
8 3:04.21 ONJPPRVVUL MENU-COUREY,Sasha,91,ESWIM
9 3:04.67 BCAAAAGUL JONES,Hannah,90,LOSC
10 3:05.53 PPOINYMAY HOGAN,Marianne,91,CNHR
50 m Butterfly
31.29 OCAGULL FRANCIS,Dominique,90,ENC
ONJPPPVUII RANIN
32.43 ONJAPPVJUL RAININGER,Chisitine,90,AAC
32.81 OCCALACAPR SIMON,Stephanie,91,CALAC
33.62 PPOINVMAY LETOURNEAU,Aurelie,91,ENC
33.78 QCZLCAPR PROVOST,Caroline,91,CNHR
33.80 PPOINVMAY DUBOIS,Edith,91,ENC
33.82 ONJIPPRVUULL BROCKINGTON,Meghan L.91,OSHAC
34.00 ONJPPRVUUL SOERO, Danielle,90,MSSAC
34.17 ABAGLCUUL KELYY,Jessica,90,ASSA
1034.23 MBSKLCJUN CHERNOFF,Kendra,91,LASER

## 100 m Butterify

1:14.00 ONESWIMUUN HAGAN,Natale,90,ESWIM
1:14.19 ONJPPRVJUL RAANINGER,Chrisitin,90,AAC
1:14.93 ONJPPRVUUL BROCKINGTON,Meghan L,91,OSHAC 1:15.27ONCTLRGLCJUN WESE,Chelsea,90,RHAC 1:15.91 ONESWIMJUN POLCHT,,JUIie,91,YORK 1:17.02 ONNEOPAJUN BUJOLD,Megan,90,TSC
1:17.52 ABAGLCJUL KUNYK,Pamela,90,EKSC
1:17.62 BCAAAAGULL BOWMAN,Kimberly,91,PSW
1:17.65 SKRYMMMAY CHERNOFF,Kendra,91,LASER
10 1:19.07 ONJHPPVVULL BALLEY,Mandy Jayne,90,RISC

## 200 m Butterily

2:45.46 ONESWIMUUN HAGAN,Nataie,90,ESWIM
2.51.30 ONESWIMJUN BROCKINGTON,Meghhan L,91,OSHAC

2:53.96 ONHWACGUN LESLIECasey,90,HWAC
2:54.32 ONLUSCMAY BUJOLD,Megan,90,TTSC
2.54.33 BCAAAAGULL JONES,Hannah,90,LOSC

2:54.55 ONCTLRGLCDUN SWITZER, Jessica,90,MMST
2:56.18 BCAAAAGULL RUFFOLO,Jvvanna,90,IS
2:56.53 ABAGLCUUL KUNYK,Pamela,90,EXSC
9 2.58.68 BCISUUN LANDOLT,Shawnee,90,|S
10 2.59.12 BCAAAAGUL HEMMES,Kren, 90, CHENA
200 m Ind. Medley
2:40.56 OCAGULL SOUCISSEGabriele, 90, BBF
2:42.42 BCAAAAGULL HEMMES,Karen,90,CHENA
3 2:42.55ONCTLRGLCUUN SWITZER, Jessica,90,MMST
2:43.50 NITSCMAY HAGAN,Nataie,90,ESWIM
2:46.30 ONJPPPVUUL MENU-COUREY,Sasha,91,ESWIM
2:46.59 QCAGUL SIMON,Stephanie,91,CALAC
2:46.74 NFAAALCMAY ANTONSEN,Ingrid,91,SJL
2:47.35 PPOINVMAY BERUBEMaie-Piere, 91, CNHR
2:47.38 ONJRPRVUUL BUJOLD,Megan,90,TSC
10 2:47.84 QCAGUL FRANCIS,Dominique,90,ENC
400 m Ind. Medley
5:44.11 BCAAAAGULL HEMMES,Kren,90,CHEVA QCAGULL SOUCISSEGabielle, $90, B B F$
5:46.21 QCAGUL SIMON,Stephanie,91,CALAC
5:48.01 ONROWMAY HAGAN,Nataie,9O,ESWIM
5:48.90 BCAAAAGUL RUFFOLO, Jovanna,90,1S
5:51.42 ONHICKENMAY MORGADO,Krista,90,MSSAC

# 2002 LONG COURSE TAG. 

## BOYS 12 Years of Age <br> m Freestyle

26.94 NISTARJUL BROWN,Alex,89,DUCKS
27.98 NSSPRINVAPR VAUGHAN,Parker,89,DCSC
28.38 QCAGJUL OCHIAI,Jason,90,DDO
28.56 BCHYACKMAY MAXEY,Taylor A,89,CASC
28.61 QCAGJUL BUJOLD,Frederick,90,LSNR
28.81 BCHYACKMAY MANOLOVIC-KOLARSKI,Mirko,89,UBCD
28.89 ONNYACMAY LIU,Yi,89,NYAC
28.92 NSEASTCSTJUL PENNEY,Jason H,89,WW 28.96 ONDV2TMAPR KIKOT,Luke,89,ODSC 29.01 QCAGUUL RUTHERFORD,Jason,89,RED 100 m Freestyle

1:00.95 ONESWIMJUN BROWN,Alex,89,DUCKS 1:02.87 ABEKSCAPR TANNINEN,Christopher,89,EKSC 1:03.16 BCHYACKMAY MANOLLOVIC-KOLARSK1,Mirko,89,UBCD 1:03.27 ONJRPRVJUL YOON,Kyungsoo,90,NYAC 1:03.34 NSSPRINVAPR VAUGHAN,Parker,89,DCSC 1:03.43 BCHYACKMAY MAXEY,Taylor A,89,CASC 1:03.91 ONNYACMAY ROSS,Daniel, 89, NYAC
1:03.98 ABEKSCAPR MIAZGA,Colin,89,SK
1:04.10 ONNKBMAY PELLEIIER-BERNIER,FTrederic,89,REG 1:04.20 BCAAAAGULL ASPINALL,Kelly,89,RAC
200 m Freestyle
2:17.69 QCAGJUL OCHIAI,Jason,90,DDO
2:17.75 ONLUSCMAY ROSS,Daniel,89,NYAC 2:18.23 ONROWMAY SUMMERHAYES,Zach,90,RISC 2:18.43 ONJRPRVJUL YOON,Kyungsoo,90,NYAC 2:18.63 NSSPRINVAPR VAUGHAN,Parker,89,DCSC 2:18.64 BCCDSCAPR MANOLOVIC-KOLARSKI,Mirko,89,UBCD 2:18.70 ABEKSCMAR TANNINEN,Christopher,89,EKSC 2:19.05 ONESWIMJUN PELLETIER-BERNIER,Frederic,89,REG 2:19.25 QCAGJUL KNOWLES,Jonathan,90,CALAC 2:19.54 ONNYACMAY LIU,Yi,89,NYAC
400 m Freestyle
4:51.42 ONJRPRVJUL YOON,Kyungsoo,90,NYAC 4:52.50 ONCTLRGLCJUN ROSS,Daniel,89,NYAC
4:53.12 ONJRPRVJUL WILLIS,Alexander, $89, G 0$ 4:54.11 ABEKSCMAR TANNINEN,Christopher,89,EKSC 4:54.42 BCAAAAGUUL MANOLLOVIC-KOLARSKI,MII Mo, 89, UBCD 4:54.65 ONESWIMJUN LAMOUREUX-AUCLAIR,Antoine,89,REG 4:54.66 QCAGUUL BIELBY,Steven,90,PCSC
4:55.70 ONESWIMJUN JOHNSON,Alexander,89,CREST 4:56.80 PPOINVMAY FUMERTON,Bryan,89,USC 4:56.94 ONROWMAY SUMMERHAYES,Zach,90,RISC 800 m Freestyle

9:58.60 BCHYACKMAY MANOLLOVIC-KOLARSKI,Mirko,89,UBCD
10:08.71 NSSPRINVAPR VAUGHAN,Parker,89,DCSC
10:19.92 BCCDSCAPR SAVIJA,Demijan,89,UBCD
10:30.13 ABAGLCJUL HAGEN,Kiefer,89,0SC
10:35.12 BCISJUN VIZSOLYI,David,89,IS
10:36.44 ABAGLCJUL FISCHBUCH,Michael,89,KSC
10:40.01 ABAGLCJUL FREEMAN,Keilan,90,CP
10:44.80 BCHYACKMAY HUI,Terence,89,UBCD
10:45.85 ABAGLCJUL LI,Patrick,89,CASC
10 10:47.26 ABAGLCJUL BULL,Colin,90,EKSC

## 1500 m Freestyle

18:52.98 ONCTLRGLCJUN ROSS,Daniel,89,NYAC
2 19:06.98 ABEKSCAPR TANNINEN,Christopher,89,EKSC
3 19:16.50 BCCDSCAPR MANOLOVIC-KOLARSKI,Mirko,89,UBCD
19:18.62 QCAGJUL ALIEJulien,90,DDO
19:24.22 ONJRPRVJUL WILLIS,Alexander,89,G0
19:33.17 QCAGJUL BIELBY,Steven,90,PCSC
19:37.14 ONESWIMJUN YOON,Kyungsoo,90,NYAC 19:39.20 BCCDSCAPR SAVIJA,Demijan,89,UBCD
19:40.87 BCHYACKMAY RED,Shane,89,HYACK
10 19:41.38 ONJRPRVJUL TCHOUGAINOV,Feodor,90,ESWIM

## 50 m Backstroke

32.31 MBSKLCJUN JOHNSON,Alexander,89,MM ONLACJUL LEE,Jimmy,90,WAC 33.41 ABEKSCMAR MAXEY,Taylor A,89,CASC
33.92 SKRODJUN MIAZGA,Colin,89,GOLD
34.05 QCAGUUL RUTHERFORD,JJason,89,RED
34.16 QC2LCAPR PEILETIER-BERNIER,Frederic,89,REG
34.28 QCCALACAPR PEPELEA,Cedric-Dan,89,PCSC 34.32 NISTARJUN VANMOERKERKE,Luke,89,TAT 34.43 ABAGLCJUL DRIEDGER,Adam,90,CASC 34.60 ONNYACMAY LAUGHLIN,Gregory,89,AAC

## 100 m Backstroke

1:09.21 ONJRPRVJUL LEE,Jimmy,90,WAC
1:10.68 BCAAAAGUUL KUDABA,Andre,90,HYACK
1:11.39 ONJRPRVJUL LAUGHLIN,Gregory,89,AAC
1:11.81 ONJRPRVJUL GFROERER,Conor,89,ROW
1:12.78 SKRODJUN MIAZGA,Colin,89,GOLD
1:12.82 ONNKBMAY PELLEIIER-BERNER,Frederic,89,REG
1:12.88 ABEKSCAPR HENE,Gordon,89,EXST
1:13.42 ONJRPRVJUL BROWN,Alex,89,DUCKS
1:13.58 BCHYACKMAY MAXEY,Taylor A,89,CASC
1:13.67 BCCDSCAPR BIELBY,Steven,90,PCSC

## 200 m Backstroke

m Backstroke
2:30.95 ONJRPRVUUL LEE,Jimmy,90,WAC
2:33.05 BCAAAAGULL KUDABA,Andre,90,HYACK
2:33.52 ONAACAPR FUMERTON,Bryan,89,USC
2:34.27 ABEKSCAPR MIAZGA,Colin,89,SK

| 5 | 2:35.36 | QC2LCAPR PELLEIIER-BERNERRFFrederic,89,REG |
| :---: | :---: | :---: |
| 6 | 2:35.48 | QCAGULL KNOWLES, Jonathnn,90,CALAC |
| 7 | 2:35.99 | QC1LCAPR MAROIS,Frederic,89,ULAV |
| 8 | 2:36.69 | ONUPPPVUUL WILLIS,Alexander,89,GO |
| 9 | 2:37.41 | ONJPPRVUUL LAUGHLIN,Gregor, $89, A A C$ |
| 10 | 2:38.04 | QCAGULL BIELBY,Steven,90,PCSC |
| 50 m Breaststroke |  |  |
| 1 | 36.67 | QCAGJUL KASPRZYCKI,Jan,89,DDO |
| 2 | 36.89 | ONROWMAY WOODHALL, Derek,89,ROW |
| 3 | 37.37 | QCAGUUL OCHIAI,Jason,90,DDO |
| 4 | 37.66 | MBSKLCUUN LOYOLA,Mathew,90,BRSA |
| 5 | 37.76 | ONROWMAY DICRESCE,Jordan,89,RHAC |
| 6 | 37.92 | OCAGULL LBLANC,Mathieu,90,ELITE |
| 7 | 37.96 | QC2LCAPR LAMOUREUX-AUCLAR,Antione,89,REG |
| 8 | 38.09 | ABAGLCJUL TSO,Kell,90,LASC |
| 9 | 38.10 | ONROWMAY SUMMERHAYES,Zach,90,RISC |
| 10 | 38.11 | QCAGULL BUJOLD,Baiste, 89,MEGO |
| 100 m Breaststroke |  |  |
| 1 | 1:17.68 | ONJPPRVUUL WOODHALL,Derer,89,ROW |
| 2 | 1:20.340 | ONCTLRGLCJUN LEUNG,Eic, 89,RHAC |
| 3 | 1:20.34 | ONJPPRVUUL TCHOUGAINOV,Feodor,90,ESWIM |
| 4 | 1:20.50 | ONNKBMAY LAMOUREUX-AUCLARAAntoine,89,REG |
| 5 | 1:20.72 | ONJRPPVUUL SUMMERHAYES,Zaah,90,RISC |
| 6 | 1:21.72 | BCAAAAGUUL NG, Jusiin,90,UBCD |
| 7 | 1:21.80 | ABEXSCAPR MIAZGA,Colin,89,SK |
| 8 | 1:22.03 | ONDV1TMAPR BURN, Richard,89,NYAC |
| 9 | 1:22.24 | BCAAAAGULL LAI,Michael,90,DYNA |
| 10 | 1:22.72 | BCAAAINVUUN MANOLLOVC-KOLABSK1,Mirk, 89,UBCD |
| 200 m Breaststroke |  |  |
| 1 | 2:47.03 | QCAGULL LAMOUREUX-AUCLAR,Antione,89,REG |
| 2 | 2:47.75 | ONJPPRVUUL WOODHALL,Derek,89,ROW |
| 3 | 2:49.89 | ONESWIMUUN TCHOUGA1NOV,Feodor,90,ESWIM |
| 4 | 2:49.93 | ONJRPRVUUL SUMMERHAYES,Zaah,90,RISC |
| 5 | 2:51.84 | ONJPPRVUUL LIU,Yi, $89, \mathrm{NYAC}$ |
| 6 | 2:54.63 | BCAAAAGULL LA,Michael,90,DYNA |
| 7 | 2:55.01 | BCAAAAGULL NG, Jusini,90,UBCD |
| 8 | 2:55.05 | OCAGULL OCHAA,Jason, $90, D D O$ |
| 9 | 2:57.08 | BCAAAINVUUN MANOLOVVC-KOLABSK1,Miko, 89,UBCD |
| 10 | 2:57.77 | ONDV1TMAPR BURN,Richard,89,NYAC |
| 50 m Butterily |  |  |
| 1 | 31.08 | QCAGULL BUJOLD,Frederic, 90,LSNR |
| 2 | 31.36 | ONAACAPR LIU,Yi,89,NYAC |
| 3 | 31.89 | ABEKSCMAR MAXEY,Taylor A,89,CASC |
| 4 | 32.69 | PPOINVMAY BEEANGER, لerome,90,DYNAM |
| 5 | 32.87 | ABAGLCULL PORRAS,Andres, 89, UCSC |
| 6 | 33.02 | QCCALACAPR KNOWLES,Jonathan,90,CALAC |
| 7 | 33.03 | QC1LCAPR ALIE,Julien,90,DDO |
| 8 | 33.12 | ABEKSCMAR TANNNEN, Christopher,89,EKSC |
| 9 | 33.19 | PPOINYMAY KASPRZYCKI,Jan,89,DDO |
| 10 | 33.24 | QC1LCAPR TATIGIAN,Michael, $90, \mathrm{PCSC}$ |
| 100 m Butterily |  |  |
| 1 | 1:08.17 | ONJPPPRVULL YOON,Kyyngsoo,90,NYAC |
| 2 | 1:08.31 | ONESWIMUUN LIU,Yi,89,NYAC |
| 3 | 1:09.57 | BCAAAAGUL KUDABA,Andre,90,HYACK |
| 4 | 1:11.79 | BCAAAAGULL HUl,Terence, 89,UBCD |
| 5 | 1:11.85 | ONNKBMAY PELLEIIER-BERNER,Frederic,89,REG |
| 6 | 1:12.27 | BCHYACKMAY MAXEY,Taylor A,89,CASC |
| 7 | 1:12.32 | ABAGLCULL PORRAS,Andres,89,UCSC |
| 8 | 1:12.72 | BCAAAAGULL VIISOLYI,David,89,1S |
| 9 | 1:12.78 | ONPNTLNAPR MURZENKO,Oleg,89,ESWIM |
| 10 | 1:12.79 | ABEKSCAPR TANNINEN,Christopher,89,EKSC |
| 200 m Butterlly |  |  |
| 1 | 2:27.34 | ONJRPRVUUL LIU,Yi,89,NYAC |
| 2 | 2:34.78 | BCAAAAGUL KUDABA,Andre,90,HYACK |
| 3 | 2:35.41 | BCAAAAGULL VIISOLY1,David,89,1S |
| 4 | 2:37.73 | ONDV1TMAPR YOON,Kyungsoo,90,NYAC |
| 5 | 2:41.48 | ONDVITMAPR FUMERTON,Bryan,89,USC |
| 6 | 2:41.50 | ONDV1TMAPR MURZENKO,Oleg,89,ESWIM |
| 7 | 2:43.23 | ONROWMAY TCHOUGAANOV,Feodor,90,ESWIM |
| 8 | 2:43.49 | ONNKBMAY PELLEITER-BERNER,Frederic,89,REG |
| 9 | 2:44.76 | ONNKBMAY LAMOUREUX-AUCLARR,Antoine,89,REG |
| 10 | 2:46.56 | ABAGLCUUL AU,Joshua,90,FMSC |
| 200 m Ind. Medley |  |  |
| 1 | 2:26.42 | OWVICDAPR STEMMLER,Ryan,89,CYPS |
| 2 | 2:28.48 | ONVICDAPR FORD,Andrew,89,GMAC |
| 3 | 2:30.89 | ONJPPRVUUL LIU,Yi, 89,NYAC |
| 4 | 2:33.85 | ONIPPRVUUL YOON, Kyungsoo,90,NYAC |
| 5 | 2:34.61 | ONJPPRVUUL WOODHALL,Derer, 89, ROW |
| 6 | 2:34.68 | OC2LCAPR PELLEIER-BERNER,Frederic,89, CEG |
| 7 | 2:35.02 | ONJRPPVUUL SUMMERHAYES,Zaah,90,RISC |
| 8 | 2:36.14 | QCAGUUL LAMOUREUX-AUCLARR,Antoine,89,REG |
| 9 | 2:36.62 | BCAAAAGULL HUl,Terence,89,UBCD |
| 10 | 2:37.50 | QC3LCAPR KNOWLES, Jonathan,90,CALAC |
| 400 m Ind. Medley |  |  |
| 1 | 5:19.81 | ONJPPRVJUL LIU,Yi, 89,NYAC |
| 2 | 5:21.18 | ONJRPPVJUL SUMMEPHAYES,Zach,90,RISC |
| 3 | 5:24.80 | QCAGULL LAMOUREUX-AUCLARR,Antoine,89,REG |
| 4 | 5:29.22 | ONESWIMJUN YOON,Kyungsoo,90,NYAC |
| 5 | 5:30.47 | ONESWIMJUN TCHOUGAINOV,Feodor,90,ESWIM |
| 6 | 5:30.53 | ONJPPRVUUL LEE,Jimmy,90,WAC |
| 7 | 5:30.58 | QCAGULL KNOWLES, Jonathan,90,CALAC |
| 8 | 5:32.88 | ONJPPRVUUL WOODHALL, Derek, $89, \mathrm{ROW}$ |
| 9 10 | 5:36.56 5:37.29 | BCAAAAGJUL KUDABA,Andre,90,HYACK QCAGUUL BIELBY,Steven,90,PCSC |

GIRLS 12 Years of A
50 m Freestyle
28.39 SKRODJUN ROBSON,Brittany,89,LASER
29.41 QCAGJUL BLAIS-LAROCHESarah,89,RCA
29.44 QCECUPJUL GALLANT,Natalie,89,TO
29.48 ABEKSCAPR POMERLEAU,Kristin D,90,DE
29.50 NSEASTCSTJUL MURRAY,Laura,90,SUL
29.55 ONDV1TMAPR KIM,Miriam,89,TSC
29.58 MBSKLCJUN STODDART,Stephanie,90,BRSA
29.58 ONJRPRVUULL NELL,Hayley,89,LAC
29.70 ONDV2TMAPR GILLISPIE,Lisa,90,PERTH
29.70 BCAAAAGJUL SALLI,Rachelle,89,LOSC

## 100 m Freestyle

1:03.12 ONNYACMAY MCKINNON,Kaleigh,90,NYAC
1:03.27 NSEASTCSTJUL MURRAY,Laura,90,SJL
1:03.86 ABAGLCUUL OZAR,Brittany,90,CASC
1:04.03 ABEKSCAPR POMERLEAU,Kristin D,90,DE-
1:04.31 MBSKLCJUN ROBSON,Brittany,89,LASER
1:04.43 BCAAAAGUUL MURTON,BeCca,90,UBCD
1:04.47 BCAAAAGULL SALLI,Rachelle,89,LOSC
1:04.56 ONHICKENMAY KIM,Miriam,89,TSC
1:04.66 ONJRPRVJUL PAYNE,Chantique,89,BRANT
1:04.71 ONJRPRVJUL GALLANT,Natalie,89,COBRA

## 200 m Freestyle

2:15.42
QCAGUUL BLAIS-LAROCHE,Sarah,89,RCA
2:15.79 NSEASTCSTJUL MURRAY,Laura,90,SJL
2:17.16 QCECUPJUL MCKINNON,Kaleigh,90,NYAC
2:17.59 MBSKLCJUN ROBSON,Brittany,89,LASER
2:17.82 BCAAAAGJUL CREPNJAK,Jessica,89,PSW
2:18.24 OC3LCAPR MURRAY,Caroline,90,DYNAM
2:18.48 ONJRPRVJUL LONG,Susan,89,LAC
2:18.58 ABAGLCJUL MORTON,Lindsay,89,OSC
$\begin{array}{ll}\text { 2:18.58 } & \text { ABAGLGSUL MORTON,LIndsay,89,0SC } \\ \text { 2:8NKBMAY GILLESPIE,Lisa,89,PERTH }\end{array}$
10 2:18.85 MBSKLCJUN NESBITT,Diane,89,BRSA

## 00 m Freestyle

4:40.74 BCSRLCFEB CHAN,Natalie,89,UBCD 4:40.84 ONJRPRVJUL MCKINNON,Kaleigh,90,NYAC 4:43.99 BCAAAAGUUL CREPNJAK,,Jessica,89,PSW 4:47.37 ONJRPRVJUL STITSKI,Monika,89,ESWIM 4:48.70 NSEASTCSTJUL MURRAY,Laura,90,SJL
4:49.23 QCAGJUL MURRAY,Caroline,90,DYNAM
4:50.82 QCAGUUL BLAIS-LAROCHE,Sarah,89,RCA
4:51.82 NITTSCMAY MCTEAGUE,Amanda,89,ESWIM
4:52.29 BCAAAAGUUL MURTON,Becca,90,UBCD 4:52.59 ONJRPRVJUL HAGAN,Natalie,90,ESWIM

## 800 m Freestyle

9:44.39 QCECUPJUL MCKINNON,Kaleigh,90,NYAC
9:53.16 ONESWIMJUN MCTEAGUE,Amanda,89,ESWIM
9:54.11 BCAAAAGUUL CREPNJAK,,Jessica,89,PSW
9:58.15 ONJRPRVJUL STITSKI,Monika,89,ESWIM
9:58.54 MBSKLCJUN OZAR,Brittany,90,CASC
9:58.62 NSEASTCSTJUL MURRAY,Laura,90,SUL
10:00.51 BCAAAAGUUL CHAPMAN,Kelsey,89,PGB
10:00.65 ONESWIMJUN OKE,Katelyn,89,LAC
10:01.17 QCECUPJUL MURRAY,Caroline,90,DYNAM 10 10:05.78 ONLUSCMAY O'CONNOR,BishaE,89,NSA 1500 m Freestyle

19:43.93 NSSPRINVAPR DONNELY,Stephanie,89,DCSC 19:45.06 BCCDSCAPR VANCE-GRIMARD,Danica,89,HYACK 19:55.66 BCCDSCAPR JUNG,Michelle,89,CHENA 20:45.93 BCHYACKMAY WIGGANS,Katrina,89,UBCD 20:53.12 SKRYMMMAY RICHARDS,Larissa,90,ROD 21:06.54 BCHYACKMAY KOOT,Jacqueline,89,UBCD 21:33.59 BCHYACKMAY DRANSUTAVICIUS,Corina,89,FMSC 21:34.71 BCAAAINVJUN BURG,Lindsay,90,SKSC 21:34.71 BCAAAINVJUN BURG,Lindsay,90,SKSC
21:49.18 BCAAAINVJUN MOORE,Alison,89,UBCD 0 22:02.07 BCHYACKMAY JOHNSON,Johanna,90,UBCD 50 m Backstroke
32.62 CANJRNATJUL OZAR,Brittany,90,CASC
33.60 QC1LCAPR TAILLEFER,Vanessa,90,DDO
33.94 ONHWACBJUN GALLANT,Natalie,89,COBRA
34.07 MBSKLCJUN ROBSON,Brittany,89,LASER
34.42 QC2LCAPR PLANTEMyriam,90,EXCEL
34.51 QC1LCAPR DESHARNAIS,Karine,89,RCA
34.71 QC1LCAPR VINCENT,Veronique,89,SAMAK
34.91 ONAACAPR KIM,Miriam,89,TSC
34.92 QC1LCAPR NEASMITH,Alicia,90,PCSC
034.95 MBSKLCJUN HERRING,Magwyer,90,MANTA

## 00 m Backstroke

1:10.39 CANJRNATJUL OZARBrittany,90,CASC
1:11.81 BCAAAAGUUL THOM,Robyn,89,UBCD
1:12.77 ONJRPRVJUL NELL,Hayley,89,LAC
1:13.38 SKRYMMMAY ROBSON,Brittany,89,LASER
1:13.60 ONDV1TMAPR KIM,Miriam,89,TSC
1:13.92 ONESWIMJUN GALLANT,Natalie,89,COBRA
1:14.20 BCAAAAGJUL CHAPMAN,Kelsey,89,PGB
1:14.35 ONPNTLNAPR OKE,Katelyn,89,LAC
1:14.36 ONDV1TMAPR PAYNE,Chantique,89,BRANT
0 1:14.62 NSEASTCSTJUL MURRAY,Laura,90,SJL

## 200 m Backstroke

2:30.59 ABAGLCUUL OZAR,Brittany,90,CASC
2:33.12 ONLUSCMAY O'CONNOR,Eisha E89,NSA
2:34.53 BCAAAAGJUL CREPNJAK,Jessica,89,PSW
2:34.83 QC2LCAPR PLANTEMyriam,90,EXCE

2:35.04 QC3LCAPR MURRAY,Caroline,90,DYNAM
2:35.71 ONESWIMJUN OKE,Katelyn,89,LAC
2:35.73 ONESWIMJUN STITSKI,Monika,89,ESWIM
2:35.94 BCAAAAGJUL CHAPMAN,Kelsey,89,PGB 2:36.68 QC1LCAPR DESHARNAIS,Karine,89,RCA 2:37.08 ONDV1TMAPR KOMARNYCKY,Alexa,89,ESWIM

## 50 m Breaststroke

35.58 ABSRLCJUL MACDONALD,Heather,90,EDSON

MBSKLCJUN MALTAIS,Brittany,89,MANTA
QC1LCAPR NEASMITH,Alicia,90,PCSC
QCECUPJUL TREMBLAY,Katerine,90,SAMAK
MBSKLCJUN CROCKETT,Leah,89,TPRR
OCECUPJUL DICLEMENTESabrina,89,NYAC
37.94 ONAACAPR DICLEMENTE,Sabrina,89,NYAC
37.98 PPOINVMAY BOIS,Amelie,89,HIPPO
38.02 NITTSCMAY STITSKI,Monika,89,ESWIM
38.19 ONAACAPR THOMPSON,Melanie,89,USC

## 100 m Breaststroke

1:17.06 ABSRLCJUL MACDONALD,Heather,90,EDSON
1:18.16 CANJRNATJUL CREPNJAK,Jessica,89,PSW
1:19.13 ONJRPRVJUL DICLEMENTE,Sabrina,89,NYAC
1:20.07 ONLACMAY TRUSWELL,Riley,90,LAC
1:20.28 BCAAAAGJUL CHAPMAN,Kelsey,89,PGB
1:20.41 CANJRNATJUL STITSKI,Monika,89,ESWIM
1:20.65 BCCDSCAPR NEASMITH,Alicia,90,PCSC
1:21.16 ONDV2TMAPR O'CONNOR,Eisha E,89,NSA
1:21.81 MBSKLCJUN BOCHEN,Kerri-Ann,89,MANTA
1:21.89 NSDUNNJUN LI,Kyra,90,DCSC

## 200 m Breaststroke

2:46.33 BCAAAAGUUL CREPNJAK,Jessica,89,PSW
2:48.08 BCAAAAGJUL CHAPMAN,Kelsey,89,PGB
2:48.89 ONJRPRVJUL STITSKI,Monika,89,ESWIM
2:50.13 QC1LCAPR NEASMITH,Alicia,90,PCSC
2:51.22 MBSKLCJUN BOCHEN,Kerri-Ann,89,MANTA
2:51.29 QCAGJUL LACOMBE,Gabrielle,90,CNHR
2:51.85 ONJRPRVJUL DICLEMENTE,Sabrina,89,NYAC
2:52.61 ONLACMAY TRUSWELL,Riley,90,LAC
2:54.17 ABAGLCJUL SNODGRASS,Shelbi,90,CASC
10 2:55.34 QCECUPJUL MCKINNON,Kaeleigh,90,NYAC
50 m Butterfly
31.35 QCAGUUL TETREAULT,Alexandrine,90,CNSH
31.74 MBSKLCJUN OZAR,Brittany,90,CASC
31.94 ONHWACBJUN STITSKI,Monika,89,ESWIM
32.14 ABNCSAMAY POMERLEAU,Kristin D,90,DEL

QCILCAPR TREMBLAY,Katerine,90,SAMAK
ABAGLCJUL HARMA,Chelsey,89,EKSC
QCILCAPR TAILLEFER, Vanessa,90,DDO
MBSKLCJUN ROBSON,Brittany,89,LASER
NFSPRGSPAPR MURRAY,Laura,90,SJL
ABAGLCJUL UHLICH,Samantha,90,CASC

## 100 m Butterfly

1:07.02 ONJRPRVJUL MCKINNON,Kaleigh,90,NYAC
1:09.94 ONLUSCMAY O'CONNOR,Eisha E,89,NSA
1:10.78 BCAAAAGJUL CHAPMAN,Kelsey,89,PGB
1:11.60 ONJRPRVJUL GRANVILLE,Diana,89,NKB
1:11.84 ONJRPRVJUL PAYNE,Chantique,89,BRANT
1:11.89 ONJRPRVJUL STITSKI,Monika,89,ESWIM
1:11.91 ABEKSCAPR BARNLUND,Elyn,90,MANTA
1:12.64 ABAGLCJUL FINDLAY,Amy,89,KSC
1:12.90 ABEKSCAPR HARMA,Chelsey,89,EKSC
10 1:13.05 ONESWIMJUN DROZDOWSKY,Melanie,89,MSSAC
200 m Butterfly
2:24.90 ONJRPRVJUL MCKINNON,Kaeigh,90,NYAC
2:33.92 BCAAAAGJUL CREPNJAK,Jessica,89,PSW
2:36.32 ONDV2TMAPR O'CONNOR,Elisha E,89,NSA
2:37.90 ABAGLCJUL MORTON,Lindsay,89,OSC
2:39.54 NSEASTCSTJUL WEIR,Danielle,89,WTSC
2:40.01 ONDV1TMAPR KOMARNYCKY,Alexa,89,ESWIM
2:40.63 ABRDCSCJUN CHAPMAN,Kelsey,89,PGB
2:41.20 ABEKSCAPR BARNLUND,Elyn,90,MANTA
2:42.19 ONJRPRVJUL GALLANT,Natalie,89,COBRA
10 2:42.70 ONJRPRVJUL LONG,Susan,89,LAC

## 200 m Ind. Medley

2:29.40 CANJRNATJUL CREPNJAK,Jessica,89,PSW
2:30.64 ONVICDAPR LAYLAND,Laura,89,SKYAC
2:31.01 ONJRPRVJUL MCKINNON,Kaleigh,90,NYAC
2:32.07 ONVICDAPR LOCKHART,Helen,89,TAT
2:32.77 BCAAAAGUUL CHAPMAN,Kelsey,89,PGB
2:33.12 ONJRPRVJUL STITSKI,Monika,89,ESWIM
2:33.28 BCSRLCFEB CHAN,Natalie,89,UBCD
8 2:33.46 ONVICDAPR KRUG,Michelle,89,CYPS
9 2:33.48 ONVICDAPR GLOVER,Brynelle,89,CYPS
10 2:35.21 ABAGLCJUL OZAR,Brittany,90,CASC

## 400 m Ind. Medley

5:15.79 CANJRNATJUL CREPNJAK,Jessica,89,PSW
5:16.28 ONJRPRVJUL MCKINNON,Kaleigh,90,NYAC
5:19.24 CANJRNATJUL CHAPMAN,Kelsey,89,PGB
5:21.17 ONJRPRVJUL STITSKI,Monika,89,ESWIM
5:28.64 ONESWIMJUN MCTEAGUE,Amanda,89,ESWIM
5:29.13 QCAGJUL MURRAY,Caroline,90,DYNAM
5:30.35 ONJRPRVJUL LONG,Susan,89,LAC
5:30.59 ONNEORAJUN O'CONNOR,Elisha E,89,CT33
5:31.07 ABAGLCUUL MORTON,Lindsay,89,OSC
10 5:31.63 QCILCAPR NEASMITH,Alicia,90,PCSC

## BOYS 13 Years of Age

## m Freestyle

25.68 QCAGUL BOIS,Mathieu,89,HIPPO
26.13 BCAAAAGUUL GROSSMAN,Kurt,88,PN
26.31 BCSRLCFEB JONES,Evan,89,UBCD
26.37 ONDV2TMAPR GOW,Ryan,88,TRENT
26.56 QCAGJUL FRANCIS,Charles,89,ENC
26.87 QCAGULL PLANTE,Pascal, 89,ULAV
27.05 BCAAAAGJUL MISKIMAN,Michael,88,ORCA
27.06 QCAGJUL CYR-COPMIER,Claude-Julien,89,LSNR
27.13 ONESWIMJUN CUCH,Patrick,88,ESWIM
7.41 ONNEORAJUN PRICENickolas.88,TMSC

100 m Freestyle
55.91 CANJRNATJUL JONES,Evan, 89, UBCD
57.42 BCAAAAGUUL GROSSMAN,Kurt,88,PN
57.78 ONDV2TMAPR GOW,Ryan,88,TRENT
59.11 ONPNTLNAPR PRAJOGO,Yonathan,88,COBRA
59.36 ONESWIMJUN CUCH,Patrick,88,ESWIM
59.88 ONJRPRVJUL CURTIS,Harison,88,TSC

1:00.01 BCCDSCAPR TAPP,,Jake,88,LOSC
1:00.16 ONJRPRVJUL PRICENickolas,88,TMSC
1:00.37 ABAGLCJUL AITCHISON,Kent,88,EXST
1:00.61 ABAGLCJUL MICHIE,Chad,88,CASC
200 m Freestyle
1:59.11 CANJRNATJUL JONES,Evan,89,UBCD
2:04.95 QCAGJUL BOIS,Mathieu,89,HIPPO
2:06.02 QCAGJUL LALIBERTE,Renaud,88,EXCEL
2:07.15 ONAACAPR GOW,Ryan,88,TRENT
2:07.95 QCAGUUL BLOUIN,Jonathan,89,CSQ
2:08.09 QCAGJUL DOWNING,Patrick,88,PCSC
2:08.29 ONJRPRVJUL CUCH,Patrick,88,ESWIM
2:08.56 BCAAAAGUUL COCHRANE,Ryan,88,IS
2:08.58 ONJRPRVUUL CURTIS,Harison,88,TSC
2:11.70 ONJRPRVJUL PRICENickolas,88,TMSC
400 m Freestyle
4:10.49 CANLCAUG JONES,Evan,89,UBCD 4:20.92 QCAGJUL LALIBERTE,Renaud,88,EXCE 4:25.16 BC

BCAAAAGULL COCHRANE,Ryan,88,IS
QCAGJUL BLOUIN,Jonathan, 89, CSQ
QCAGJUL DOWNING, Patrick,88,PCSC
4:31.52 ONJRPRVJUL CUCH,Patrick,88,ESWIM 4:32.36 ONDV2TMAPR GOW,Ryan,88,TRENT 4:33.40 ONJRPRVJUL CURTIS,Harrison,88,TSC 4:35.81 PPOINVMAY MURRAY,Francois-Pier,89,CNDR 4:37.72 PPOINVMAY PAQUET,Eienne,89,BBF 800 m Freestyle

8:38.62 CANLCAUG JONES,Evan,89,UBCD 9:46.71 ABAGLCJUL BERRNS,Nick,89,LASER 9:55.53 ABRDCSCJUN PENHALESean,88,RDCSC 9:56.24 ABAGLCJUL RAWLICK,Douglas,89,OSC 9:56.50 ABAGLCJUL TANNINEN,Christopher,89,EKSC 10:00.92 BCCDSCAPR GETMAN,Kyr,89,UBCD 10:11.03 ABAGLCJUL AITCHISON,Kent,88,EXST 10:12.07 ABAGLCJUL DICK,Stephen,88,RDCSC 10:17.00 ABAGLCJUL MICHE,Chad,88,CASC 10 10:17.19 BCHYACKMAY TAYLOR,lan,88,HYACK 1500 m Freestyle

16:46.63 CANJRNATJUL JONES,Evan,89,UBCD
17:27.87 QCAGJUL LALIBERTE,Renaud,88,EXCE
17:32.48 BCAAAAGJUL COCHRANE,Ryan,88,IS
17:38.41 QCAGJUL BLOUIN,Jonathan,89,CSQ
17:54.14
QCAGJUL DOWNING,Patrick,88,PCSC
18:04.69
18:19.85 PPONVMAY PAOUT, 18:22.21 PPOINVMAY ROBICHAUD,Simon,89,CNHR 18:25.47 BCAAAAGJUL BROTZKY,,lya,88,UBCD

QCAGJUL BOIS,Mathieu,89,HIPPO
1:07.12 ONPNTLNAPR LANGLOIS,Daniel,88,SCAR
1:07.15 BCCDSCAPR TAPP,Jake,88,LOSC
1:07.27 ONJRPRVJUL CURTIS,Harrison,88,TSC
1:07.39 ONAACAPR GOW,Ryan,88,TRENT
1:07.52 ONJRPRVVUL HALL,Andrew,88,CHAMP
1:09.13 ONJRPRVJUL ZEILER,Zack,88,WD
1:09.16 BCCDSCAPR HARTNEY,Jordan,88,PSW
1:09.29 ONESWIMJUN CUCH,Patrick,88,ESWIM
1:09.34 ABAGLCJUL DISTEFANO,Justin,88,UCSC
1:09.48 ABAGLCJUL MAXEY,Taylor A,89,CASC
200 m Backstroke
2:21.50 BCAAAAGULL COCHRANE,Ryan,88,IS
2:21.77 OCECUPJUL BLOUIN,Jonathan,89,CSQ
2:21.90 ONHICKENMAY CURTIS,Harrison,88,TSC
2:24.02 ONAACAPR GOW,Ryan,88,TRENT

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2:24.15 QCAGUUL PAQUET,Etienne,89,BBF
2:25.25 BCCDSCAPR JONES,Evan,89,UBCD
2:26.10 BCCDSCAPR HARTNEY,Jordan,88,PSW
2:26.17 BCAAAAGUUL BROTZKY,|ya,88,UBCD
    2:26.34 NSEASTCSTJUL PYLEMarc,89,WTSC
    2:27.07 PPOINMMAY FRANCIS,Charles,89.ENC
50 m Breaststroke
    31.38 QC2LCAPR BOIS,Mathieu,89,HIPPO
    33.38 QCECUPJUL LAI,Alex,88,TO
    34.43 PPOINVMAY GENEREUX,Pierre-Louis,88,CNTR
    34.66 ONLACMAY YEE,Jason,88,NEW
    35.03 QCAGUUL TREMBLAY,VIncent,89,SAMAK
    QC2LCAPR ROBICHAUD,Simon,89,CNHR
    QCAGJUL POPOVICI,CTistian,89,CAMO
        QCAGUUL CYR-CORMIER,Claude-Julien,89,LSNR
        ABAGLCJUL ACTON,Sam,88,ROD
    36.28 ONAACAPR SHOUST,Nicholas,88,SSMAC
100 m Breaststroke
    1:09.07 CANJRNATJUL BOIS,Mathieu,89,HIPPO
    1:12.64 ONNKBMAY DUMONT,Max,89,REG
    1:12.68 ONJRPRVJUL LAI,Alex,88,COBRA
    1:15.11 NSEASTCSTJUL PYLE,Marc,89,WTSC
    1:15.32 ONLACMAY YEE,Jason,88,NEW
    1:17.36 ONJRPRVJUL MACKENDRIK,Cameron,89,MAC
    1:17.53 ABEKSCAPR YEAP,Winston,88,OSC
    1:17.53 ABEKSCAPR YEAP,Winston,88,OSC
    1:18.16 BCSRLCFEB JONESS,Evan,89,UBCD
1:19.42 NSEASTCSTJUL ALBRECHTSONS,Daniel,88,SUL
200 m Breaststroke
    2:31.51 QCAGULL BOIS,Mathieu,89,HIPPO
    2:36.48 ONNKBMAY DUMONT,Max,89,REG
    2:39.40 ONJRPRVJUL LAI,Alex,88,COBRA
    2:40.86 QCAGUUL ROBICHAUD,Simon,89,CNHR
    2:42.17 NSEASTCSTJUL PYLE,Marc,89,WTSC
    2:44.71 ONLACMAY YEE,Jason,88,NEW
    2:47.55 ABEKSCAPR YEAP,Winston,88,OSC
    2:50.14 ONJRPRVJUL MACKENDRIK,Cameron,89,MAC
    2:50.91 OC3LCAPR GENEREUX,Pierre-Louis,88,CNTR
10 2:51.05 ABAGLCJUL HUYNH,Stanley,89,EXST
50 m Butterfly
        27.20 QC2LCAPR BOIS,Mathieu,89,HIPPO
        29.07 OCAGJUL PLANTE,Pascal,89,ULAV
        29.14 QC2LCAPR TURCOTTE,Jonathan,89,HIPPO
        29.39 OCAGUUL CYR-CORMIER,Claude-Julien,89,LSNR
        29.91 ONNYACMAY PRAJOGO,Yonathan,88,COBRA
        MBSKLCJUN SAGANSKI,Jeffrey,88,GOLD
        29.98 ONAACAPR GOW,Ryan,88,TRENT
        30.12 PPOINVMAY TREMBLAY,Vincent,89,SAMAK
            QCAGUUL ROY,VIncent,89,HIPPO
        30.48 ONHWACBJUN CUCH,Patrick,88,ESWIM
100 m Butterfly
    1:02.18 ONESWIMJUN CUCH,Patrick,88,ESWIM
    1:04.35 ONPNTLNAPR PRAJOGO,Yonathan,88,COBRA
    1:05.07 MBSKLCJUN SAGANSKI,Jeffrey,88,GOLD
    1:05.50 NITTSCMAY BABI,Endi,88,ESWIM
    1:05.59 BCCDSCAPR TAPP,Jake,88,LOSC
    1:06.77 BCAAAAGJUL BROTZKY,|ya,88,UBCD
    1:07.27 ONAACAPR GOW,Ryan,88,TRENT
    1:07.39 NSEASTCSTJUL PYLEMMar,89,WTSC
    1:07.43 BCAAAAGJUL GROSSMAN,Kurt,88,PN
        1:07.60 ABAGLCJUL RAWLICK,Douglas,89,OSC
200 m Butterfly
    2:18.97 ONESWIMUUN CUCH,Patrick,88,ESWIM
    2:21.66 NITSCMAY BABI,Endi,88,ESWIM
    2:24.97 OCECUPJUL BLOUIN,Jonathan,89,CSQ
    2:24.97 OCECUPJUL BLOU|N,Jonathan,89,CSQ 
    2:27.07 PPOINVMAY BOIS,Mathieu,89,HIPPO
    2:27.11 QCAGULL LALIBERTE,Renaud,88,EXCEL
    2:27.51 BCAAAAGUUL BROTZKY,|ya,88,UBCD
    2:28.07 MBSKLCJUN SAGANSKI,Jeffrey,88,GOLD
    2:28.48 ONNYACMAY VERBLAC,Viktor,88,YORK
    2:28.48 ONNYACMAY VERBLAC,Viktor,88,YORK
10 2:29.32 BCAAAAGJUL BUNA,Ryan,88,IS
200 m Ind. Medley
    2:16.34 ONVICDAPR KRUG,Mike,88,CYPS
    2:17.07 QCAGJUL BOIS,Mathieu,89,HIPPO
    2:21.93 BCCDSCAPR JONES,Evan,89,UBCD
    2:25.33 ONVICDAPR BODEN,Timothy,88,BAD
    2:25.68 ONESWIMUUN CUCH,Patrick,88,ESWIM
    2:26.26 BCAAAAGUUL COCHRANE,Ryan,88,IS
    2:26.69 ONVICDAPR BARTLETI,Cameron,88,CYPS
    2:26.71 OCAGJUL BLOUIN,Jonathan,89,CSQ
    2:27.69 BCCDSCAPR TAPP,Jake,88,LOSC
2:27.70 QCAGJUL LALIBERTE,Renaud,88,EXCEL
400 m Ind. Medley
4:55.39 CANJRNATUUL BOIS,Mathieu,89,HIPPO
5:02.04 CANJRNATJUL JONES,Evan,89,UBCD
5:03.34 ONDV1TMAPR CUCH,Patrick,88,ESWIM
5:04.14 OCAGUUL LALIBERTE,Renaud,88,EXCEL
5:05.93 BCAAAAGUUL COCHRANE,Ryan,88,IS
5:07.18 QCAGJUL ROBICHAUD,Simon,89,CNHR
5:07.18 QCAGUL ROBICHAUD,SImOn,89,CNHR
5:09.97 PPOINVMAY LALIBERTE,Renaud,89,EXCE
5:12.44 OCAGUUL BLOUIN,Jonathan,89,CSQ
5:18.07 BCCDSCAPR TAPP,Jake,88,LOSC
10 5:18.15 BCAAAAGJUL BROTZKY,|ya,88,UBCD
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## GIRLS 13 Years of Ag

50 m Freestyle
27.69 ONDV1TMAPR MITCHELL,Seanna,88,NKB
27.83 NSSPRINVAPR VAUGHAN,Hannah,88,DCSC
28.12 ONHICKENMAY MCADAM,Nadine,88,TSC
28.30 CANJRNATJUL POLLARD,Stephanie,88,IS 28.31 CANJRNATJUL CHAN,Natalie,89,UBCD
28.43 MBSKLCJUN JONES,Mackenzie,89,CASC 28.48 CANJRNATJUL TYLER, Jillian,88,CASC
28.63 CANJRNATJUL MORNINGSTAR,Erica,89,BRSA
28.67 QCAGJUL DELAROCHELLERE,Bianne,88,ULAV
28.67 QCECUPJUL DELKUS,Carolyn,88,BTSC

## 100 m Freestyle

1:00.11 CANCWTRMAR MITCHELL,Seanna,88,NKB
1:00.47 CANJRNATJUL TYLER,Jillian,88,CASC
1:01.19 BCZAJACMAY CHAN,Natalie,89,UBCD
1:01.25 BCAAAAGJUL POLLARD,Stephanie,88,IS
1:02.00 CANJRNATJUL JONES,Mackenzie,89,CASC
1:02.45 ONJRPRVUUL LACOSTENicole,88,MSSAC
1:02.60 ONJRPRVJUL BLASKOVITS,Fariss,89,NKB
1:02.65 ONDV1TMAPR PHEE,Sarah,88,GO
1:02.68 ONDV1TMAPR MCADAM,Nadine,88,TSC
0 1:02.70 ONJRPRVUUL DELKUS,Carolyn,88,BTSC

## 200 m Freestyle

2:10.32 PCSCSCAGUUN CHAN,Natalie,89,UBCD
2:11.59 CANJRNATJUL POLLARD,Stephanie,88,IS
2:12.65 ONDV1TMAPR MITCHELL,Seanna,88,NKB
2:13.87 MBSKLCJUN JONES,Mackenzie,89,CASC
2:14.29 ONJRPRVJUL SANDERS,Danielle,89,ESWIM
2:14.40 BCHYACKMAY LAVIGNA,Lauren,89,GATOR
2:15.06 ONJRPRVJUL WHITING,Lorraine,88,MSSAC
2:15.09 ONLACMAY HINSON,Adriana,88,TAT
2:15.49 MBSKLCJUN TRAA,Hailee,88,MANTA
1 2:15.69 NSEASTCSTJUL BUCKLAND,Brooke,89,HTAC
400 m Freestyle
4:27.94 BCAAAAGUUL CHAN,Natalie,89,UBCD
4:35.30 BCAAAAGULL POLLARD,Stephanie,88,IS
4:36.99 CANJRNATJUL SANDERS,Danielle,89,ESWIM
4:38.91 BCAAAAGUUL LAVIGNA,Lauren,89,GATOR
4:40.84 QCECUPJUL LACOSTENicole,88,TO
4:43.82 MBSKLCJUN TRAA,Hailee,88,MANTA
4:44.55 ONJRPRVJUL WHITING,Lorraine,88,MSSAC
4:44.56 MBSKLCJUN KAPUSTIANYK,Courtney,89,LASER
4:44.62 ONDV1TMAPR MITCHELL,Seanna,88,NKB
4:45.08 ONLACMAY HINSON,Adriana,88,TAT
800 m Freestyle
9:17.98 BCZAJACMAY CHAN,Natalie,89,UBCD
9:33.46 BCAAAAGJUL LAVIGNA,Lauren,89,GATOR
9:35.01 BCAAAAGUUL POLLARD,Stephanie,88,IS
9:35.12 CANJRNATJUL IVANTZZ,Tara,88,VKSC
9:36.54 CANJRNATJUL SANDERS,Danielle,89,ESWIM
9:43.18 MBSKLCJUN KAPUSTIANYK,Courtney,89,LASER 9:43.38 BCHYACKMAY VANCE-GRIMARD,Danica,89,HYACK
9:46.46 ONJRPRVJUL KOMARNYCKY,Alexa,89,ESWIM
9:47.82 ABAGLCJUL GROSS,Sheena,89,EKSC
9:48.00 BCHYACKMAY SELF,Jennifer,89,UBCD 1500 m Freestyle

17:47.40 CANJRNATJUL CHAN,Natalie,89,UBCD 18:29.03 BCHYACKMAY LAVIGNA,Lauren,89,GATOR
19:10.14 PCSCSCAGJUN SELF,Jennifer,89,UBCD
19:13.02 BCAAAINVJUN VANCE-GRIMARD,Danica,89,HYACK 19:29.81 NITTSCMAY MOHER,Olena,88,ESWIM
19:32.44 NITTSCMAY CHARLES,Lindsay,88,ESWIM 19:36.78 BCAAAINVUUN SCHMUCK,Annika,88,PSW 19:42.75 BCCDSCAPR CREPJNAK,Jessica,89,PSW $\begin{array}{lll}9 & \text { 20:13.55 } & \text { BCCDSCAPR MUNRO,Lara,88,PCSC }\end{array}$ 10 20:25.13 NSDUNNJUN BRADEN,Michelle,89,HTAC 50 m Backstroke
29.91 CANLCAUG BUCKLAND,Brooke,89,EAST 33.09 CANJPNATJUL TYLER,Jilian,88,CASC 33.37 CANJRNATJUL SELF,Jennifer,89,UBCD
33.38 OCAGJUL LEPINE,Marilou,89,CAMO
33.43 ONLACMAY TAN, Victoria,88,WAC
33.61 PPOINVMAY HORNER,Stephanie,89,BBF
34.23 QCECUPJUL DELKUS,Carolyn,88,BTSC
34.35 ONAACAPR POLICHT,Adrienne,89,YORK
34.42 QC1LCAPR NGUYEN,Kim,88,DDO
$10 \begin{array}{lll}10 & 34.54 & \text { QCAGJUL DESHARNAIS,Karine,89,RCA }\end{array}$

## 100 m Backstroke

1:05.74 CANLCAUG BUCKLAND,Brooke,89,EAST
1:10.88 ONJRPRVJUL PERRAULT,Amy,89,KLAC
1:10.98 ABAGLCJUL TYLER,Jillian,88,CASC
1:11.09 BCSRLCFEB KOTLOWSKI,Katie,88,PSW
1:11.38 ONNKBMAY KEHOE,Courtney,88,PERTH
1:11.49 ONDV1TMAPR TAN,Victoria,88,WAC
1:11.50 CANJRNATJUL SELF,Jennifer, 89, UBCD
1:11.64 QCECUPJUL LEPINEMarilou,89,CAMO
1:11.68 QCECUPJUL POLICHT,Adrienne,89,YORK
1:12.07 BCCDSCAPR CREPJNAK,Jessica,89,PSW

## 200 m Backstroke

2:24.56 CANLCAUG BUCKLAND,Brooke,89,EAST
2:28.59 BCAAAAGJUL LAVIGNA,Lauren,89,GATOR
2:30.91 ABAGLCJUL GROSS,Sheena,89,EKSC
2:31.26 CANJRNATJUL SELF,Jennifer, 89, UBCD

2:31.31 ONJRPPVUULL SANDERS, Daniele,89,ESWIM
2:31.69 ONJRPRVJUL CRAIG,Jessika,89,TD
2:31.94 CANJRNATJUL KOMARNYCKY,Alexa,89,ESWIM
2:32.15 BCISUUN POLLARD,Stephanie,88,IS 2:32.37 BCSRLCFEB KOTLOWSKI,Katie,88,PSW
10 2:32.45 ONJRPRVJUL PERRAULT,Amy,89,KLAC

## 50 m Breaststroke

35.17 CANLCAUG KIERSTEAD,Morgan,88,AQUA

QC2LCAPR BONSANT,Claudia,89,EXCE
CANLCAUG PIERSE,Hanna,88,UASC QC2LCAPR CREVIER,Genevieve,89,CNHR ONNYACMAY CHAN,Rachel,88,MSSAC QC1LCAPR KETH,Veronika,89,RCA
PPOINVMAY WOLCH,Sarah,88,PICK
MBSKLCJUN KENKELisa,88,GOLD
37.07 QCAGJUL KUCZYNSKI,Stephanie,89,CAMO
37.07 CANJRNATJUL MORNINGSTAR,ETica,89,BRSA

100 m Breaststroke
1:16.80 QCECUPJUL PIERSE,Hanna,88,EKSC
1:17.28 CANLCAUG KIERSTEAD,Morgan,88,AQUA
1:18.04 MBSKLCJUN KENKE,Lisa,88,GOLD
1:18.20 BCAAAAGUUL SUTTON,Kathryn,88,IS
1:19.00 BCHYACKMAY CREPJNAK,Jessica,89,PSW
1:19.36 ONJRPRVJUL BUENBRAZO,Patricia,88,ESWIM
1:19.77 ONNYACMAY CHAN,Rachel,88,MSSAC
1:19.98 CANJRNATJUL BONSANT,Claudia,89,EXCE
1:20.02 ONDV1TMAPR MCADAM,Nadine,88,TSC
10 1:20.27 ABAGLCJUL MORNINGSTAR,Erica,89,CP
2:41.00 CANJRNATJUL PIERSE,Hanna,88,EKSC
2:42.62 QCAGJUL CREVIER, Genevieve, 89, CNHR 2:44.71 CANLCAUG KIERSTEAD,Morgan,88,AQUA
2:45.72 QC2LCAPR TREMBLAY,Mireille,89,CNCB
2:46.27 BCISUN SUTTON,Kathryn,88,IS
2:47.00 MBSKLCJUN KENKE,Lisa,88,GOLD
2:47.07 BCZAJACMAY CREPJNAK,Jessica,89,PSW
2:47.84 QCAGJUL KUCZYNSKI,Stephanie,89,CAMO
2:48.84 ONESWIMJUN CHAN,Rachel,88,MSSAC
10 2:49.30 BCAAAAGUUL POLLARD,Stephanie,88,IS
50 m Butterfly
29.77 CANJRNATJUL TYLER,Jillian,88,CASC
29.87 CANJRNATJUL JONES,Mackenzie,89,CASC
30.66 MBSKLCJUN BROWN,Erika,88,ROD 30.66 CANJRNATJUL POLLARD,Stephanie,88,IS 30.88 QCAGJUL BLEAU,Marie-Pier,88,CNHR MBSKLCJUN KAPUSTIANYK,Courtney,89,LASER ABEKSCMAR KELLS,Andrea,89,RDCSC
QC2LCAPR HORNER,Stephanie,89,BBF
PPOINVMAY LEPINE,Marilou,89,CAMO
31.52 ONROWMAY GARDHOUSE,Sara,88,MUSAC

100 m Butterfly
1:05.80 CANJRNATJUL POLLARD,Stephanie,88,IS
1:05.88 CANJRNATJUL TYLER,Jillian,88,CASC
1:07.92 MBSKLCJUN JONES,Mackenzie,89,CASC
1:08.10 MBSKLCUUN KAPUSTIANYK,Courtney,89,LASER
1:08.35 BCSRLCFEB KOTLOWSKI,Katie,88,PSW
1:08.52 CANJRNATJUL BROWN,Erika,88,ROD
1:09.31 NSDUNNJUN VAUGHAN,Hannah,88,DCSC
1:09.57 ONJRPRVUUL KLOOSTERMAN,Rachael,88,WD
1:09.85 ONESWIMJUN HEANEY,Megan,89,MSSAC
10 1:10.25 BCAAAAGJUL CHAN,Natalie,89,UBCD

## 200 m Butterfly

2:27.26 CANJRNATJUL KAPUSTIANYK,Courtney,89,LASER
2:28.90 BCSRLCFEB KOTLOWSKI,Katie,88,PSW
2:29.58 BCISJUN POLLARD,Stephanie,88,IS
$\begin{array}{lr}2: 29.58 & \text { BCISUUN POLLARD,Stephanie,88,IS } \\ \text { 2:33.18 } & \text { BCAAAINJUUN CHAN,Natalie,89,UBCD }\end{array}$
2:34.49 PPOINVMAY LEPINE,Marilou,89,CAMO
2:34.62 BCAAAAGUUL KOZAR,Cassandra,89,LCSC
2:34.73 BCAAAAGULL LAVIGNA,Lauren,89,GATOR
2:34.99 NSDUNNJUN VAUGHAN,Hannah,88,DCSC
$\begin{array}{lll}9 & 2: 36.51 & \text { MBSKLCJUN JONES,Mackenzie,89,CASC }\end{array}$
$\begin{array}{lll}10 & 2: 36.51 & \text { MBSKLCJUN JONES,Mackenze, } 89, \text { ONDASC } \\ \text { ONDVTMAPR MCINTOSH,Kaatie,88,MAC }\end{array}$
200 m Ind. Medley
2:25.74 CANJRNATJUL POLLARD,Stephanie,88,IS
2:31.53 QC2LCAPR TREMBLAY,Mireille,89,CNCB
2:31.57 ONDV1TMAPR MITCHELL,Seanna,88,NKB
2:31.94 BCHYACKMAY CREPJNAK,Jessica,89,PSW
2:32.18 BCZAJACMAY CHAN,Natalie,89,UBCD
2:32.60 MBSKLCJUN TRAA,Hailee,88,MANTA
2:32.67 BCAAAAGUUL SUTTON,Kathryn,88,IS
8 2:33.70 ONJRPRVJUL KOMARNYCKY,Alexa,89,ESWIM
9 2:33.88 NSEASTCSTJUL KIERSTEAD,Morgan,88,AQUA
10 2:34.36 ONHICKENMAY LAMBERT,Sacha,88,TSC
400 m Ind. Medley

## TOP AGE GROUP TIMES

## BOYS 14 Years of Age <br> \section*{$m$ Freestyle}

25.86 CCECUPUUL KURTZER,Mak,87,NEW
25.99 OCECUPUUL BENTO,Christopher,87,LAC
26.21 OCAGULL CHARTRAND,Samuel,88,EITE
26.27 ONNEORAUNN BYRNE,Jeffrey,87,SSMAC
26.32 ABAGLCJUL GRANT,Lee,88,UCSC
26.33 BCCDSCAPR LIM, Ki Hun,87,UBCD
26.37 ONAACAPR CAGUIAT,Jonahhan,87,CHAMP
26.37 BCKCSUUN SILVERBERG,Avi,87,UCSC
26.39 BCKCSSUN WANG,Jackson,87,DETA
55.29 ONJPPRVVUUL KURTZER,MakK,87,NEN
56.82 CCECUPJUL GOW,Ryan,88,TRENT
56.90 BCHYACKMAY WOLLACH,Pascal, 87, CASC
57.14 CANJRNATJUL CHARTRAND,Samuel,88, EITE
57.39 ABAGLCJUL BEIUZZ, Ray, 87,UCSC
57.54 BCCDSCAPR LIM, Ki Hun,87,UBCD
57.61 ONNEORAUUN BYRNE,Jeffrey, $87, S S M A C$
57.64 ABAGLCJUL DEMCHUK,Nahan,88,EKSC
57.81 BCKCSUUN WANG,Jackson,87,DETA

200
m Freestyle
1:58.46 OCECUPJUL KURTZER,Mak,87,NEW 2:00.76 CCECUPJUL D'AMICO,Gavin,87,EESC 2:01.60 CANJRNATJUL WOLLACH,Pascal,87,CASC
2:03.71 QCAGULL CHARTRAND,Samul, 88, EITE
2:03.95 MBSKLCUUN BETUZZ1,Ray,87,UCSC
2:04.01 ONJPPPVVUL BENTO,Christopher,87,LAC
2:04.64 ONJPPRVUUL DAWSON,Sean,87,GO
2:05.89 ONESWIMJUN VAN DCOBMAAL,Scott,87,GMAC
2:05.91 OCAGULL LEBLANC,Pierre Luc,88,EITE
2:06.44 QCAGULL MURRAY,Francois-Piere,88,CNDR
400 m Freestyle
4:11.32 CCECUPJUL KURTZER,Mark,87,NEW
4:17.04 CCECUPULL BENTO,Christopher,87,LAC
4:18.67 QCECUPJUL D'AMICO,Gavin,87,EKSC
4:21.00 CANJNNATJUL WOLLACH,Pascal, 87,CASC
4:24.43 ABAGLCJUL BEIUZZ,Ray, 87,UCSC
4:24.83 CCECUPJUL GOW,Ryan,88,TRENT
4:25.52 BCAAAAGULL ISIC,Davor,88,UBCD
4:26.31 ABAGLCJUL GREENSHEEDDS,Joel,88,BDCSC
4:27.09 MBSKLCJUN LOVEAlexander,87,ROD
10 4:28.68 QCAGULL LEBLANC,Pierre Luc,88,ELI
800 m Freestyle
8.53.72 CANJRNATJUL WOLLACHPPascal,87,CASC

9:12.01 ABAGLCJUL BEIUZZ,Ray,87,UCSC
9:15.52 ABAGLCJUL LOVEAexander,87,ROD
9:19.13 CANJNVATJUL GREENSHEEDS, Joel,88,RDCSC 9:22.09 ONNKBMAY GOW,Ryan,88,TRENT
9:24.91 BCCDSCAPR ISIC,Davor,88, UBCD
9:25.65 ABAGLCJUL DAAMICO,Gavin,87,EKSC
9:26.18 ABAGLCJUL BURTON,Tyler,87,FMSC 9:32.41 ABAGLCJUL VERWEY,Mathew,88,RDCSC 10
1500 m Freestyle

17:04.14 CANJRNATJUL WOLLACH,Pasca, 87,CASC
17:33.19 BCHYACKMAY ISIC,Davor,88,UBCD
17:39.90 ONLACMAY MIDGLEY,Andrev,87,LAC
17:46.72 ONHCKENMAY PARISELLI,Mathew,87,NYAC
17:47.00 ONLACMAY BENTO,Christopher,87,LAC
17:47.13 ABEKSCAPR LOVEAlexander,87,SK 17:54.30 BCHYACKMAY WIGGANS,Chris,87,UBCD 17:55.21 ABEKSCAPR D'AMICO,Gaini,87,EXSC
17:55.81 ABEKSCAPR BETUZZI,Ray,87,UCSC
10 17:56.35 NSDUNNUUN MACAULAY,Darie, 88, DCSC
50 m Backstroke
29.16 CANJNNaTJUL WOLLACH,Pascal,87,CASC
29.32 QCILCAPR RENAUD,Felix,88,CNB
30.04 CANJFNATJULL LAPINS,John,87,EXST
30.44 ABAGLCJUL GRANT,Lee,88,UCSC
30.52 CANJNNATJUL SHHH,Richard, 87, NKB
30.60 CCAGULL TODD-NORRIS,Daniel,88,PCSC
30.72 QCECUPUUL LUND, Jesse,87,EKSC
30.86 QCAGULL LANGLOIS,Daniel,88,ULAV
30.88 ONLACMAY KURTZER,Mark,87,NEN
30.93 ONNYACMAY RUBACHA,Steven,88,MSSAC

## 100 m Backstroke

1:02.71 ABAGLCJUL WOLLACHPPassal,87,CASC
1:03.51 CCECUPJUL VAN DOORMAAL,Scott,87,GMAC
1:03.87 CANJRNATJUL LAPINS,John,87,EXST
1:03.92 BCAAAAGUL TAPP,JJke,88,LOSC
1:04.43 ONLACMAY KURTZZR,Mark,87,NEW
1:04.78 CCECUPJUL LUND, Jesse,87,EKSC
1:05.23 CANJNNATJUL SHIH, Richard,87,NKB
1:05.66 CCECUPUUL RENAUD,Felix,88,CNB
1:05.90 ONJAPPVUULL RUBACHA,Steven,88,MSSAC
10 1:06.08 ABEKSCAPR GRANT,Lee,88,UCSC

## 200 m Backstroke

2:13.98 QCECUPJUL KURTZER,Mark,87,NEN
2:14.13 CCAGULL RENAUD,Felix,88,CNB
2:16.95 ABAGLCJUL WOLLACH,Pascal, 87,CASC 2:17.40 CANJVNATJUL LAPINS,John,87,EXST
2.1742 ABAGGCUI UUND JCSC 87 PKSC

2:17.51 QCECUPJUL VAN DOOPMMAAL,Scott,87,GMAC
2:19.71 CANJRNATUUL SHHH,Bichard,87,NKB
2:20.26 BCAAAAGUL TAPP,Jke.88,LOSC
2:20.45 OC1LCAPR ZIEBA,Bichard,88,PCSC
10 2:20.62 QC1LCAPR RINALDI,Jonathan,88,CAMO
50 m Breaststroke
32.30 PPOINVMAY MELL,Bran,88,USC
32.81 ONAACAPR KRAVTSOV,Paul,87,OAK
33.06 ABAGLCUUL LAA, Jeffrey,88, BKSC
33.08 ONAACAPR CAGUIAT,Jonadhan,87,CHAMP

OCAGULL DUMONT,Maxime,88,FEG
OCECUPUUL LUND,Jesse.87,EKSC
CANJNNATJUL DUCHESNEAU,Marc-Andre,87,CARP OCAGULL LAVALLEEEETienn:88,EXCE
QCAGULL VALLIEEES:LAFCCOUEGUillame,88,CNSJ
34.23 ONNYACMAY MATERSKI,Michael,87,MSSAC

100 m Breaststroke
:11.11 ONHICKEMMAY KRAVTSOV,Paul,87,OAK
1:11.74 ONJPPRVUUL MATERSKI,Michael,87,MSSAC
1:12.21 ONDVITMAPR CAGUAT, Jonathan,87,CHAMP
1:12.31 BCCOSCAPR HO,LLeonard,87,HYACK
1:12.35 ONJRPPVUUL ROSS,Jamie,87,DUCKS
1:12.43 CANJRNATULL MELL,Bryan,88,USC
1:13:.69 CANURNATJUL DUCHESNEAU,Marc-Andre,87,CARP
1:14.43 CANJRNATUUL LUND,,Jesse,87,EKSC
1:14.99 BCAAAAGUL SZE,MAIthew, 88, UBCD
1:15.02 ABAGLCJUL NG,Michael,87,EKSC
200 m Breasistroke
2:34.14 ONHICKEMMAY KRAVTSOV,Paul.87,OAK
2:34.67 OCAGULL DUMONT,Maxime.88,REG
2:36.29 ONJPPRVUUL MATESSKI,Michael,, 7, MSSAC
2:36.65 ONJPPRVUUL ROSS,Jamie,87,DUCKS
2:36.88 BCCDSCAPR HO,Leonad, 87 , HYACK
2:37.83 ONJRPPVUULL MELL,Bryan,88,USC
2:39.50 PPOINVMAY DUCHESNEAU,Marc-Andre,87,CARF
2:41.05 CCECUPUUL LUND,Jess,87,EKSC
2:42.47 BCAAAAGUL SZEMAMthew,88,UBCD
10 2:44.65 ONDVITMAPR CAGUIAT,Jonalhan,87,CHAMP
50 m Butterfly
27.72

ONAACAPR BYFNE,Jeffrey, $87, S S M A C$
QCECUPJUL RENAUD,Felix,88,CNB
QCAGULL LAVALLEEEEienne,88,EXCEL QC2LCAPR CHARTRAND,Samuel,88,E1TE ONNYACMAY KAPTTAN,Mathev,87,COBRA CANJNNATJUL GREENSHELDS,,Joel,88,RDCSC ONAACAPR ZONENBERG,Nathan,87,NYAC
CCAGULL DUPONT,Joel, $88, \mathrm{ULAV}$
ABAGLCUUL WOLLACH,Pascal, 87,CASC
QCLLCAPR ROME-GOSSEIN,Maxime, 87,CNHR
100 m Butterily
1:01.13 ONNEORAUNN BYRNE,Jeftrey,87,SSMAC
1:01.51 CANJNNATJUL CHARTTAAND,Samuel,88,EITE
1:02.27 QCECUPJUL RENAUD,Felix,88,CNB 1:03.03 BCAAAAGUL YAP.CHUNG,Kris,87,HYACK
1:03.11 ABAGLCJUL GREENSHEEDS,Joel,88,RDCSC
1:03.22 CCECUPUUL BABI,Endi,88,ESWIM
1:03.41 BCSRLCFEB LIM,Ki Hun,87,,UBCD
1:03.63 ONJPPRVJUL PRAJOGO,YOnathan,88,COBBA
1:04.06 ONDV1TMAPR CARKNER,Jonathon, 87, GMAC
10 1:04.27 ONDVTTMAPR ZONENEERG,Nanhan,87,NYAC

## 200 m Butterfly

2:15.86 QC1LCAPR RENAUD,Felix,88,CNB
2:16.08 OCECUPULL BAB1,Endi;88,ESWIM
2:17.73 CCAGULL LAVALLEEEEienne,88,EXCEL
2:19.30 BCCDSCAPR YAP-CHUNGG,Kis,8,7,HYACK
2:19.89 ONDVTTMAPR BYRNE,Jeffrey, $87, S S M A C$
2:21.04 ONESWIMJUN VAN DOORMAAL,Scott,87,GMAC
2:21.76 NSDUNNUN BOUCHARD,Matheu,87,AQUA
2:22.21 BCAAAAGULL IIC,Davor,88,UBCD
$\begin{array}{ll}2: 222.51 & \text { BCCDSCAPR LIM,Ki, Hun,87,UBCD }\end{array}$
10 2:22.80 ONJPPRVUUL LUGO, Jonanhan, 87, MSSAC
200 m Ind. Medley
2:14.01 ONVICDAPR BAIER,Daniel,88,STARS
2:16.17 ONVICDAPR RIPLEY,Jonathon,87,CYPS
2:19.24 CCECUPUUL LUND,,Jesse,87,EESC
2:19.95 ONUPPRVUUL BENTO,Christopher,87,LAC
2:21.45 ONESWIMJUN KURTZER,Mak,87,NEW
2:21.77 ONVICDAPR COX,Nathan,87,CYPS
2:22.02 QCAGULL RENAUD,Feli, 88, CNB
2:22.58 QCOLCAPR LAVALLEEEETienne,88,EXCEL
2:22.72 BCCDSCAPR HO,Leonad,87,HYACK
10 2:22.73 CCECUPJUL VAN DOOFMAAL,Scott,87,GMAC
400 m Ind. Medley
4:51.92 QCECUPJUL BENTO,Christopher,87,LAC
4.57.74 ONLACMAY KURTZER,Mark,87,NEW
4.57.76 QCAGULL RENAUD,Felix,88,CNB

5:00.35 BCHYACKMAY WOLLACH,Pascal,87,CASC
5:00.61 OCECUPJUL D'AMICO,Gavin,87,EKSC
5:02.31 BCAAAAGULL IIC,Davor,88,UBCD
$\begin{array}{ll}\text { 5:02.31 } & \text { BCAAAAGULL IIC,DVavor,88,UBCD } \\ \text { 5:02.89 } & \text { BCCDSCAPR HO,Leonad,87,HYACK }\end{array}$

5:03.38 MBSKLCUUN LOVEAlexander, 87, ROD
1 5:03.70 CCAGULL LAVALLEEEEienne,88,EXCEL

## 2002 LONG COURSE TAG.

## GIRLS 14 Years of Age 50 m Freestyle <br> 50 m Freestyle

27.08 CANJFNATJUL SAUMUR,Genevieve, 88, CAMO
27.22 CANLCAUG GILLESPIEEEmily,87,NKB
27.43 CANJNNATUUL POMERLEAU,Kirsten L,87,DEL
27.51 BCHYACKMAY REMERBBittany,88,SKSC
27.53 CANJRNATUUL LEEHA,Catherine,87,RHAC 27.59 CANJPNATJUL TOOGOOD,JUlianne,87,MM 27.77 ONJPPRVUUL MORDEN,Maree,87,BOSC
27.93 ONESWIMJUN KUMENTAS,Nadia,87,WD
27.97 BCHYACKMAY PASLOSK1,Lynsey,87,WGB
28.03 CCAGULL FRECHETIEAnneMarie,87,CNB

100 m Freestyle
57.86 CANJFNATUUL SAUMUR,Genevieve,88,CAMO
58.00 CANLCAUG GILLESPIEEmily,87,NKB
59.52 ONDV2TMAPR MORDEN,Maree,87,BOSC
59.57 CANLCAUG MITCHELL,Seanna,88,NKB 59.58 CANCWTRMAR POMERLEAU,Kirsten L,87,DE
59.63 BCAAAAGULL BEAUDRY,Maya.88,UBCD 59.68 CANJRNATUUL TOOGOOD,JUlianne,87,MM 59.75 CANJPNATJUL REMERBBittany,88,SKSC

1:00.39 ABAGLCJUL KABESH,Kim,87,STSC
10 1:00.63 BCAAAAGUL PASLOSKI,Lynsey,87,WGB

## 200 m Freestyle

2:06.39 CANJINATJUL REMER,Bittany,88,SKSC
2:06.99 CANLCAUG GILLESPIE:Emily,87,NKB 2:07.27 BCAAAAGULL BEAUDRY,Maya,88, UBCD 2:08.24 ONJJPRVVULL MORDEV,Maree,87,BOSC 2:09.52 QCILCAPR SAUMUR,Genevieve,88,CAMO 2:09.72 CANJPNATJUL SCHMUCK,Anne,87,PSW 2:10.34 BCAAAAGULL BELL,Amanda,88,SPART 2:11.87 ONESWIMJUN JELEV,Jody,87,ESWIM 2:11.93 CANLCAUG MITCHELL,Seanna,88,NKB 0 2:12.47 CANJRNATUUL BEATON,ETica,88,HYACK

## 00 m Freestyle

4:18.00 CANLCAUG REMERBBitany,88,SKSC 4:24.87 BCZAUACMAY GRIFFIN,August,88,UBCD 4:27.69 CANLCAUG SCHMUCK,Anne,87,PSW 4:29.08 BCAAAAGUL BELL,Amanda,88,SPART 4:33.28 BCAAAAGULL BEAUDRY,Maya,88,UBCD 4:33.69 BCZANACMAY JOHNSON,Kathry, 88, UBCD 4:35.68 ONJPPRVUUL MORDEN,Marle, 87, BOSC 4:39.63 ONJPPPVJULL GILLESPPIEEEmily,87,PRERTH 4:40.96 ONDVITMAPR MACLEOD,Jamie,87,ESWIM 4:41.39 CANJNNATJUL RAWLINGS,Kayla,87,PSW

## 800 m Freestyle

9:01.04 BCZANACMAY REMERBBitany,88,SKSC
9:113.67 BCAAAAGULL BELL,Amanda,88,SPART
9:13.70 CANJRNATUUL SCHMUCK,Anne,87,PSW 9:19.59 BCZANACMAY JOHNSON,Kadhryn,88,UBCD 9:25.60 BCAAAAGULL BEAUDRY,Maya,88,UBCD 9:29.74 ABEKSCAPR YOUNG,Glenna.88.FMSC 9:32.97 OCECUPUUL GILLESPIE,Enily,87,NKB 9:39.74 BCAAAAGULL RAWLINGS,Kayla,87,PSW 9:41.26 BCAAAAGULL GRIFFIN,August,88,UBCD 9:42.11 ONESWIMJUN JELEN,Jody,87,ESWIM 1500 m Frestyle

17:26633 BCAAAINVJUN REIMERBititany,88,SKSC 17:33.77 CANLCAUG BELL,Amanda,88,SPART 17:39.15 CANLCAUG JOHNSONKKahryn,88,UBCD 17:57.10 BCCDSCAPR SCHMUCK,Anne,87,PSW 18:39.26 NITSCMAY MACLEOD,Jamie,87,ESWIM 18:40.86 BCHYACKMAY YOUNG,Glenna,88,FMSC 18:44.71 BCCDSCAPR GRIFFIN,August,88,UBCD 18:44.11
18:52.13
BCAAAINJUN
BEAUDRYYMMaya.88.UBCD
 10 19:31.95 SKRODJUN DUARTELINda,87,ROD

## 50 m Backstroke

30.75 CCAGULL SAUMUR,Genevieve,88,CAMO
31.25 BCHYACKMAY KOTLOWSKK,Kaie,88,PSW 31.50 CANCWTRMAR GILLESPIE,Enily,87,PERTH 31.52 CANJINNATJUL BUCZKOWSKI,Whitney,88,BBSA 31.52 CANJNNATJUL POMERLEAU,Kirsten L.87,DEL
31.78 CANJNNATJUL HOEKSTRA,Mallory,87,ERSC
32.18 CANJNNATUUL BAXTER,Tara,87,NKB
32.29 CCECUPUUL PAYNEMyykah,87,BRANT 32.39 ONLACMAY HUBERT,Alyssa,87,CYPS 3 32.58 CANJNNATUUL GILLESSPELELauren,87,EXST

## 100 m Backstroke

1:05.56 CANJPNATJUL SAUMURGGenevieve,88,CAMO 1:06.78 CANLCAUG HOEKSTRA,Malory,87,UASC 1:06.96 ABEKSCAPR POMERLEAU,Kirsten L,87,DEL 1:07.12 MIDOMINOMAY GILLESPIE,Enily,87,EOSA 1:07.89 ONDVITMAPR HUBERT,Ayssa, 87,CYPS 1::8.80 MIDOMINOMAY MCQUEEV,Shannon,87,EOSA 1:08.85 BCZANACMAY REMERBBitany,88,SKSC 1:09.56 BCZZAACMAY BUCZKOWSKI,Whitrey,88,BBSA 1:09.75 OCECUPUUL WALKER,Lauren,88,OSC 1:09.84 CANJNNATJUL BAXTER,Tar,87,NKB

## 200 m Backstroke

2:21.21 CANJRNATUUL REMER,Bittany,88,SKSC 2:23.31 OCCUP3JUL SAUMURGGenerieve, 88, CAMO 2:23.60 CANJPNATJUL SCHMUCK,Anne,87,PSW 2:25.60 CANJNNATUUL HOEKSTRA,Malory,87,EKSC

2:26.24 BCZANACMAY KOTLOWSKI,Katie,88,PSW
2:26.97 CANJPNATJUL MCQUEEN,Shannon,87,NK
2:27.80 ONDVITMAPR HUBERT,Alyssa,87,CYPS
2:27.80 CCECUPJUL GILLESPIEEnily,87,NKB 2:28.69 CANJNNATJUL GILLESPIELLauren,87,EXST 2:31.12 BCAAAAGULL BELL,Amanda.88,SPART
50 m Breaststroke
34.47 CANJINATJUL OBAS,Katrina,88,NKB
34.69 CANJRNATJUL PASLOSKK,LInsey,87,WGB
35.21 CANLCAUG RICH,Whitney,88,LAC
35.55 CCECUPJUL GILLESPIEEnily,87,NKB 35.65 CANJRNATJUL RICHARDSON,Kaea, $, 88, V$ VKSC 35.91 MBSKLCUN HENDRCK,Eizabeth,87,BRSA
36.09 ONAACAPR PLATA,Jessica,88,OAK
36.32 CANJVNATJUL TREMBLAY,Lysanne,88,CNCB 36.44 CANJRNATJUL GENEVIEVE,Crevier, 88, CNHR 36.92 CCECUPJUL CHAN,Rachel,88,TO

## 100 m Breaststroke

1:14.29 CANJNNATJUL PASLOSKI,Lynsey,87,WGB 1:15.58 MIDOMINOMAY OBAS,Katina,88,EOSA 1:15.91 CANLCAUG RICH,Whitney,88,LAC 1:17.28 MBSKLCUUN HENDRICK, Bizabeth,87,BRSA 1:17.37 CANJPNATJUL GENEVIEVECTrevier,88,CNHR
1:17.58 BCSPLCFEB SCHMUCK,Anne,87,PSW
1:17.90 ONDV2TMAPR GILLESPIEEEmily,87,PERTH 1:18.65 BCAAAINVUUN RICHARDSON,Kaela,88,VKSC 1:18.83 PCSCSCAGUN SYMES,Kaderina,88,EKSC
1:18.89 QCECUPUUL CHAN,Rachel,88,TO

## 200 m Breaststroke

2:38.73 CANLCAUG RCCH,Whitnev.88,LAC 2:39.94 CANJRNATJUL PASLOSKI,Lynsey,87,WGB 2:43.70 CANJINATJUL GENEVIEVE,Crevier, 88, CNHR 2:43.79 CANJNNATJUL TREMBLAY,Lysanne,88,CNCB 2:45.60 QCECUPJUL WALKER,Lauren,88,OSC
2:45.91 MIDOM INOMAY OBAS,Katrina,88,EOSA
2:46.07 CCECUPUUL CHAN,Rachel,88,TO
2:46.73 BCISUUN SCHMUCK,Anne,87,PSW
2:46.98 BCZAAACMAY READY,Carleen,87,LASC
10 2:47.55 MBSKLCJUN HENDRICK,Bizabeth,87,BRSA
50 m Butterfly
28.77 CanJINATJULL SAUMUR,Genevievev,88,CAMO
28.96 CANLCAUG GILLESPIEEEmily,87,NKB
29.45 CANURNATJUL KABESH,Kim,87,STSC 29.64 CANJRNATJUL RAWLINGS,Kayla,87,PSW
30.00 CCECUPJUL RUDY,Tawnna,87,SCAR
30.15 OCECUPJUL FRECHETIEAnne Marie,87,CNB
30.18 CANJRNATUUL BAXTERTTa, $877, N K B$
30.25 MBSKLCJUN HENDRICK,Eizabeth,87,BRSA
30.61 ABNCSAMAY POMERLEAU,Kirsten L,87,DE
30.89 BCZAJACMAY KOTLOWSKI,Kaie,88,PSW

100 m Butterfly
1:05.23 CANJRNATUUL SAUMUR,Genevieve,88,CAMO
1:05.39 CANLCAUG GILLESPPEEEnily,87,NKB
1:05.76 CANJRNATJUL RAWLINGS,Kayla,87,PSW
1:05.83 CANJNNATJUL KABESH,Kim,87,STSC
1:06.03 ONDV1TMAPR SCOTT,Biitney, 87, ROW
1:06.38 ONJPPRVUUL KUMENTAS,Nadia,87,WD
1:06.54 CCECUPUUL FRECHETEEAnne Marie,87,CNB
1:07.10 BCZAJACMAY KOTLOWSKI,Kaie,88,PSW
1:07.19 QCECUPUUL ANDRUCHUK,Stefanie.88,MANTA
10 1:07.65 QCECUPJUL RUDY,Tawnna,87,SCAR
200 m Butterfly
2:22.66 CCECUPUUL ANDRUCHUK,Stéanie,88,MANTA
2:24.78 BCSRLCFEB RAWLINGS,Kayla,87,PSW
2:26.83 BCZAJACMAY READY.Carleen.87,LASC
2:27.09 ABAGLCJUL KABESH,Kim,87,STSC
2:27.26 ONDV1TMAPR SCOTT,Brithey,87,ROW
2:27.63 CCECUPJUL RUDY,Tawnya,87,SCAR
2:27.94 OCAGULL SAUMUR,Generieve,88,CAMO 2:28.43 QCAGULL FRECHETE,Anne Marie,87,CNB 2:28.62 CANJNVATJUL ROTH,HOllis,88,IS
10 2:28.68 ABEKSCAPR YOUNG,Glenna,88,FMSC
200 m Ind. Medley
2:25.50 CANCWTRMAR SCHMUCK,Anne,87,PSW
2:26.27 ONLACMAY RICH,Whiney,88,LAC
2:26.73 BCZAJACMAY REMERBBitany,88,SKSC
2:26.77 CANCWTRMAR GILLESPPEEEnily,87,PERTH
2:27.74 QCAGULL SAUMUR,Genevieve,88,CAMO
2:29.92 ONLACMAY MARION,Ashley,87,LLAC
2:30.46 BCZAAACMAY READY,Carleen,87,LASO
2:31.22 ONDVITMAPR JEEEN,Jody,87,ESWIM
2:31.30 CCECUPUUL RUDY,Tawnna,87,SCAR
10 2:31.37 CANJNNATUUL HOEKSTRA,Malory,87,EKSC
400 m Ind. Medley

## BOYS 15 Years of Age

## m Freestyle

25.40 QCAGUUL PETREOctavian,87,CAMO
25.68 QCCUP3JUL AGOSTINO,Alexandre,87,LAVAL
25.75 QCCUP2MAY MURRAY,Nicolas,86,DYNAM
25.78 CANJRNATJUL LALIBERTE,Marc,86,EXCEL
25.80 QC1LCAPR NEWMAN,Wesley,86,DDO
25.97 NISTARJUN DIPAOLO,Matteo,86,VAC
26.00 ONDV2TMAPR HALE,Brannyn B,86,NSA
26.07 CANJRNATJUL MEREAU,Paul,87,CASC
26.08 ONNYACMAY CHIU,Alex,86,MSSAC
26.09 ONJRPRVJUL AGUECI,Francesco,86,VAC

100 m Freestyle
55.30 QCCUP2MAY MURRAY,Nicolas,86,DYNAM
55.65 QC1LCAPR NENMAN,Wesley,86,DDO
55.83 QCAGULL PROVENCHER-FORGET,David,86,DDO
56.23 CANJRNATJUL MCKNIGHT,James, 87, GOLD 56.25 ONJRPRVJUL DI PAOLO,Matteo,86,VAC 56.54 CANJRNATJUL DAVID,P-Forget,86,DDO
56.61 QC2LCAPR LALIBERTE,Marc,86,EXCEL
56.78 BCAAAAGJUL NG,Norman,86,HYACK 56.80 ONJRPRVJUL AGUECI,Francesco,86,VAC 56.97 ONHICKENMAY ACKROYD,Colin,86,AAC

200 m Freestyle
1:58.58 CANJRNATJUL DAVID,P-Forget,86,DDO
1:59.04 ONJRPRVJUL ACKROYD,Colin,86,AAC
1:59.78 QCCUP2MAY LALIBERTE,Marc,86,EXCEL
2:00.61 QCAGJUL PROVENCHER-FORGET,David,86,DDO
2:00.89 OCECUPJUL HURD,Zachary,86,BTSC
2:01.63 QCCUP2MAY MURRAY,Nicolas,86,DYNAM
2:02.45 BCAAAAGUUL ALEXANDER,Richard,87,IS
2:02.67 MBSKLCJUN MCKNIGHT,James,87,GOLD
2:03.07 QC1LCAPR NENMAN,Wesley,86,DDO
2:03.25 ONJRPRVJUL AGUECI,Francesco,86,VAC
400 m Freestyle
4:09.97 QCCUP2MAY LALIBERTE,Marc,86,EXCEL
4:15.54 QCAGJUL PROVENCHER-FORGET,David,86,DDO
4:18.60 BCSRLCFEB MONK, James,86,UBCD
4:19.65 CANJRNATJUL DAVID,P-Forget,86,DDO
4:19.89 BCAAAAGULL ALEXANDER,Richard,87,IS
4:21.78 ONDV2TMAPR GREEN,Buddy,86,LUSC
4:21.80 ONDV2TMAPR ACKROYD,Colin,86,AAC
4:21.82 QCAGJUL LACHANCE-FORTIN,Aubert,87,ULAV 4:21.99 QCECUPJUL HURD,Zachary,86,BTSC 10 4:22.16 CANJRNATJUL REDD,Brad,86,HYACK
800 m Freestyle
8:59.99 BCHYACKMAY CUTHBERT,Jens, 86,UBCD
9:01.81 CANJRNATUUL REID,Brad,86,HYACK
9:09.33 BCHYACKMAY QUINLAN, Edward Jovan,86,UBCD
9:12.90 BCHYACKMAY WAGNER,Andrew,86,UBCD
9:14.15 CANJRNATJUL ARMSTRONG,Tristan,87,BRSA
9:19.48 BCAAAINVJUN HO,Leonard,87,HYACK
9:34.26 BCHYACKMAY MINSTER,Dan,86,UBCD
9:38.17 BCISUUN HIEBERT,Jordan,87,CRKW
9:40.45 BCAAAINVJUN NG,Norman,86,HYACK
10 10:20.34 BCISJUN MOREY,Trevor,87,RAYS
1500 m Freestyle
17:03.97 BCSRLCFEB MONK, James,86,UBCD
17:10.71 CANJRNATJUL DAVID,P-Forget,86,DDO
17:11.83 BCZAJACMAY CUTHBERT,Jens,86,UBCD
17:16.23 CANJRNATJUL REID,Brad,86,HYACK
17:17.27 ONJRPRVJUL MONACO,Marco,86,OAK
17:20.54 CANJRNATJUL QUINLAN,Edward Jovan,86,UBCD
17:21.98 QCCUP2MAY LETOURNEAU,Mathew,87,CNHR
17:24.89 ONLUSCMAY GREEN,Buddy,86,LUSC
17:24.89 ONLUSCMAY GREEN,Buddy,86,LUSC
17:25.06 ONHCKENMAY NIEDZIESSKI,Nelson,87,MSSAC
$10 \quad 17: 29.09$
QCAGJUL LAVALLEE,Simon,87,CNNG

## 50 m Backstroke

28.31 CANJRNATJUL GENDRON,Eric,86,BRSA
28.92 ONAACAPR ACKROYD,Colin,86,AAC
29.66 CANJRNATJUL NEMMAN,Wesley,86,DDO
30.01 QCCUP2MAY FRACKE,Hans,86,USC
30.05 CANJRNATJUL DESILEIS,Alexandre,87,MEGO
30.47 CANJRNATJUL SHERWOOD,Alex,86,KCS
30.60 MBSKLCUUN PAPE,Ashley,87,BRSA
30.71 MBSKLCJUN FOWLER,Brody,86,LASER 30.88 ONROWMAY ALLAIN,Michael,86,BST $\begin{array}{ll}30.88 & \text { ONROWMAY ALLAIN,MIChaei,86,BST } \\ 31.13 & \text { QCECUPJUL KAPITAN,Mathew,87,TO }\end{array}$

## 100 m Backstrok

59.96 CANLCAUG ACKROYD,Colin,86,AAC

1:01.59 CANJRNATJUL GENDRON,Eric,86,BRSA
1:02.46 QC1LCAPR NEWMAN,Wesley,86,DDO
1:02.48 BCKCSUUN SHERWOOD,Alex,86,KCS
1:03.55 QCECUPJUL DESILETS,Alexandre,87,MEGO
1:03.68 ONNKBMAY LENERT,Andrej, 86,NKB
1:03.73 QCCUP2MAY MURRAY,Nicolas,86,DYNAM
1:04.14 MBSKLCJUN PAPE,Ashley,87,BRSA
1:04.24 ONJRPRVJUL VOLLMER,Daniel,86,AAC
1:04.29 ONJRPRVJUL ALLAIN,Michael,86,BST

## 200 m Backstroke

2:09.69 ONJRPRVUUL ACKROYD,Colin,86,AAC
2:13.25 CANJRNATJUL GENDRON,ETic,86,BRSA
2:15.23 BCAAAAGUUL ALEXANDER,Richard,87,IS
2:16.43 QC1LCAPR NENMAN,Wesley,86,DDO

## 2:17.62 QC3LCAPR MURPAY Nicle 86 DYNAM

 2:17.81 BCKCSJUN SHERWOOD,Alex,86,KCS 2:18.26 ONESWIMJUN HOLLAND,Brian,86,MSSAC2:18.33 ONNKBMAY LENERT,Andrej,86,NKB
2:18.81 OCAGJUL LAVALLEE,Simon,87,CNNG 10 2:19.35 ONLACMAY ELLISON,Donald,87,NEW
50 m Breaststroke
31.96 QCECUPJUL CAGUIAT,Jonathan,87,CHAMP
32.32 CANJRNATJUL CHIEN,Ryan,86,HYACK
33.03 QCECUPJUL MATERSKI,Michael,87,TO
33.32 CANJRNATJUL HARMIDY,Kevin,87,PCSC
33.43 QCECUPJUL KRAVTSOV,Paul,87,TO
33.60 MBSKLCJUN RIEGER,Raymond,87,BRSA
33.60 MBSKLCUUN REGER,Raymond,87,BRSA
33.95 QCCUP2MAY LALIBERTEMarc,86,EXCE
34.03 QCECUPJUL MARCHAND,Zachary,87,MEGO
1034.15 CANJRNATJUL MALAWSKI,Andrew,87,ROD

100 m Breaststroke
1:07.74 ONHICKENMAY MONACO,Marco,86,OAK
1:09.07 CANJRNATJUL CHIEN,Ryan,86,HYACK
1:10.75 CANJRNATJUL HARMIDY,Kevin,87,PCSC
1:11.66 QCECUPJUL CAGUIAT,Jonathan,87,CHAMP
1:11.95 ABEKSCAPR ESTOR,Rodale,87,CASC
1:12.23 ONJRPRVJUL KRAVTSOV,Paul,87,OAK
1:12.28 BCAAAAGUUL HO,Leonard,87,HYACK
1:12.88 QCECUPJUL MATERSKI,Michael,87,TO
$\begin{array}{lr}1: 12.88 & \text { OCECUPJUL MATERSKI,Michaed,87,TO } \\ \text { 1:12.98 } & \text { ONESWIMJUN ELLISON,Donald,87,NEW }\end{array}$
10 1:13.13 MBSKLCJUN MALAWSKI,Andrew,87,ROD
200 m Breaststroke
2:25.46 CANLCAUG MONACO,Marco,86,TO
2:32.66 CANJRNATJUL HO,Leonard,87,HYACK
2:33.24 OCAGJUL GLASSMAN,Zachary,86,DDO
2:34.65 QCECUPJUL ELLISON,Donald,87,NEW
2:34.80 QCECUPJUL KRAVTSOV,Paul,87,TO
2:34.90 CANJRNATJUL CHIEN,Ryan,86,HYACK
2:34.94 QCECUPJUL MATERSKI,Michael,87,TO
2:35.30 QCAGJUL HARMIDY,Kevin,87,PCSC
9 2:36.55 MBSKLCJUN MALAWSKI,Andrew,87,ROD
10 2:37.29 OCAGJUL PROVENCHER-FORGEI,David,86,DDO
PPOINVMAY MILOT,David,87,PCSC 27.19 QCCUP3JUL AGOSTINO,Alexandre,87,LAVAL 27.22 ONVICDAPR BRONSON,Justin A,86,OSHAC 27.79 27.81 OCECUPJUL FERGUSON,Nathan,86.EBSC CANJRNATJUL LAVALIE QCECUPJUL KAPITAN,Mathew,87,TO ONNYACMAY DINC,Mehmet,87,MSSAC QCCALACAPR LETOURNEAU,Matthew,87,CNHR 21 QCCUP2MAY MURRAY,Nicolas,86,DYNAM
100 m Butterfly
59.93 QCECUPJUL FERGUSON,Nathan,86,EBSC

1:00.56 QCAGJUL DAGASH,Roman,86,CAMO
1:00.74 ONJRPRVJUL BYRNE,Jeffrey,87,SSMAC
QCAGJUL MARCOUX,Steven,87,EXCEL
1:00.83 QCCUP3JUL AGOSTINO,Alexandre,87,LAVAL
1:00.85 QCECUPJUL LEGER,Maximilian,87,CAMO
1:00.97 QCECUPJUL HURD,Zachary,86,BTSC
$\begin{array}{ll}1: 00.97 & \text { QCECUPJUL HURD,Zachary,86,BCSC } \\ \text { 1:01.16 } & \text { BCCDSCAPR MILOT,David,87,PCSC }\end{array}$
1:01.69 ONJRPRVJUL DINC,Mehmet,87,MSSAC
10 1:01.77 CANJRNATJUL LAVALLEESSimon,87,EXCEL

## 200 m Butterfly

2:14.48 PPOINVMAY MILOT,David,87,PCSC
2:14.98 ONDV1TMAPR HURD,Zachary,86,BTSC
2:14.98 BCHYACKMAY CUTHBERT,Jens,86,UBCD
2:15.60 ONJRPRVJUL BYRNE, effrey,87,SSMAC
2:15.73 QCECUPJUL PROVENCHERFFORGET,David,86,DDO
2:15.82 QCECUPJUL DAGASH,Roman,86,CAMO
2:16.43 QCECUPJUL FERGUSON,Nathan,86,EBSC
2:17.45 ONESWIMJUN TUNG,Bryce,86,ESWIM
2:18.62 ONJRPRVJUL AGUECI,Francesco,86,VAC
$10 \begin{array}{lll}2: 18.71 & \text { CCAGJUL MARCOUX,Steven, } 87, \text {,XXCE }\end{array}$

## 200 m Ind. Medley

2:14.61 ONJRPRVJUL ACKROYD,Colin,86,AAC
2:16.04 QC1LCAPR PROVENCHER-FORGET,David,86,DDO
2:16.16 ONJRPRVJUL MONACO,Marco,86,OAK
2:16.49 CANJRNATJUL DAVID,P-Forget,86,DDO
2:16.63 QC3LCAPR MURRAY,Nicolas,86,DYNAM
2:17.92 CANJRNATJUL LALIBERTE,Marc,86,EXCE
2:20.20 BCZAJACMAY DEROCHE,Matthew,86,BRSA
2:20.28 QC1LCAPR MILOT,David,87,PCSC
2:20.47 BCAAAAGJUL ALEXANDER,Richard,87,IS
10 2:20.78 QCECUPJUL O'NELLL,Braden,87,OSC

## 400 m Ind. Medley

4:47.70 ONHICKENMAY MONACO,Marco,86,OAK
4:49.25 CANJRNATJUL DAVID,P-Forget,86,DDO
4:50.57 QC1LCAPR PROVENCHER-FORGET,David,86,DDO 4:52.47 ONDV2TMAPR ACKROYD,Colin,86,AAC
4:54.69 QCAGJUL BRASSARD-GAGNON,Philippe,86,DDO 4:56.00 CANJRNATJUL QUINLAN,Edward Jovan, 86, UBCD $\begin{array}{ll}\text { 4:56.00 } & \text { CANJRNATJUL QUINLAN,EdWard Jovan,86,UBCD } \\ \text { 4:56.59 } & \text { BCZAJACMAY DEROCHIE,Mathew,86,BRSA }\end{array}$ $\begin{array}{ll}\text { 4:56.59 } & \text { BCZAJACMAY DEROCHIE,Matthew,86,BRSA } \\ \text { 4:56.63 } & \text { BCAAAAGUUL ALEXANDER,Richard,87,IS }\end{array}$ $\begin{array}{ll}\text { 4:56.63 } & \text { BCAAAAGUUL ALEXANDER,Richard,87,IS } \\ \text { 4:56.72 } & \text { QCECUPJUL O'NELLL,Braden,87,0SC }\end{array}$ $\begin{array}{ll}\text { 4:56.72 } & \text { QCECUPJUL O'NELLL,Braden,87,OSC } \\ \text { 4:56.81 } & \text { OCECUPJUL ELISON,Donadd, } 87, \text { NEW }\end{array}$

## GIRLS 15 Years of Age

 50 m Freestyle27.06 ONJRPRVJUL WILKINSON,Julia,87,SKYAC
27.70 CANCWTRMAR BENNETT,Allison,87,NYAC
27.79 QCECUPJUL PATTERSON,Taye,86,GO
27.91 MBSKLCJUN MILLER,Lindsey,86,BRSA
27.95 QCECUPJUL BABB,Caitlin,87,DDO
28.00 CANJRNATJUL RATELLE,Marie Pier, 87, MEGO
28.07 ONJRPRVJUL SERGEANT,Erika,87,BTSC
28.21 BCAAAAGUUL POIRER-LEROY,Genevieve,87,NRST
28.23 QCECUPJUL DIFAZIO,Justina,87,TO
28.30 BCAAAAGJUL DOWNING,Mackenzie,86,WGB

## 00 m Freestyle

59.10 ONJRPRVJUL WILKINSON,Julia,87,SKYAC
59.33 CANCWTRMAR BENNETT,Allison,87,NYAC
59.54 QCECUPJUL BABB,Caitlin,87,DDO

1:00.04 QCECUPJUL GRAHAM,Kayla,86,EAST
1:00.33 QCECUPJUL SERGEANT,Erika,87,BTSC
1:00.67 CANLCAUG MILLER,Lindsey,86,BRSA
1:00.88 BCAAAAGJUL POIRIER-LEROY,Genevieve,87,NRST
1:01.11 BCZAJACMAY TAYLOR,Sabrina,86,HYACK 1:01.13 BCCDSCAPR HACKETT,Shannon,86,UBCD 1:01.17 QCECUPJUL PATTERSON,Taye,86,GO
200 m Freestyle
2:06.41 CANLCAUG HACKETT,Shannon,86,UBCD
2:08.66 ONJRPRVJUL WILKINSON,Julia,87,SKYAC
2:08.90 BCSRLCFEB LENCOE,Taryn,86,UBCD
2:09.23 CANCWTRMAR BENNETT,Allison,87,NYAC 2:09.58 NSEASTCSTJUL HALEY,Bevan,87,WTSC
2:10.42 CC1LCAPR BABB,Caitlin,87,DDO
2:10.45 ONHICKENMAY DUDAR, Bizabeth A,86,MSSAC
2:10.78 QCECUPJUL GRAHAM,Kayla,86,EAST
2:11.02 ABEKSCAPR NORTON,Thea,86,OSC
0 2:11.86 CANCWTRMAR WISELaura,86,TO
400 m Freestyle
4:19.50 CANLCAUG HACKETT,Shannon,86,UBCD
4:22.84 BCSRLCFEB LENCOE,Taryn,86,UBCD
4:26.86 CANLCAUG HALEY,Bevan,87,WTSC
4:28.74 CANLCAUG DUDAR,Eizabeth A,86,TO
4:33.87 BCZAJACMAY NORTON,Thea,86,UOFA
4:34.92 CANCWTRMAR KREMER,Avery,86,UASC
4:35.07 QCECUPJUL DUDAR,Eyse,86,TO
4:35.09 CANCWTRMAR POMAIZL,Valerie,86,NRST
4:36.00 QCECUPJUL COOPER,Brittany,86,LAC
10 4:36.81 BCSRLCFEB RUSH,Kelsey,86,WVOSC

## 800 m Freestyle

9:00.24 CANCWTRMAR HACKETT,Shannon,86,UBCD
9:01.87 BCSRLCFEB LENCOE,Taryn,86,UBCD
9:05.84 CANCWTRMAR HALEY,Bevan,87,WTSC
9:08.63 CANCWTRMAR DUDAR,Eizabeth A,86,TO
9:22.88 PCSCSCAGUN NORTON,Thea,86,UASC
9:23.59 QCECUPJUL DUDAR,Eyse,86,TO
9:26.46 CANCWTRMAR POMAIZL,Valerie,86,NRST
9:28.88 ONJRPRVJUL COOPER,Brittany,86,LAC
9:31.19 BCSRLCFEB GOODRIDGE,Darcy,86,UBCD 0 9:32.13 QCECUPJUL ONEILL,Sarah,87,MAC

## 1500 m Freestyle

17:12.79 CANLCAUG DUDAR,Eizabeth A,86,TO
17:20.19 CANLCAUG HALEY,Bevan,87,WTSC
17:58.06 BCCDSCAPR GOODRIDGE,Darcy,86,UBCD
4 18:24.59 CANJRNATJUL RUSH,Kelsey,86,WVOSC
18:27.79 BCHYACKMAY STARRATT,Carol,87,CASC
21:42.18 BCAAINVJUN ENGESETH,Jodie,87,HYACK

## 50 m Backstroke

30.60 CANCWTRMAR BARTLETT,Melissa,86,CYPS
30.91 CANLCAUG ASPINALL,Jessica,87,RAC
31.14 CANJRNATJUL YESTRAU,Landice,87,MM
31.40 CANCWTRMAR SMITH,Katelyn,86,TO
31.59 CANCWTRMAR BRAND,Noemie,87,PCSC
31.82 CANCWTRMAR MCILLROY,Kristin,86,TO
32.11 CANJRNATJUL GRÖGOIRE,M-Eve,86,HIPPO
32.26 CANJRNATJUL HUBERT,Alyssa,87,CYPS
32.51 MBSKLCJUN SILZER,Eyse,87,ROD
032.57 OCCUP2MAY ROSS,Stephanie,86,CAMO

## 100 m Backstroke

1:06.14 CANCWTRMAR BARTLETT,Melissa,86,CYPS
1:06.51 CANJRNATJUL YESTRAU,Landice,87,MM
1:06.52 CANCWTRMAR SMITH,Katelyn,86,TO
1:07.05 CANCWTRMAR BRAND,Noemie,87,PCSC 1:07.13 CANJRNATJUL HUBERT,Alyssa,87,CYPS 1:07.36 CANCWTRMAR MCILLROY,Kristin,86,TO 1:08.02 ONLACMAY JACKSON,Hilary,86,STARS 1:08.34 CANJRNATJUL ASPINALL,Jessica,87,RAC 1:08.44 OC1LCAPR ROSS,Stephanie,86,CAMO 10 1:09.47 MBSKLCJUN MURDOCH,Katy,87,UNAT-ON

## 200 m Backstroke

2:21.89 CANJRNATJUL BRAND,Noemie,87,PCSC 2:22.65 CANCWTRMAR WISELLaura,86,TO 2:22.93 CANJRNATJUL HUBERT,Alyssa,87,CYPS 2:24.02 CANCWTRMAR MCILLROY,Kristin,86,TO 2:24.55 CANCWTRMAR BARTLETT,Melissa,86,CYPS
2:25.16 CANJRNATJUL YESTRAU,Landice,87,MM

2:25.48 QCCUPTMAY ROSS,STephanie,86,CAMO
8 2:25.71 CANCWTRMAR SMITH,Katelyn,86,TO
9 2:27.05 CANCWTRMAR RUSH,Kelsey,86,WVOSC
10 2:27.20 CANJRNATJUL ASPINALL,Jessica,87,RAC

## 50 m Breaststroke

34.69 CANLCAUG LABBETT,Kim,87,TO
34.95 OCECUPJUL LAKATOS,Nikki,87,TO
35.00 BCSRLCFEB JONHSON, Haylee,86, UBCD
35.06 CANCWTRMAR MANGEMichelle,87,UBCD
35.25 CANJRNATJUL RATELLE,Marie-Pier,87,MEGO
35.67 CANLCAUG ENGS,Bizabeth,87,CAJ
36.29 QCCUP3JUL LAFAILLE,Eveline,87,CNHR
36.49 QCECUPJUL LONSDALE,Chantelle,87,WAC
36.70 ONAACAPR BECK, Casey, 87, COBRA
1036.84 ONAACAPR MCCABE,Allison,87,TSC

## 100 m Breaststroke

1:14.05 CANLCAUG LABBETT,Kim,87,TO
1:14.40 CANLCAUG MANGEMichelle,87,UBCD
1:15.21 PCSCSCJUN MANGE,Michelle,87,UBCD
1:15.62 BCSRLCFEB JONHSON,Haylee,86,UBCD
1:15.79 CANCWTRMAR LAKATOS,Nikki,87,OAK
1:16.08 ONJRPRVUUL WILKINSON,Julia,87,SKYAC
1:16.41 ONHICKENMAY LAKATOS,Nicole,87,OAK
1:16.91 CANCWTRMAR TIMMONS,Kelly,86,UASC
1:17.28 CANLCAUG ENGS,Bizabeth,87,CAJ
10 1:17.54 CANJRNATJUL RATELLE,Marie-Pier,87,MEGO
200 m Breaststroke
2:36.19 CANLCAUG LABBETT,Kim,87,TO
2:36.35 CANLCAUG MANGE,Michelle,87,UBCD
2:38.79 PCSCSCJUN MANGE,Michelle,87,UBCD
2:40.32 ONJRPRVJUL WILKINSON, Julia,87,SKYAC
2:42.06 BCSRLCFEB JONHSON,Haylee,86,UBCD
2:44.70 QCECUPJUL LAKATOS,Nikki,87,TO
2:44.87 CANCWTRMAR TIMMONS,Kelly,86,UASC
2:45.20 CANLCAUG ENGS,Bizabeth,87,CAJ
2:45.53 ONJRPRVJUL WILLIAMS,Amanda,86,NEW
10 2:45.66 PCSCSCAGUUN NORTON, Thea,86,UASC
50 m Butterfly
29.82 CANLCAUG DOWNING,Mackenzie,86,WGB
29.91 CANJRNATJUL MILLER,Lindsey,86,BRSA
29.93 BCZAJACMAY HACKEIT,Shannon,86,UBCD 30.08 CANLCAUG RAWLINGS,Kayla,87,PSW 30.16 CANCWTRMAR SMITH,Katelyn,86,TO 30.28 OCECUPJUL RATTEAnneMarie,87,ULAV 30.32 ONAACAPR HOLMES,Blair, 86, COBRA 30.37 CANJRNATJUL JACK,Ally,86,CASC 30.49 QCECUPJUL WILLIAMS,Amanda,86,NEW $1 \begin{array}{ll}30.49 & \text { OCECUPJUL } \\ 0 & 30.56 \\ \text { ONROWMAY SCOTAM, SB,Amanda,86,NEN } \\ \end{array}$

## 00 m Butterfly

1:04.12 CANJRNATJUL DOWNING,Mackenzie,86,WGB
1:05.07 ONJRPRVJUL SCOTT,Britney,87,ROW
1:05.19 CANLCAUG RAWLINGS,Kayla,87,PSW
1:05.50 CANJRNATJUL RATTEAnne-Marie,87,ULAV
1:06.05 CANJRNATJUL FLLAZEK,Kendall,87,UCSA
1:06.16 OCECUPJUL DUDAR,Eyse,86,TO
1:06.22 ONHICKENMAY HOLMES,Blair,86,COBRA
1:06.66 BCZAJACMAY HACKEIT,Shannon,86,UBCD 1:06.79 CANCWTRMAR KREMER,Avery,86,UASC
10 1:06.85 ONESWIMJUN DUDAR,Elizabeth A,86,MSSAC

## 200 m Butterfly

2:20.36 CANLCAUG DUDAR, Eizabeth A,86,TO
2:22.40 CANLCAUG RAWLINGS,Kayla,87,PSW
2:22.64 NSEASTCSTJUL HALEY,Bevan,87,WTSC
2:23.75 QCECUPJUL DUDAR,Eyse,86,TO
2:24.16 ONJRPRVJUL SCOTT,Britney,87,ROW
2:24.21 BCSRLCFEB HACKETT,Shannon,86,UBCD
2:25.54 NSDUNNJUN LONGOBARDI,Amy,86,HTAC
2:26.40 ONESWIMJUN COOPER,Brittany,86,LAC
9 2:26.42 ONJRPRVJUL JULIEN,Heather,87,LAC
10 2:26.98 OCECUPJUL MARION,Ashley,87,LAC
200 m Ind. Medley
2:22.78 CANCWTRMAR TIMMONS,Kelly,86,UASC
2:26.26 ONJRPRVJUL WILKINSON,Julia,87,SKYAC
2:26.67 BCAAAAGUUL POIRIER-LEROY,Genevieve,87,NRST
2:27.24 ONJRPRVJUL ZIOLKOWSKI,Martha,87,YORK
2:27.86 ONJRPRVUUL COOPER,Brittany,86,LAC
2:28.01 CANCWTRMAR POMAIZL,Valerie,86,NRST
2:28.07 CANCWTRMAR NORTON,Thea,86,UASC
2:28.34 ONESWIMJUN HOLMES,Blair,86,COBRA
2:28.55 NSEASTCSTJUL HALEY,Bevan,87,WTSC
10 2:28.82 QC1LCAPR BABB,Caitlin,87,DDO
400 m Ind. Medley
5:05.53 NSEASTCSTJUL HALEY,Bevan,87,WTSC January 1,2002 to August 31,2002 Compiled by SMMNENS For additional rankings www.swimnews.com

2:10.24 BCSRLCFEB SCHMITT,ETich,85,IS
2:11.61 QCILCAPR RENAUD,Martin,86,CNB
2:11.69 CANCWTRMAR NG,Calum,85,CASC
2:11.72 OCAGULL BOUCHARD,Kevin,86,EXCE 2:12.19 BCZAJACMAY STREEZOW,Desmond,85,UBCD 10 2:13.01 QCECUPJUL HOLLAND.Brian.86,TO
50 m Breasistroke
30.47 CANLCAUG MCKECHNIEDavid,85,CYC 30.75 BCZANACMAY THEESSEN,Chad,85,SPART 31.24 CANURNATUUL RIOUX,Kevin,86,CAMO
31.44 CANLCAUG CHOW,Raymond,86,TMSC
31.68 OCCUP3JUL MILLER,Kurtis,85,SCAR
31.70 OCECUPJUL YOUNG,Douglas,86,SWAT
31.70 CCECUPJUL AUBRY,Jonathan,86,CNB
31.79 ONAACAPR CHAN,EEic,85,AAC
31.87 CANCWTRMAR BARNES,Waren,85,SCAR
1032.14 MBSKLCJUN GHENT,Jereny,85,UCSC

100 m Breasistroke
1:06.58 ONDV2TMAPR CHOW,Raymond,86,TMSC
1:07.00 BCSRLCFEEB THIESSEN,Cha, 855, SPART
1:07.02 CANLCAUG MCKECHNE,David,85,CYC
1:07.54 ONDVITMAPR BARNES,Waren,85,SCAR
1:08.41 ONJSPRVJUL CHAN,Eic,85,AAC
1:08.90 CANJBNATJUL RIOUX,Kevin,86,CAMO
1:09.45 QC3LCAPR LetevDRESimon,85,CNS
1:09.56 OC2LCAPR SAMSON.Maxime.86,ELITE
1:10.11 CANJNNATJUL TREMBLAYY,Yuri,85,ULAV
1:10.66 QCECUPULL YOUNG,Douglas,86,SWAT
2:26.40 CANLCAUG CHOW,R2ymond.86,TMSC
2:27.32 CANLCAUG MCKECHNE,Dand,85,CYC
2:28.66 ONHICKENMAY BARNES,Waren, 85, SCAR
2:29.16 CANLCAUG RIOUX,Kevin,86,CAMO
2:29.52 QCECUPUUL AUBRY,Jonathan, 86,CNB
2:30.49 CANCWTPMAR THESSEN,Chad,85,SPART
2:31.49 MBSKLCUUN HTTCHCOCK,Cody,86,BOD
2:31.78 QC3LCAPR LETENDRESimon,85,CNS
2:32.39 QCLLCAPR SAMSON,Maxime.86,ELITE
10 2:34.96 QCECUPUUL LAROCQUEMathieu,86,PCSC
50 m Butterfly
26.23 CANCWTPMAR MILLER,Kurtis,85,SCAR 26.40 CANVRNATUUL DROLET,Philippe,86, 日ITE 26.52 CANLCAUG BARD,COlin,85,UNB 26.66 CCECUPULL BRONSON, Justin A, 86, OSHAC 26.70 CANJPNATJUL CHARTRAND,Alexandre,86,EIITE 26.73 CANUPNATJUL RIOUX,Kevin,86,CAMO 26.90 QCECUPUUL REVAUD,Martin,86,CNB 27.05 BCSRLCFEB KEAST,Ben,85,HYACK 27.15 QCECUPULL YOUNG,Douglas,86,SWAT

10 27.39 CANURNATUUL LACHAPELLEMarc,86,CAMO
100 m Butterily
57.34 CCAGULL DROLET,Philippe,86,EITE
58.40 MIDOMINOMAY MILLERRKurtis, $85, S C A R$
58.48 QCECUPJUL GABSCH,Simon,86,TO
58.96 QCECUPUUL RENAUD,Martin,86,CNB
59.37 PCSCSCAGUN KEAST,Ben,85,HYACK 59.40 PCSCSCAGUN LAVOE,Macolm,85,UASC 59.56 CCECUPJUL BRONSON, JuStin A,86,OSHAC 59.72 QCILCAPR RIOUX,Kevin,86,CAMO 59.79 ABEKSCAPR NG,Callum,85,CASC 1:00.07 ONJJPPRVUUL CHAN,Eic,85,AAC

## 200 m Butterily

2:06.95 CANLCAUG LAVOIEMalcolm,85,UASC
2:07.05 OCAGUL DROLET,Philippe,86, ЕITE
2:08.28 ABEKSCAPR NG,Calum,85,CASC
2:09.44 QCECUPUUL GABSCH,Simon,86,TO
2:11.76 CANCWTRMAR HAWES,Mathen, $86, G 0$
2:13.32 CANJNNATJUL LACHAPELLEMarc,86,CAMO
2:13.84 QC1LCAPR RENAUD,Martin,86,CNB 2:14.13 MIDOMINOMAY CHAN,Jason,85,SCAR 2:14.33 QCCUP3JUL CHANG,Jason,86,SCAR
10 2:14.45 ONJPPPVUULL CHAN,Eic,85,AAC

## 200 m Ind. Medley

2:04.72 CANCWTRMAR ORWOL,Tobias,85,ESWIM
2:12.71 OCECUPUUL MURRAY,Nicolas,86,DVNAM
2:13.02 CANJNNATUUL SAMSON,Maxime,86,ELITE
2:13.60 CANCWTRMAR NG,Calum,85,CASC
2:13.73 CANJNNATJUL RIOUX,Kevin,86,CAMO 2:13.88 CANDRNATJUL SORRENTI,KYle,86,BRSA 2:15.54 ABEKSCAPR PHILLIPS,Devin,85,EKSC 2:16.06 CC1LCAPR RUSETTim,85,PCSC 2:16.20 ONLACMAY LONG,Jonahhan,85,LAC 10 2:16.32 ONJRPRVUUL ONELL,Kieran,85,SSMAC

## 400 m Ind. Medley

4:29.17 ONDVTTMAPR ORWOL,Tobias,85,ESWIM
4:39.44 CANLCAUG SAMSON,Maxime,86,ELITE
4:40.54 CANJRNATJUL LAVOIEMalcolm,85,OSC
4:43.91 QCILCAPR RUSETim,85,PCSC
4:45.89 QCECUPUUL AUBRY,Jonahnan,86,CNB 4:46.68 CANJPNATULL SORRENT,KYle,86,BRSA
4:48.10 BCSFLCFEB SCHMITT,Eich,85,/S
4:50.18 ONESWMMUUN LONG, Jonahhan, $, 55, L A C$
4:53.02 QCECUPJUL BAJCAR,Joe,86,TO
10 4:53.07 QCECUPJUL SLATER,Adam,85,NEW

## 2002 LONG COURSE TAG.

## GIRLS 16 Years of Age

50 m Freestyle
26.51 CANCWTRMAR PORENTA, Jennier, 85, TO
26.76 CANLCAUG KARDASH,Ein,85,MM
26.87 CANCWTRMAR BECKBERGER,Jennifer,86,AAC 26.98 CANJPNATJUL NG,Jennier,85,UBCD
27.22 CC1LCAPR GAULT,Sarah, 86, DDO
27.33 CANLCAUG SANDULAK,Daniele,86,UASC
27.36 CANJPNATJUL LOCK,Jenny,85,COMOX
27.49 ONDV2TMAPR KUHN,Stephanie,85,TMSC
27.65 CANCWTRMAR VANGOUDOEVER,Esa,85,NCSA 27.71 MIDOMINOMAY SHOUST,Andrea,85,SSMAC

100 m Freestyle
57.52 CANCWTRMAR PORENTA,Jennifer $85, T 0$
57.78 CANLCAUG KARDASH,EEin,85,MM
58.09 CANLCAUG BECKBERGER,Jennifer,86,AAC
58.95 CANLCAUG NG,Jennifer,85,UBCD
59.50 CANCWTRMAR KUHN,Stephanie,85,TMSC
59.81 CANLCAUG SANDULAK,Danielle,86,UASO
59.98 CANJNNATJUL KARDASH,Diane,85,MM

1:00.04 CANJNNATUUL LOCK,Jenny,85,COMOX
1:00.21 ONESWIMUUN LACOSTENathali,85,MSSAC
1:00.29 OCECUPUUL THERON,Sasha,86,NYAC

## 200 m Freestyle

2:06.66 CANJRNATUUL KARDASH,Ein,85,MM
2:08.00 CANCWTRMAR PORENTA,Jennifer,85,TO
2:08.01 QCECUPJUL THERON,Sasha,86,NYAC
2:08.13 ONHICKEMMAY LACOSTENahalie,85,MSSAC
2:08.77 OCECUPUUL GUAY-RACINE,Julia,86,CAMO
2:09.00 CANCWTRMAR DOODY,Hayle, 85, UCSA
2:09.07 CANCWTRMAR LENCOETTayn,86,UBCD
2:09.24 QCECUPJUL PERREAULT,Paricia,85,CNCB
2:09.71 CANCWTRMAR SUUDA,Kathy,85,ROW
0 2:09.78 BCZAAACMAY LOCK,Jenny,85,COMOX

## 00 m Freestyle

4:19.05 CANLCAUG LENCOETaynn,86,UBCD 4:23.56 BCZZAACMAY JEIINEK,Cournney,85,CHENA 4:24.26 CANCWTRMAR LACOSTENahalie,85,T0 4:25.81 CANCWTRMAR SUDAA,Kathy,85,ROW 4:28.81 CANCWTRMAR DOODY,Hayley,85,UCSA 4:30.81 QCECUPJUL THERON,Sasha,86,NYAC 4:31.10 CANJVNATJUL GOODRIDGEDary,86,UBCD
4:31.11 CANLCAUG NORTON,Thea,86,UASC 4:31.46 QCECUPJUL PERREAULT,Patricia,85,CNCB 4:32.61 ONDV2TMAPR WALKINSHAW,Kalla,85,HWAC
800 m Freestyle
8:47.56 PCSCSCJUN LENCOETAYyn,86,UBCD
9:07.54 CANCWTRMAR LACOSTENathaie,85,TO
9:14.38 CANJJNATUUL GOODRIDGEDacy,86,UBCD
9:23.31 BCZAJACMAY DOODY,Hayley,85,UCSA
9:23.60 QCECUPUUL PERREAULT,Patricia,85,CNCB 9:26.47 ONHWACGUNN WALKINSHAW,Kahla,85,HWAC 9:30.27 ONLACMAY COLES,Gillian,85,BPOCK
9:30.30 CCAGULL CAYEN,Joannie,86,ULAV
9:30.31 BCAAAAGULL CLOAK,Brianne,86,|S
9:31.97 CANJNNATUUL CORMACK,Stacy,86,CASC

## 1500 m Frestyle

16:42.82 PACO2AUG LENCOETayn,86,UBCD 17:24.15 ONESWIMJUN LACOSTENathaie,85,MSSAC 17:30.06 CANJPNATJUL GOODRIDGEDarcy,86,UBCD
17:32.21 CANLCAUG NORTON,Thea,86,UASC
17:42.75 CANLCAUG CORMACK,Stacy,86,CASC 18:00.03 CANLCAUG POMAIZL,Valerie,86,NRST 18:06.42 CANJPNATJUL BLOCK,Camen,86,BRSA 18:08.74 CANLCAUG BIGELOW,Siephanie,86,IS 18:14.45 CANJPNATJUL KREMER,Avery,86,OSC
10 18:33.00 CANJRNATJUL HASLUND,Krista,86,ROD
29.71 CANLCAUG KUBAS,Hanna,85,EXSC
31.06 CANJPNATJUL HOANG,Tina,85,HYACK
31.19 ONAACAPR SHOUST,Andrea,85,SSMAC
31.23 QCECUPUUL BEAULIEU,Randi,85,TO
31.26 BCZZAJCMAY KARDASH,EEin,85,MM
31.69 CANJRNATJUL BLOCK,Carmen,86,BRSA
31.80 QCECUPUUL JACKSON,Hilay,86,STARS
31.90 ONAACAPR BECKBERGER,Jennifer,86,AAC
31.92 CANCWTRMAR KUHN,Stephanie,85,TMSC
31.95 OCECUPUUL RAINVILLE,Gilliane T,85,CAMO

## 00 m Backstroke

1:04.20 CANLCAUG KUBAS,Hanna,85,UASC
1:05.60 CANLCAUG KARDASH,Ein,85,MM
1:06.29 ONESWIMUUN SIITH,Kadelyn,86,COBBA
1:06.32 CANCWTRMAR BEAULIEU,Randi,85,TO
1:06.54 MIDOMINOMAY SHOUST,Andrea,85,SSMAC
1:06.80 QCAGUUL GUAY-RACIIE,JULia,86,CAMO
1:07.43 CANLCAUG BECKBERGER,Jennifer,86,AAC
1:07.57 BCZANACMAY BAYLISS,Lynete,85,UCSA
1:07.62 QCECUPUUL WISELaura,86,TO
0 1:07.72 CANLCAUG KARDASH,Diane,85,MM

## 200 m Backstroke

2:20.79 QCECUPUUL KUBAS,Hanna,85,EKSC
2:22.11 CANLCAUG BAYLISS,Lynette,85,UCSA
2:23.46 QCECUPUUL WISELLaura,86,TO
2:23.73 ONAACAPR SHOUST,Andrea,85,SSMAC

2:23.99 ONHICKENMAY SMITH,Kateynn,86, COBBA
2:24.26 QCECUPUUL BEAULIEU,Randi, 85,TO
2:24.83 CANCWTRMAR JOBSECCindy,85,MANTA
2:24.98 OCECUPJUL GUAY-RACINE,Julia,86,CAMO
2:25.44 CCECUPJUL ROSS,Stephanie,86,CAMO
2:26.19 CANLCAUG BLOCK,Carmen,86,BRSA

## 50 m Breaststroke

33.04 CANCWTRMAR WAGNER,Tamara,85,ROW
33.60 CANLCAUG GAULT,Sarah,86,DDO
34.06 CANCWTRMAR ZVIJERAC,Mila,85,HYACK 34.24 CANJRNATJUL HIRSCH,Kimberley,85,STSC 34.47 CANCWTRMAR BECKBERGER,Jennifer,86,AAC
34.76 CANLCAUG CRAFT,Jacquelyn,85,TRENT
35.03 CANJRNATJUL DACK,Genevieve,85,TBT
35.10 CANJRNATJUL DORRINGTON,Lauren,85,USC
35.20 ONROWMAY DI CRESCE,Christine,85,RHAC
35.27 CANCWTRMAR HEATH,Brooke,85,TAT

100 m Breaststroke
1:11.83 CANCWTRMAR WAGNER,Tamara,85,ROW
1:14.79 CANJRNATJUL HIRSCH,Kimberley,85,STSC
1:15.01 CANLCAUG DACK,Genevieve,85,TBT
1:15.15 CANCWTRMAR ZVIJERAC,Mila,85,HYACK
1:15.42 QCAGJUL DUFOUR,Micheline,86,ULAV 1:15.54 CANCWTRMAR GAULT,Sarah,86,DDO
1:15.87 QCECUPJUL CRAF,,Jacquelyn,85,TRENT
1:16.08 CANLCAUG LOCK,Jenny,85,COMOX
1:16.24 CANLCAUG JOHNSON,Haylee,86,UBCD
10 1:16.49 BCZAJACMAY JONHSON,Haylee,86,UBCD
200 m Breaststroke
2:37.43 CANLCAUG DACK,Genevieve,85,TBT 2:38.97 CANJRNATJUL DUFOUR,Micheline,86,ULAV 2:40.70 CANCWTRMAR WAGNER,Tamara,85,ROW 2:41.10 BCZAJACMAY JONHSON,Haylee,86,UBCD 2:41.80 CANLCAUG JOHNSON,Haylee,86,UBCD
2:41.89 BCAAAAGUUL MATTE,Ashley,85,PGB
2:42.70 CANLCAUG CRAFT,Jacquelyn,85,TRENT
2:43.29 CANJRNATJUL BALLANTYNE,Amy,85,PGB
2:43.81 ONJRPRVJUL MCCABE,Alison,86,TSC
10 2:44.82 CANCWTRMAR GAULT,Sarah,86,DDO
50 m Butterfly
28.53 CANCWTRMAR PORENTA, Jennifer, 85, TO
28.62 CANLCAUG BEAULIEU,Randi;85,TO 28.86 CANCWTRMAR KUHN,Stephanie,85,TMSC 29.03 CANCWTRMAR DOODY,Hayley,85,UCSA 29.09 CANCWTRMAR VINCENT,Tiffany,85,BRANT 29.15 CANJRNATJUL GAULT,Sarah,86,DDO
29.30 CANLCAUG BECKBERGER,Jennifer,86,AAC
29.33 QCECUPJUL O'KELLY,Orlagh,85,EKSC
29.37 CANCWTRMAR VANGOUDOEVER,Bsa,85,NCSA
29.48 ONAACAPR NEMETH,Kelsey,86,AAC

## 100 m Butterfly

1:03.22 CANLCAUG GUAY-RACINE,Julia,86,CAMO
1:04.17 CANJRNATJUL DOODY,Hayley,85,UCSA
1:04.25 ONDV1TMAPR VINCENT,Tiffany,85,BRANT
1:04.26 CANCWTRMAR KUHN,Stephanie,85,TMSC
1:04.41 CANLCAUG O'KELLY,Orlagh,85,UASC
1:04.94 OCECUPJUL BEAULIEU,Randi,85,TO
1:05.42 BCZAJACMAY WALKINSHAW,Kahla,85,HWAC 1:05.71 PCSCSCAGJUN SMITH,Katelyn,86,TO
1:06.30 QCAGJUL GERMAIN,Allyson,86,ULAV
1:06.77 CANJRNATJUL BIRD,Megan,86,UCSA
200 m Butterfly
2:18.62 CANLCAUG GUAY-RACINE,Julia,86,CAMO
2:21.13 CANLCAUG O'KELLY,Orlagh,85,UASC
2:24.29 CANJRNATJUL KREMER,Avery,86,0SC
2:24.49 CANLCAUG BIGEOW,Stephanie,86,IS
2:24.57 BCAAAAGUUL CLOAK,Brianne,86,IS 2:24.72 BCZAJACMAY WALKINSHAW,Kahla,85,HWAC 2:25.70 PCSCSCAGJUN SMITH,Katelyn,86,TO
2:26.12 OCECUPJUL HOLMES,Blair,86,TO
2:27.10 QC1LCAPR HODGSON,,Jennifer,86,PCSC
10 2:27.63 CANJRNATJUL BIRD,Megan,86,UCSA
200 m Ind. Medley
2:24.05 CANJRNATJUL NORTON, Thea,86,OSC
2:25.09 CANCWTRMAR SIUDA,Kathy,85,ROW
2:25.24 CANJRNATJUL KARDASH,Ein,85,MM
2:25.70 CANJRNATJUL DACK,Genevieve,85,TBT
2:25.91 ONDV2TMAPR KUHN,Stephanie,85,TMSC
2:25.97 QCECUPJUL GAULT,Sarah,86,DDO
2:27.07 CANCWTRMAR OSTERER,Elizabeth,85,NKB
2:27.34 QCECUPJUL DORRINGTON,Lauren,85,USC 2:27.69 ONNYACMAY BECKBERGER,Jennifer,86,AAC
10 2:27.96 CANCWTRMAR NICHOLLS,Stephanie,85,PN
400 m Ind. Medley
5:00.85 CANLCAUG NORTON,Thea,86,UASC
5:02.78 CANLCAUG OSTERER,Eizabeth,85,NKB
5:05.98 CANLCAUG SIUDA,Kathy,85,ROW
5:08.74 CANJNNATJUL DACK,Genevieve,85,TBT
5:10.01 CANLCAUG BIGELOW,Stephanie,86,IS
5:11.56 QCCUP3JUL GUAY-RACINE,Julia,86,CAMO
5:12.52 QC1LCAPR CHANCE,Heather,86,PCSC
5:13.00 CANJRNATJUL BLOCK,Carmen,86,BRSA
5:13.01 CANCWTRMAR DOODY,Hayley,85,UCSA
10 5:13.35 ONHICKENMAY LACOSTE,Nathalie,85,MSSAC

## WOMEN 17-and older <br> m Freestyle

25.78 PACO2AUG NCHOLLS,Laura,78,ROW
25.85 CWO2AUG POMEROY,Laura,83,OAK
26.19 CANCWTRMAR GRESDAL,Jenna,84,ESWIM
26.79 FRALCAPR ROLLAND,Nadine,75,MAA
26.80 PCSCSCJUN POON,Victoria.85,CAMO
26.86 CANCWTRMAR LIMPERT,Maianne,73,CAMO
26.92 CANLCAUG LYDALL,Anna,80,UBCD
26.99 CANLCAUG DYKES,Amber,83,HYACK
26.99 CANLCAUG POREVTA,Jennifer,85,TO
27.00 OCCUP3JUL LACBOXX,Audery,84,CAMO

100 m Freestyle
56.41 PACO2AUG NCHOLLS,Laura,78,ROW
57.00 PACO2AUG LACROXX,Audrey, 84, CAMO
57.04 CANCWTRMAR GRESDAL,Jenna,84,ESWIM
57.10 OCCUP3JUL LIMPERT,Marianne,73,CAMO
57.17 CANCWTRMAR SIMARD,Sophie,79,ULAV 57.36 CANCWTRMAR POMEROY,Laura,83,TO
57.39 CANLCAUG COLLINS,EIzzabeth,82,ROD
57.51 CANLCAUG PORENTA,Jennier,85,TO
58.23 CANLCAUG GRANT,LLura,84,UCSA
58.32 CANLCAUG POON,Victoria,85,CAMO

200 m Freestyle
2:00.64 CANCWTRMAR DEGLAU,Jessica.80,UBCD
2:00.89 CANCWTRMAR SIMARD,Sophie,79,ULAV 2:01.71 CWOZAUG BUTTON,Jennifer,77,ROW 2:02.54 PACO2AUG COLLINS, EIzabeth,82,ROD 2:02.55 CANCWTRMAR NCHOLLS,Laura,78,ROW
2:03.41 CANLCAUG LACPOIX,Audrey,84,CAMO 2:03.46 CCCUP3JUL LIMPERT,Marianne,73,CAMO 2:04.86 CANCWTRMAR STEEANYSHYN,Deanna,84,UBCD 2:04.99 PACO2AUG DOODY,Kelly,79,UBCD 2:05.52 CANCWTRMAR CHARRON-WATSON,Chanelle,84,ULAV 400 m Frestyle

4:13.81 CANCWTRMAR DEGLAU,Jessica,80,UBCD
4:18.47 CCCUP3UUL SIMARD,Soobhie.79.ULAV
4:18.93 CANCWTRMAR GRAVELEEJUlie,79,TO
4:20.00 CANCWTRMAR BELL,Darielle.83,IS 4:20.53 PCSCSCJUN DOOOY,Kelly,79,UBCD 4:22.28 CANCWTRMAR STEFANYSHYN,Deanna,84,UBCD 4:22.45 CANLCAUG STUTZE,,Karey,82,IS 4:22.70 ONDV1TMAPR WARDEN,EIizabeth,78,TSC 4:23.38 BCZANACMAY STEEPLELLaina,83,IS 10 4:24.34 QCECUPUUL LACOSTE,Nahhaie,85,TO 800 m Freestyle

8:53.82 CANCWTRMAR BELL,Danielle,83,IS
8:56.27 CANCWTRMAR GRAVELEE,Jluie,79,TO
8:57.65 CANCWTRMAR STUTZEL,Karey,82,IS
8:56.32 BCZAAACMAY DEGLAU,Jessica,80,UBCD 9:00.35 CAMVNUNN DOOOY,Kelly,79,UBCD
9:05.03 PCSCSCJUN EBERT,Tamee,83,UBCD 9:05.72 BCSRLCFFB STEANYSHYN,Deanna84,UBCD
9:077.77 CANCWTRMAR BURGOYNE,Carie,81,UCSA
9:08.53 ABRDCSCUUN PIERSEAAnamay,83,EKSC
9:09.62 QCECUPUUL LACOSTE,Nathale,85,TO

## 1500 m Freestyle

17:04.87 CANLCAUG STUTZEL,Karley,82,IS
17:09.85 PCSCSCUUN BELL,Danielle,83,IS
17:34.54 CANLCAUG LACOSTE,Nahalie,85,TO
17:40.48 CANLCAUG BEAND,Danielle,84,G0
17:58.54 CANLCAUG COLES,Gillian,85,BROCK
18:16.21 BCAAAINVUUN APONTEDaniela,83,UBCD
18:19.54 CANJRNATJUL SCHNAPP,Nicole,84,PGB
18:39.78 CANJRNATULL GRAHAM.Jamie.85,UBCD
 18:52.75 NSEASTCSTJUL QUIRKSSienna,83,UNB 50 m Backstroke
28.94 CANCWTRMAR CARROLL,Jennifer,81,MAA 29.30 CWO2AUG LISCHINSKY,Michele, 744 ,MM 29.70 CWO2AUG GAMME,EEin,80,UCSA 30.12 CANJNNATJUL MEREDTTH,Caitlin,83,KCS 30.39 CANLCAUG BRADSHAW,Jessie,84,UCSA 30.48 CCCUP3JUL WYCLIFFE,Eizabeth,83,EBSC 30.50 CANLCAUG MCLEAN-CHECCUT,Joanna,83,ESWIM 30.51 CANLCAUG LACROXX,Audrey, 84, ,CAMO 30.60 CANCWTRMAR MENARD,Marielle,81,ULAV 30.88 FFALCAPR ROLLAND,Nadine,75,MAA 100 m Backstroke

1:02.32 PACO2AUG GAMME, ETin,80,UCSA 1:03.04 PACO2AUG LISHINSKY,Michelle,74,MM 1:03.07 CANCWTRMAR STEFANYSHYN,Kelly,82,UBCD 1:03.17 CANCWTRMAR CARROLL,Jennier,8, 81, MAA 1:03.29 PACO2AUG FRATESI,Jennifer,84,ROW 1:03.30 MIDOM INOMAY WYCLIFFEEIZzaeth,83,BSC 1:04.27 CANCWTRMAR MEREDTTH,Caitin,83,KCS 1:04.29 PACO2AUG GILLESPIEAmanda,85,NKB 1:04.67 CANCWTRMAR BRADSHAW,Jessie,84,UCSA 1:04.88 CANLCAUG SCHNEDER,KRisien,81,ROD 200 m Backstroke

2:11.96 PACO2AUG FRATESI,Jennifer,84,ROW 2:12.79 CANCWTRMAR WARDEN,EIzabeth,78,TO 2:15.65 CANCWTRMAR WYCLIFFEEB izabeth,83,BSC 2:16.28 CANCWTRMAR STEANYSHYN,Kely,82,UBCD

5 2:16.42 PACO2AUG GAMMEE,Ein.80,UCSA 2:16.57 CANLCAUG GILLESPPEAManda,85,NKB 2:17.80 PACO2AUG BOUCHARD,Melanie,83,CNPR 2:18.58 CANLCAUG MEREDTTH,Caitlin,83,KCS 2:20.64 PCSCSCJUN GRESDAL,Jenna,84,ESWIM $10 \quad$ 2:20.88 50 m Breasistrok 50 m Breaststrok
32.11 CWozaUG LeER,Rhiannon,77,MM 32.92 CANLCAUG SPOONER,Emma,83,UCSA 33.09 CANCWTRMAR PETESKII,Christin,77,IS 33.09 CANLCAUG BLACKBURN,Lisa,72,RON 33.17 CANLCAUG HOBER,Renee,85,ROW 33.22 CANLCAUG WAGNER,Tamara,85,ROW 33.23 CANLCAUG VAN OOSTEN,Lauren,78,UCSA 33.29 CANLCAUG POMEROY,,JUIia,80,TO 33.66 ONAACAPR BURNS,Shayna,83,CHAMP 10 33.80 CANCWTRMAR PIERSEAAnamay,83,UASC

## 100 m Breaststroke

1:09.46 CWO2AUG LEER,Rhiannon,77,MM
1:10.72 CANCWTRMAR PEEESKI,Christin,77,IS
1:10.88 PACO2AUG BLACKBURN,Lisa,72,ROW
1:11.43 CANCWTRMAR PIERSEAnnamay,83,UASC
1:11.74 CANLCAUG WAGNERTamara,85,ROW
1:11.75 CANLCAUG VAN OOSTEN,Lauren,78,UCSA 1:12.35 CANCWTRMAR SPOONER,Emma,83,UCSA
1:12.58 CANCWTPMAR HOBER,Renee,85,ROW
1:13.27 CANLCAUG POMEROY,,Uliai,80,TO
$\begin{array}{ccc}9 & \text { 1:13.27 } & \text { CANLCAUG POMEROYY,Juia,80,TO } \\ 10 & \text { 1:13.37 } & \text { PCSCSCNUN CAMERON,Kisty,8,UCSA }\end{array}$

## 200 m Breaststroke

2:29.87 CANCWTRMAR PETESKKI,Christin,77,IS
2:31.33 CWO2AUG LEER,Rhiannon,77,MM
2:32.77 CANLCAUG VAN OOSTEN,Lauren,78,UCSA
2:32.91 CANCWTRMAR PIERSEAnnamay,83,UASC
2:34.44 CANLCAUG STOODY,Kathleen,82,UBCD
2:34.57 PACO2AUG BLACKBURN,Lisa,72,ROW
2:36.35 PACO2AUG DURAND,Dena,81,UCSA
2:36.87 CANLCAUG SPOONER,Emma,83,UCSA
2:37.24 CANJNNATJUL MATTEAShley, 85, PGB
10 2:37.75 CANLCAUG EDGECUMBEMacy,83,UASC
50 m Butterfly
27.85 OCCALACAPR ROLLAND,Nadine,75,MAA
28.10 FRALCAPR CARROLL,Jennifer,81,MAA
28.13 CANLCAUG PORENTA,Jennifer,85,TO CWO2AUG LACROXX,Audrey,84,CAMO 28.49 CANCWTRMAR ARMSTRONG,Daci, 84, TAT 28.52 CANLCAUG KUHN,Stephanie,85,TMSC 28.57 CANCWTRMAR MENARD,Mariele,81,ULAV 28.59 CANCWTRMAR COLLINS,EBizabeth,82,ROD 28.72 CANCWTRMAR HUGHES,Stephanie,78,ACNS 1028.78 CANLCAUG ALROUBAEESara,81,MM

100 m Butterfly
59.68 PACO2AUG BUTTON,Jennier,7,7,ROW 1:00.31 PACO2AUG LACROXX,Audrey, 84,CAMO 1:01.49 CANCWTRMAR DEGLAU,Jessici,80,UBCD
1:01.83 PACO2AUG FRATESI,Jennifer,84,ROW 1:02.19 CANCWTRMAR HUGHES,Stephanie,78,ACNS 1:02.63 CANLCAUG HUBLEYYMelissa,81,EAST 1:02.75 PACO2AUG COLLINS,Eizabeth,82,ROD 1:02.91 CANLCAUG ALROUBAESSara,81,MM 1:03.37 CANLCAUG BRADSHAW, Jessie,84,UCSA
10 1:03.44 CANCWTRMAR GAJOS,Nancy,84,ESWIM
200 m Butterily
2:11.05 PACO2AUG BUTTON,Jennifer,77,ROW
2:12.45 PACO2AUG LACROXX,Audrey,84,CAMO
2:12.61 CANCWTRMAR DEGLAU,Jessica,80,UBCD
2:15.51 CANCWTRMAR HUGHES,Stephanie,78,ACNS 2:16.27 CANCWTRMAR GRAVELE,JULie,79,TO
6 2:17.15 OCECUPJUL BERNER,Joanie,85,CNCB 2:19.50 OCCUP3JUL ALROUBAIES:Sara,81,MM
2:19.53 PACO2AUG DURAND,Dena,81,UCSA 2:19.71 CANLCAUG HUNKS,Tanya,80,BRANT 10 2:20.10 BCSRLCFEB LANDRY,Michelle,84,UBCD 200 m Ind. Medley

2:15.07 CWO2AUG LIMPERT,Marianne,73,CAMO
2:15.18 CANCWTRMAR WARDEN,Eizabeth,78,TO 2:16.14 CANCWTPMAR CAMERON,Krist,81,UCSA 2:18.82 CANCWTRMAR LANDRY,Michele.e84,UBCD 2:18.87 CANCWTRMAR FRATESI,Jennifer,84,ROW 2:19.21 OCCUP3ULL WARDEN,Liz78,TO 2:19.34 CANCWTRMAR DOOOY,Kely,79,UBCD 2:20.36 CANCWTRMAR DURAND,Dena,81,UCSA 2:20.98 CANCWTRMAR DEBLOIS,Marieve,85,CAMO 10 2:21.06 QCCUP3JUL LEEER,Rhiannon,77,MM

## 400 m Ind. Medley

4:45.80 PACO2AUG WARDEN,Eizabeth,78,TO 4.52.02 CANLCAUG DOOOY,Kely,79,UBCD 4:53.27 CANCWTRMAR DURAND,Dena,81,UCSA 4.54.30 CANCWTRMAR BURGOYNECarie,81,UCSA 4:54.42 CANLCAUG LANDRY,Michelle,84,UBCD 4:55.74 OCCUP3JUL WARDEN,Liz,78,TO 4:57.62 BCZAJACMAY PIERSEAnnamay,83,UOFA 4:58.53 BCZANACMAY CAMERON, Kisty, 81, UCSA 4:58.75 QCECUPUUL BERNER, Joanie,85,CNCB 4 4:59.52 CANCWTRMAR BRADLEY,Kristen,83,NEN

## EN 17.98

50 m Freestyl

$$
\begin{array}{ll}
\text { reestyle } & \text { Pacozaug LUPIEN,Yannick,80,CNCB } \\
22.96 & \text { CWO2AUG HUTCHSON,Craig.75,TSC }
\end{array}
$$ 23.08 CANCWTRMAR ROSEMAathew,81,UNAT-ON 23.35 CANCWTRMAR KINDLER,Thomas. 8, CAMO 23.46 CANCWTRMAR SMERDON,Kyle,79,TO 23.45 CANCCITMAR SMERDON,KYYe,79,10

23.50 CANCWTMMAR MARTNOVC,Miki,80,UCSA 23.50 CANCWTRMAR MACDONALD,Simon,79,UNAT-ON 23.59 CANCWTRMAR JANES,Biley,80,ESWIM 23.61 CWOZAUG HAYDEN,Brent Mathew,83,UBCD 1023.68 CANCWTRMAR LAURIN,Ryan,75,IS 100 m Freestyle
49.53 PACOZAUG HAYDEN,Brent Mathew,83,UBCD
49.90 PACO2AUG LUPIEN,Yannick,80,CNCB 50.28 CWO2AUG HUTCHISON,Craig,75,TSC 50.52 CANCWTRMAR SAY,Rick,79,UCSA
50.63 PACO2AUG JANES,Riley,80,ESWIM 50.87 CANCWTRMAR ROSEMAIthew,81,UNAT-ON 51.01 CANCWTRMAR SMERDON,Kyle,79,TO 51.12 CANLCAUG PICHEITEAlexandre,77,CAMO 51.23 NCULTRAUUN KINDLER,Thomas,81,CAMO 1051.59 CANCWTRMAR SIOUI,Adam,82,UNAT-ON 200 m Frestyle

1:48.26 PACO2AUG SAY,Rick,79,UCSA
1:48.96 CANCWTRMAR JOHNSTON,Mark,79,UBCD
1:49983 PACO2AUG HAYDEV,Brent Mathew,83,UBCD
1:50.06 CANCWTRMAR JOHNS,Brian,82,UBCD
1:50.36 CANCWTRMAR MINTENKO,Michael,75, UBCD
1:50.41 CANCWTRMAR SIOUU,Adam,82,UNAT.ON
1:52.29 QCECUPUUL LUPIEN,Yannick,80,CNCB
1:52.80 CANCWTRMAR EDEY,Brian,79,UASC
1:53.47 CANLCAUG RUSSELL,Colin,84,BTSC
10 1.53.70 BCZAAACMAY RUDOLF,Darry, 84, UBCD
3:52.04 CANCWTRMAR SAY,Rick,79,UCSA
3:52.29 PACO2AUG JOHNSTON,Mark,79,UBCD
3:53.86 CANCWTRMAR HURD,Andrew,82,UNAT.ON
3:56.29 PCSCSCUUN JOHNS,Brian,82,UBCD
3:59.26 CANLCAUG MACGiLLIVARY,Kuris,84,FOW
3:59.44 CANLCAUG RUSSELL,Colin,84,BTSC
4:02.71 CANCWTRMAR CORMACK,Bichard,82,UCSA
4:02.86 CANCWTRMAR COUTURER,Andre,81,ULAV
4:03.15 CANCWTRMAR CREE,David,8,1,IS
0 4:03.55 CANLCAUG ORIWOL,Tobias,85,ESWIM
800 m Frestyle
8:12.27 PACO2AUG MACGILLIVARY,Kurtis,84,ROW
8:24.03 CAMWNUUN JOHNSTON,Mak,79,UBCD
8:24.66 CANLCAUG CORMACK,Richard,82,UCSA
8:25.58 CANLCAUG CREE-,David,81,IS
8:29.29 CANLCAUG BALLEM.Jarrod.79,UCSA
8.2974
8.29.74 CANLCAUG $\quad$ BOLF, Darry, 84, UBCD

8:30.44 CANLCAUG DERBAN,Michael,84,UCSA
8:31.05 CANLCAUG WALTERS,WIIIIIm,83,UBCD
8:32.49 CANLCAUG LING,David,79,BROCK
0 8:34.18 CANLCAUG RUSHTTON,Elioit,84,RAPIDS 1500 m Freestyle

15:14.37 CWOZAUG HURD,Andrew,82,TO
15:36.12 PACO2AUG MACGILLIVARY,Kurtis,84,ROW
15:45.48 CANCWTRMAR SAY,ㄷick,79,UCSA
16:00.06 CANCWTRMAR OCONNOR,Brent,83,UBCD
16:00.64 CANCWTRMAR COBMACK,Richard,82,UCSA
16:05:70 BCSRLCFEB JOHNSTON,Mak,79,UBCT
16:06.67 BCSRLCFFB CREEl,David,81,UVIC
16:11.12 CANCWTRMAR BALLEM,,Jarod,79,UCSA
16:15:80 CANCWTRMAR LING,Scot,81,BROCK
0 16:16.68 BCZAJACMAY JACKS,Jess,882,IS
50 m Baakstroke
25.73 CANLCAUG JANES,Riley,80,ESWIM
26.20 CWOZAUG VEDMAN, Gordon,79,EBSC
26.40 CANLCAUG SEPULIS,Sean,77,GMAC
26.91 CANCWTRMAR SAWBRIDGEChris,80,IS
26.95 CANCWTRMAR VERSFED,Mak, 76, UBCD 27.07
.Tobias,85, ESWIM
27.36 CANCWIRMAR PICHEIE,Alexandre,77,CAMO
27.36 CANLCAUG LACHAPELLE,Remi; 80, CAMO 27.37 CANLCAUG NG,Calum,85,CASC

10 27.52 CANCWTRMAR PPESTON,Steve,81,ULAV
100 m Backstroke
55.63 PACO2AUG JANES,Riley,80,ESWIM
56.57 QCECUPULL SEPULIS,Sean,77,GMAC
56.81 CANCWTRMAR VELDMAN,Gordon,79,UNAT-ON 57.09 CANCWTRMAR VERSFED,Mak,76,UBCD 57.22 CANCWTRMAR SAWBRIDGEChris, $80,1 \mathrm{~S}$ 57.24 CANLCAUG ROSEMatthen,81,TRENT 57.47 CWO2AUG ORWOLL,Tobias,85,ESWIM 57.99 CANLCAUG PICHETEAAlexandre,77,CAMO CANCWTRMAR BANVILLE-AUGER,Benoit,82,MEGO
58.63 QCECUPUUL CASTONGUAY,Francois,83,CAMO

## 200 m Backstroke

1:59.36 PACO2AUG BEAVERS,Keith,83,ROW
2:02.94 CWO2AUG SAYAO,Chuck,82,MSSAC
2:03.09 CANCWTRMAR VERSFED,Mark,76,UBCD
2:03.68 CANLCAUG ORIWOL,Tobias,85,ESWIM

2:05.08 BCZAAACMAY JOHNS,Brian.82UBCD 6 2:05.37 CANCWTRMAR BANVLLE-AUGGR,Benoit,82,MEGO

2:05.54 CANLCAUG BAUHART,Foland,80,UBCD
2:06.20 CANLCAUG CASTONGUAY,Francois,83,CAMO
2:06.66 CANLCAUG MARTNSON,Adam,84,UCSA
2:06.71 CANLCAUG STRE ZOW Desmond 85 UBC

## 50 m Breasistroke

28.36 CANCWTRMAR KNABE,Morgan,81,UCSA
28.84 CANLCAUG THOMSEN,Chad, 83, UASC
29.26 CANCWTRMAR DICKENS,SCott,84,BBANT
29.44 CANLCAUG BOULIANNEMichel,79,CAMO 29.58 CANCWTRMAR MOR,BRad,77,UOFL

PACO2AUG BROWN,Michael,84,PERTH CANLCAUG SCHULZEDave.80,TO MBSKLCOUN BOUCHER,Roger,81,GOLD
29.83 CANLCAUG DELANEY,Clayton,81,ROW
29.89 CANLCAUG RUSSELL,Patrick,83,ROC

100 m Breasistroke
1:00.95 CANCWTPMAR KNABEMorgan,81,UCSA
1:02.21 PACO2AUG BROWN,Michael, 84, PERTH
1:02.94 PACO2AUG THOMSEN,Chad,83,EESC
1:03.19 CANCWTRMAR STAMHUIS,Jonn,78,IS
1:03.72 CANLCAUG DICKENS,Sootl,84,BRANT
1:04.06 CANCWTRMAR LENNOX-KING,Peeter,78,NYAC
1:04.18 CANLCAUG SCHULZE,Dave,80,TO
1:04.46 CANCWTRMAR DEAANEY,Clayton,81,ROW
1:04.56 CANCWTRMAR BOULLANNE,Miche, $79 . C A M O$
10 1:04.56 CANLCAUG HUANG,Mathew,84,UBCD
200 m Breasistroke
2:12.87 PACO2AUG BROWN,Michael,84,PERTH 2:13.29 CANCWTRMAR KNABEMOrgan,81,UCSA
2:15.87 PACO2AUG STAMHUIS,John,78,IS
2:18.30 CANLCAUG THOMSEN,Chad,83,UASC
2:18.59 CANLCAUG SCHULZE,Dave.80,TO
2:19.07 CANCWTRMAR BOULIANNE,Michel,79,CAMO
2:19.51 CANCWTRMAR DEEANEY,Clayton,81,ROW
2:20.01 CANLCAUG DICKENS,Scolt,84,BBANT
2:20.14 CANLCAUG HUANG,Mathew,84,UBCD
10 2:20.56 CCCUP3UUL BRONN,Tyler,84,PERTH
50 m Butterfly
24.15

CWO2AUG MINTENKO,Michael, 75, UBCD
24.62 CANCWTRMAR KINDLER,Thomas,81,CAMO
25.01 CANCWTRMAR LANGLAIS, Jean Francois,7, 9, LLAV
25.08 CANCWTRMAR MARTINOVIC,Miki, 80, UCSA
25.10 CANLCAUG SHIVERS,Mak, 80, ROW

CANLCAUG HANKENICH,Chad,81,GOLD
CANLCAUG ROSEMAathow,8,T,TRENT
CANLCAUG HENDERSON,Sandy,8O,HYACK
CANLCAUG BALLEM,Josh,77,UCSA
CANLCAUG WAKEDoug,77,UBCD
PACO2AUG MINTENKO,Michael,75,UBCD
CANCWTRMAR SIOUI,Adam, 82,UNAT-ON
CANCWTRMAR WAKEDoug,77,UBCD
CANCWTRMAR BARTOCH,Joseph,83,LAC 9 CANCWTRMAR LANGLAIS,Jean Francois,79,ULAV

CANLCAUG BALLEM,Josh,77,UCSA
CANLCAUG JACKS,Jesse,82,IS
CANLCAUG HANKENICH,Chad,81,GOLD CANCWTRMAR PEEECHYTK, ,an-Michael,80,ROD CANLCAUG VANDEEKAM,Bradel,83,LAC

CWO2AUG SIOUI,Adam,82,TD
2:02.06 CANCWTRMAR MURRAY,Chad,81,UCSA
2:02.28 CANCWTRMAR WAKEDoug,77,UBCD
2:02.64 CANLCAUG JACKS, Jesse,82,|S
2:02.89 CANCWTRMAR PEEECHYTK,Jan-Michae, 80, ROD
2:03.65 CANLCAUG MACGILLIVARY,Kurtis,84,ROW
2:03.89 CANCWTRMAR SCHJOTT,JOnathan,81,UCSA
2:04.07 CANLCAUG MACLEOD,1an,83,ESWIM 2:04.97 CANCWTRMAR RUDOLF,Daryl, 84,UBCD
10 2:05.68 CANJRNATJUL NG,Calum,85,CASC
200 m Ind. Medley
2:01.25 PACO2AUG JOHNS,Brian,82,UBCD
2:03.25 CWO2AUG MYDEN,Curtis,73,UCSA
2:05.28 CWO2AUG BEAVERS,Keith,83,ROW
2:05.62 PACO2AUG MURRAY,Chad,81,UCSA
2:06.54 PCSCSCUUN ORIWOL,Tobias,85,ESWIM
2:06.86 CANCWTRMAR SAYAO,Chuck,82,UNAT-ON
2:06.94 CANCWTRMAR NESON,Chris,7, 9, UASC
2:08.41 CANCWTRMAR ROSEDavid,81,ROW
2:09.10 CCCUP3JUL CASTONGUAY,Francois,83,CAMO
10 2:09.41 CANCWTRMAR MEDAGLIA,Steven,84,NKB
400 m Ind. Medeley
4:16.44 PACO2AUG JOHNS,Brian,82,UBCD
4:19.86 CWO2AUG MYDEN, Curis,73, UCSA
CWO2AUG SAYAO,Chuck,82,MSSAC
CANLCAUG MURRAY,Chad,81,UCSA
PACOZAUG BEAVERS,Keth,83,ROW
4:27.72 CANLCAUG CASTONGUAY,Francois,83,CAMO

## 2002 EUROPEAN CHAMPIONSHIPS

## VAN ALMSICK LEADS GERMANS TO 10 GOLDS 

ahead of Sweden's 3:17.75 and Italy's 3:18.20. In fourth, the Netherlands gave anchor Pieter van den Hoogenband an impossible task, trying to get a medal and swimming from more than three body lengths behind. It almost worked as VDH split 47.12 and brought them home in 3:18.34, just $14 / 100$ seconds out of the bronze.

## DAY 2, Tuesday, Jul 30

Another world record was established on Day Two as Anna-

## Nick Thierry

BERLIN- Germany won the overall medal race with 22 (10-7-5) and haveto bepleased at theirsuccess not only in the pool but in the overall organization, media interest, television ratings, and public support. Of note was the success of the Ukrainian swimmers, finishing in second with 14 medals ( $5-4-5$ ).

Therewerefivenewworldrecords, 11 European records, and34Championshiprecords, somemorethan oncein the same event. It was the top competition of the summer; Commonwealths had two world records and Pan Pacs one.

Finals were at 4:15 p.m. daily (Monday to Friday; one hour later on the weekend), with sessions lasting no more than one-and-a-halfhours, with livetelevision of thefinals and semis throughout on Eurosport.

## DAY 1, Monday, Jul 29

It was a fitting opening finals session on the first day at the magnificent Berlin Schwimmhalle with a new World and European record for the German quartet in the women's

|  | M EDAL TOTALS |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Gold | Silver | Bronze | Total |
| 1 GER | 10 | 7 | 5 | 22 |
| 2 UKR | 5 | 4 | 5 | 14 |
| 3 ITA | 4 | 5 | 2 | 11 |
| 4 SWE | 4 | 3 | 4 | 11 |
| 5 RUS | 4 | 2 | 4 | 10 |
| 6 POL | 2 | 1 | 1 | 4 |
| 7 NED | 2 | 0 | 2 | 4 |
| 8 FIN | 2 | 0 | 0 | 2 |
| 9 FRA | 1 | 2 | 3 | 6 |
| 10 AUT | 1 | 2 | 1 | 4 |
| 11 ESP | 1 | 2 | 0 | 3 |
| 12 SVK | 1 | 2 | 0 | 3 |
| 13 CRO | 1 | 0 | 2 | 3 |
| 14 HUN | 0 | 6 | 1 | 7 |
| 15 BLR | 0 | 1 | 4 | 5 |
| 16 ROM | 0 | 1 | 2 | 3 |
| 17 SLO | 0 | 0 | 1 | 1 |
| GRE | 0 | 0 | 1 | 1 |
|  | 38 | 38 | 38 | 114 |

$4 \times 100$ free relay. Their $3: 36.00$ bettered the old record of 3:36.61 by the USA in 2000. A total of five other Championships records were bettered.

Germany moved into the lead in medals with three in total (2-0-1), with Italy also gaining three (1-1-1). Seven countries medalled in the first finals session.

The men's 400 freestyle started off with Emiliano Brembilla (ITA) winning with the help of a large cheering section provided byhispersonal fan club. Brembilla battled DragosComan (ROM) forthefirstpartoftherace, and then moved into the lead after the mid-point, never to be threatened. His winning time of $3: 46.60$ was just off his meet record. Massimiliano Rosolino (ITA) was back in third but moved past Coman to pick up the silver with 3:48.70, with Coman third in 3:48.78.

Thewomen's 400 IMwas a real race. Yana Klochkova


Berlin Schwimmhalle, site of 2002 European Championships
Marco Chiesa
(UKR) has it all- world and Olympic golds, the world record- but Eva Risztov, the 16-year-old Hungarian, was more than ready to challenge. Risztov took the lead on the fly, held itafterthebackstroke, and onlylostabitof ground on the breaststrokeleg to allowKlochkova to move slightly ahead and hold on for the win.
The splits:
Klochkova 1:02.03 2:12.04 $\quad 3: 33.00 \quad 4: 35.10$ Risztov $\quad$ 1:01.44 $\quad 2: 11.39 \quad 3: 33.38 \quad$ 4:36.17 Ristov cameinto these championships with a best of 4:42.85.

Klochkova said, "This was a really tough fight, which was fortunately decided in my favour. I knew that Risztov would not let me get away."

The young Hungarian was exhausted by the effort. "I'm hardlyableto speak. Theracecostmeall my strength. I can't say more right now." She is a product of the same club that developed thegreat Krisztina Egerszegi in thelate 1980s and Agnes Kovacs during the late 1990s.

The German women's $4 \times 100$ free relay team demolishedtheworldrecordbyabig61/100 secondmargin. They were ahead of the record pace after Katrin Meissner's lead-off in 54.82 , fell back slightly with Petra Dallmann's 53.95, then moved ahead atter Sandra Volker's 53.59, and anchor Franziska van Almsick's 53.64. The new world record time is 3:36.00 and bettered theold mark of 3:36.61 by the USA at the Olympics in 2000.
"It's a dream," van Almsick said. "The gold medal plustheworldrecord, andtheatmosphereisoverwhelming."

Sweden and the Netherlands battled for the silver and bronze. Sweden was behind at the mid-point but moved ahead in thefinal two legs. Theirtimewas $3: 40.66$, with the Dutch picking up the bronze with 3:41.98.

Themen's $4 \times 100$ free was theicing on the cakefor the Germanson thisday. Battlingin a closethree wayracewith Sweden and Italy, the Germans touched in 3:17.67 just

Karin Kammerling (SWE) shattered the 50 butterfly with her winning time of 25.57, bettering the old mark of 25.64 by Inge de Bruijn (NED), who was not swimming in the competition. It was the second world record in as many days.

Germany continued to amass medals and led with four golds and seven overall after just two days.

## Highlights:

In the men's 50 butterfly, Jere Hard (FIN) stunned the favourites with a strong finish and a newEuropean record of 23.50 , a $7 / 100$ second drop from the previous record of Lars Frolander (SWE), who was third with 23.85. Thomas Rupprath (GER), the fastest qualifier after the first and second rounds, was second in 23.78 .

In the men's 100 backstroke, it was another European record for StevTheloke(GER) with 54.42, bettering his old oneof54.43from 1998. MarkusRogan (AUT), whoqualified fastest after the first two rounds, was second with a strong finishin 54.54. AsurprisingPierreRoger(FRA), swimming in lane eight, inished third with 54.89. It was his best ever and a national record.

A well-planned strategy resulted in a world record for Anna-Karin Kammerling (SWE). "I saved my strength in the heats and the semi-finals. When Alshammar and Moravcova did not enter, I knew nobody else could beat me."

It was an upset win for Oleg Lisogor (UKR) in the men's 100 breaststroke with 1:00.29 over world record holder Roman Sloudnov (RUS) with 1:00.72, well off his best time of 59.94 from last year. Hugues Duboscq (FRA) was third with 1:01.04, a French national record.

In the women's 200 backstroke, Stanislava Komarova (RUS) was first with 2:09.49, fresh from winning two golds at the European Juniors and making the transition to the big meet with seeming ease. She swam a well-paced race,
taking the lead on the last length. Nina Zhivanevskaya (ESP) wasformerly from Russia and medalled for them in the early 1990s. Nowmarried and living in Spain, shewon the silver in 2:10.27 after leading the race for 150 metres. Irina Amshennikova (UKR), in third with 2:11.59, picked up her first-ever championship medal. Komarova was surprised at winning. "I never expected such a result. Just reaching finals would have been enough."

In the women's $4 x 200$ free relay, Germany's swin was neverin doubt. In thelead through all fourstages, theywon by a 10-metrelead with 7:59.07 over Spain in 8:05.83 and Sweden in 8:08.46.

The biggest mishap of the day was Italy suffering two disqualifications. Firstit was Massimiliano Rosolino in the 200 individual medley for an illegal turn in breaststroke (the post-turn dolphin kick) and then the women's $4 x 200$ relay for the second swimmer leaving early (they would have been seventh).

## DAY 3, Wednesday, Jul 31

It was a sports resurrection for Franziska van Almsick (GER).AmultipleOlympicmedallistin 1992at 15 andstar of the 1993 Europeans (six gold medals), injuries and much controversy followed therest of the 1990s. She'sback on top again. And the German media frenzy about her is something to watch.

Sheanchored theworld-record-setting4x100freerelay on the first day, repeated again on Day Two in the $4 \times 200$ free, and won the 100 freestyle on this day in a very close race. She would have a chance at two more medals in the 200 freestyle and the medley relay.

Germany continued to top the medal table with five golds and a total of eight. Fitteen countries had medalled after 3 days.

## Highlights:

Peter van den Hoogenband (NED) came close to his world recordin the 100 freestylewith his 47.86 (just2/100 seconds off). It was an impressive effort. He wasjustslightly behind after the dive from the blocks as Alexander Popov (RUS) still has the best starting technique, but after the first 25 metres he was clearly in the lead, turning in 23.24 ( slower than his record split of 23.12). He then surged home in the second leg and had a full one metrelead on thefield at the


touch. Popov was second with 48.94 and Duje Draganja (CRO) third with 49.31, a mere $1 / 100$ second ahead of Romain Barnier (FRA).
"Itwasnota perfectrace," van den Hoogenband said. "I can swim faster. But to do that I have to do more power training. I am particularly happy to reach my level of the SydneyOlympicsagain. I am astonishedtheotherswerenot faster.With Ian Thorpesetting a world recordin the 400 free yesterday, I wantto setonetoo. I will have my chancein the 200 free."

Popovadmittedthat"Itwasa verytough race. Thefirst 50 metres were good (23.32) but then it got harder and harder so that I couldn't keep Pieter in check."

In the women's 100 freesyle, Therese Alshammar (SWE), thedefending champion from 2000 andswimming in lane eight, had the lead for the first 60 metres (turning in 26.15) but couldn't hang on and faded to sixth. It was Franziskavan Almsick (GER) whomovedinto theleadwith 25 metresremaining totouch in 54.39 , holdingoffMartina Moravcova (SVK), 54.61, on onesideandElena Popchenko (BLR), 54.62, on the other.

Savouring themoment, van Almsick said, "Incredible that I am on top of the podium ata major championships once again after seven years. In the 10 years of my career I havenevergotso much applauseandapproval assofarthis week. But I wonder if all this cheering could disappear again. At the moment, I am resurrected in the sporting sense."

Silver medallist Moravcova said, "It was a tight race. Second is 0 K , but I am disappointed with my time. I was surprised when Alshammar was firstat the turm." The fastimproving Popchenko waspleased. "Thisismy firstmedal at the European Championships. Yesterday in the prelims I did a personal bestof 55.19 , then I improved on thatin the semiswith 54.95, and nowa 54.62. I hopeI can improveat this rate in the future."

Atter three consecutive European titles in the 100 breaststroke, Agnes Kovacs (HUN) lost all chances at a fourth as she had the worst start, falling a body length behindEmma Igelstrom (SWE) afterthedive. Kovacsnever recovered, finishingfourth. Igelstrom, already the European record holder, was never pressed as sheturned in 31.87 and had a clear body length lead throughout the race. Her winningtimeof1:07.87 wasa championshiprecord, erasing
one that was established in 1987.
The amazing Svitlana Bondarenko (UKR) has won fivesilversanda bronzein thiseventsince 1991, and picked upanothersilverhere. She's31 andher time of 1:09.28 was consistent with her previous medal swims. "This is my eighth European medal in 11 years," she said. She has seven in the 100 and onebronzein the 200 from 1991. With every athleteaimingfor thetop, Elena Bogomazova said "I am very happy with thebronze." Shewas 15 th in thisevent two years ago.

The last final was in the men's 200 IM , where world record holder Jani Sievinen (FIN) fought his way back to the top of the podium after seven years, when helast won a European title. It was a terrific effort with a final time of 1:59.30. He was lucky that second-place finisher Alession Boggiatto (ITA) had a terrible start. He was a full body length behind after the dive and seemed out of contention, only to fight back and almost catch up. His second-place time was 1:59.83. Boggiattio was faster than Sievinen for thesecond half, buthavingto comefrom so farback proved an impossible task.
Acomparison of the splits:

| Sievinen | 26.02 | Boggiattor 27.04 |
| :---: | ---: | ---: |
| 0:57.11(31.09) | $0: 58.19(31.15)$ |  |
| 1:31.01(33.90) | $1: 31.78(33.59)$ |  |
| 1:59.30(28.29) | $1: 59.83(28.05)$ |  |

"My race plan really worked," Sievinen said. "I'm totally exhausted and havea terribleheadache." Boggiatto took the positive outlook on his race: "I swam under two minutes for the first timein my life. NowI want the title in the 400 IM." Markus Rogan (AUT), in third with 2:00.50, was looking ahead: "I expected a bronze, and with a silver in the 100 back, I am missing one colour to complete the set. The 200 back will be my main event and I should have a chance to do it there. Sievinen showed todaywhy heholds the world record."

In semi-final action,ThomasRupprath (GER) bettered the European record for the second time this day in the 50 backstroke. In the prelims he did 25.20, and then in the semishelowereditto 25.00 , just $1 / 100$ seconds offtheworld record.

David Rummolo (ITA) bettered the championship record in the 200 breaststroke semi with 2:12.31.

## DAY 4, Thursday, Aug 1

Itwasveteran'sdayattheEuropeanChampionsasswimmers aged 31and 29 added new triumphs to long and distinguished careers.

The women's 800 freestyle started the session with a great effort by Jana Henke (GER), a medallist at every European Championships during the 1990s. She last won this event in 1991. This day she took charge early and was never pressed, finishing in a career best 8:23.83. In 1991, she won with $8: 30.31$, which was her personal best.
"It was really great. I clocked a super time, which would have won last year's Worlds," Henke said. "I don't know how I achieved this because I trained less this year than usual. If everythingisgoing well, I maycontinueuntil 2005."

Eva Risztov (HUN) added a second silver (she was second in the 400 IM ) with her 8:28.06. "I am happy with my time. It's my best ever and a national record. Itisa pity it was not good enough for a gold. Jana Henke was simply too good today."

The two swam more or less stroke for stroke until the 400, when Henke pulled away. Henke's splits were 4:13.05 and4:10.78,whileRisztovsplit4:13.43and4:14.63.Hannah Stockbauer(GER), in thirdwith 8:30.97, wasoffherpersonal best of 8:24.66 that won her the world title last year.

In the men's 200 butterfly, European record holder Franck Esposito had much to prove. At age 31, he is still in thehunt(hecamewithin 4/100 seconds of theworldrecord in April). Esposito seta blistering pace, butDenis Sylantyev (UKR) and Anatoli Poliakov (URS) almost caught him as he started to falter in the final metres. Esposito won in $1: 55.18$. It was a championship record and the fourth European win of his career.
The splits:

| Esposito | 25.58 | 54.66 | $1: 24.46$ | $1: 55.18$ |
| :--- | :--- | :--- | :--- | :--- |
| Sylantyev | 25.70 | 54.41 | $1: 24.56$ | $1: 55.42$ |
| Poliakov | 25.87 | 54.88 | $1: 24.57$ | $1: 55.62$ | "The first half of the race went very well," Esposito said. "Then itbecame harder and harder. I wasstill feeling the effects of the two 200 races from yesterday. But thiswin is very important."

Atter a personal best, Sylantyev said, "I'm not very happy, even though it was my best time. I really wanted to win. Esposito started with a hellish pace." Third-place finisher Poliakovwas the defending champion from 2000: "I'm not totally satisfied. I wanted to break Pankratov's national record (1996 Olympic champion) but I missed that too. Bronze is not much compared to my previous gold."

The men's 200 breaststroke was another very close race. Davide Rummolo (ITA) won the gold with 2:11.37, with Yohan Bernard (FRA) in second with 2:11.77 and Roman Sloudnov(RUS) in thirdwith 2:11.82. Bernardhad thelead formost of the second half only to have Rummolo touch him out.
The splits explain the close race:

| Rummolo | 30.01 | $1: 03.19$ | $1: 37.26$ | $2: 11.37$ |
| :--- | :--- | :--- | :--- | :--- |
| Bernard | 30.06 | $1: 03.10$ | $1: 37.22$ | $2: 11.77$ |
| Sloudnov | 29.64 | $1: 03.16$ | $1: 37.79$ | $2: 11.82$ |

Themen's50backstrokewassettledbetween Germans asThomas Rupprath finally won hisfirstlong-course gold with 25.05 (slower than his semi-final European record time of 25.00). Stev Theloke (winner of the 100 back) was justa fraction behind in 25.12.

The final event was the women's 200 IM and by no meanscan Yana Klochkova(UKR) beconsidereda veteran in age (still 19); she is the most successful endurance swimmercurrently active, winner of European, world, and Olympic medals since 1997 (when shewas 14). Herwin on
this day was typical, taking it out hard and winning by a two-body-length margin in 2:11.59.
"It wasn't too tough to win," Klochkova said. "I did have to scratch from the 800 free, which wasn't too hard either."

For freestyler Hanna Scherba (BLR), the silver in the 200 IM was a real surprise. "My goal was to reach finals. Now I am the silver medallist, incredible." Her time of 2:13.04 is the second fastest in the world this year. It was anotherbreakthrough from Alenka Kejzar (SLO), who won the bronze with 2:14.24, since her best previous placing in this event was eighth in 1999. "I'm so happy I can'tbelieve it. I improved my personal best by over two seconds."

Atter four days, Germany dominated the medals with 12 total, 7 of them gold- more than double the next two countries- Sweden and the Ukraine had 6 total each, three of them gold. Seventeen countries have won one or more medals after four days.

## DAY 5, Friday, Aug 2

A world record for Oleg Lisogor (UKR) in the men's 50 breaststroke was onehighlight; another was Pietervan den Hoogenband's chase after another one, resulting in a European record.

The first final was the men's 1500 freestyle and what a great race it was. For two-thirds of the distance, six swimmers across the pool from lane one to six were swimming stroke for stroke. They took turns leading but nobody would establish a solid lead until about the 1000 mark, when both Yuri Prilukov (RUS) and Christian Minotti (ITA) edged ahead, with Igor Chervynskiy (UKR), the defending champion, half a body behind.

Thepacequickenedforthefinal 500 , with Minotti and Prilukovbattling strokeforstroke. In thefinal 100itlooked like the Italian would move ahead, but with 25 metres remaining, Prilukov surged into high gear and gained abouthalfa bodylength totouch in 15:03.88, improving 11 secondsoverhispreviousbest. Minottifinishedwith 15:04.16, about six seconds faster than his best. Chervynskiy was third, with 15:07.65, slower than two years ago.
The splits:

|  | 1st 500 | 2nd 500 | 3rd 500 |
| :--- | ---: | ---: | ---: |
| Prilukov | $5: 01.91$ | $5: 04.86$ | $4: 57.11$ |
| Minotti | $5: 01.46$ | $5: 04.80$ | $4: 57.90$ |
| Chervnskiy | $5: 01.60$ | $5: 05.86$ | $5: 00.21$ |

"Theslowpaceatthestartsuitedmewell becausethen I could sprint in the end," Prilukov said. "I am completely surprised to be European Champion in my first attempt."

Minotti said, "Itwas a greatrace. I had dreamt of gold, butI'm justas happywith the silver. I gaveitall on thelast 200 metres, but Prilukov was simply better at the finish."

Chervnnskyi summeditup: "Acrazy race. At onestage I was in sixth, then at the end I was third. It justshows that everything can be decided in the last 100 metres."

The women's 100 backstroke was next, with a great finish by 16 -year-old Stanislave Komarova (RUS) to touch in 1:01.40. Sandra Volker (GER), who is 28 and very experienced, had to settle for second with 1:01.42. In third with 1:01.56 was Antje Buschschulte (GER).

It was the second gold for Komarova ( she won the 200 back earlier). "I never expected to be so successful at my firstChampionships." Sheiscoached by Alexey Krasikovin Moscow, who a long time ago coached Gennadi Tourteski (now coach of Popov).

ThechallengeforPieter van den Hoogenband wasnot justto win (a foregone conclusion) in the 200 freestylebut a fastwin. Swimming alone, well ahead of thefield, hewas chasing his own and Ian Thorpe's record of 1:44.06. VDH just powered his way through ahead of world-record pace
forthefirst 150and waslookinggreatin thefinal length but fell just one stroke short. His time was of 1:44.89 was his best, a European record, better than his epic defeat of Thorpe in the final of the Olympic Games two years ago with 1:45.36.
Acomparison

| Thorpe | 24.81 | 51.45 | $1: 18.26$ |
| :--- | :--- | :--- | :--- |
|  | $1: 44.06$ |  |  |
| vdHoogenband | 24.48 | 50.90 | $1: 17.69$ | $1: 44.89$

He was pleased. "You are seeing a very happy person. I wanted to swim under $1: 45$. The last 25 metres were very hard."

EmilianoBrembilla(ITA) finishedsecondwith 1:46.94, a personal best, and Massimilian Rosolino (ITA) was third with 1:47.98. "Weknewthatvan den Hoogenband wouldbe too strong and silver and bronze were the only realistic medals," Brembilla said. "Waituntil tomorrow," Rosolino said. "We can get a gold in our very strong $4 x 200$ free."

The women's 50 breaststroke was next with Emma Igelstrom (SWE) winning handily in 31.17, with Sitlana Bondarenko(UKR) secondin 31.77 andElena Bogomazova (RUS) third in 32.10- exactly the same finish as in the 100 breaststroke.

Oleg Lisogor (UKR) added the 50 breaststroke to his gold in the 100, with a world-record swim of 27.18. He was half a body in the clear ahead of the field.
"I think a time under 27 seconds will be possible," Lisogor said. "If I had a better start it could have been today." In second was Mihaly Flaskay (HUN) with 27.51 and in third, veteran Karoly Guttler (HUN) in 27.85. That wastheeighth Championship medal forGuttlerduring the past decade. "Not bad for a 34 -year-old swimming in lane one," Guttler said.

The final race was in the women's 100 fly and 50 fly winner Anna-Karin Kammerling (SWE) set a blazing first legof26.75. MartinaMoravcova(SVK) wasjustbehindwith 26.76 andknewthatitwasherraceasshewouldbestronger in the finish. Moravcova touched in 57.20, a huge drop from her previous best of 57.90 . Swimming a well-paced race, Otylia Jedrzejczak (POL) turned in 27.58 to finish strongly in second with 57.97 . Kammerling was third with 58.94.

Atter five days, Germany led in medal totals with 14, theUkraineandItaly weretied with 9 each, andRussia and



Sweden were tied with 8.

## DAY 6, Saturday, Aug 3

If it was a movie, the obligatory happy ending was reached tonight. After setting her first world record for the 200 freestyle in 1994, she went through many ups and mostly downs. Now, achieving the ultimate in front of an adoring crowd andfawning media, Franziska van Almsick deserved all the accolades she is getting.

It was apparent we were witnessing a collective love affairbetween an adoring German public and theirgreatest swimming star. When introduced prior to her race, there wasahugeroarfrom thecapacitycrowdof4,000(including, spectators, athletes, and media). She blew them a kiss in acknowledgement.

Then cametherecordswim. Sheerperfection. Shewas ahead of her own record pace for the entire race and touched in 1:56.64, bettering the eight-year-old mark of 1:56.78.
Acomparison:
$\begin{array}{lllll}\text { van Almsick } 1994 & 27.21 & 56.86 & 1: 27.12 & 1: 56.78\end{array}$ $\begin{array}{lllll}\text { van Almsick } 2002 & 27.14 & 56.27 & 1: 26.33 & 1: 56.64\end{array}$

The pressure had been intense all day. "I was feeling very bad the whole day," Franzi said. "Everybody talked about the world record, except me. But now everything is right. I wouldn't be standing here today if those dreadful years in between record swims hadn't happened."

Of note were the swims for second and third- great performances that would have won the last two Olympics and World Championships. Camelia Potec (ROM) placed secondwith 1:57.80, andElena Popchenko (BLR) wasthird with 1:57.91.
"This is a fantastic personal best for me," Potec said. "I knew Franziska wanted to swim a world record, I tried to keep as close as possible, but I never expected such a good time." Her previous best was 1:58.79.

More of a 100 free specialist, Popchenko was amazed at her time. "I don't know what to say. It is by far my best ever time. I haven't really concentrated on the 200 for six years." In 1996, her best was 2:04.38.

Themen's 200 backstroke was a close three way race. Gordan Kozulj (CRO) had theslightestofleads throughout and wasableto finish bestin 1:58.70. MarkusRogan (AUT) was second with 1:58.83 and Marko Strahija (CRO) third with $1: 58.89$. The next four also bettered 2 minutes for a
very fast final
For Kozulj, the Berlin pool is special: "This is my lucky pool. I set a short course world record two yearsago here. Today was a very hard race. I have a headache."

Rogan will notcompletethesilver and bronze with the hoped-for gold. "I would rather win once than be on the podium three times. It is a bit annoying to miss the gold twice." A tired Strahija was satisfied: "Therewastoolittlerestbetween yesterday's prelims and semis and today's final. I was slower today than in the semis yesterday."

We had a veteran's day earlier in the championships. Another new trend is for winners from the European Juniors (three weeks prior in Linz, AUT) moving up and winning championshipsherein Berlin. On Day 5 it was Yuri Prilukov in the 1500 free and Stanislava Komarova in the 100 and 200 backstrokes. On this day it was Mirna Jukic (AUT) in the 200 breaststroke.

Leading from the start, Jukic made surethatshewould endupon top. Splitting 33.06, 1:10.01, 1:47.72 foratimeof2:25.83 ( she won the Juniors three weeks prior in 2:26.42). "I didn't do well in the 100 breaststroke, finishing sixth. Today I did the perfect race."

Anne Poleska (GER), in fourth at the 150, rallied in the final 50 to move into secondwith 2:27.37. "Theatmospherehere has been fantastic; just by standing on the starting block, everybody in the stands goes crazy. I'velearned a lot about mental training in the USA (she attends the University of Alabama). I think we're also picking up on that here in Germany." Emma Igelstrom (SWE), winner of the 50 and 100 breaststrokes, was third in 2:26.71. "My only chance was to start fast. But I was dead at the 175 metre mark. I don't have competition in Sweden, so it's hard to train to race fast." Olympic and world champion Agnes Kovacs (HUN) was fourth with 2:28.16, four seconds off her best.

Atter a blazing qualifying swim of 52.03, Thomas Rupprath (GER) aimed for a much faster final in the 100


Mirna Jukic (AUT) won 200 breasistroke Marco Chiesa


Marco Chiesa
butterfly. He won with superior speed throughout and a faster turnover. With two strokes left, he hita lane number and perhaps missed an even faster final time. He did 51.94.
"The competition was a lot tougher than expected," Rupparth said. "I was quite excited and nervous as never before. I could hardly stand it."

With five more under 53 seconds, the race for the medals was close. Andriy Serdinov (UKR) finished second with 52.17 and DenisSylantyev (UKR) wasthirdwith 52.36. Said Serdinov about his first Championships, "I'm feeling super and the results couldn't havebeen better." Sylantyev said, "Not too satisfied with the place and time. I'm still tired from the two rounds yesterday and the 200 fly final earlier."

Thelastfinal wasthemen's $4 \times 200$ freestylerelay, with Italy favoured to win handily. They did itin easy fashion by 10 metres with 7:12.18. Germany was second with 7:17.59 and Greece third with 7:20.67, picking up their first-ever European Championships medal.

Rosolino, speaking on behalf of the winning team, said, "Thegold wasassuredrightfrom thestart. That'swhy we gave priority to careful changes. We did not wantto risk a disqualification."

## DAY 7, Sunday, Aug 4

The final day of the 2002 European Championships ended with another world-record performance, in the women's 200 butterfly by Otylia Jedrzejczak with a stunning 2:05.78, followedin thenexteventbyan inspired BartKizierowski in the 50 free for a Polish double.

## Highlights:

First up was women's 50 back. Sandra Volker (GER) was favoured, but Nina Zhivanevskaya (ESP) won the prelims and semis. After Volker took the lead to the mid point, Zhivaneskaya was just too strong and moved ahead to touch in 28.58 to Volker's 28.81. Alexandra Herasimenia
(BLR) was third with 28.86.
"Atter missing a medal in the 100," Zhivaneskaya said, "Today everything went well." She won the silver in the 200 backstroke earlier. Volker was tired. "It's hard to compete in your best event at the end of a terribly long week."

This was followed by the stunning world record in the women's 200 butterfly. Otylia Jedrzejczak won this event two years ago in 2:08.62 and was a bronze medallist in 1999. She swam a well-paced race: 28.79, 1:00.79, 1:33.14 to finish in 2:05.78. Shewasnever ahead of therecord until the finishing touch.

Nobodywasmoresurprised than thenewrecordholder: "When I came here, I knew I was in top shape, but I had never expected to beable to swim such an incredible time."

In second, Eva Risztov(HUN) wasin one of two finals. Shecouldn't keep up with Jedrzejczak and was second with 2:08.24. Sufferingillnessmostoftheyear, Annika Mehlhom (GER) kept the pace for 150 but couldn't keep up and finished in third with 2:09.37. "The 200 fly is one of the toughest events for which you have to train much and hard." Mehlhorn explained. "I couldn't do it this year because of a series of injuries. I have to be content with the bronzebutnotwith thetime. It'smy19th birthdaytomonow evening; I hopeto celebratewhen I gethome." Herbesttime is 2:06.97 from lastyear. For 19 yearsthe 1981 world record of 2:05.96 stood against all challengers. Since 2000, three women have bettered and gone under it.

In what wasa slowmen's50 freestyle, BartKizierowski (POL) made the most of it and won it in 22.18. There were faster times in the semis including his 22.12. Lorenzo Vismara (ITA) was a very surprised second with 22.26 and OleksanderVolynets (UKR) wasthird with 22.31. Outof the medalswere Pietervand den Hoogenband (NED) in fourth with 22.34 and Alexander Popov (RUS) in fifth with 22.35. Popov had the fastest time in the semis with 22.03.
"Today seems to be Polish Day," Kizierowski said. "I knew that Otylia had clocked a world record. I was so happy for her. I would have settled for anything after that."

Therese Alshammar (SWE) won the women's 50 freestylein 24.84. There wasno doubtshewas the best in thefield, finishing with a clear advantage. Martina Moravcova ( SVK), in second with 25.09, just couldn't match Alshammar'sturnover. AsurprisingAleksandra Herasimenia won her second bronzein the space of 10 minutes.
"It was important to win this one," Alshammar said. "I didn't do well in the 100 and it was my team

his time to finish second with 4:17.33. Nicolas Rostoucher (FRA) took the bronze with 4:19.19.
"Until the 250 I thought I could come close to 4:10," Boggiatto said. "I got tired and the lack of any challengers didn't help."
"I haveto behappy." Bathazi said. "Boggiatto couldn't be stopped today. He's in great shape. I have never been as fast in the IMs as I was here this week." Rostoucher redeemed himself after a terrible 1500 free. "I was 35 seconds off my best in the 1500. After that I couldn't hope for much in the 400 IM , but I did my personal best in lane eight."

Thelastindividual racewasthewomen's 400 freestyle. Itwas a greatrace between Yana Klochkova (UKR) and Eva Risztov (HUN). They battled strokefor strokeuntil the 250, when Klochkova moved into a slight lead only to have Risztov pick up the pace and surge to the finish, just being out-touched by Klochkova 4:07.10 to 4:07.24. For Risztov, this had to be a terrific effort after only 15 minutes and the 200 fly.
The splits:
$\begin{array}{lllll}\text { Klochkova } & 1: 00.00 & 2: 03.38 & 3: 07.00 & 4: 07.10\end{array}$ Risztov $\quad 1: 00.20 \quad 2: 03.54 \quad 3: 07.15 \quad 4: 07.24$
"I couldn'tbeluckierwith myfinish," Klochkova said. "This is my third gold. I couldn't have done any better."
"It's my fourth silver," Risztov said. "I'm really disappointed to lose by such a narrow margin."

TheGermanswon thewomen's $4 \times 100$ medleyrelayin a European record of 4:01.54 to give them a sweep of all three relays. Sweden was second with 4:06.15 and Ukraine third with 4:06.22. TheGermansswam van Almsick on the fly leg, where she did a 57.48 and anchored with Sandra Volker, who did a 54.03.
"I hoped the Championships would be over quickly," van Almsick said. "Now I regret that they're over."

Russia won the men's $4 \times 100$ medley relay with an upset win in lane two over favourites Germany. France was in the lead with the 100 freeleg remaining, but Popov split 47.85 (a second faster than anyone else) and won with a 3:36.21. France was second with $3: 36.55$ and Germany third with 3:37.05.

In what has become a German tradition, in the last event of a major championships they dress up before the race in costumes. In 1980 they were in Roman togas; on this day they wore Berlin Bear costumes in tribute to the supportive crowds all week long.

## 2002 EUROPEAN CHAMPIONSHIPS

## Berlin MEN

50 METRES FREESTYLE Aug 4
22．18 Kizierowski Bartosz，77，POL
22.26 Vismara Lorenzo，75，ITA

22．31 Volynets Oeksander， 74, UKR 22.34 valHoogenband Pieter，78，NED 22．35 Popov Alexander，71，RUS 22．67 Nystrand Stefan，81，SWE
22．78 Scarica Michele，82，ITA 22.96 Mankoc Peter，78，SLO Semi－finals

22．03 Popov Alexander，71，RUS
22．12 Kzierowski Bartosz，77，POL 22.43 valHoogenband Pieter，78，NED 22．45 Volynets Oleksander，74，UKR 22．58 Vismara Lorenzo，75，ITA 22．66 Nystrand Stefan，81，SWE 22.86 ScaricaMichele，82，ITA 22．90 Mankoc Peter，78，SLO 22．91 Silva Pedro，77，POR 22．92 Dreesen Renaat，80，BE 22．93 Zubor Attila，75，HUN
22．94 Kunzelmann Stephan，78，GR 22．97 Lagoun Pavel，79，BLR 23．07 Thide Jens，80，GR 23．10 Gimbutis Rolandas，81，LTU 23．12 Gaspar Zsolt，77，HUN 100 METRES FREESTYLE，Jul 31 47.86 vdHoogenband Pieter，78，NED 48．94 Popov Alexander，71，RUS 49．31 Draganja Duje，83，CRO 49．32 Barnier Romain，76，PRA 49．34 Frolander Lars，74，SWE 49．79 Zubor Attila，75，HUN 50．07 Spanneberg Torsten，75，GR 50.18 Novy Karel， 80, SUI Semi－finals
47.97 vdHoogenband Pieter，78，NDD

48．70 Popov Alexander，71，RUS
49.30 Draganja Duje，83，CRO

49．54 Barnier Romain，76，FRA
49．56 Zubor Attila，75，HUN
49．71 Spanneberg Torsten，75，GR
49．80 Frolander Lars，74，SWE
49．92 Novy Kare，80，SUl
49．97 Hard Jere，78，AN
49．98 Gimbutis Rolandas，81，LTU 50．16 Vismara Lorenzo，75，ITA 50．21 Nystrand Stefan，81，SWE 50．35 Dreesen Renaat，80，BE 50.41 Scarica Michele，82，ITA 50．54 Lagoun Pavel，79，BLR 50．72 Lorente Eduardo，77，ESP METRES FREESTYLE，Aug2 1：44．89 vdHoogenband Pieter，78，NBD 1：46．94 BrembillaEmiliano，78，ITA
1：47．98 Rosolino Massi，78，ITA
1：48．36 Svoboda Kvetoslav，82，CZE
1：48．82 Barnier Romain，76，RA
1：49．24 Wildeboer Oaf，83，ESP
1：49．41 Oakonomou Athanasios，78，GRE 1：49．63 Herbst Stefan，78，GR Semi－finals

1：46．21 vdHoogenband Pieter，78，ND
1：47．61 BrembillaEmiliano，78，ITA
1：48．33 Rosolino Massi，78，ITA
1：48．35 Svoboda Kvetoslav，82，CZE
1：48．80 Barnier Romain，76，RA
1：49．20 Herbst Stefan，$, 7, \mathrm{G}$ R
1：49．24 Oikonomou Athanasios，78，GRE
1：49．83 Wildeboer Caf，83，ESP
1：49．93 Carstensen Jacob， 78, DEN
1：50．12 Kuznetsov Maxim，82，RUS
1：50．15 Zmmer Moritz，80，GR
1：50．27 Ivan Nicolae，75，ROM
1：50．75 Xylouris Nikos，82，GRE
1：51．24 Mindan Aytekin，81，TUR 1：51．95 Montero Luis，83，POR
1：52．34 Fesenko Sergiy，82，UKR

## METRES FREESTYLE，Jul 29

3：46．60 BrembillaEmiliano，78，ITA
3：48．70 Rosolino Massi，78，ITA
3：48．78 Coman Dragos，80，ROM
3：50．44 Svoboda Kvetoslav，82，CZE
3：50．53 Cakonomou Athanasios， 78, GRE
3：52．30 Hoffmann Jorg，70，GR
3：53．09 Rostoucher Nicolas，81，IRA 3：54．06 Hell Heiko，80，GR Prelims

3：49．48 BrembillaEmiliano，78，ITA

## 2 3：50．19 Coman Dragos，80，ROM

3：50．67 Rosolino Massi，78，ITA
3：51．11 Rostoucher Nicolas，81，，PRA
3：51．43 Oikonomou Athanasios，78，CRE
3：51．63 Hoffmann Jorg，70，GR
3：51．73 Svoboda Kvetoslav，82，CZE
3：51．87 Hell Heiko，80，GR
3：52．33 Gianniotis Spyridon，80，GRE
0 3：54．21 Koptour Dmitry，78，BLR
1 3：54．80 Wídeboer Oaf，83，ESP
12 3：54．90 Flipets Alexei，78，RUS
13 3：56．03 Nunez Javier，83，ESP
14 3：56．67 Snitko Igor，78，UKR
15 3：56．76 Monteiro Luis，83，POR
16 3：56．83 Ayalon Shilo，81，ISR

## 500 METRES FREESTYLE，Aug 2

15：03．88 Prilukov Yuri，84，RUS
2 15：04．16 Minotti Christian，80，ITA
3 15：07．65 Chervynskiy Igor，81，UKR
15：07．86 Coman Dragos，80，ROM
5 15：11．16 Hoffmann Jorg，70，GR
6 15：14．04 Hell Heiko，80，G円R
7 15：30．22 Koptour Dmitry，78，BLR
8 15：30．82 Ayalon Shilo，81，ISR Prelims
1 15：13．66 Minotti Christian，80，ITA
2 15：14．09 Prilukov Yuri， 84, RUS
3 15：14．61 Hoffmann Jorg，70，GR
4 15：17．42 Coman Dragos，80，ROM
5 15：17．69 Chervynskiy Igor，81，UKR
6 15：18．31 Ayalon Shilo，81，ISR
7 15：23．11 Hell Heiko，80，G®R
8 15：23．58 Koptour Dmitry，78，BLR
9 15：24．70 Flipets Alexei， 78, RUS
10 15：27．62 Nunez Javier，83，ESP 11 15：38．57 Gianniotis Spyridon，80，GRE 12 15：41．30 Kalteis Hannes，82，AUT 13 15：47．05 Rostoucher Nicolas，81，RA 14 15：53．54 Snitko Igor，78，UKR 15 15：57．71 Bastos Egas，83，POR 50 METRES BACKSTROKE，Aug 1
25.05 Rupprath Thomas， $77, \mathrm{GR}$

25．12 Theloke Stev，78，GER
25．52 Kizierowski Bartosz，77，POL
25．62 Otega David，79，ESP
25．67 Gigalionis Darius，77，LTU
25．89 Viatchanin Arkadi，84，RUS
26．14 Horvath Peter，74，HUN
26．18 SiembidaMariusz，75，POL Semi－finals
25.00 Rupprath Thomas，77，GR

2．53 Kizerowski Bartosz77，PO
25．60 Theloke Stev，78，GRR
25．72 Otega David，79，ESP
25．83 Gigalionis Darius，77，LTU 25．86 Horvath Peter， $74, \mathrm{HUN}$ 25．91 Siembida Mariusz，75，PO 25.97 Viatchanin Arkadi， 84, RUS 25．99 Laurentino Nuno，75，POR
26．14 Lang Hori，83，SUI
26．19 Krizko Lubos，79，SVK
26．26 Maskovic Ante，79，CRO
26．28 Medvesek Blaz，80，SLO
26．29 Machovic Miroslav，76，SVK
26．30 Tamminga Baastian，81，NED
26．61 Alechine Evgeni，79，RUS
100 METRES BACKSTROKE，Jul 30
54．42 Theloke Stev，78，GER
54．54 Rogan Markus，82，AUT
54.89 Roger Pierre，83，RA

54．93 Driesen Steffen，81，GR 55．18 Horvath Peter，74，HUN 55.36 Strahija Marko，75，CRO 55．37 Dufour Simon，79，TRA 55.38 Kozulj Gordan，76，CRO

## Semi－finas

54.86 Rogan Markus，82，AUT 54．95 Horvath Peter， $74, \mathrm{HUN}$ 55.21 Kozulj Gordan，76，CRO 55．26 Strahija Marko，75，CRO 55．28 Theloke Stev，78，G®R 55．36 Driesen Steffen，81，GR 55．57 Dufour Simon，79，RA 55.63 Roger Pierre，83，RA 55．65 Bodrogi Viktor，83，HUN 55.66 Gigalionis Darius，77，LTU 55．71 Urbach Ethan，77，ISR 55．74 Nkolaychuk Volodymyr，75，UKR 56．01 Medvesek Blaz，80，SLO 56.07 SiembidaMariusz，75，POL 56．11 Alechine Evgeni，79，RUS

16 56．14 Laera Luis A，71，ITA

## 1：58．70 Kozuli Gordan，76，CRO

 1：58．83 Rogan Markus 82 AlT 1：58．89 Strahija Marko，75，CRO 1：58．89 StranijaMarko， 15 ， CRO 1：59．17 Merisi Emanuele，72，ITA1：59．47 Horea Razvan，80，ROM
1：59．52 Dufour Simon，79，ㄲA
1：59．61 Sanchez Jorge，77，ESP
2：01．36 Medvesek Blaz，80，SLO
Semi－finals
1：58．45 Strahija Marko，75，CRO
2 1：58．61 Kozulj Gordan，76，CRO
1：58．84 Rogan Markus，82，AUT
1：59．07 Merisi Emanuele，72，ITA
1：59．09 Dufour Simon，79，RA
1：59．72 Forea Razvan，80，ROM
1：59．96 Sanchez Jorge，77，ESP
2：00．31 Medvesek Blaz80，SLO
2：00．35 Viatchanin Arkadi，84，RUS
10 2：00．85 Zwering Klaas，81，NED
11 2：01．10 Nikolaychuk Volodymyr，75，UKR
12 2：01．15 Gath Yoav，80，ISR
13 2：01．63 Fahrland Enest，81，G巴R
2：01．87 Bodrogi Viktor，83，HUN
2：02．07 Lapshyn Andriy，83，UKR
16 2：02．12 Alechine Evgeni，79，RUS
50 METRES BREASTSTROKE，Aug 2
w27．18 Lisogor Oeg，79，UKR
27．51 Raskay Mihaly，82，HUN
27．85 Guttler Karoly，68，HUN 27．93 Warnecke Mark，70，GR 27．98 Kruppa Jens，76，GセR 28．10 Tepavcevic Mladen，76，YUG 28．16 Duboscq Hugues，81，RRA
8 28．66 Ivanovski Roman，77，RUS

## Semi－finals

27．86 Kruppa Jens，76，G円 27．87 Warnecke Mark，70，GR 27．87 Lisogor Oeg，79，UKR 28．11 Duboscq Hugues，81，FRA 28．14 Haskay Mihaly，82，HUN 28．18 Tepavcevic Mladen，76，YUG 28．32 Guttler Karoly，68，HUN
28．42 Ivanovski Roman，77，RUS
28．46 Rogulj Vanja，82，CRO
10 28．46 Tahirovic Emil，79，SLO
28．54 Malek Daniel，73，CZI
12 28．54 Krayevskiy Dmyytro，72，UKR
28.56 Lutolf Remo，80，SUI

14 28．71 Couto Jose，78，POR
15 28．90 Schmollinger Patrick，73，AUT
16 29．05 Malyarov Arsen，79，RUS
100 METRES BREASTSTROKE，Jul 30
1：00．29 Lisogor Oeg，79，UKR
1：00．72 Sloudnov Roman，80，RUS
1：01．04 Dubosca Hugues，81，RRA
1：01．27 Pihlava Jarno，78，7N
1：01．58 Guttler Karoly，68，HUN
1：01．69 Faskay Mihaly，82，HUN
1：01．90 Ivanovski Roman，77，RUS
1：02．24 Cassol Davide，80，ITA
Semi－finals
1：00．65 Sloudnov Roman，80，RUS
2 1：00．91 Lisogor deg，79，UKR
1：01．11 Duboscq Hugues，81，，RA
1：01．17 Pihlava Jarno，78，FN
1：01．39 Guttler Karoly，68，HUN
1：01．92 Haskay Mihaly，82，HUN
1：01．95 Cassol Davide，80，ITA
8 1：01．98 Ivanovski Roman，77，RUS
9 1：02．07 KruppaJens，76，G®R
10 1：02．09 Gustavsson Martin，80，SWE
11 1：02．29 Bernard Yohan，74，RRA
12 1：02．29 Tahirovic Emil，79，SLO
13 1：02．39 Couto Jose，78，POR
14 1：02．41 Rogulj Vanja，82，CRO
15 1：02．58 Vancini Michele，81，ITA
16 1：03．18 Tepavcevic Mladen，76，YUG
200 METRES BREASTSTROKE，Aug 1
2：11．37 Rummolo Davide，77，ITA
2：11．77 Bernard Yohan，74，RA
3 2：11．82 Sloudnov Roman，80，RUS
2：12．66 Ivanov Andrei，76，RUS
2：14．47 Pihlava Jarno， 78 ，FN
2：14．65 Bodor Richard，79，HUN
2：14．69 PodoprigoraMax，78，AUT
8 2：15．18 Gustavsson Martin，80，SWE

## Semi－finals

2：12．31 Rummolo Davide，77，ITA
2 2：13．03 PodoprigoraMax，78，AUT
3 2：13．14 Ivanov Andrei，76，RUS
4 2：13．72 Sloudnov Roman，80，RUS
2：13．76 Pihlava Jarno，78，FN
2：14．07 Bernard Yohan，74，RAA
2：14．84 Bodor Richard，79，HUN

2：14．94 Gustavsson Martin，80，SWE 2．1．95 Vancini Michele，81，ITA
2：15．16 vanValkengoed Thijs，83，NED 2：15．34 Sveinsson Jakob，82，ISL 2 2：17．40 Malek Daniel，73，CZE 3 2：17．80 Wold Anders，81，NOR 4 2：18．51 Sergeev Sergiy，70，UKR 15 2：18．70 Lipovz Matic，77，SLO 16 2：18．71 Neiva Henrique，84，POR 50 METRES BUTTERFLY，Jul 30 23．50 Hard Jere，78，FN 23．78 Rupprath Thomas，77，GER 23．85 Frolander Lars，74，SWE 24．10 Holst Ewout，78，NED 24．11 Keizer Joris，79，NED 24．23 Noriega Javier，80，ESP 24．24 Serdinov Andriy，82，UKR 24．29 Gaspar Zsolt，77，HUN Semi－finals

23．77 Rupprath Thomas，77，GR
23．94 Hard Jere，78，FN
24．00 Serdinov Andriy，82，UKR
24．12 Gaspar Zsolt，77，HUN
24．13 Keizer Joris，79，NED
24．16 Holst Ewout，78，NED
24．24 Noriega Javier，80，ESP
24．25 Breus Sergiy，83，UKR
24．33 Marchenko Igor，75，RUS
24．38 Morgado Simao，79，POR
24．45 Tsagkarakis Apostolos，82，GRE
24．48 Lagoun Pavel，79，BLR
24．60 Maskovic Ante，79，CRO
24．64 Novy Karel，80，SUl
24．76 Valimaa Tero，78，FN
28．86 Frolander Lars，74，SWE
00 METRES BUTTERFLY，Aug 3 51．94 Rupprath Thomas，77，GR 52．17 Serdinov Andriy，82，UKR 52．36 Sylantyev Denis，76，UKR 52．47 Marchenko lgor，75，RUS 52．59 Frolander Lars，74，SWE 52．83 Esposito Franck，71，PRA 53．11 Keizer Joris，79，NED 53．18 Hard Jere，78，FN Semi－finals

52．03 Rupprath Thomas，77，GER
52．24 Serdinov Andriy，82，UKR 52．33 Sylantyev Denis，76，UKR 52．40 Marchenko Igor，75，RUS 52．82 Keizer Joris，79，NED
52．93 Frolander Lars，74，SWE
53．05 Esposito Franck，71，FRA 53．35 Hard Jere，78，FN
53．55 Gaspar Zsolt，77，HUN
53．67 Gherghel Ioan，78，ROM 53．79 Morgado Simao，79，POR 53．85 Aartsen Stefan，75，NED 54．03 Lagoun Pavel，79，BLR 54．12 Keller Christian，72，GRR
54．74 Markovic Vadan，77，YUG
54．79 Horky Josef，72，CZE

## 0 METRES BUTTERFLY，Aug 1

1：55．18 Esposito Franck，71，FRA
2 1：55．42 Sylantyev Denis，76，UKR
3 1：55．62 Poliakov Anatoli，80，RUS
4 1：57．94 Gherghel Ioan，78，ROM
5 1：58．33 Kolozar David，81，HUN
6 2：00．09 Skvortsov Nikolai，84，RUS
7 2：00．70 Galenda Christian，82，ITA
8 2：00．98 Drzewinski Lukasz，84，PO Semi－finals

1：57．13 Gherghel loan，78，ROM
2 1：57．19 Esposito Franck，71，円RA
3 1：57．68 Sylantyev Denis，76，UKR
4 1：57．78 Poliakov Anatoli，80，RUS
5 1：59．08 Kolozar David，81，HUN
6 1：59．47 Galenda Christian，82，ITA
7 1：59．66 Drzewinski Lukasz，84，POL
8 1：59．74 Skvortsov Nikolai，84，RUS
9 1：59．99 Monteiro Luis，83，POR
10 2：00．11 Pau Jordi，80，ESP
2：00．15 Drymonakos loannis，84，GRE
12 2：00．65 Kiss Boldizsar，85，HUN
13 2：00．71 Horky Josef，72，CZE
14 2：01．08 Morgado Simao，79，POR
15 2：01．50 Advena Sergiy，84，UKR
16 2：01．69 Gílgen Philippe，76，SUI
200 METRES IND．MEDLEY，Jul 31
1：59．30 Sievinen Jani，74，RN
2 1：59．83 Boggiatto Alessio，81，ITA
3 2：00．50 Rogan Markus，82，AUT
4 2：00．53 Kerekjarto Tamas，79，HUN
5 2：00．92 Bathazi Istvan，78，HUN
6 2：01．47 Keller Christian，72，GZR
2：01．74 KruppaJens，76，GR
8 2：01．85 Mankoc Peter，78，SLO

Semi－finals
1 2：00．38 Kerekjarto Tamas，79，HUN
2 2：00．40 Boggiatto Alessio，81，ITA
2：00．64 Sievinen Jani，74，7N

50 METRES FREESTYLE，Aug 4 24．84 Alshammar Therese，77，SWE 5．09 MoravcovaMartina，76．SVK 25．24 Herasimenia Aleksandra，85，BLR 25．34 Meissner Katrin，73，GRR 25.53 van Rijn Wilma，71，NED 25．54 Korc Agata，86，PO 25．59 Goot Chantal， $82, \mathrm{NED}$ 25．61 Mukomol Oga，79，UKR mi－finals

25．26 Alshammar Therese，77，SWE 25．33 MoravcovaMartina，76，SVK 25．42 Herasimenia Aleksandra，85，BLR 25．47 Meissner Katrin，73，GR 25．67 Korc Agata，86，PO 25．67 Goot Chantal，82，NDD 25.69 van Rijn Wilma， 71 ，NED 25．70 Mukomol Aga，79，UKR 25．73 Chiuso Oristina，73，ITA 25．75 Draxler Judith，70，AUT 25．77 Sjoberg Johanna，78，SWE 25.88 Kolukanova Jana，81，EST 25．91 Walterova－Lange Ivana，77，SKK 26．03 Seppala Hanna－M．．84，FN 26．10 Steffen Britta，83，GR 26．38 Consolandi Lara，82，ITA 00 METRES FREESTYLE，Jul 31 54.39 van Almsick Franziska，78，GRR 54．61 MoravcovaMartina，76，SVK 54．62 Popchenko Eena，79，BLR 54．66 Dallmann Petra，78，GER 55．04 Herasimenia Aleksandra，85，BLR 55．41 Alshammar Therese，77，SWE 55.42 Sjoberg Johanna，78，SWE 55．67 Mukomol Oga，79，UKR Semi－finals
54.48 van Almsick Franziska，78，GR 54．86 MoravcovaMartina，76，SVK 54．95 Popchenko Eena，79，BLR 54．96 Dalmann Petra，78，GR 55．33 Sjoberg Johanna，78，SWE 55．45 Herasimenia Aleksandra，85，BLR 55．71 Mukomol Oga，79，UKR 55．72 Alshammar Therese，77，SWE 55.73 Jedrzejczak Oylia，83，PO
55.74 van Rijn Wilma，71，NED
55.84 Seppala Hanna－M．，84，RN
56.06 Jacobsen Mette，73，DEN 56．17 Vianini Cecilia，76，ITA 56．34 Fgues Solenne，79，RA 56．71 Niangkouara Nery，83，GRE 57．76 KolukanovaJana，81，EST
200 METRES FREESTYLE，Aug 3
1 w1：56．64 van Almsick Fanziska，78，GR
2 1：57．80 Potec Camelia，82，ROM
3 1：57．91 Popchenko Eena，79，BLR
4 1：59．63 Figues Solenne，79，RA
5 2：01．33 Roca Laura，80，ESP
6 2：01．45 Rouba Tatiana，83，ESP
2：01．62 Hjorth－Hansen Julie，84，DEN 2：02．24 van Rooijen Manon，82，ND Semi－finals

1：59．45 Potec Camelia，82，ROM
2 1：59．61 van Almsick Fanziska，78，GR
2：00．16 Fgues Solenne，79，PA
2：00．17 Popchenko Eena，79，BLR
2：00．28 van Rooijen Manon，82，NED
2：00．78 Roca Laura，80，ESP
2：01．08 Rouba Tatiana，83，ESP
2：01．09 Hjorth－Hansen Julie，84，DEN
2：01．57 Vianini Cecilia，76，ITA
10 2：01．61 Dimoshaki Zoe，85，GRE
11 2：01．67 Miluska Hanna，84，SUI
12 2：01．85 van Koeckhoven Nina，83，B旦
13 2：01．94 Lillhage Josefine，80，SWE
14 2：02．13 Freitag Meike，79，GR
15 2：03．24 Mattsson Ida，85，SWE
16 2：04．24 Kynerova Kristina，79，CZE
400 METRES FREESTYLE，Aug 4
4：07．10 Kochkova Yana，82，UKR
2 4：07．24 Ristov Eva，85，HUN
3 4：09．49 Potec Camelia，82，ROM
4：09．59 Paduraru Simona，81，ROM
4：10．21 Henke Jana，73，GR
4：10．38 Offimtsevalrina，85，RUS
4：11．62 Stockbauer Hannah，82，GRR
4：13．51 Villaecia $\begin{aligned} & \text { rika，84，ESP }\end{aligned}$
Prelims
4：11．57 Ristov Eva，85，HUN
4：11．58 Potec Camelia，82，ROM
4：11．58 Kochkova Yana，82，UKR
4：11．66 Paduraru Simona，81，ROM

5 4：11．99 Stockbauer Hannah，82GR 4：12．60 Henke Jana，73，G世R
4：12．81 Oufimtsevalrina，85，RUS 4：12．84 Villaecia Erika，84，ESP 4：14．49 Caballero Melissa， 85, ESP 4：15．73 Simoni Anna，80，ITA 1 4：15．89 Carman Anja，85，SLO 2 4：16．18 PechanovaJana，81，C正 4：16．85 Beresnyeva Oga，85，UKR 4 4：17．69 LympertaMarianna，79，GRE 5 4：17．96 Dimoshaki Zoe，85，GRE 4：18．54 Ricciardi Simona，80，ITA 00 METRES FREESTYLE，Aug 1 8：23．83 Henke Jana， 73, G\＃ 8：28．06 Risztov Eva，85，HUN 8：30．97 Stockbauer Hannah，82，GER 8：34．29 Beresnyeva Olga，85，UKR 8：36．69 Orfimtseva Irina，85，RUS 8：36．70 Paduraru Simona，81，ROM 8：40．29 Rigamonti Aavia，81，SUI 8：45．56 Perrotin Marion，83，PA Prelims

8：29．92 Risztov Eva，85，HUN
8：32．41 Henke Jana，73，GR
8：36．95 Stockbauer Hannah，82，GER
8：36．96 Paduraru Simona，81，ROM 8：37．26 Beresnyeva Oga，85，UKR 8：37．58 Rigamonti Favia，81，SUl
8：38．45 Oufimtseva Irina，85，RUS
8：39．09 Perrotin Marion，83，RA
8：39．31 LympertaMarianna，79，GRE
0 8：40．22 Potec Camelia，82，ROM
1 8：42．34 Carman Anja，85，SLO 12 8：42．94 Nagy Reka，86，HUN 13 8：43．03 Strasser Chantal，78，SUI 14 8：45．07 Simoni Anna，80，ITA 15 8：50．04 Pechanova Jana，81，CTE 16 8：52．05 Bosevska Mirjana，81，MKD 50 METRES BACKSTROKE，Aug 4

28．58 Zhivanevskaya Nina，77，ESP 28.81 Volker Sandra，74，GR 28．86 Herasimenia Aleksandra85，BLR 29．25 Ornstedt Louise，85，DEN 29．27 Pietsch Janine，82，GR 29.31 Cappa Alessandra，82，ITA 29．50 Amshennikovalrina，86，UKR 29．64 Mocanu Diana，84，ROM Semi－finals

28．71 Ziivanevskaya Nina，77，ESP 28．82 Volker Sandra，74，GR 29．10 Herasimenia Aleksandra，85，BLR 29．29 Onstedt Louise，85，DEN 29．34 Cappa Alessandra，82，ITA 29．43 Amshennikova lrina，86，UKR 29．50 Pietsch Janine，82，GR 29．52 Mocanu Diana，84，ROM 29．56 Szabo－Szepesi Nikolett，87，HUN 29.75 Valen Suze，78，ND 29．96 Udroiu Raluca，79，ROM 29．98 Nadarajah Fabienne，85，AUT 29．98 Gustamelski Ania，81，ISR 29．99 Maracineanu Roxana，75，RA 30．04 Diezi Dominique，77，SUI 30．29 Kézar Alenka，79，SLO

## 100 METRES BACKSTROKE，Aug 2

1：01．40 KomarovaStanislava，86，RUS
1：01．42 Volker Sandra，74，GR
1：01．56 Buschschulte Antje，78，GR
1：01．61 Zhivanevskaya Nina，77，ESP
1：01．74 Ornstedt Louise，85，DEN
6 1：02．62 Maracineanu Roxana，75，TRA
1：03．33 CappaAlessandra，82，ITA
1：03．45 Amshennikovalrina，86，UKR Semi－finals

1：01．31 Buschschulte Antje，78，GR 1：01．48 Zhivanevskaya Nina，77，ESP 1：01．97 Komarova Stanislava，86，RUS 1：02．07 Onstedt Louise，85，DEN 1：02．21 Maracineanu Roxana，75，RA 1：02．38 Volker Sandra，74，GتR 1：02．54 Cappa Alessandra，82，ITA 1：02．70 Amshennikovalrina，86，UKR 1：02．78 Mocanu Diana，84，ROM 10 1：03．23 Szabo－Szepesi Nikolet，，87，HUN 1：03．23 Raevskaya Irina，83，RUS 2 1：03．33 Gustamelski Ania，81，ISR 3 1：03．73 Seppala HannaM．，84，FN
4 1：03．99 Eke Derya，83，TUR
5 1：04．23 Udroiu Raluca，79，ROM
6 1：04．34 Diezi Dominique，77，SUI
00 METRES BACKSTROKE，Jul 30
2：09．49 Komarova Stanislava，86，RUS
2：10．27 Zhivanevskaya Nina，77，ESP

3 2：11．59 Amshennikovalrina，86，UKR 2：11．94 Ornstedt Louise，85，DE
2：11．99 Mocanu Diana，84，ROM
2：12．09 Buschschulte Antje，78，GR 2：12．43 Kejzar Alenka，79，SLO 8 2：12．58 Maracineanu Roxana，75，RA Semi－finals

2：11．21 Komarova Stanislava，86，RUS
2：12．44 Amshennikova lrina，86，UKR
3 2：12．56 Buschschulte Antje，78，GR
2：12．69 Mocanu Diana，84，ROM
2：12．87 Zhivanevskaya Nina，77，ESP
2：13．04 Onnstedt Louise，85，DEN
2：13．35 Kejzar Alenka，79，SLO
8 2：13．36 Maracineanu Roxana，75，RRA
9 2：15．80 Carman Anja，85，SLO
10 2：16．22 Gustamelski Ania，81，ISR
11 2：16．54 Eke Derya，83，TUR
12 2：16．69 Szabo－Szepesi Nkolett，87，HUN
13 2：16．88 Barsanti Federica，78，ITA
14 2：19．21 Levavi Inbal，84，ISR
15 2：19．32 Dudnik Oga，85，UKR
16 2：19．33 KubalcikovaMarcela，73，CZE
50 METRES BREASTSTROKE，Aug 2
31．17 Igelstrom Emma，80，SWE
31.77 Bondarenko Svitlana，71，UKR
32.10 Bogomazova Eena，82，RUS 32．31 Baans Madelon，77，ND 32．39 Thorup Majken，79，DEN
32．40 Karn－Weiler Simone，78，GR 32．53 Kormacheva Ekaterina，82，RUS 8 32．57 Bohm Caroline，86，GR

## Semi－finals

31．27 Igelstrom Emma，80，SWE
32．09 Bondarenko Svitlana，71，UKR
32．17 Thorup Majken，79，DEV
32．22 Bogomazova Bena，82，RUS
32.26 Bohm Caroline，86，GR

32．27 Karn－Weiler Simone，78，GR
32．32 Kormacheva Ekaterina，82，RUS
32．37 Baans Madelon，77，ND
32．48 Orescentini Roberta，75，ITA
32.64 Jukic Mirna，86，AUT

11 32．70 Chocova Petra，86，CZE
12 32．81 Panara Roberta，84，ITA
13 32．83 KaminskaBeata，80，PO
14 32．91 Hissamutdinova Natalia，83，EST
15 32．97 Sambrailo Tamara，86，SLO
16 33．09 Wudy Helene，86，AUT
100 METRES BREASTSTROKE，Jul 31
1：07．87 Igelstrom Emma，80，SWE
1：09．28 Bondarenko Svitlana，71，UKR
1：09．53 BogomazovaEena，82，RUS
1：09．63 Kovacs Agnes，81，HUN
1：09．67 Baans Madelon，77，NED
1：09．84 Jukic Mirna，86，AUT
1：09．90 Kormacheva Ekaterina，82，RUS
8 1：09．96 Karn－Weiler Simone，78，GR Semi－finals

## 1：08．14 Igelstrom Emma，80，SWE

2 1：09．32 Kovacs Agnes，81，HUN
3 1：09．45 BogomazovaEena，82，RUS
1：09．62 Karn－Weiler Simone，78，GR
1：09．81 Kormacheva Ekaterina，82，RUS
1：09．87 Bondarenko Svitlana，71，UKR
1：09．95 Baans Madelon，77，NED
8 1：09．97 Jukic Mirna，86，AUT
9 1：10．17 Bohm Caroline，86，GR
10 1：10．33 Thorup Majken，79，DEN
11 1：10．84 Gulbrandsen AnneM．，84，NOR
12 1：10．90 Kaminska Beata，80，POL
13 1：11．01 FarinaSara，78，ITA
14 1：11．63 Sambrailo Tamara，86，SLO
15 1：11．93 Hissamuldinova Natalia，83，EST
16 1：12．49 Dikmen Ilkay，81，TUR
200 METRES BREASTSTROKE，Aug 3
2：25．83 Jukic Mirna，86，AUT
2：27．37 Poleska Anne，80，GR
2：27．61 Igelstrom Emma，80，SWE 2：28．16 Kovacs Agnes，81，HUN 2：28．92 Remenyi Diana，86，HUN 2：30．26 Farina Sara，78，ITA
2：30．59 Boggiatto Chiara，86，ITA 8 2：31．93 Domenech Belen，85，ESP Semi－finals

2：26．17 Jukic Mirna，86，AUT
2 2：28．00 Kovacs Agnes，81，HUN
3 2：28．41 Igestrom Emma，80，SWE
2：28．77 PoleskaAnne，80，GER
2：29．81 Remenyi Diana，86，HUN
2：31．13 Boggiatto Chiara，86，ITA
2：31．54 Farina Sara，78，ITA
2：32．46 Domenech Belen，85，ESP
2：32．64 Dikmen Ilkay，81，TUR

10 2：33．80 Chocova Petra，86，CZE 11 2：34．18 Bogomazova Bena，82，RUS 12 2：34．21 Kaminska Beata，80，POL 13 2：34．39 Gulbrandsen Anne－M．．84，NOR 14 2：36．23 HissamutdinovaNataia，83，EST 15 2：36．84 Liakh Nastassia，83，BLR 16 2：37．29 Llach Judit，85，ESP

## 50 METRES BUTTERFLY，Jul 30

w25．57 Kammerling Anna Karin，80，SWE
26．86 Samulski Daniela，84，GB
26．91 Goot Chantal，82，NED
27．04 Korc Agata，86，PD
27．30 San Juan Angela，83，ESP
27．36 Borochovski Vered，84，ISR
27．36 Nadarajah Fabienne，85，AUT
27．59 Egda Karen，78，DEN

## Semi－finals

26．79 Kammerling Anna Karin，80，SWE
26.88 Samulski Daniela，84，GZ

27．04 Korc Agata，86，POL
27．22 Nadarajah Fabienne，85，AUT
27．27 San Juan Angela，83，ESP
27．31 Groot Chantal， $82, \mathrm{NED}$
27．36 Borochovski Vered，84，ISR
27．41 Egdal Karen，78，DEN
27．42 Sutiagina Natalia，80，RUS
27．45 Dufour Fabienne，81，BQ
27．47 Draxler Judith，70，AUT
27．60 Segat Francesca，83，ITA
27．61 Khudyakova Natalie，85，UKR 27．63 Pietsch Janine，82，GR
28．09 OgurtsovaMariya，83，UKR
28．12 Bespalovalrina， 81, RUS
00 METRES BUTTERFLY，Aug 2
57．20 MoravcovaMartina，76，SVK
57．97 Jedrzéczak Oylia，83，POL
58．94 Kammerling Anna Karin，80，SWE
59．10 Sjoberg Johanna，78，SWE
59.56 Samulski Daniela，84，GR 59.82 Borochovski Vered，84，ISR
59.86 Jacobsen Mette，73，DEN

8 1：00．08 Sutiagina Natalia， 80, RUS Semi－finals

57．90 MoravcovaMartina，76，SVK
58．57 Jedrzéczak Oyylia，83，PO． 59．11 Kammerling Anna Karin，80，SWE
59.24 Sjoberg Johanna，78，SWE
59.41 Samulski Daniela，84，GR
59.58 Jacobsen Mette，73，DEN

59．62 Borochovski Vered，84，ISR
8 1：00．07 Sutiagina Natalia，80，RUS
9 1：00．17 Dufour Fabienne，81，BE
10 1：00．37 Segat Francesca，83，ITA
1：00．54 Vinogradova Ekaterina，80，RUS
12 1：00．81 San Juan Angela，83，ESP
13 1：00．94 GarciaMireia，81，ESP
14 1：00．95 Civeira Sara，85，POR
15 1：01．49 Skou Sophia，73，DEN
16 1：01．95 Kopatchenia Anna，80，BLR
200 METRES BUTTERFLY，Aug 4
1 w2：05．78 Jedrzéczak Otylia，83，POL
2 2：08．24 Ristov Eva，85，HUN
3 2：09．37 Mehlhorn Annika，83，GG
4 2：11．04 GarciaMireia，81，ESP
5 2：12．38 Segat Francesca， 83 ，ITA
6 2：12．46 Vives Roser，84，ESP
7 2：12．56 Cliveira Sara，85，POR
8 2：13．81 Vinogradova Ekaterina，80，RUS Semi－finals
2：10．13 Ristov Eva，85，HUN
2 2：10．51 Mehlhorn Annika，83，GR
3 2：10．71 Jedrzeiczak Aylia，83，PO
4 2：11．25 GarciaMireia，81，ESP
5 2：11．45 Jacobsen Mette，73，DEN
6 2：11．91 Vives Roser，84，ESP
2：12．22 Segat Francesca，83，ITA
8 2：12．77 Aivera Sara，85，POR
9 2：12．79 Vinogradova Ekaterina，80，RUS
10 2：13．00 Zahrl Petra，81，AUT
2：13．62 Felgueiras Raquel，80，POR
12 2：14．99 KubalcikovaMarcela，73，CZI
13 2：15．15 Skou Sophia，73，DEN
14 2：15．63 Sutiagina Natalia，80，RUS
15 2：15．77 BosevskaMiriana，81，MKD
16 2：16．86 Melachroinou Zampia，79，CRE
200 METRES IND．MEDLEY，Aug 1
2：11．59 Kochkova Yana，82，UKR
2 2：13．04 ScherbaHanna，82，BLR
3 2：14．24 Kejzar Alenka，79，SLO
4 2：15．40 Mehlhorn Annika，83，Gロ
5 2：15．58 Hjorth－Hansen Julie，84，DEN
6 2：15．99 Hetzer Nicole，79，GG
7 2：16．10 Remenyi Diana，86，HUN
8 2：16．80 BosevskaMirjana，81，MKD

Semi－finals
1 2：13．57 Kochkova Yana，82，UKR
2：13．87 Scherba Hanna，82，BLR
2：14．23 Kejzar Alenka，79，SLO
2：15．14 Hjorth－Hansen Julie，84，DEN
2：15．69 Hetzer Nicole，79，GR
2：15．95 Remenyi Diana，86，HUN
2：16．09 BosevskaMiriana，81，MKD 2：16．93 Mehlhorn Annika，83，GR

## 2002 PAN PACIFIC CHAMPIONSHIPS

## AMECAMBE-SNVNESSVIHAFOALMMEAS ONE WORLD AND 15 CANADIAN RECORDS IN 10 EVENTS

## Paul Quinlan and Nick Thierry

One world record was the final tally after six days of competition at this year's Pan Pacific Championships. (There were 10 world records in 1999.) Once held every second year, the Pan Pacs have been scaled back to once every four years, since the international calendar is ever more crowded.

Itisreally an Australia versus United Statesdual meet, with small crumbs for Japan and Canada in a unique format that allows unlimited entries from each country in theprelims, up to four entriesper country in the semis, and a maximum oftwo in thefinals. Thismakesitattractivefor larger teams but in no way creates the pressure cooker situation oftheWorldChampionshipsorOlympics. In 1999 themeetwas decidedin thefinal relay for the USA; thistime theAussieswerenotasstrong, mostlydueto havingcompeted in the Commonwealth Games three weeks before. Two week-long competitions may be too much to deal with.

NatalieCoughlin (USA) wasthestarofthecompetition with an unprecedented triple win in the 100s of the strokes (free, back, and fly), as well as one win in the three relays she swam.


Canada missed out on gold and silver, with three individual and four relay bronze medals. Canadians did better 15 national records in 10 events. In 1999, Canada won 11 medals (2-4-5).

## Day 1, Saturday, Aug 24

Women's400IM- Jennifer Reilly(AUS) won thefirst racein an Australian record of 4:40.84, with Maggie Bowen (USA) in secondwith 4:44.39 and Maiko Fujita (JPN) third with 4:45.79. ElizabethWarden (CAN) wasfourth in 4:45.80, her best ever.
"I was a bit surprised coming off the last turn, but to finally get the Australian record and become the Pan Pacific champion, I am just stoked," Reilly said.
"I'm glad to have medalled at a good meetlike this," Bowen said. "Unfortunately, I'm not happy with my time, but it was great to swim against really fast swimmers and get the silver medal."

Men's 400 Freestyle- In a tactical race, Ian Thorpe (AUS) and Grant Hackett(AUS) swam just to stay ahead of the field. Their times of 3:45.28 and 3:45.99 were well off their best but enough to give them a sweep of the top spots. Klete Keller (USA) was third with 3:48.40 and Erik Vendt (USA) fourth with 3:49.75. Mark Johnston (CAN) finished sixth with 3:52.29.

Thorpe and Hackett were saving themselves for the crucial 4x100 metre freestyle relay. "I knewwhatI wanted to do and I diditto plan, buttherelay isthe prioritylater in the night," Thorpe said.
"I was pretty surprised to be up with thetwo Aussies at the 200," Keller said. "Thatcaughtmeoff guardand threw me off my race plan. My time could have been faster, but that's whereI am at this point in the season. It should bea pretty good stepping stone."

Women's 1500 Freestyle- Diana Munz (USA) won with 16:07.86, with Sachiko Yamada (JPN) second with 16:16.28 and Morgan Hentzen (USA) third with 16:29.25. Taryn Lencoe (CAN) was sixth with 16:42.82, her best ever.
"This is my first Pan Pacific Championships gold, so I'm very thrilled," Munz said. "I'm excited to get the gold for the U.S. to get us started."

Women's $4 \times 100$ FreestyleRelay- Athree waybattle between Australia, USA, and Japan dominated the middle legs, with 16 -year-oldAliceMills(55.15) andPetriaThomas (55.35) both puttingtogetherstrongswims. In thefinal leg, Australian veteran Sarah Ryan (54.34) went head to head with American veteran Jenny Thompson. Ryan swam a stunning final lap to seal the Australian women's team victoryin anewCommonwealth recordof3:39.78. USAtook the silver with $3: 40.23$ while Japan took the bronze with 3:42.23. Canada finished fourth with $3: 17.18$, well off the national record of 3:42.92.
"Nothing is sweeter than beating the American team, and in their pet $4 \times 100$ metre freestyle event, it's a great feeling," Sarah Ryan said.
"As a team, we're pretty happy with that race," Coughlin said. "Australia and Japan had some fast swims tonight, butasa whole, we're happywith ourswimstonight and we'll build on them the rest of the week."

Men's4x100 FreestyleRelay- TheAustralian men's
$4 \times 100$ metre freestyle relay team took inspiration from the women's performance to grab a nail-biting gold against the United USA to maintain their ranking as the number one relay team in the world. In the much-publicized showdown, an over-anxiousAmericanteam ledbyAnthony Ervin wentouttoohardin theopeningleg, leavingAustralian lead-off Ashley Callusto comehomein a newpersonal best time of 49.26 .

Strong performances by Todd Pearson (48.92) and distancespecialistGrantHackett(49.05) had the Aussies in the lead going into the final changeover. Anchor Ian Thorpe raced Jason Lezak, who moved into the lead at the 350, butThorpewasableto moveuptotouch firstin 3:15.15 to 3:15.41. Both split47.92. Canada was thirdin a national record of 3:17.69, two seconds faster than in Manchester with a different team.
"Itwasa greatraceto bea partof," NateDusing(USA) said. "Itseemsto alwayscomedown to usand Australia and tonighttheywerealittlefaster. Weknowwehavesomework to do beforetheWorldChampionshipstotakeback ourtitle. We were reminded of Sydney (Olympics) tonight. We didn't have a great first day there, but there we came back on day two and cranked it up. This is a 12 -session meet, not just two."

At theend of Day 1, Australia ledin golds 4 to 1 over the USA; USAled in total medals 6 to 5 .

## Day 2, Sunday, Aug 25

Men's 400 IM- A week or so atter Michael Phelps (USA) and Erik Vendt (USA) had an epic battle at US Nationals resulting in a new world record, they were at it again. Phelpsagain took theearly lead and was way ahead of record paceafterthefly(55.49) and back (1:58.95), with Vendt at 2:01.97. But in the breaststroke, Vendt moved into a slight lead (3:14.23 to 3:14.63) as he split 1:12.26 to Phelps' 1:15.68. It was decided again in the freestyle leg as Phelpsmovedinto thelead, winningwith 4:12.48to Vendt's 4:13.15. Both were off their bests but not for lack of tyying. In third, Takahiro Mori (JPN) swam 4:16.35, slower than his Asian records from the prelims of 4:15.41, and Brian Johns (CAN) finished fourth in 4:16.44, his best.
"Our goal was to go 1-2," Phelps said. "We had a rough start on the first day, so we wanted to get the team fireduptoday and showthem something. I wantedto break the world record, but you don't get everything you wantall


At last under the minute, Jennifer Button with 59.68 for the 100 butterfly
Dan Galbraith
the time. We'll go back to the drawing board and hopefully next time I'll lower it.
"It's going to be a big battle with the Aussies over the next few days."

Women's 100 Butterfly- Jenny Thompson (USA) turnedfirstin 26.92, butNatalieCoughlin(USA), swimming a better-paced race, turned in 27.58 and won the race with 57.88. Thompson couldn'tholdon asPetriaThomas(AUS) moved ahead for second with 58.11. Thompson finished with 58.64 .

Jennifer Button (CAN) wasfourth with 59.68, afterfirst bettering oneminutein thesemiswith 59.76 , both bettering her own Canadian record of 1:00.19 from the Commonwealth Games. Although she missed a medal, Button said, "I'm super pleased; this is the closestI've ever been to these women."
"I was pretty happy with how the 100 fly went," Coughlin said. "I stuck to my plan. My goal was to come into the turn and blast thatlast50, and I was able to do that and get a good time. I feel good about the 100 back tomorrow. I want to win it."
"I'm happyto beatthemeetafterjuststarting to swim again nine weeks ago after the break from the Olympics," Thompson said. "My first 50 was a little too fast. I've probably trained enough this summer to do a 75 , butI was hurting after that. I'm just having a great time though."

Women's 100 Breaststroke- Leisel Jones (AUS) turned first in 31.98 after a poor start, but just behind were Tara Kirk (USA) (32.03) and Xuejuan Luo (CHN), also in 32.03. Amanda Beard(USA) paced itbest in 32.14 to win in 1:08.22. Kirk was second with 1:08.66 and Luo third with 1:08.70. Jonesmisseda medal, finishingfourth with 1:08.76.
"I love being able to go $1-2$ with a teammate," said Beard. "It's great to stand on the podium with another American with thenational anthem playing for us. My goal was to beat my time from the 1996 Olympics (1:08.09). I haven't done that in a long time. To be that close was still a lot of fun. It's still my goal for the next time."

Men's 100 Breaststroke- The top performance on DayTwo was by Kosuke Kitajima (JPN) winning in 1:00.36 (28.61) butoffhis 1:00.34 from thesemisandAsian record. He won the million Yen $($ US $\$ 10,000)$ bonus for his swim.
"I feel a bit disappointed because I was focusing on a world record rather than a gold, but I am still happy to get the medal" said Kitajima. It was the first gold medal for Japan.

Brendan Hansen (USA) was second with 1:00.84, and Jim Piper (AUS) third with 1:01.84. Michael Brown (CAN) wasfifth in 1:02.21, hisbestever, and Morgan Knabe (CAN) wassixth in $1: 02.28$, well offhisbest. Thisledto an outburst of frustration where he broke a huge mirror and had to receive many stitches; he was severely disciplined and sent back to Calgary.

Women's 400 Freestyle- Diana Munz (USA) made it two in a row, winning the 400 free in 4:09.50 after a win in the 1500 free on the first day. It was a 1-2 sweep for the USA with Lindsay Benko in second in 4:10.28 and Sachiko Yamada (JPN) third in 4:10.79.
"Ourjobwasto get thesweep, and wedid," Munz said.
Men's 800 Freestyle- Grant Hackelt dominated the race, winning in 7:44.78, just a bit off his best of 7:40.34.
"I just wanted to go out there and see how I felt," Hackett said.
"Wearein a difficultsituation with thisbeing mysixth event ofthemeet, andwearestill onlyin DayTwo," hesaid.
"There is plenty of rivalry against the Americans that is great for the sport; still, when they have a population of 300 million to choosefrom and weonlyhave20million, it's just great for us to be so competitive."


Larsen Jensen (USA) was second with 7:52.05, hisbest byover 10 seconds, andChrisThompson (USA) wasthirdin 7:56.69.
"My plan was to go out strong and come home stronger," Jensen said. "I wasn't out as good asI expected, but I camehome likeI planned. I feel good about howI've been performing. I expectto get the American recordin the 1500."

The USA moved into an insurmountable medal lead with a total of 17 (5-8-4) with Australia tied in golds but only 8 in total ( $5-2-1$ ).

## Day 3, Monday, Aug 26

Men's50 Freestyle- Jason Lezak(USA) andAnthony Ervin (USA) added another gold and silver performance to the U.S. tally with Lezak powering to the win in 22.22, just ahead of Ervin's 22.28. Brett Hawke (AUS) took bronze in 22.40.
"It'swonderful to comein ahead of the Olympic gold medallist," said Lezak. "I get a lot of opportunities to race him and I don't get to beat him too often."
"I came into the meet not feeling very confident because I haven't done much training," said Ervin. "I didn't realize I would have so many fans among the

Japanese, so I decided to giveitall I had. Jason'sbigmuscles were just too much for me."

Yannick Lupien (CAN) wasfifth with 22.81, equalling the Canadian record from 1988.

Men's 200 Freestyle- Australia's Ian Thorpe was impressive, stamping his authority in the event with a world class victory in a time of 1:44.75, just 69/100ths off his world record set in Japan last year.
"It was a good time and I was happy with the result at the end of the day," Thorpe said.
"I am pretty tired at the moment with this meetbeing more of a mental battle than a physical one; nowmy focus is onto the 100 metre freestyle," he said.
"It was great to go into the race tonight even though theykilledmeon thestart, I swam theraceperfectly," Grant Hackett(AUS) said. Histimein second was 1:45.84, hisbest ever. "NowI am really looking forward to the 4x200 relay and the 1500, then I am going on a holiday."

NateDusing(USA) capturedhisfirstindividual medal since the 1997 Pan Pacs, taking the bronze with 1:48.11. Klete Keller was fifth in 1:48.42.

Rick Say (CAN) was fourth with 1:48.26, lowering his own Canadian record of 1:48.50 from two years ago.

Women's 100 Backstroke- World record-holder

NatalieCoughlin broketheoneminutebarrieragain in the 100 back to win in 59.72, a meet record and the secondfastest timein history, behindonlyherworldrecord of59.58 from Nationals the week before. It was her second gold of themeet. HaleyCopetook thebronzein 1:01.74, a personal best, behind Dyana Calub (AUS) in 1:01.49. Coughlin hit thetum in 29.20, ahead of Calub, and touched almost two full body lengths ahead of the field.
"I took it out in a good comfortable speed," said Coughlin. "I had basically the same plan as in the 100 fly, to blast off the wall after the turn and blast to the finish. I was lot more excited to swim tonight and it showed in the race."

Men's 100 Backstroke- Aaron Peirsol and Randall Bal followed up with a $1-2$ performance in the 100 back, with times of 54.22 and 54.45, well ahead of Japan's Tomomi Morita with 55.29.
"Our goal was to go 1-2 and we accomplished that," saidPeirsol. "Itwasagreatset-upformy200backtomorrow and a great way to end my 100 back season."
"Thatwas one of my best times," said Bal. "It's sa great stepping stone to my future goals."

Riley Janes (CAN) was fifth with 55.63 , his best ever, after swimming personal bests in the prelims and semis.

Women's 200 IM- In a tightly contested 200 IM race, Gabrielle Rose (USA) and Maggie Bowen (USA) came away with silver in 2:13.93 and bronze in 2:14.28, behind Tomoko Hagiwara (JPN) with 2:13.42 for the gold. Rose and Hagiwara flip-flopped the lead the whole race. Rose touched first at the 50, before Hagiwara passed her at the 100. The American regained thelead at 150, but Hagiwara finished strong with a 30.94 for the final 50 to Rose's 31.90 .
"All three of usputupa greatfight," said Rose. "Itwas a great race and I'm thrilled with my result."
"During thatlast50, I was really glad I wasn't getting super tired," Hoelzer said. "I wanted to go out fast, but relaxed. I figuredI'd bebehindatthebeginning and would need the energy to catch up, and it worked out for me."

The medal race moved out of reach for the Aussies as the USA now had total medals of 26 (8-11-7). Australia only added one gold for 6 and a total of only 12 .

## Day 4, Tuesday, Aug 27

Women's200 Freestyle- LindsayBenko (USA) held off two Australians to win gold in the 200 free in 1:58.74. Elka Graham and Giaan Rooney followed in 1:59.72 and 1:59.82. Benko wassecondatthe50, buthadmovedinto the lead by the 100. Diana Munz was fifth in 2:00.95.
"I wasalittledisappointedwith thetime, butyou can't complain when you get the win," Benko said. "To be able to come back after what happened last summer with my knee is very gratifying for me."

Men's 200 Breaststroke- Brendan Hansen (USA) won with a 2:11.80, with Jim Piper (AUS) a disppointed second in $2: 12.53$, after a faster time in the semis with 2:11.54. Daisuke Kimura (JPN) was third with 2:12.71. Michael Brown (CAN) missed the medal but his fourth place of $2: 12.87$ was a new national record.
"It was a fun race," Brendan Hansen (USA) said. "I knew it was going to be tough. I wanted to get back down into 2:10, so I'm a littledisappointed with my time, butI'm gladI got thewin. Therecordwill still betherethenexttime I swim and I'll keep working towards it."

Atter pulling out of the 200 breaststroke due to an elbowinjury, KosukeKitajima said "To behonest, I'm just glad this wasn't the Olympics. I know how much hope peoplehad on mybreaking the world record in the 200 and all I can say is that if I would have participated, I'm confident I would've done well. I just have to accept my


Backstroke sweep for Aaron Peirsal (USA)
Oy Jariz Oyr/Newsport
current situation and hope to get treated and return before the end of the meet to cheer on my teammates."

Men's 200 Butterfly-Atter winning gold in Sydney as the reigning world record-holder in the 200 fly, Tom Malchow(USA) spent thenext two years trying to catch up to Michael Phelps(USA), whotook overastheworldrecordholder in March of 2001. Malchow had his turn again.

Phelps swam the first 100 under world-record pace, touching in 54.61 to Malchow's 55.21. Malchowtook over thelead at the 150 mark, $1: 24.87$ to 1:25.18 and held on for the win. His time of 1:55.21 broke his own meet record set at the 1999 Pan Pacs and ranks ninth-fastest in history. Phelpstooksilverin 1:55.41,followedbyTakashi Yamamoto (JPN) at 1:55.57.
"ThelastbigmeetI won wastheOlympics," Malchow said. "It's been tough to get on that number one podium with people like Michael (Phelps), Takashi (Yamamoto), and Franck Esposito (FRA) swimming so fast. It's great to win againstsuch astrongfield. Breaking1:55isstill athorn in my side, butI'll get there one of these days. Michael and I have been going back and forth, and he'snot going away anytime soon."

Women's 50 Freestyle- Jenny Thompson, who's only been training for a little over two months since the 2000 Olympics, puttogether thebest 50 freerace of herlife, winning in a personal best25.13. Her previousbestwasher then-American record time of 25.20 at the 1992 Olympic Trials. Tammie Stone took bronze in 25.42, just behind Australia's Jodie Henry (25.32).
"ThisisthebestI'vefeltabouta racesinceI brokethe world record in the 100 butterlly," Thompson said. "I was really relaxed before the race. I didn't have much expectation. I thoughtI could go fasterthan I didlastnight, but I wasn't sure how much faster. I had a good time with it. It was pretty much the perfect race for me. I was just happy to make the team. This was the icing on the cake."

Women's200 Butterfly- PetriaThomas(AUS) won with $2: 08.31$. Thomas took the lead from the first 50 and built on it throughout therace. Mary Descenza (USA) took silver in 2:09.56, a personal best, and Emily Mason (USA) took bronze in 2:10.59.
"I am glad it's over; it's always a hard race especially after my program over the last month," Petria Thomas
said. "Fast times, if they come, are great, but winning was theimportantthingtonight. Thisismyfirst-everindividual gold medal at Pan Pacs, so I am happy."

Men's 4x200 Freestyle Relay-Australia won in a slow-for-them 7:09.00 (their world record is 7:04.66). The American record fell with Nate Dusing (1:49.00), Klete Keller (1:47.31), Michael Phelps(1:47.49), andChadCarvin (1:48.01) swimming a 7:11.81. The previous U.S. best was 7:12.51 from 1988.
"I'm stoked about our time," Carvin said. "The gold medal is always nice, but so is being the fastest American 4x200freerelayteam in history. Nowwe'll beconcentrating on getting better and inching towards the Australians."

Canada was third with 7:17.30, just off their record of 7:17.17 from Commonwealths.

USAhad a total of 35 medals (12-14-9) to Australia's 19 (8-7-3). Canada, after four days, had no individual medals and just two bronze from the men's free relays.

## Day 5, Wednesday, Aug 28

Men's 100 Freestyle- It was a fifth gold for Ian Thorpe (AUS) with 48.84. Ashley Callus (AUS) was second with 49.26 and Nate Dusing (USA) third with 49.47 atter leading at the first 50 (23.45).
"It was good to be under the 49-second barrier," Thorpe said. "It's pretty close to my personal best, so I am enjoying just having the sprints left in the meet."

Brent Hayden (CAN) was fourth with 49.53 (24.03), his third sub-50-second swim after personal bests in the prelims (49.77) and semis (49.70). Each swim was a new national record.

Women's 800 Freestyle- "It'sbeen along week. I'm so happyto comeawaywith threegoldmedals," Munz said after winning the 800 free in addition to the 1500 and 400 earlier. "I'vebeen running out of steam sinceatter the 400 , so I wasn'thappywith my time, butI'm gladI gotmy hand on the wall first."
"I was surprised when I heard the time later," said Sachiko Yamada after overtaking Hayley Peirsol (USA) in a new Japanese record time of 8:31.89, to come in second.

Men's 200 Backstroke- "It was a pretty fabulous race," Aaron Peirsol (USA) said after his win with 1:56.88. "I went out with MattbecauseI knewhe'dtakethefirst 100


Five medals for soon-to-be doctor Jenny Thompson (USA) Oy Jariz Oyr/Newsport
"It was a greatrace," Benko said. "We're all lookingforwardtothelastsession tomorrow. Hopefully it will be another good one for the Americans."

With one day left, the race for supremacy was over. USA had 42 medals ( $16-14-12$ ) and Australia was well back with 23 (9-11-3).

## Day 6, Thursday, Aug 29

Women's 100 Freestyle- Natalie Coughlin (USA) and Jenny Thompson (USA) werein theearlylead and Coughlin cameback best(25.98and28.01) forafinal timeof53.99. It was her best and only the second ever sub-54-second 100 freestyle.

Jodie Henry (AUS) surprised with her second in 54.55, a Commonwealth record and a half-asecond drop from her previous best.
"I didn't think I could swim much faster than I did in thesemis," Coughlin saidafterher100freewin. "Technically I swam much better tonight. I breathed every four strokes coming back. I was just hoping to do better than my Nationals time of 54.6, but I can't believe I did that much better."
"Comingsecond to JennyThompson any dayisa good swim," said silver medallist Jodie Henry, AUS.

Women's 200 Backstroke- The favourite for the event, Tomoko Hagiwara (JPN), already a gold medallist, collapsed after her semi-final, wascarried off on a stretcher to be transported to hospital, and eventually was declared unfitto competeboth in the 200 back and the medley relay. In Hagiwara'sabsence, Elizabeth Warden (CAN) sensed an opportunity for a medal. At the 100, Warden was still the leader, with Diana Mcmanus(AUS) secondandClementine Stoney (AUS) third.

ButitwasMagaretHoelzer(USA) who maintained the strokerating in the third length and was rewarded with the gold medal in a time of 2:11.00, more than a one-second drop from her previous best. Shefinished well ahead of the field, with Japan's Aya Terakawa earning silver in 2:12.28. Jennifer Fratesi (CAN) was third with 2:12.71, the second individual bronze for her team.
"During that last 50, I was really glad I wasn't getting super tired," Hoelzer said. "I wanted to go out fast, but relaxed. I figuredI'd bebehindat thebeginning and would need the energy to catch up and it worked out for me."

Men's 100 Butterfly - Ian Crocker (USA) was the first to break surfaceand GeoffHuegill (AUS) joined him at the 25 mark. Then it was Michael Mintenko (CAN) who took them through the50turn in 24.43. Crockerwassecond
 and Takashi Yamamoto (JPN) third. Huegill tumed in fourth position.

Crocker and Huegill cameoutoftheturn bestand made a race of it for the gold medal. Crockerwasthevictor in 52.45, and Huegill was second with 52.48, one of the closest contests of this year's championships. Mintenko wasthirdwith 52.69, thethird individual bronze for Canada.
"I was expecting to be out faster than I was in the prelimsandsemis, andI was,
Kurtis MacGillivary (CAN) improved more than 20 seconds in the 1500 free after training with Hackett in Australia
relaxed," Crocker said. "I'm happy with the result, but I would have liked to have gone faster."

Men's 1500 Freestyle-Grant Hackett's time was 1/100th of a second faster than that of Kieren Perkins' former world record as he claimed Australia's 10th gold of the championships and his fourth in Yokohama with 14:41.65.
"It's always nice to know you're swimming that fast and I didn't take the race out as hard as I could because of the hectic program," Hackett said.
"I didn't feel drained atall, so I really can't wait until next year (World Championships) because I am enjoying my swimming and the publicity the sport is getting worldwide at the moment."
"I can take another 12 seconds off that. I want to go under 14:30. I knowI can do it. I'll have to work my buttoff and at the end of it, I'll be totally exhausted and have to crawl off the pool deck."

Hackettisin aclassbyhimselfastherewerenosub-15minute swims, with Erik Vendt (USA) in second with 15:02.24 and Laresen Jensen (USA) third in 15:05.17.

Kurtis MacGillivary (CAN) was seventh with his best ever time of 15:36.12. Hehasspent several monthstraining with Hackett in Australia.

Men's 200 IM- Michael Phelpscouldn'tswim in the 100 fly as it conflicted with the 200 IM and he made the most of it with a fast 1:59.70 win.
"That world record (1:58.16) is one of the hardest," Phelps said. "Jani Sievinen had an unbelievable last 100 when he set that. It's going to take a little more work if I want to break that. I'll keep going after it."

Takahiro Mori (JPN) was second with 2:01.35 and Tom Wilkens (USA) third with 2:01.17. Brian Johns (CAN) was fourth in 2:01.25, his best ever, but missed a medal.

Women's $4 \times 100$ Medley Relay- Australia upset the USAwith a 4:00.50 to 4:01.15. Thebig differencewas Petria Thomas' 100 fly leg of 56.94, the fastest ever. In addition Dyana Calub led off with 1:01.98, Leisel Jones swam the breaststrokeleg in 1:07.51, and Jodie Henry anchored with a 54.07. With the Aussies having three faster legs than the Americans, it was impossible to lose.
"I knewI was up againstJenny. I just wanted to get as close to her as possible to give Jodie the best possible chance," Petria Thomas said.

Canada was third with 4:05.69, their first women's relay medal, and it took a national record almost two seconds faster than at Commonwealths to do it.

Men's $4 \times 100$ Medley Relay- The Americans were outto avenge the women'sloss and diditin a world-record time of $3: 33.48$. Australia was very good too, with a Commonwealth record of 3:34.84. Canada was third with 3:38.17, another national relay record.
"It was a great end to an excellent meet," Aaron Peirsol said. "It was the best Pan Pac meet we've had in more than 10 years. Everyone did theirpart and more. Our relay decided we wanted to step it up and get that world record. We knew what we had to do and we were stoked. It was an excellent race."
"This was my firstinternational relay, and going out there with those three guys was more fun than I even thought it would be," breaststroker Brendan Hansen said. "This is a great stepping stone to the 2004 Olympics. We'll try to ride this wave we created here." (He split 1:00.14.)
"Uptothisevent we didn'tseeanyworldrecordsatthis meet, so we decided to take care of that," said backstroker Aaron Peirsol. He swam lead-off in 54.17.
"I actually checked out all of the split times and everything," said flyer Michael Phelps. "Then we talked aboutitandall of usdecided to go for it. We wanteditreally bad." Phelps' fly leg was 51.13, tied for the fastest ever.

## 2002 PAN PACIFIC CHAMPIONSHIPS

Yokohama, JPN, Aug 24-29 (50 m) Unlimited entries by country in prelims, max four in semis and two in the finals.

## MEN

50 METRES FREESTYLE,Aug 26 22.22 Lezak Jason,75, USA 22.28 Evin Anthony,81,USA 22.40 Hawke Brett,74,AUS
22.56 Callus Ashley,79,AUS 22.81 Lupien Yannick,80,CAN 23.00 Nakanishi Issei,79,JPN 23.05 Gueraldi Renato,80,BRA 23.29 Nagura Naoki, 80,JPN Semi finals
22.18 Lezak Jason,75,USA
22.43 Hawke Brett,74,AUS
22.48 Evin Anthony,81,USA
22.64 Callus Ashley,79,AUS
22.84 Ciarla Aaron,78,USA
22.96 Hannan Tommy,80,USA
22.98 Pine Adam,76,AUS
23.05 Gueraldi Renato,80,BRA
23.05 Nakanishi Issei,79,JPN
23.15 Lupien Yannick,80,CAN
23.18 Nagura Naoki,80,JPN
23.22 Dos Santos Nicholas,80,BRA
23.43 Bera Richard S.,71,INA
23.50 dos Santos Guilherme,82,BRA
23.69 Cordeiro Andre,74,BRA
23.74 Herring Mark,85,NZL

100 METRES FREESTYLEAug 28
48.84 Thorpe lan.82,AUS
49.26 Calus Ashley,79,AUS
49.47 Dusing Nate,78,USA
49.53 Hayden Brent,83,CAN
49.56 Tucker Scott,75.USA
49.99 Lupien Yannick, $80, \mathrm{CAN}$
50.71 Hosokawa Daisuke,82,JPN
50.73 Okumura Yoshihiro,83,JPN

Semi finals
49.20 Tucker Scott,75,USA
49.24 Thorpe lan,82,AUS
49.61 Callus Ashley,79,AUS
49.70 Hayden Brent,83,CAN
49.95 Pearson Todd,77,AUS
50.08 Lupien Yannick,80,CAN
50.28 Dusing Nate,78,USA
50.45 Hosokawa Daisuke,82,JPN
50.63 Janes Riley, $80, \mathrm{CAN}$
50.64 Hannan Tommy,80,USA
50.92 Okumura Yoshihiro,83,JPN
51.00 dos Santos Guilherme,82,BRA
51.02 Cordeiro Andre,74,BRA
51.27 Gueraldi Renato,80,BRA
51.73 Hawke Brett,74,AUS
disq Nagura Naokk, 81,JPN
200 METRES FREESTYLEAug 26
1:44.75 Thorpe lan,82,AUS
1:45.84 Hackett Grant,80,AUS
1:48.11 Dusing Nate, 78, USA
1:48.26 Say Rick,79,CAN
1:48.42 Keller Klete,82,USA
1:49.48 Johnston Mark,79,CAN
1:49.74 Hosokawa Daisuke,82,JPN
1:49.97 Okumura Yoshihiro,83,JPN
1:52.49 Bonfim Bruno,79,BRA
Semi finals
1:47.57 Thorpe lan,82,AUS
1:48.41 Hackett Grant,80,AUS
1:48.52 Keller Klete,82,USA
1:48.59 Dusing Nate,78,USA
1:48.89 Say Rick,79,CAN
1:49.13 Johnston Mark,79,CAN
1:49.83 Hayden Brent,83,CAN
1:49.98 Carvin Chad,74,USA
1:50.03 Tucker Scott,75,USA
1:50.12 Hosokawa Dasuke,82,JPN
1:50.42 Okumura Yoshihiro,83,JPN
1:50.93 Cram Jason,82,AUS
1:51.17 Ichikawa Yosuke,78,JPN
1:51.47 Mosca Ratael,82,BRA
1:51.61 DunneLeon,75,AUS 1:53.70 Bonfim Bruno,79,BRA
400 METRES FREESTYLEAug 24 3:45.28 Thorpelan,82,AUS 3:45.99 Hackett Grant,80,AUS
3:48.40 Keller Klete,82,USA

3:49.75 Vendt Erik,81,USA
3:51.40 Fujita Shunichi,82,JPN
3:52.29 Johnston Mark,79,CAN
3:55.98 Sonoda Naoya.82.JPN 4:00.20 Bonfim Bruno,79,BRA
Prelims
3:46.94 Thorpe lan,82,AUS
3:48.50 Hackett Grant,80,AUS
3:48.75 Stevens Craig,80,AUS
3:49.19 Keller Klete,82,USA
3:49.58 Vendt Erik,81,USA
3:49.99 Carvin Chad,74,USA
3:51.57 Fujita Shunichi,82,JPN
3:52.41 Jensen Larsen,85,USA
3:53.76 Say Rick,79,CAN
3:53.96 Johnston Mark, 79,CAN
3:54.24 Sonoda Naoya.82.JPN
3:57.22 Bontim Bruno,79,BRA
3:57.96 Matsuda Takeshi,84,JPN
3:59.09 Ichikawa Yosuke,78,JPN 3:59.50 MacGillivary Kurtis,84,CAN 4:03.31 Burmester Moss,81,NZL
4:03.69 Gibson Cameron,82,NZL
4:04.31 Valdivieso Juan,81,PER
4:04.86 Kwok Mark,77,HKG
4:11.37 Chung Kwok Leung,84,HKG
4:11.44 Mosca Rafael, 82,BRA
00 METRES FREESTYLEAug 25
7:44.78 Hackett Grant,80,AUS
7:52.05 Jensen Larsen,85,USA
7:56.69 Thompson Chris,78,USA
7:56.86 Stevens Craig.80,AUS
8:01.97 Fujita Shunichi,82,JPN
8:11.22 Matsuda Takeshi,84,JPN
8:12.27 MacGillivary Kurtis,84,CAN
8:27.10 Bonfim Bruno,79,BRA
1500 METRES FREESTYLE,Aug 29
14:41.65 Hackett Grant,80,AUS
15:02.24 Vendt Erik,81,USA
15:05.17 Jensen Larsen,85,USA
15:20.76 Stevens Craig,80,AUS
15:21.19 Fujita Shunichi,82,JPN
15:29.27 Thompson Chris,78,USA
15:36.12 MacGillivary Kurtis,84,CAN
15:41.80 Bontim Bruno,79,BRA
100 METRES BACKSTROKEAug 26
54.22 Peirsol Aaron,83,USA
54.45 Bal Randall,80,USA
55.29 Morita Tomomi, 84,JPN
55.30 Nishikori Atsushi,78,JPN 55.63 Janes Riley, $80, \mathrm{CAN}$
55.71 McBean Leigh,83,AUS
56.51 Rolff Ehan,82,AUS
56.55 Yu Ruil,82,CHN

Semi inals
54.24 Bal Randall,80,USA
54.31 Peirsol Aaron,83,USA
55.02 Marshall Peter,82,USA
55.75 Nishikori Atsushi,78,JPN
55.83 Janes Riley, $80, \mathrm{CAN}$
55.89 Morita Tomomi,84,JPN
56.02 McBean Leigh,83,AUS
56.12 Hunt Raymond,82,USA 56.44 Yu Ruil,82,CHN
56.46 Rolff Ehan,82,AUS
56.69 Nakano Takashi,83,JPN
56.81 Sonoda Naoya,82,JPN
57.08 Veldman Gord, $79, \mathrm{CAN}$
57.13 Costa Cleber,80,BRA
57.40 Taboot-Cameron Scott,81,NZL disa Welsh Matt,76,AUS
200 METRES BACKSTROKE,Aug 28
1:56.88 Peirsol Aaron,83,USA
1:57.69 Welsh Matt,76,AUS
1:59.36 Beavers Keith,83,CAN
2:00.08 Nakano Takashi,83,JPN
2:00.50 McBean Leigh,83,AUS
2:00.79 Hunt Raymond,82,USA
2:00.93 Sonoda Naoya,82,JPN
2:01.56 Yu Rui, 82,CHN
Semi finals
1:56.49 Peirsol Aaron,83,USA
1:59.87 Nakano Takashi,83,JPN
1:59.97 Welsh Matt,76,AUS
2:00.12 McBean Leigh,83,AUS
2:00.20 Beavers Keith,83,CAN
2:00.74 Hunt Raymond,82, USA
2:01.53 Yu Ruil,82,CHN

2:01.62 Sonoda Naoya,82,JPN

## 2:02.27 Wagner Luke,82,USA

2:02.57 Taboot-Cameron Scott,81,NZL 2:02.61 Gibson Cameron,82,NZ 2:02.89 Rolff Ethan,82,AUS
2:04.02 Sayao Chuck,82,CAN
2:04.83 Morita Tomomi,84,JPN
2:05.26 Pinto Thiago,77,BRA
2:06.32 Van der Kraay Anthony,80,NZL

## METRES BREASTSTROKEAug 25

1:00.36 Kitaima Kosuke,82,JPN 1:00.84 Hansen Brendan,81,USA 1:01.68 Piper Jim,81,AUS
1:02.02 Gangloff Mark,81,USA
1:02.21 Brown Michael,84,CAN
1:02.28 Knabe Morgan,81,CAN 1:02.53 Harison Regan,77,AUS 1:02.93 Yamaguchi Yoshihisa,82,JPN Semi finals

1:00.34 Kitajima Kosuke,82,JPN
1:01.52 Hansen Brendan,81,USA
1:01.70 Piper Jim,81,AUS
1:01.93 Gangloff Mark,81,USA
1:01.96 Denniston David,78,USA
1:02.21 Knabe Morgan,81,CAN
1:02.60 Brown Michael, $84, \mathrm{CAN}$
1:02.76 Harison Regan,77,AUS
1:02.88 Marrs Jarrod,75,USA
1:03.00 Noris Justin,80,AUS
1:03.05 Yamaguchi Yoshihisa,82,JPN
1:03.20 Thomsen Chad,83,CAN
1:03.26 Barbosa Henrique,84,BRA
1:03.34 Kimura Daisuke,81,JPN
1:03.69 Stamhuis John,79,CAN
1:03.72 Wang Haibo,82,CHN
200 METRES BREASTSTROKE,Aug 27
2:11.80 Hansen Brendan,81,USA
2:12.53 Piper Jim,81,AUS
2:12.71 Kimura Daisuke,81,JPN
2:12.87 Brown Michael,84,CAN
2:13.10 Denniston David,78,USA
2:15.69 Harrison Regan,77,AUS
2:16.42 Stamhuis John,79,CAN 2:17.25 Tomazini Marcelo,78,BRA

## finas

2:11.54 Piper Jim,81,AUS
2:12.90 Hansen Brendan, 81,USA
2:13.28 Brown Michael,84,CAN
2:13.48 Kimura Daisuke,81,JPN
2:13.73 Denniston David,78,USA
2:13.84 Wilkens Tom,75,USA
2:15.87 Stamhuis John,79,CAN
2:16.19 Gangloff Mark,81,USA
2:16.25 Tomazini Marcelo,78,BRA
2:16.40 Harison Regan,77,AUS
2:18.98 Wang Habo,82,CHN
12 2:19.67 Barbosa Henrique,84,BRA
13 2:20.06 Thomsen Chad,83,CAN
14 2:22.88 Tam Chi Kin,80,HKG
15 2:24.45 Daly Kieran,81,NZL
16 2:26.37 Scott Michael,80,HKG
100 METRES BUTTERFLY,Aug 29
52.45 Crocker lan,82,USA 52.48 Huegill Geoff,79,AUS 52.69 Mintenko Michael,75,CAN 52.88 Yamamoto Takashi,78,JPN 52.97 Pine Adam,76,AUS 53.00 Hannan Tommy,80,USA 53.79 Kawamoto Kohei,79,JPN $54.43 \mathrm{Jin} \mathrm{Hao}, 79, \mathrm{CHN}$
Semi finals
52.21 Crocker lan,82,USA
52.38 Huegill Geoff,79,AUS 52.61 Mintenko Michael,75,CAN 52.64 Yamamoto Takashi,78,JPN 53.09 Hannan Tommy,80,USA 53.39 Pine Adam,76,AUS 53.63 Kawamoto Kohei,79,JPN
53.82 Malchow Tom,76,USA $54.25 \mathrm{Jin} \mathrm{Hao}, 79, \mathrm{CHN}$
1054.63 Duppre Hugo,77, BRA
55.01 Nishikori Atsushi,78,JPN
55.47 Burmester Moss,81,NZI
55.78 Kondo Yu,81,JPN
55.91 Monteiro Pedro,75,BRA 55.97 Vaddivieso Juan, 81, PER 59.96 Ramsay Heath,81,AUS

200 METRES BUTTERFLY,Aug 27 1:55.21 Malchow Tom,76,USA 1:55.41 Phelps Michael,85,USA 1:55.57 Yamamoto Takashi,78,JPN 1:56.64 Matsuda Takeshi,84,JPN 1:58.40 Norris Justin,80,AUS

3:39.06 Japan,JPN
3:48.00 Brazil,BRA
3:49.53 New Zealand,NZL

## 4X100 FREE RELAY,Aug 24

1 3:15.15 Australia,AUS
49.26 Ashley Callus 48.92 Todd Pearson 49.05 Grant Hackett 47.92 lan Thorpe

2 3:15.41 United States, USA
50.30 Anthony Evin
48.66 Scott Tucker
48.53 Nate Dusing
47.92 Jason Lezak

3 3:17.69 Canada,CAN
49.90 Yannick Lupien
49.66 Michael Mintenko
49.73 Rick Say
48.40 Brent Hayden

3:22.89 Brazil.BRA
3:29.13 New Zealand,NZL
3:33.03 Singapore,SIN
3:33.49 Hong Kong,HKG
4X200 FREE RELAY,Aug 27
1 7:09.00 Australia,AUS
1:46.60 Grant Hackett
1:48.35 Craig Stevens
1:49.25 Jason Cram
1:44.80 lan Thorpe
2 7:11.81 United States,USA
1:49.00 Nate Dusing
1:47.31 Klete Keller
1:47.49 Michael Phelps
1:48.01 Chad Cavin
3 7:17.30 Canada,CAN
1:49.71 Rick Say
1:49.37 Michael Mintenko
1:49.41 Mark Johnston
1:48.81 Brian Johns
4 7:22.32 Japan,JPN
7:41.66 Brazil,BRA
6 7:48.45 Hong Kong,HKG

## WOMEN

50 METRES FREESTYLE,Aug 27
25.13 Thompson Jenny,73,USA
25.32 Henry Jodie,83,AUS
25.42 Stone Tammie,76,USA
25.66 Mills Alice,86,AUS
25.78 Nicholls Laura,78,CAN
25.97 Jeffs Toni, 68,NZL
26.09 Yamada Kaori,81,JPN
26.10 Nagai Tomoko,81,JPN

Semi finals
25.26 Stone Tammie,76,USA
25.29 Henry Jodie,83,AUS
25.48 Thompson Jenny,73,USA
25.53 Cope Haley,79,USA
25.64 Mills Alice,86,AUS
25.91 Ryan Sarah,77,AUS
25.94 Nicholls Laura,78,CAN
25.99 Hunt Cassie,82,AUS
26.08 Jeffs Toni,68,NZL
26.17 Yamada Kaori,81,JPN
26.22 Nagai Tomoko,81,JPN
26.35 Fitch Alison,80,NZ
26.40 Shealy Courtney,77,USA
26.44 Yeo Joscelin,79,SIN
26.81 Urabe Norie,86,JPN
27.20 Gusmao Rebeca,84,BRA

100 METRES FREESTYLEAug 29
53.99 Coughlin Natalie,82,USA
54.55 Henry Jodie,83,AUS
54.75 Thompson Jenny,73,USA
55.64 Nagai Tomoko,81,JPN
55.78 Ryan Sarah,77,AUS
56.41 Nicholls Laura,78,CAN
56.56 Yamada Kaori,81,JPN
56.91 Fitch Alison,80,NZL

## Semi inals

54.72 Coughlin Nataie,82,USA
55.05 Thompson Jenny,73,USA
55.36 Benko Lindsay,76,USA
55.47 Henry Jodie,83,AUS
55.51 Rose Gabrielle,77,USA
55.58 Ryan Sarah,77,AUS
55.69 Nagai Tomoko,81,JPN
56.34 Fitch Alison, 80, NZL
56.38 Creedy Rebecca,83,AUS
56.51 Yamada Kaori,81,JPN
56.70 Nicholls Laura,78,CAN
56.72 Urabe Norie,86,JPN
56.72 Urabe Norie, 86,JPN
57.00 Lacroix Audrey, $83, C A N$

1:56.15 Phelps Michael,85,USA
1.56.19 Malchow Tom,76,USA
1.50 .71 Kamolo Takashi, 8, UN
1.56 .71 Matsuda Takeshi 84.JPN

1:58.77 Norris Justin,80,AUS
1:59.66 Kawamoto Kohei, 79,JPN
1.59.87 Vavieso Juan, 1, ,
200.07 Mondo Pedro75, 2:00.27 Donnelly Eric,80,USA 2. 1.30 Lingsta

1:02.09 Cope Haley,79,USA 1:02.10 MacManus Diana,86,USA 1:02.28 Shealy Courtney,77,USA 1:02.39 Terakawa Aya.84.JPN 1:02.53 Rooney Giaan,82,AUS 1:02.63 Gammel Ein,80,CAN 1:02.82 McLean Hannah,81,NZ 1:02.86 Morgan Melissa,85,AUS 1:02.91 Nakamura Reiko,82,JPN 1:03.22 Lischinsky Michelle,74,CAN 1:03.42 Fratesi Jennifer,84,CAN 1:03.44 Stefanyshyn Kelly.82.CAN 1:03.52 Stoney Clementine,82,AUS

## METRES BACKSTROKE,Aug 29

2:11.00 Hoelzer Margaret,,83,USA
2:12.28 Terakawa Aya, 84,JPN
2:12.71 Fratesi Jennifer,84,CAN
2:14.01 MacManus Diana,86,USA
2:14.15 Warden Eizabeth,78,CAN
2:14.37 Stoney Clementine,82,AUS
2:14.74 McLean Hannah,81,NZL
2:16.36 Morgan Melissa,85,AUS Semi final

2:11.27 Hagiwara Tomoko,80,JPN
2:11.96 Fratesi Jennifer, 84, CAN
2:12.20 Hoelzer Margaret,83,USA
2:12.68 Terakawa Aya,84,JPN
2:12.93 Nakamura Reiko, 82.JPN
2:13.19 MacManus Diana,86.USA
:13.55 Abe Toshie,83,JPN
2:14.03 Stoney Clementine,82,AUS
2:14.19 Warden Eizabeth,78,CAN
2:14.39 McLean Hannah.81,NZL
2:14.45 Morgan Melissa,85,AUS
2:14.58 Farrell Maureen,83,USA
2:15.50 Tucker Kelly,85,AUS
2:16.00 Ingram Melissa,85,NZL
2:16.88 Gillespie Amanda,85,CAN
2:18.45 Bouchard Melanie,82,CAN
00 METRES BREASTSTROKEAug 25
1:08.22 Beard Amanda,81,USA
1:08.66 Kirk Tara,82, USA
1:08.70 Luo Xuejuan,84,CHN
1:08.76 Jones Leisel,85,AUS
1:09.56 Hanson Brooke,78,AUS
1:09.84 Leier Rhiannon,76,CAN
1:10.15 Kawanabe Fumiko,85,JPN :10.44 Isoda Junko,81,JPN
Semi finals
1:08.14 Luo Xuejuan,84,CHN
1:08.39 Jones Leisel,85,AUS
1:08.42 Beard Amanda,81,USA
:08.74 Kirk Tara,82,USA
1:09.10 Kowal Kristy,78,USA
1:09.27 Hanson Brooke,78,AUS
1:09.50 Quann Megan,84,USA
1:09.58 White Tarnee,81,AUS
1:09.63 Leier Rhiannon,76,CAN
1:10.30 Isoda Junko,81,JPN
1:11.19 Kawanabe Fumiko,85,JPN
1:11.45 Blackburn Lisa,71,CAN
1:11.74 Waite Kelli,85,AUS
1:12.11 Wagner Tamara,85,CAN
1:12.12 Petelski Christin,77,CAN
1:13.55 Liu KaLei, 85, HKG
00 METRES BREASTSTROKEAug 28
:26.31 Beard Amanda.81,USA
2:26.42 Jones Leisel,85,AUS
2:27.59 Kowal Kristy,78,USA
2:28.23 Luo Xuejuan,84,CHN
2:29.30 Isoda Junko,81,JPN
2:30.80 Kawanabe Fumiko,85,JPN
2:31.22 Hanson Brooke,78,AUS
2:32.64 Leier Rhiannon,76,CAN
Semi finas
2:26.86 Jones Leisel,85,AUS
2:27.34 Kowal Kristy,78,USA

2:27.44 Beard Amanda,81,USA
2:29.36 Isoda Junko,81,JPN
2:29.60 Hanson Brooke,78,AUS
2:29.85 Kirk Tara.82.USA
2:30.16 Kawanabe Fumiko,85,JPN
2:31.09 Luo Xuejuan,84,CHN
2:31.61 Waite Kelli,85,AUS
2:31.82 Quann Megan,84,USA
2:32.28 Leier Rhiannon,76,CAN
2:34.57 Blackburn Lisa,71,CAN
2:35.69 Petelski Christin,77.CAN
2:36.35 Durand Dena,81,CAN
2:36.40 Copland Jane,84,NZL
2:37.99 Melo Joanna,87,BRA
00 METRES BUTTERFLY,Aug 25
57.88 Coughlin Natalie,82,USA
58.11 Thomas Petria,75,AUS
58.64 Thompson Jenny,73,USA
59.68 Button Jennifer, 77,CAN
59.77 Nakanishi Yuko,81,JPN

1:00.31 Lacroix Audrey,83,CAN
1:00.71 Coffee Rachel,83,AUS
1:00.89 Mita Maki,83,JPN

## ninals

58.20 Thomas Petria,75,AUS
58.44 Coughlin Natalie,82,USA
58.83 Thompson Jenny,73,USA
59.76 Button Jennifer,77,CAN

1:00.09 Nakanishi Yuko,81,JPN
1:00.16 Kirk Dana,84,USA
1:00.34 Lacroix Audrey, 83,CAN
1:00.50 Coffee Rachel,83,AUS
1:00.67 MitaMaki,83,JPN
1:00.67 Hoelzer Margaret, 83, USA
1:00.80 Zhou Yafei, $84, \mathrm{CHN}$
1:00.87 Yano Yurie,88,JPN
1:01.29 Galvez Felicity,85,AUS
1:01.42 Yeo Joscelin,79,SIN
15 1:01.63 Craword Heidi, 82,AUS
1:01.86 Fratesi Jennifer,84,CAN
20 METRES BUTTERFLY,Aug 27
2:08.31 Thomas Petria,75,AUS
2:09.56 Descenza Mary,85,USA
2:10.59 Mason Emily,82,USA
2:11.27 Galvez Felicity,85,AUS 2:11.97 Nakanishi Yuko,81,JPN 2:12.45 Lacroix Audrey, $83, \mathrm{CAN}$ 2:12.64 Button Jennifer,77,CAN 2:14.10 Yano Yurie,88,JPN Semi finals

2:10.48 Mason Emily,82,USA
2:10.57 DescenzaMary,85,USA
2:10.74 Thomas Petria,75,AUS
2:10.96 Yano Yurie.88,JPN
2:11.04 Kirk Dana,84,USA
2:11.15 Nakanishi Yuko,81,JPN
2:11.41 Hoelzer Margaret,83,USA
2:11.91 Button Jennifer,77,CAN
2:12.06 Galvez Felicity,85,AUS
2:12.54 Lacroix Audrey,83,CAN
2:12.69 Liu Yin,84,CHN
2:12.93 MitaMaki,83,JPN
13 2:14.65 Fujita Sawami,84,JPN
2:15.26 Van Welie Eizabeth,79,NZL
2:16.01 Deglau Jessica,80,CAN
16 2:16.18 Crawford Heidi, 82,AUS
200 METRES IND.MEDLEY,Aug 26
2:13.42 Hagiwara Tomoko,80,JPN
2:13.93 Rose Gabrielle,77,USA
2:14.28 Bowen Maggie,80,USA
2:16.23 Zhou Yatei, $84, \mathrm{CHN}$
2:16.51 Mills Alice,86,AUS
2:16.99 Warden Eizabeth,78,CAN
2:18.70 Reilly Jennifer, 83,AUS
2:18.72 Cameron Kristy,81,CAN Semi finals

2:14.23 Hagiwara Tomoko,80,JPN

## RATING SUMMARY OF TOP PERFORMANCES

1) $1018 \quad 1: 44.75 \quad 200$ free $M$ lan Thorpe,AUS
2) $1015 \quad 59.72 \quad 100$ back W Natalie Coughlin, USA
3) $1014 \quad 3: 33.48 \quad 4 \times 100$ MRM United States, USA
4) 1014 14:41.65 1500 free M Grant Hackett,AUS
5) 1006 4:00.50 4x100 MRW Australia,AUS
6) $1005 \quad 4: 12.48 \quad 400 \mathrm{IM}$ M Michael Phelps, USA
7) 1004 1:56.88 200 back M Aaron Peirsol,USA
8) $1004 \quad 1: 00.36 \quad 100$ breast M Kosuke Ktajima,JPN
9) $1002 \quad 1: 55.21 \quad 200$ fly M Tom Malchow, USA 10) 1001 4:13.15 $\quad 400$ IM M Eik Vendt,USA
4:40.84 Reilly Jennifer,83,AUS
4:44.39 Bowen Maggie,80,USA
4:45.79 Fujino Mako,83,JPN
4:45.80 Warden Eizabeth,78,CAN
4:48.40 Fuilta Sawami.84.JPN
4:49.95 Van Welie Eizabeth,79,NZL
4:50.49 Crippen Madeleine,80,USA
4:51.59 Abbott Jessica,85,AUS
Prelims
4:44.24 Reilly Jennifer,83,AUS
4:46.03 Bowen Maggie, 80, USA
4:46.38 Warden Bizabeth,78,CAN
4:49.15 Crippen Madeleine.80,USA
4:49.20 Fuilino Makko,83.JPN
4:49.85 Mason Emily,82,USA
4:49.89 Abbott Jessica,85,AUS
4:50.06 Van Welie Eizabeth,79,NZL
4:50.60 Cassidy Andrea,82,USA
4:50.65 Fuijta Sawami,84,JPN
4:52.15 Sato Ayane,82,JPN
4:53.27 Durand Dena,81,CAN
4:53.50 Melo Joanna, 87,BRA
4:53.55 Rodier Yvette,81,AUS
4:54.05 Doody Kelly,79,CAN
4:56.51 Norfolk Helen,81,NZL
4:58.20 Jatoba Barbara,84,BRA
5:07.03 Chan Wing Suet,80,HKG
5:07.72 Thompson Carissa,85,NZL
5:16.17 Chan U Nice,87,SIN
X100 MEDLEY RELAY,Aug 29
4:00.50 Australia,AUS
1:01.98 Dyana Calub
1:07.51 Leisel Jones
56.94 Petria Thomas
54.07 Jodie Henry
2 4:01.15 United States, USA
1:00.09 Nataie Coughlin
1:07.76 Amanda Beard
58.32 Jenny Thompson
54.98 Lindsay Benko
4:05.69 Canada,CAN
1:02.32 Ein Gammel
1:09.22 Rhiannon Leier
59.16 Jennifer Bution
54.99 Laura Nicholls
4:06.91 Japan,JPN
4:16.97 New Zealand,NZL
4:22.25 Hong Kong,HKG
4X100 FREE RELAY,Aug 24
1 3:39.78 Australia,AUS
54.94 Jodie Henry
55.15 Alice Mills
55.35 Petria Thomas
54.34 Sarah Ryan
2 3:40.23 United States, USA
55.35 Lindsay Benko
54.69 Natalie Coughlin
55.34 Rhiannon Jeffrey
54.85 Jenny Thompson
3 3:42.23 Japan,JPN
54.97 Tomoko Hagiwara
55.10 Tomoko Nagai
56.28 Norie Urabe
55.88 Kaori Yamada
4 3:47.18 Canada,CAN
56.77 Laura Nicholls
56.97 Elizabeth Collins
56.32 Jennifer Button
57.17 Jessica Deglau
3:49.75 New Zealand,NZL
3:53.81 Brazil,BRA
3:55.70 Hong Kong.HKG
3:58.93 Singapore,SIN
4X200 FREE RELAY,Aug 28
1 7:56.96 United States, USA
1:58.21 Natalie Coughlin
2:00.92 Mary Hill
1:59.58 Diana Munz
1:59.58 DianaMunz
1:58.25 Lindsay Benko
2 7:59.25 Australia,AUS
1:59.77 Petria Thomas
1:59.14 Eka Graham
1:59.72 Giaan Rooney
2:00.62 Alice Mills
3 8:04.01 Japan,JPN
2:01.60 Tomoko Nagai
2:01.60 Tomoko Nagai
2:00.46 Sachiko Yamada
2:01.85 Norie Ulabe
2:01.85 Norie Urabe
2:00.10 Maki Mita
4 8:11.16 Canada,CAN
2:02.67 Jessica Deglau
2:03.80 Audrey Lacroix
2:02.27 Jennifer Button
2:02.42 Eizabeth Collins
8:15.80 Brazil,BRA
8:17.39 New Zealand,NZL
8:43.10 Hong Kong,HKG

## RECORDSEITIES at Pan Pacific Championships

WORLD pending FINA ratification
Men's 4x100 medley relay: 3:33.48 United States, USA, Aug 29. Betters
old record of 3:33.73 USA from 2000.

## CANADIAN

Men's 50 freestyle: 22.81 Yannick Lupien, CNCB, Aug 26. Equals
existing record of 22.81 by Mark Andrews, UNATT, 1988

## Men's 100 freestyle:

49.90 Yannick Lupien, CNCB, Aug 24, relay lead-off
49.76 Brent Hayden, UBCD, Aug 27, prelims
49.70 Brent Hayden, UBCD, Aug 27, semis
49.53 Brent Hayden, UBCD, Aug 28, final

Better old record of 49.94 Yannick Lupien, MAC, 1999
Men's 200 freestyle: 1:48.26 Rick Say, UCSA, Aug 26, betters own
record of 1:48.50 from September 2000.
Men's 200 backstroke: 1:59.35 Keith Beavers, ROW, Aug 28. Betters old

## record of 1:59.39 Mark Versfeld, PDSA, 1998.

## Men's 200 breaststroke:

2:13.28 Michael Brown, PERTH, Aug 26 semis
2:12.87 Michael Brown, PERTH, Aug 27 finals
Men's $4 \times 100$ medley relay: $3: 38.17$ (Janes, Brown, Mintenko, Hayden)
Aug 29. Betters old record of 3:38.23 (Oriwol, Knabe, Mintenko, Say) 2001
Men's 4x100 free relay: 3:17.69 (Lupien, Mintenko, Say, Hayden)
Aug 24. Betters old record of 3:19.39 (Hayden, Hutchison, Rose, Say)
Manchester, Jul 30, 2002
Women's 50 freestyle: 25.78 Laura Nicholls, ROW, Aug 27. Betters old
record of 25.85 Laura Pomeroy, OAK, Manchester, Aug 2, 2002

## Women's 100 butterfly:

59.76 Jennifer Button, ROW, Aug 24 semis
59.68 Jennifer Button, ROW, Aug 5, finals

Betters own record of 1:00.19 from Manchester, Aug 1, 2002
Women's $4 \times 100$ medley: 4:05.69 (Gammel, Leier, Button, Nicholls)
Aug 29. Betters old record of 4:07.25 (Gammel, Leier, Button, Nicholls)
Manchester, Aug 4, 2002

## TOP AGE GROUP PERFORMERS

## MAKING WAVES



Frank Despond, 10
Cub: Burlington Aqua Devils Coach: Melanie McKay Specialty: Freestyle, back and IM 1st ranked for LCM02 TAG in the 200 IM, 3rd for 100-200 free

| Best Times | LCMO2 |
| :--- | ---: |
| 100 freestyle | $1: 10.25$ |
| 200 freestyle | $2: 34.93$ |
| 100 backstroke | $1: 20.68$ |
| 100 butterfly | $1: 24.38$ |
| 200 ind.medley | $2: 37.70$ |



Hay;ey Nell, 12
Cub: London Aquatic Club
Coach: Andrew Oraven
Specialty: Backstroke and butterfly
3rd ranked for LOM02 TAG in the 100 back, 3rd for 100 fly
$\begin{array}{lr}\text { Best Times } & \text { LCMO2 } \\ 50 \text { freestyle } & 29.58 \\ 100 \text { backstroke } & 1: 12.77\end{array}$
1:24.38
2:37.70


Alex Brown, 12
Club: Aurora DUCKS Coach: Reg Chappell Specialty: Free
1st ranked for LOMO2 TAG in the 50 and 100 free
$\begin{array}{lr}\text { Best Times } & \text { LCM02 } \\ 50 \text { freestyle } & 26.94 \\ 100 \text { freestyle } & 1 ; 00.95\end{array}$
100 backstroke
1:13.42
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Natalie Hagan, 11
Cub: Etobicoke Swimming
Coach: Jocelyn Jay
Specialty: Freestyle
1st ranked for LCMO2 TAG in the 200 800 free and 100-200 fly

| Best Times | LCMO2 |
| :--- | ---: |
| 100 freestyle | $1: 06.58$ |
| 200 freestyle | $2: 19.70$ |
| 800 freestyle | $10: 12.69$ |
| 100 butterfly | $1: 14.00$ |
| 200 butterfly | $2: 45.46$ |

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Paul Zielinski, 10
Cub: Mississauga Aquatic Qub
Coach: Greg Weir
Specialty: Free
5th ranked for LCM02 TAG in the 200-
400 free and 5 th 400 IM

| Best Times | LCMO2 |
| :--- | ---: |
| 100 freestyle | $1: 12.64$ |
| 200 freestyle | $2: 35.59$ |
| 400 freestyle | $5: 21.53$ |
| 400 ind.medley | $6: 33.61$ |



Amanda McTeague, 12
Oub: Etobicoke Swimming
Coach: Jocelyn Jay
Specialty: Freestyle
2nd ranked for LOMO2 TAG in the 800 free
Best Times
LCMO2
400 freestyle $\quad 4: 56.94$
50 breaststrok
38.10

400 ind.medley
5:28.57

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